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Fall Fun at Lake Anna

This is the time of the year to be outdoors – fall is fun! Favorite activities in the area include the State Fair, the annual trip to the pumpkin patch, the Louisa Wine Festival and scary Halloweenthemed activity at local spots The Haunted Hill and Kings Dominion.

The Haunted Hill is located at 10400 Edenton Road in Partlow. The attraction is open throughout the month of October – their schedule and listings of special Kids Days are available online at thehauntedhill.com. The Haunted Hill at night is not for the faint of heart, so be sure to make sure your visitors are age appropriate!

One of the best local pumpkin



the 1760s on the Rappahannock River in continued on page 3



## Lake Anna Resort Rolling Along

The developers of the Lake Anna Resort held an open house presentation on Thursday, September 6th at the newly opened Lake Anna Visitor Center by the 208 Bridge. A plethora of visitors arrived to hear more about

the unique project planned to break ground early next year.

The atmosphere was abuzz as excited potential buyers and investors gathered in the crowded room, snacking

on party platters and champagne and interacting with the developers. The team has signed twelve condos and only three more are left at pre-construction prices. The residences at The Resort should be ready for homeowners in

continued on page 3

"Developers

expect to break

ground early

next year."

### Lake Anna Finally Gets a Visitor Center



LakeAnnaGuide.com

The Lake Anna Visitor Center has been remodeled and is open for business. The previous Blount Realty building on the waterfront beside the Lake is Great store at the Lake Anna Island Plaza was left unoccupied after the real estate company moved to the Island Shops building.

The team at the Lake Anna Guide who had



Summer Rush page 14



been running an Information Center in Spotsylvania for years, decided to fund a remodel of the old building and give Lake Anna a true Visitor Center that is sorely "Houses the Lake is Great needed. The Visitor Center Store, the Lake Anna Guide houses the Lake Magazine, the Lake Anna Great Gift Breeze Nespaper, the Lake Store, the Lake Anna Guide Anna TV production studio, Magazine, the and Lakehouse Building & Lake Anna Design." Breeze Newspa-

Anna TV production studio, and Lakehouse Building &

per, the Lake

continued on page 2





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Interested in subscribing to The Lake Anna Breeze? Please call 540-872-0684 or visit the

LakeAnnaBreeze.com to subscribe to our print or online editions!

Thank you for purchasing this edition of The Lake Anna Breeze!

The Lake Anna Breeze is published monthly and is available for purchase in stores for \$1 per copy.

Interested in advertising? Please call 540-872-0684 or e-mail info@lakeannainfo.net

Story ideas? Suggestions? Questions? Please feel free to contact us with a letter to the editor.

Issue No. 11



#### *To the Editor:*

Good afternoon! We are an annual subscriber to The Lake Anna Breeze and always enjoy every issue! We love that it always seems to answer all the questions about Lake Anna that we have. Anyway - we wanted to submit this picture of our kids - Kylie Shaye, John Turner - and our sweet papillon dog, Kanyon on the water over Labor Day, 2012.

Thanks so much for a great paper! We look forward to every new issue!

Sincerely, Troy and Lara Weatherholtz, Mineral

#### Troy & Laura,

Thank you so much for your feedback for The Lake Anna Breeze! You'll find your photo included in our Lake Anna collage in this issue. We are working hard to keep everyone informed and entertained with Lake Anna news and events. We are open to information and input from all of our readers, we'd love to share with the rest of our audience. If you have any event you'd like to submit, please feel free to e-mail events@lakeannabreeze.com. If you have any questions about local events, we'll try to answer them. Thanks again for reading & subscribing to The Breeze!

#### Visitor Center continued from page 1

Design. The Visitor Center has information and maps of the Lake Anna and surrounding area and has a manager there every day from 10am to 6pm after Labor Day. The hours extend to 8pm during the summer season.

The main room of the Visitor Center allows tourists and residents to view the set for LAtv and newly ordered touch screens and computers will allow everyone to view more Lake Anna information on LakeAnnaGuide.com and The Lake Anna Phone Book to create unlimited sources of information for those interested in the lake. Use of the large space has been donated to the newly formed lake area Girl Scout Troop #694 to use for regular meetings.





The annual Lake is Great Christmas Tree Lighting takes place in the outdoor space beside the building. On December 1st, the 2nd Annual Lighting will include holiday-themed performances from local choirs and school chorus groups. There will be stations for kids to create crafts and even get their photo

with the Lake Anna Santa! The "There will be boating night culminates in the lighting of the large Christmas tree at the Lake Anna shore. Kayak / sailing /

Next spring, there will be boating and safety classes, kayak / sailing / wakeboarding lessons, along with rentals so that Lake Anna locals and visitors alike can easily enjoy the lake. There will be boating and safety classes, kayak / sailing / wakeboarding lessons, along with rentals."

Stop by the Lake Anna Visitor Center at 2991 New Bridge Rd, Mineral Va 23117.

### Resort

## Fall Fun

(continued from front page)



(continued from front page)

about a year. Many contractors and investors have come on board so the product is coming together quickly.

The developers are already working with national event coordinators to bring large scale live entertainment to the performance space at The Resort. The Resort will not only host live music, but also theatrical shows, as well - everything from Bon Jovi to the Blue Man Group. In addition, The Resort will host fishing, boating, and outdoor

shows. For those more business-minded, conferences and seminars will also have large spaces to convene. There will also be art and dance classes. The Resort will create all of these unique experiences for Lake Anna residents and visitors to be able to enjoy without leaving the area.

The master site plan will be submitted to the county for approval in October. There are limited opportunities for investments and reservations for the first building, but the developers warn those are nearly sold out.

"There are limited reservations available for the first building."

For more information, please visit www.LakeAnnaResort.com or contact the team directly at 540-894-4560.

Fredericksburg, Virginia. A working farm that includes tons of pumpkins, hayrides, and other fall themed activities, perfect for the

whole family. This year marks the 29th pumpkin season and is now open for the season.

The 8th Annual Chili Cook-off at Earlyhouse will be held Saturday, October 27, from 12 p.m. - 5 p.m. Enthusiastic chili teams from all over Virginia and beyond have signed up to vie for the bragging rights to best Chili in Louisa. Great chili, great music, competitions and fun is the order of the day.Chili fans will enjoy a beautiful autumn day, great food, and live music on the Earlyhouse stage..



The Halloween Haunt at Kings Dominion is the largest Halloween-themed event in the mid-Atlantic. They also host the family friendly Howl-o-Fest during the daytime on Saturday & Sunday. The Halloween Haunt is open on Friday, Saturday & Sunday from September 28th to October 28th at Kings Dominion in Doswell.

Fall Must Find Checklist for the Lake Anna Area:

The Haunted Hill

**Belvedere Plantation** 

Earlyhouse Chili Cook-Off

The Halloween Haunt @ Kings Dominion

# Best of Lake Anna Named 10.11.2012





The 2nd Annual Best of Lake Anna Awards will be held on Thursday, October 11th at the Lake Anna Winery. The Lake Anna Guide opened the nominations (hundreds were received) to the public and those that were nominated the most became the finalists. The voting ended on September 14th and the winners will be announced at the Celebration.

The nominees for Best Promotion of Lake Anna include the Louisabased newspaper, The Central Virginian, lake-themed merchandise line Lake is Great, Lake Anna's newspaper - The Lake Anna Breeze, Barb Kempf from La Stitchery, Lake Anna Guide, The Lake Anna State Park, and the realtors of The Sunset Team of Long & Foster.

The nominees for Best Customer Service include Judy Jones from Dukes Creek Marina, Fish Tales, Food Lion, Louisa True Value Hardware, Dana Robertson of Chameleon & Co. Salon and Steve West of Shoreline Services.

The category for most charitable organization features several wonderful entities, including Dominion, Lake Anna Civic Association, Lake

Anna Winery, Wake Savers/Kyle Austin, and Masonic Lodge 175.

The nominees for the Business Person of the Year are JC Bane of Blake & Bane Real Estate, Tim Bauckman of Tim's Lake Anna, Steve Benjoar from The Boardwalk on Lake Anna, Jeff Heidig from Lake Anna Winery, J.A. Snyder of Cutalong, and Bill Towsey of Tractor Hill.

The award for Business of the Year, with Dockside Realty, Food Lion, Lake Anna Island Realty, Lake Anna Winery, Lake is Great, Long & Foster Lake Anna and Tim's at Lake Anna nominated for the coveted prize.

In addition to the awards, there will also be five Editors Awards presented by the Lake Anna Guide. These are individuals and companies that have excelled in the last year and will be presented with a special award. Also, LAtv correspondent Ashley Walton Kenny will be on hand to give out an award for the best dressed of the evening. At press time, tickets are limited, but if you'd like to attend either call (540) 872-0684 or visit BestofLakeAnnaAwards.com to purchase yours today!

ne Festiva Louisa County Chamber of Commerce

Jisa

## Sat., October 13, 2012 11 а.т. - 5 р.т.

Walton Park • Mineral, VA

Live Music... with Flashback & Last Call Band Artists · Crafters · Carriage Rides Wine Pairings · Cooking Demonstrations

Tastings from many of Virginia's best wineries!

Complimentary souvenir wine glass

Visit www.louisawinefestival.com to learn more. Buy tickets online \$15 advance tasting tickets & \$10 for non-tasters

## Louisa Wine Festival Returns October 13th

The 2nd Annual Louisa Wine Festival will be held at Walton Park on Saturday, October 13th in Mineral. Tractor Hill and LakeAnnaGuide.com are among the major sponsors to bring this popular event back to the area for a second time.

Last year's event was a huge success and this year should be even better. The day will be filled with wine and music - more than

14 wineries will be participating, including the Lake Anna Winery.

There will be more than fifty vendors on hand offering everything from crafts and purses to wine gifts and Lake is Great items.

There will also be

food vendors on hand to offer meals and snacks to go with your wine sampling throughout the day.

There will be performances from The Last Call Band and Flashback to entertain the crowds with live music in the crisp, autumn air.

This is a wonderful time to be outdoors with the clear skies and changing fall foliage. For more information or to purchase advance tickets, please visit www.louisawinefestival.com through 5pm at October 12th or attendees can pay at the gate.

#### Lake is Great Christmas Tree Lighting **Returns December 1st!**

Save the date! The Lake is Great Lake Anna Christmas Tree Lighting will take place Saturday, December 1st, beside the Lake is Great Store at 2991 New Bridge Road in Mineral. Last year, the inaugural tree lighting was a huge success with over a thousand attendees, who were able to enjoy live performances from school and church choirs, local dance troupes, and other musicians in the area. There were also kids' holiday-themed activities and even photos with the Lake Anna Santa! There were also craft and food vendors on hand to make sure there was something for everyone. The night culminated in the lighting of a 30-ft Christmas tree at the water's edge.

Premium sponsors last year included Lake Anna Island Realty, Dominion, and SAM-FM. Donations from the area will keep this local tradition going for years to come and volunteers are needed to help make the night a true success! If you're interested in donating, volunteering, or performing, please contact Lake is Great at 540-872-0684.

Need to Update Your Style? Add the Fringe!

#### by Heather Mechler-Fickers with Chameleon & Co. Salon

"hair world" some refer to it as fringe. Some prefer wispy bangs and for the gift of botox injections. If I am lucky a friend will stop me be-

some wear the full heavy bang. Bangs can spice up your look, cover a large forehead, mask wrinkles, or accentuate facial features. Some people can pull off bangs and some should opt for none.

As a stylist, I have had clients sit in my chair and ask for bangs. I am always very cautious. I don't want to be the one who does it and they absolutely hate them. I look at their face shape and hair texture. If a client has a small forehead, cowlicks, or curly hair, bangs may not be right for them. I give my professional opinion and depending what their final decision is, we might proceed.

I am one of those people who should opt for none. Every year, (especially around my birthday) I contemplate the bang thing. It is



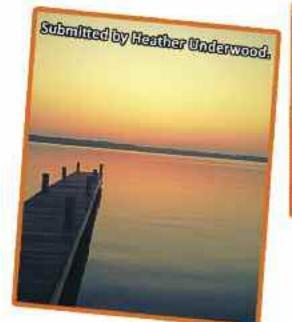
Bangs are the fashionable hair that covers the forehead. In the my last stitch effort to look young without starting to bug my husband

fore I make the chop. I have nothing against bangs and if my hair would cooperate I would love to have them. Unfortunately, bangs are not for me. My forehead screams for them but the cowlick that I have forbids them to look cute. My hair doesn't lay flat it just splits down the middle of my forehead and does some kind of weird lift. Instead I look like I am rocking McDonald golden arches. And no matter how much styling and products I use, they look bad. And I know I am not alone.

If you are contemplating bangs start out with

a longer side swept stylish bang. You can get used to having hair on your forehead, and get the benefits of the look without going all the way. If you absolutely hate them- it won't take as long to grow out.

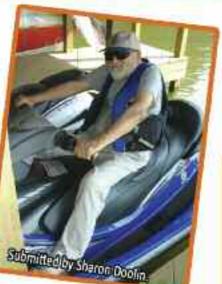
# **Scenes from Lake Anna**



Submitted by Many Noschese.

Recreation & Leisure

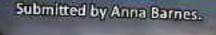






E-mail your photos to: Info@LakeAnnainto.net to share for our next issue!













# Lake Anna's Featured Pets





Send your photos to our facebook page or e-mail them to info@lakeannainfo.net and you could see your pet featured here next month!



The Lake Anna Breeze

Recreation & Leisure

#### by contributing writer Kyle Austin



#### EPIC Weekend on Lake Anna

What an EPIC weekend. With the summer season soon coming to a close, the team from Wake Edgers Gear and Gifts threw down yet again. Pulling the Wake Edgers September Classic Wakeboard/Wakesurf event with a brand new EPIC 23v.

On September 15th Wake Edgers held a sanctioned USA wakeboard/wakesurf event for everyone on the lake and it was a huge success. Not only did local riders get to compete for their last chance at a title, but the public got to enjoy a great day of music, cornhole, bikini contests and friends.

The all new Wake Edgers Watersports Club is a new club that is here to help promote the watersports industry. It is a club affiliated with USA Waterski and participates in many contests. Next year the club will host events, clinics and many more fun activities for locals to participate in for their chance at glory. By becoming a Wake Edgers Watersports club member you will receive the benefits of all the contests and discounts on products at Wake Edgers Gear and Gifts. Having signed up and becoming a USA Waterski member will allow you to participate in sanctioned and insured events with your

member.

The Contest was a huge success bringing in over 30 wakeboarders and 15 wake surfers. Male and female riders from all around made their

way to this last Lake Anna wake event. Having such a huge turnout just gives everyone a great vibe year round and also lets everyone meet new people. We have such a huge a diverse community it's great to see everyone come together to enjoy a day of partying, sports and family fun.

Jillian Holland took home her first female beginner Wakesurf title with a few new tricks she had up her sleeve. Male rider Lyle Staufer brought home his first gold in the Men's Advanced Wakesurf division. Lyle is a local rider that is coming up in the watersports scene not only in



wakesurf but wakeboarding as well.

This day not only held an amazing watersports event but Tims of Lake Anna also held their first annual "Lady of The Lake" contest. It was a bikini contest with local and traveling ladies that had their chance at a \$300 cash prize. The girls got to strut their stuff through the crowd and then had to answer 2 trivia questions for the judges. Taking home 3rd was local Kristin Johnson 2nd Keena Beer and 1st Laura Austin who took home the 300 dollar cash prize.

Overall it was an amazing day made possible by local support and community businesses. Lake Anna has such a great group of

membership. Stop by Wake Edgers anytime and sign up to become a club families and friends that we will be having contest and events for many, many years to come.





# ake an





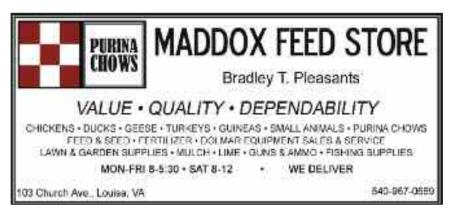
Covered Boat Slips Jet Ski Floating Docks Restaurants Security Gates Club House Private Showers & Lockers

200 Lake Front Drive, Suite 203, Take Anna, VA 23117 540.894.3535 / 540.894.7550 ww.lakeannayachtelplo.com

#### LakeAnnaGuide.com

You will soon see copies of the Lake Anna Breeze in area:

#### WalMarts | FasMarts | Walgreens | Food Lions



LakeAnnaGuide.com

## Fishing at Lake Anna

Lake Anna Tisting.

Some of Lake Anna's most skilled guides have prepared fishing reports to help you on your next fishing trip. Our website also publishes these reports monthly and archives them as the year goes on.

LakeAnnaGuide.com also provides up-to-the-minute fishing weather conditions.

Lake Anna Striper Guide Jim Hemby, http://www.jimhemby.com

STRIPERS: Schools of Stripers are busting throughout the lake this month chasing primarily Threadfin Shad. In "low light" times of the day it has not been uncommon to see hundreds of Stripers blowing Shad out of the water advertising where the schools are working. Poppers [Pencil Popper, PopR's, etc], spooks and walking the dog style baits have been very successful in catching some of the nicer

fish. Spoons retrieved extremely fast as well as swim baits are catching fish not only when the fish are breaking but once they sound as well. Fish are



breaking just about everywhere on the lake but some of the most popular locations are the first and third dike, across from the power plant, the mouths of the major creeks and all around the splits region. Sometimes the breaking fish are non-keepers with the nicer fish holding below the more aggressive smaller fish. We are catching our better fish running Gizzards on boards and Herring on down lines in and nearby the schools of Stripers while my clients cast to the breaking fish. Fish are also in the back of the creeks and moving up into the river systems. We are also catching nice Stripers up against clay banks.

CRAPPIE: Very nice slabs have been caught on all the bridges up lake as well as any well lit docks at night. Shallow brush in 3 to 10 feet of water are holding schools and docks with drop-offs nearby are producing well. Crappie are also scattered everywhere up lake over 2 to 5 foot flats. The fish are very fat and have been feeding very well.

Jim Hemby's Full Report is accessible at LakeAnnaGuide.com

Chris Craft, CCBASSN Lake Anna Guide Service, 540-894-6195 www.ccbassnlakeanna.blogspot.com

BASS- The largemouth will start to make their move to the backs of the creeks this month. They will be following the baitfish migration to the cooler water. There are several ways to catch these fish. Once you locate the bait, if the fish are actively feeding, top water is the most exciting way to catch them. Walking baits like Zara Spooks, Repo Man and the soon to be available at Fish Tales BOING LURES. Pop R's are and easy lure to use and will catch them. Stop by Fish Tales and ask for Dave or Chris and they will modify a Pop R for you.

## **Recent Catches on Lake Anna**



Katie and Tina



Tom, Bob, George and Pete



Nick, Michael, Gina, Taylor and Anthony



Derek, Tom and Jakson



Ron



Jerry, Andrew and Richard

All photos are provided by Jim Hemby, Lake Anna's Striper Guide

#### **Upcoming Fishing Tournaments**

October 7 -Lake Anna Elite Series @Sturgeon Creek - Contact Chris James 540-895-5095

October 14 -Lake Anna Youth-Adult Series w/Fall Cookout @Sturgeon Creek - Contact Chris James 540-895-5095

#### October 27



Another great way to catch these schooling fish is with a Burton Minnow, these soft jerkbaits are the best that I have ever used and are made here locally in Fredericksburg. Once the feeding action slows down, start covering water with Rat L Traps, Dave's Tournament Tackle Tiger Shad Spinnerbaits

and shallow diving crankbaits. Once you locate and catch a couple of fish in a small area, slow down a pick that area apart with a shaky head rigged Power Team Lures Finicky Tickler and Craw D'oeuvre or a drop shot.

Chris Craft's Full Report is accessible at LakeAnnaGuide.com

-VA-Outdoors / LAPR 150 Series (Lake Anna) @Anna Point - Contact Dave Fauntleroy 540-840-6772

For a complete list of upcoming tournaments, please visit the Fishing section at LakeAnnaGuide.com.



The Lake Anna Breeze





Octoberfest Lake Anna Winery October 6 4-8pm

Enjoy the bounty and beauty of fall in the country. Join us for an evening of wine, a hearty authentic German meal and local music from Michael Wheelehan. \$35.00 fee helps benefit Habitat for Humanity

causes. Reservations for food are required.

## **Mineral Hillbilly Day**

Walton Park November 3rd, 9-3



Join the Mineral Hillbillies for a day of celebration with fun for the kids (moon bounce, hula

hoops) and plenty of activities for the entire family. For more information, please call (540) 894-0460.

### Louisa Wine Festival

Walton Park Octover 13 11am-5pm

Join us as we continue an annual tradition in the heart of Central Virginia!

#### **Haunting Halloween Madness**

Lake Anna Winery October 26 6-10 pm

Costumes, music, and food outline this scary Friday night in the vineyard.



## Teams Gather for Lake Anna Open

The Lake Anna Chamber of Commerce held their annual Lake Anna Open Golf Tournament on Monday, September 10th in Louisa. Business people and recreational players alike teamed up in foursomes to compete for fun and for charity. It was a beautiful, cool September morning and the fourteen teams arrived to have their official team photo taken with the character from Lake is Great (who was one of the sponsors of the event).

The Chamber of Commerce has held this fundraiser for many years and would like to thank its supporters and sponsors. Trophies were awarded to the top three teams, as well as other honors such as closest to the pin, etc. Following the tournament, a barbecue lunch was provided and an enjoyable time was had by all.

Sponsors such as Northern Virginia Title & Escrow, Dockside Realty, Not Just Mochas, Rainbow Graphics and many more helped

make the fun event possible once again. *For more information, please visit www.lakeannachamber.org.* 









LakeAnnaGuide.com



### **Orange County Cruisers Cruise-ins**

Orange Burger King October 20 5-9 pm The Orange County Cruisers hold Cruise ins from April to October. This is a family oriented event for people who want to show their cars, trucks or

motorcycles, or for those who just want to view the autos and have a good time.

#### Heart of Virginia Wine Trail

Lake Anna Winery November 3-4

Enjoy wine tasting at the four Heart of Virginia Wineries Lake Anna, James River, Cooper and Grayhaven.



The 2nd Annual Best of Lake Anna Awards Lake Anna Winery October 11

We're honoring your choice for the year's best businesses. The event will be a short awards presentation to all of the winners & nomi-

#### **Fall Harvest Festival**

Walton Park October 20 8am-2pm

The Mineral Farmers Market will be at the park from 8AM – 2 PM, a Craft Show will be

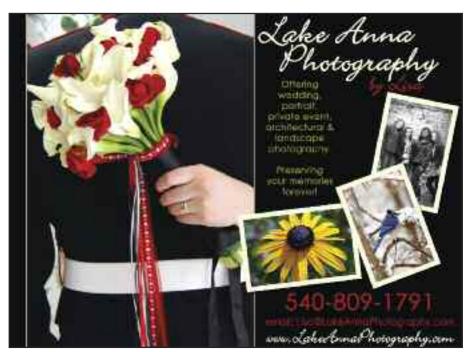
held 9AM-2PM and Children's Activities will be held 10AM-2PM.

#### Wine, Wings and Wheels Festival

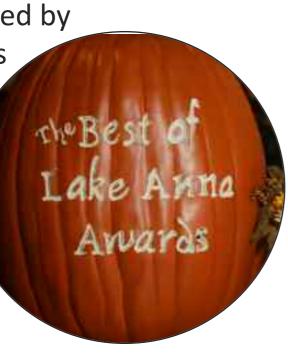


Booster Park October 20-21

Come check out this amazing festival.



nees, followed by heavy h'ors d'oeuvres, music, dancing, a n d much more!



5521 Countrouse Road, Spinovivania, W 22551

Our philosophy is stored At Lake Anna Winery, we show to create a write wariety of wines to appeal a wide close of philes. There is no perfect water for all admittance, pairs perfect and a for a wine

DIRECTIONS

Located coly 2 minutes from scient Lake Artic on R. 206 & only 20 minutes from History Endertributions. Situated on 75 headflid railing acres in Spotsylvenia County.

The Lake Anna Breeze

# Lake Anna Horoscohes

Aries: Let someone close to you know exactly how a feel about them. Maybe things won't work out but they certainly won't as long as you keep quint

Taurus: Now might be a good time to begin a serious savings plan. If you wait until all your debts are paid before you begin, you will probably never saw anything; and you'll probably never be out of debt if you don't

Gemini A serious and guite disturbing love affair ould begin for you now if you respond to the hints. If you are free and unattached, it might will be worth riding the whirlwind, because that is what it is likely to be

Cancer: Getting to the bottom of a mystery may not be as pleasant for you as you think. Sometimes it is best to let sleeping dogs lie.

Lea. An upturn in your personal finances is definitely due and could come from a surprising source. Your best bet is to be totally honest and to hide nothing from those who may have a similar interest.

Vingo: You could gain an important and influential friend simply by speaking your mind. Spend a little time with a youngster or an older person who is close to you, even if it means making some personal sacrifices

Libra: Maintaining the status guo may not solve your problems. Be extremely cautious when dealing with complicated machinery and don't take unnecessary chances.

Scorpia: In office matters, make sure you keep quiet concerning affairs that should remain private. A slip of the lip could sink more than a ship it could sink your plans for the future.

Sagittarius. Romance blossoms in the strangest places. Business problems may seem less if you take time to walk around to the other side so you can gain perspective.

Capricorn: Make sure that an old debt is paid in ful before you go to the well once again. You might also do some serious thinking about your real desires and what it is you want to do with your life.

Aquarius: Estimate your personal worth, as well as financial, and see if you are able to make things balance. If you are found wanting, do something about becoming solvent once again.

Pisces: Seek good advice and then weigh it carefully before striking out on your own. Do not allow others to influence you.

# Lake Anna SUDORU

	7	8		9	2	3		
	2				1			6
			6	3				
		2				8	6	
			5		7			
	5	4				1		
				4	5			
4			9				7	
		9	1	7		6	2	

www.sudoku-puzzles.net

### **Difficulty: Medium**

Solution to this puzzle will appear online at LakeAnnaGuide.com



## 601 Variety Store

Del + Groceries + Cold Beer + ice + Gasoline

Featuring Bass Pro Brand Products Hunting & Fishing Licenses Game Check In Station

6261 Lawyers Road, Spotsylvania, VA 22551









LakeAnnaGuide.com



## **Featured Recipe**



This month's Crazy Good Eats article is focused on a particular dessert that constantly makes unwelcoming appearances in my dreams; usually when I have just started a sugar free diet- I present to you... My Tasty Tribute to The Tres Leches cake. This cake can only be found in a handful of places in town and few actually get it right. Having spent a lot of time in Austin and San Antonio, Texas I have been fortunate enough to discover this sweet treat on the dessert menu of almost every local restaurant, each claiming they have the best in all of Texas. I have to say I enjoy nothing more than a healthy competition when it comes to my favorite dishes! I also got to know the famous baker of Jenna Bush's Tres Leches wedding cake whom my family personally flew from San Antonio, TX to Fredericksburg, VA to bake my sister's 5 tier Tres Leches wedding cake. What I am trying to say is that I have devoured a lot of this particular cake...a lot.

Tres Leches Cake or pastel de tres leches( "three milks cake") is a delicious dessert with origins in Central America and Mexico. Much like a rum cake or tiramisu, Tres Leches is prepared by soaking the cake in a liquid. With Tres Leches that liquid is actually three different kinds of milk - most often sweetened condensed, evaporated and a Mexican milk. This combination results in a dense and surprisingly flavorful explosion of just the right amount of sweetness and unique texture, unlike any cake I have ever put in my mouth. One would think that a cake soaked in so many milks would be a soggy disaster not worth the calories but instead Tres Leches leaves your taste buds delightfully quenched with just enough sweet milk to keep you going for more spoonfuls. I would not steer you wrong, Tres Leches Cake is THAT Crazy Good.

So, where can you find such a delicious treasure without a trip to the Lonestar state, you ask? I have searched long and hard to find the best of the best. Here they are in no particular order: Castiglia's Italian Ristorante (downtown location), Soup n Taco, and Mexico Restaurant. All three versions of the Tres Leches cake are different but delicious in their own right:

1.Castiglia's Italian Ristorante- Their version of the Tres Leches cake was right on point with a familiar frosting and nothing but a strawberry sitting on top, allowing the milk soaked cake to do all the talking...and talking...and talking. 324 William Street Fredericksburg, VA 22401 (540) 373-6650

2.Mexico Restaurant- In my opinion, Tres Leches rules the dessert menu here at Mexico Restaurant with another great rendition. Unlike Castiglia's cake, Mexico Restaurant's was drizzled with chocolate and caramel sauce and just enough milk found on the bottom of the plate to make sure there was not a dry bite in the house. Yum! 9825 Jefferson Davis Highway Fredericksburg, VA 22407 (540) 898-6046

3.Soup n Taco Restaurant - Out of all the Tres Leches cakes I discovered in the area, Soup n Tacos Tres Leches gave me something I had yet to find in Texas...drizzled LEMON sauce. I have to admit I was skeptical at first ...but after one delightful bite I was a believer and excited to experience something new. 813 Caroline Street Fredericksburg, VA 22401 22407 (540) 899-0969.

Take my word for it and try these Crazy Good takes on the wonderful Tres Leches Cake and may you have many "sweet" dreams.











Monica Van Cleve is the founder and publisher of the award-winning food magazine Let's Eat Out Menus, and other food guides. She believes in supporting, and exposing those who have a passion for preparing and serving Crazy Good food.



The Lake Anna Breeze





Coming Soon: The Lake Anna App





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### **Bringing Autumn Home**

#### by Lake Anna Interior Designer, Barbara Bishop

You know that feeling anywhere. You can't miss it. Fall

is in the air and all around us

we can see the beginnings of

its beauty. We could make

lists of the attributes and rea-

sons for the fall season, but it

really boils down to "color" and "emotions" and what we

do with those. The nostalgic

thoughts and memories come

into play almost everywhere

we look. We can't wait to see

the mums in the stores and

markets, and then we com-

pare who has the biggest plants for the least amount of

money because we want

them everywhere! I've been

so impressed over the years

when so many people actually

plant them in their yards at

the end of the season and the

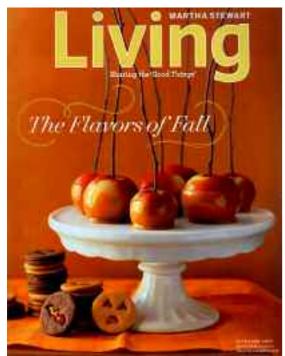


photo courtesy Martha Stewart Living

resulting annual riot of fall color is amazing! My father used to plant them and actually grafted a hybrid from mums he received while recovering from brain surgery. Wow. That's a memory I won't forget when I see those great chrysanthemums each year.

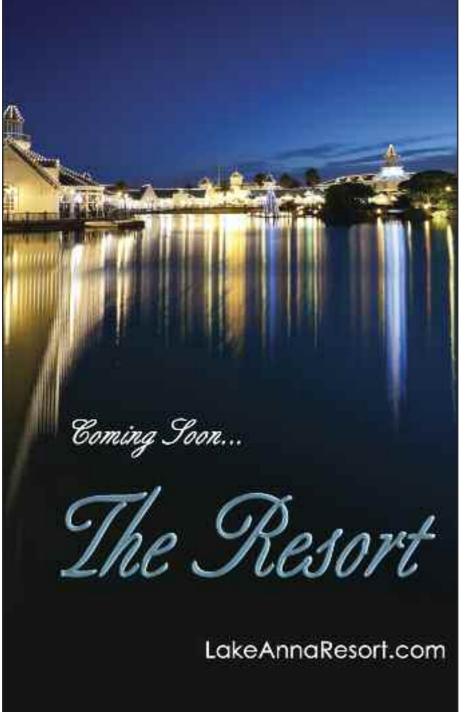
The richness and variety of colors of the autumn season are everywhere. This is the time we can enjoy and display the best of nature inside and around our house with pumpkins, gourds, cut branches, nuts, berries, apples, and on and on. Use every basket that seems right. Set them on the tables, floors and hang them on a nail on the wall allowing the cut branches to get their "due attention". No "Decorating Police" are allowed to bring their absurd snickering suggesting you limit the amount of fall displays you bring to your home. Your home could be totally in "jewel tones" with no hints of the oranges and golds, but the smile you feel inside when arranging and displaying them, is too wonderful to think about "matching colors" or even caring. God gives us these magnificent "gifts" in colors too beautiful to be limited to one season. But I think He planned it that way since the colors fade at the right time and the leaves are on the ground. It seems when

Halloween is over, we witness the instant appearance of Christmas in all the stores. Our thoughts and emotions turn to natures' beautiful elements of winter. Sadly, so many of those holiday decorations for our houses are artificial. The inner joy we receive from that decorating is for totally different reasons.

It is a bonus each fall to be able to add to your permanent decorating some item that sustains the seasons and is a mainstay in your home. I am not a "quilt person" for my home but absolutely am in awe of the endless hours taken to design and make a quilt. When we built our home 21 years ago, I felt like a "home on the lake" by rite of passage should have a quilt used in decorating in some way. I was taking a client's quilt for repair to a "quilt restorer" in Northern Virginia, and just happened to make that same statement to her. She scurried to her attic and found a very old, unfinished quilt top she had purchased in Pennsylvania. As she unfolded it, I was taken immediately and knew I would find the money somehow to take it home. I did go home with it and due to its unfinished state and the fact that it was not traditional in fabric and colors, it was so reasonable. We taped back the edges (there's a lot you can do that no one sees!) and hung it immediately in our hallway as you enter our home. It has been there 21 years and is not going anywhere. Seek out the unusual as you take advantage of the many weekend activities celebrating the season.

If you venture toward the Shenandoah, stop in Sperryville, Va. We stumbled across "Antique Tables Made Daily" (actual name of the business). Custom made tables, chairs, benches, and more in 28 finishes if not more. There is too much to say about this "find" in the space here. Google antique tables made daily and plan to stay on that site awhile, taking it all in. Stop in the Thornton River Grill nearby. You won't be sorry. Put visiting an apple orchard on your agenda this fall. Cook, eat and decorate with apples. Spray paint the ones you don't eat now, silver or gold for your Christmas arrangements. (Don't eat those, please!). Try some of their apple brandy or the like. Years ago, Bo and Sue Stilley of Lake Anna, gave me a bottle of Apfel Korn, which has inspired a traditional fall cocktail of Apple Brandy and Cider, calling for a bit of vermouth, bitters and an orange twist. Pull out your most appropriate glasses that fit the season with baskets and pottery. Enjoy the visual of this as well as the taste, creating again, memories to add to that nostalgia bank. The brandy goes to back of the cabinet as the mulled red wines take the forefront for seasonal enjoyment. Your tables return to normal for a couple of weeks then it's on to Thanksgiving. Have a fun fall season exploring Virginia. Be sure to buy something to bring home that becomes a permanent part

of your home. Till next month, **BB** 



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#### Want to reach people searching for Lake Anna homes and land?

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The Lake Anna Breeze



# Late Summer Rush

By: Greg Isaac, Sunset Team of Long and Foster Real Estate, Inc.

The late summer rush to purchase property at Lake Anna is on; we have 11 new homes under contract as of the end of August and moving into September. Over half of these properties are waterfront homes. The end of August also saw four new pieces of land go under contract around the lake. This is great as land has been exceptionally difficult to sell under the confines of the new lending laws and regulations on lenders. Waterfront parcels as expensive as \$599,000 have seen activity, and of course some water access lots as inexpensive at \$14,000 were a hot item this past month as we haven't seen prices that low since 2003-2004. The sheer number of interested parties looking at properties is a great sign for the local Lake Anna market, maybe the beautiful weather of late, gas prices increasing making people realize a destination closer to home is more economical or the fact that we have added so many amenities to the lake. We have been entertaining more and more foot traffic of people curious to know about Lake Anna and the surrounding amenities. It is always a pleasure to introduce new people to our local community and market. The numbers of interested parties have been increasing with high levels of inventory, low interest rates or just the attraction of the beautiful lake and its surroundings, whatever the reason it is great to see people interested, and exciting

to introduce more and more people to the spoils of lake life.

There are currently 111 waterfront homes on the market ranging from \$299k to \$1.9 million and there are currently 126 water front lots on the market ranging from \$49k to \$995k. This does not include the water access properties that are just off the lake and provide access to boating with a short walk or drive to the common area of the wonderful communities that line the shores of Lake Anna. It is easy to see with the wide range of prices and variety of properties why this area would be a potential purchaser's dream market. You can buy into the market at a lower level and enjoy lake living or you can buy and sell to work your way up through the market.

Lake Anna has a property to meet almost anyone's financial and recreational criteria. You can have a property with water front, water view or just water access, but all of these properties provide you with entrance to the lake and access to a number of activities and amenities located on and around the water. Several of the new developments that have been announced or are yet to be announced are providing more and more options, which in turn can only add to the number of potential purchasers for the local real estate market. If you have been waiting for the right time to buy, I believe that time has come.

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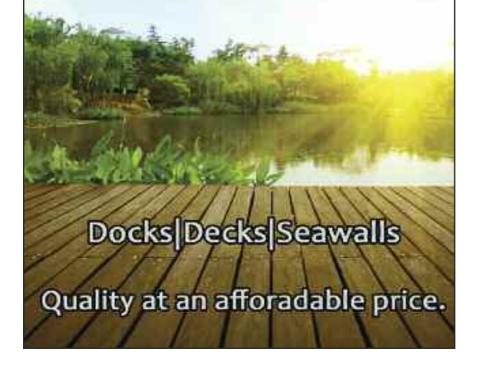
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54 Laxeway Road, Mineral, WA - LA7858376 \$359,900 - Beautruly maintained 4BR 3.5 BA take access home in Windwood Coves, gated community. Boal slip in common area conveys, Master bedroom on main level with will equipped kitchen, living room, dining room and

breakfast bar. This 3-level home offers perfect full, part-time or rental living opportunities!



6308 Beimont Road, Mineral, VA - SP7846769 \$749,900. Spectacular views of Lake Anna the moment you walk in the front door! 5 BR, 5.5 BA Waterfront Home. Each bedroom has its own private bath! Extremely well maintained, many first class amenifies, top of the line boat sheller and subming area, bridge, so much more to enjoy!

ABR 💬 🗎

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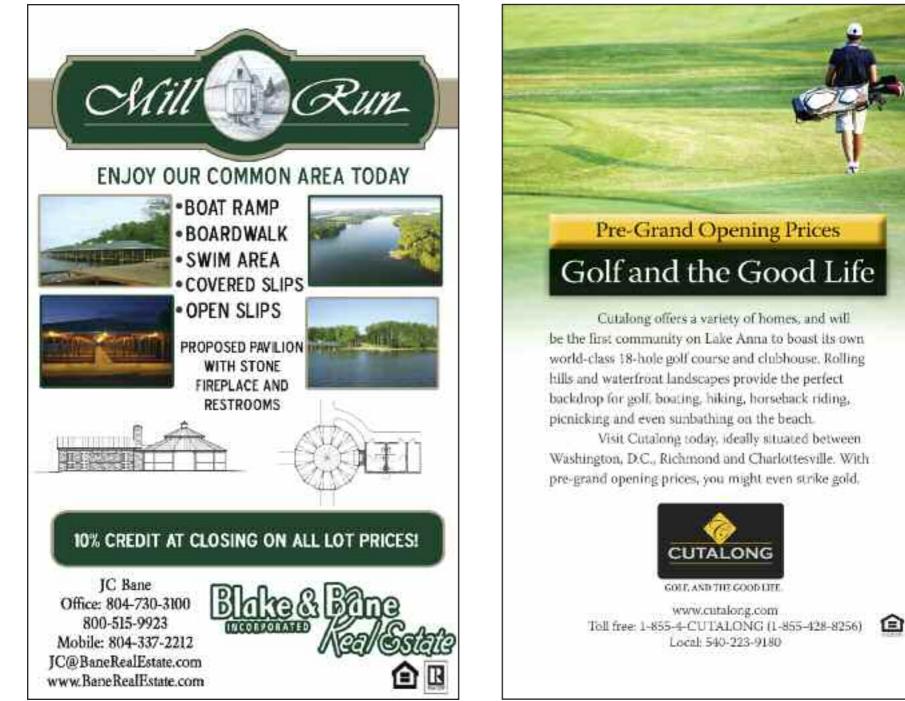
Rod Estile & Rolfle

15513 Chesnut Tree Court, Mineral, Wi SP7793552 - \$469,900 - PRICE REDUCED TO SELL!!! Finest Park Waterfront in Wyndemere Subdivision 48R, 48A, over 3,000 sq. ft finished. double-decker garage for cars, boat (with trailor), jet skis and storage. Guys, you will love the basement, just saying you must see this house! Leased boat skp at water's edge



6003 Carrington Court, Wineral, VA - SP/R55673 - 31 148 900+ Trishonie is a 5/8R, 6.5 BA Welerbort home, Media From whith high quality projector, speakers and sound proof rount. The other's isothern will provide you with a 48" refigerate, exotic hard picked and placed graviacountertops as well as all high and appliances. Amenities in this house for exceed the yorm. The dock area has a till ber & shrage indigerativ naming even, skringe alkwe boar sits. Caleacackage to tworks:

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### "Only the sunset covers Lake Anna better."



Brandiful 1.43 ann waterbrant lot with house position penduct an a sholl and overheaking all o Parnanitaty Point, This may be the best lot in the entine neighborhood, perfect lot for a welkout becoment, waterfront has deep water to inverse wayy access for your boat, and lot averlooks e mostly undeveloped part of the false \$10,000 Boyer credit for proffers and DC w/ acceptable continued coordinated



PRICE REDUCED: 2.14 aire wootled waterfront or located in Freshwater Estates. Home site iose to writer. Sandy heach. Driveway mutatled New golf course going in test than 1 mile away. This lat has it all Approximately 100 fc of waterfront with great stews. Copy of soil work in office. This is a must see at this prior. Nice homes on both sides. Spike maintained roads ow HDA dues



Afferdable waterfront lot with existing boat house with lift and jet ski lift. Covered area could easily be screened in to enjoy those breezy Lake Anna nights. Approximately 300 feet of shoreline with deeg water. House site is close to water for easy walk to enjoy the lake. Good views, close to restaurants and shopping.



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