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## Gary Clark Set to Visit Lake Anna Television

Former Washington Redskins wide receiver Gary Clark has signed on to help promote the Cutalong Golf Course at Lake Anna.

Plans are underway to have Clark sit down for a segment of Lake Anna Now, the program that debuted recently on LakeAnna.TV.

The hosts will discuss his involvement with the new golf course which is currently underway near the intersection of Routes 208 & 652.



## Ready, Set, Wear It!

Help us break the record! Everyone is invited on May 18th from 10 am to 2pm, when the LakeAnnaGuide.com folks are participating in a world-record breaking event: "Ready, Set, Wear It!" The third annual event will take place beside the Lake Anna Visitor Center at the Louisa side of the 208 Bridge. The public is invited to attend and encouraged to bring their own life jackets – inflatable or traditional Type I, II, III or V styles and participate in the attempt to break the record for "the most people wearing life jackets at the same time".

The countdown starts at 11 am when people will be asked to deploy their inflatable life jackets or don a tra-

*continued on page 3*



## Lake Anna Resort prepares for start date

The Lake Anna Resort will break ground and will start the first building of residential condos by summer's end, as soon as the rezone is finished.

The developers have reservations on thirteen of the first fifteen condos in Building 1. The condos have not been listed with a real estate company yet, but the developers have been offering units at pre-construction prices, enabling initial buyers to have built-in equity right away.

The property is in one of the few of Louisa

County's designated high-growth areas per the county's own Comprehensive Plan. The Resort is planned to be both commercial and residential mixed-use that everyone can enjoy.

A public beach and boardwalk is planned that will make Lake Anna a resort destination with a luxury hotel, spa, pool, and unparalleled amenities.

### The Impact:

The developers have asked for volunteers to help with a social and environmental impact committee.

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LETTERS

*to the Editor*

*What is the fuss about? What are all these meetings about at Louisa about sewage? Is this something to be concerned about? I will try and put this all in perspective.*

*Sewage is a byproduct of a residential and commercial building that goes outside the building using a plumbing pipe. All buildings produce this product, commercial and residential. "Turn on the sink, produce sewage" that's how it works.*

*All health organizations such as the Virginia Department of Health and DEQ say this sewage must be treated before discharged. Treated sewage is called "The Effluent". The discharge must be treated to a certain percentage depending on where the Effluent is discharged.*

*If it is in the ground for a drain field for example, the treatment process is simple. It goes into a Septic tank were biological treatment takes place, "bugs eat it" the remaining liquid is then discharged into the ground, gross but effective. The main problem with drain fields is that the system can fail. They also can pollute the ground water, "drinking water you get from your well". Once a drain field is installed there are no longer inspected to insure proper working conditions. If the Effluent discharge is thru a mass Drain field, the treatment is a little better but not much different than regular drain fields. Some mass units continue to have inspections on some tanks and some of the equipment.*

*On a Sewer Treatment Plant, usually in the area of high density or for commercial areas, the sewage is treated to the highest levels and then the effluent is discharged. Reporting and inspected daily, weekly, monthly and annually. This is currently regarded as the best method used in the world! Every city and municipality uses this method.*

*Now, how do these things get installed and what is the County's involvement.*

*Generally the County Planners and Supervisors approve areas for different types of densities and then turn over the approval for individual homes and buildings to Zoning. After Zoning approves the site plans which includes the discharge of effluent the State then decides where the roads go and what type of effluent disposal methods will be used.*

*Easy, right? Wrong! This County is now deliberating if they should step in and tell the state that their methods of discharge might not be good enough. That the County's elected officials should be in charge of Sewage Disposal.*

*How will the County decide what is a good system and what is not? Will they use Science? No, because that is what the State Health Department and DEQ use and if they want to supersede the State's Scientist then they must be using a different method.*

*What is that method? No one knows! What if they decide you have to use a system that doesn't work? Will the state allow it? What if the county cuts off all methods of disposal?*

*The board sent some resolutions to the planning commission, one which banned sewer treatment plants all together (the best method for sewage disposal). Luckily the planning commission sent the board an idea...maybe we should set up a committee of civic and business groups along with state agencies to come up with an idea for handling sewage. Great! The Problem is, that's already in place. The best methods are being used! That is why they are used! If they were bad systems we wouldn't be using them.*

*What's next? The County going to supersede the state? Somehow sewage is different in Louisa than any other place in the world?*

*Maybe a good idea is for the County to build a regional plant so that all of the citizens will receive something they deserve from their tax payments. We need a Hospital, Drug stores, Movie Theater, shopping, and many, many other amenities that can only come with the proper infrastructure. You cannot build hospitals and schools on a Porta Potty.*

*So why is the county wasting developers and citizens' time with nonsensical ideas of taking over for the State Agencies that are in place to protect us? Don't Know? Neither do I?*

*If you receive a letter from a group saying there is sewage being dumped in the Lake! You now know they are lying and if they are lying why would they? What are they trying to gain? No sewage is being dumped in Virginia. DEQ and The Virginia Department of Health make sure of that.*

*At the planning commission, civic groups and the business community agreed that the Louisa County is over stepping their jobs and agreed that a regional plant was the best answer to all issues with "sewage".*

- B.J. Blount, Realtor

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LakeAnnaGuide.com

The Lake Anna Breeze



# Safety Vest Awareness Event

(continued from front page)

ditional life jacket. An official tally and photo will be taken for submission to the National Sage Boating Council.

Troy Wheeler of the Spotsylvania Sheriff’s Department is helping coordinate not only on the Spotsylvania side at High Point Marina, but is also spreading the word around the area.

Both Wheeler and Jonathan Smith from the Lake Anna Guide have reached out to other law enforcement agencies and groups to help participate in the event, which is aimed at promoting safety vest awareness and water safety.

The event will highlight members of the U.S. Coast Guard Auxiliary, Game and Inland Fishery, Spotsylvania County Sheriff Lake Patrol.

The event will be both informative and fun, with refreshments on hand at the two Lake Anna locations. This is the third annual event and last year’s event set the previous event with 3,993 people gathered at more than 145 events around the world with life jackets.

Mark your calendars for Saturday, May 18th and become a part of history and enjoy an afternoon on Lake Anna!



Troy Wheeler of the Spotsylvania County Sheriff's Office helps teach a youngster how to properly wear life vests.

# Louisa Arts Center Names New Executive Director

The board of directors of the Louisa Arts Center (LAC) announced the appointment of Michael Bollinger as their new Executive Director.

“I am pleased to be selected to serve as the new leader and public ambassador for the Louisa Arts Center,” says Bollinger. “Arts and culture are important resources for any community. The Center has much to be proud of. Yet, there is also great potential for growth and to serve a larger demographic. I plan to build on past achievements, while increasing LAC programs. This may include expanded youth programs, educational partnerships with schools, live theatre at a community level, film series, an intimate “sundown” music series, Concerts In The Park and more.”



LAC board president Brian Marks stated, “Bollinger is a solid addition to the Center and we are thrilled to welcome Michael to Louisa! His diverse background, experience and enthusiasm will help elevate LAC to a new level of excellence.”

Most recently he served as Executive Artistic Director of the South Orange Performing Arts Center in greater New York City where he introduced new programs like the innovative In The Loft Series and Giants Of Jazz. He fostered artistic partnerships with Youth Orchestras of Essex County and Juilliard. His performing arts series work included Grammy winning artists: Stephanie Mills, Suzanne Vega, Pam Tillis, The Mannhattans, Booker T. Jones, Jane Monheit, Chanticleer and Los Lonely Boys to name a few. Broadway stars included: Ben Vereen, Adam Pascal and two-time Tony winner Norbert Leo Butz. Under Bollinger’s leadership performing arts series attendance increased 24%, with school-time attendance reaching an all-time high.

Bollinger is also Founding Director of Mainstage Theatre, served as long-time Producing Artistic Director of Missouri’s Lyceum Theatre, as inaugural Director of Virginia’s Suffolk Center for Cultural Arts and President-Elect of Virginia’s Governors School for the Arts. He has produced over 200 theatrical productions including the American regional theatre premiere of AIDA. Mr. Bollinger is a recipient of the Missouri Arts Award and received a commendation from President Clinton.

**Ready, Set, Wear It!**

**Saturday, May 18th**

**10:00 am - 2:00 pm**

**Help break the world record for the most people wearing life jackets at the same time!**

# New Miss Louisa Crowned for 2013



Last month, ladies in Louisa County competed for the title of Miss Louisa at the Louisa Arts Center.

The winner of the Miss Louisa pageant was Katelynn Harrison, a current senior at Louisa County High School. Leigha Chaney was the first runner up while Allison Stanley took third place.

This was the 55th annual pageant, which is sponsored by the General Federation of Women’s Club and the Louisa Junior Women’s Club.

Harrison spoke of her “Proud to Be Me” anti-bullying campaign, in which she has worked with both the Louisa County Sheriff’s Office and Louisa County Schools to promote tolerance and acceptance among students and to demonstrate the harmful effects bullying can have.

The pageant is a Louisa tradition and both the GFWC and LJWC enjoy recognizing positive young women in the community.



Miss Louisa Photos provided by April Pekary.



# Love is in the Air

by Heather Mechler-Fickes of Chameleon & Co. Salon

*A special style on your special day can complete your look.*

The Spring and Summer are popular seasons for many couples to tie the knot. Finding the perfect hairstyle to go with your dream dress can be very tricky.

Many bridal trends are straying away from the tight curls and rigid up-dos that are held up with hundreds of bobby pins. More brides are going for more loose and carefree styles. For brides with long hair, I have noticed a lot of loose braids, buns, low ponytails, and chignons. Some brides who decide to wear their hair down go for “beachy” flowing waves. For brides with shorter hair chic waves, and 20’s flapper styles are very popular. For both shorter and longer hair side parts, and height on the top crown area are very fashionable. Anything with a retro vibe is trendy.

But when choosing your hairstyle you must take into account any headpiece that you are adding to your ensemble. Many brides go for the traditional veil accessory. If you are wearing your hair down you don’t have to worry about the veil being too heavy for the particular style but if you choose an updo you have to make sure that it works with your veil. A lot of brides are forgoing the traditional veil and going for simple floral accessories, pearl pins, or simpler birdcage veils.

Most importantly when choosing your bridal hairstyle you want to make sure it matches your own personal style and you feel comfortable wearing it all day.



## The Lore of Lake Anna

by Wayman Bishop

I grew up a curious and inquisitive child. I had an unusual passion for the past and a desire to make some connection between the events affecting the lives of previous generations and the circumstances of the lives of those who shared the present with me. As I look back on those formative years, I know now that I had the heart to become, if not a historian, at least a history buff. That I became a history buff and not a historian, I attribute to my high school history teachers... because of them and in spite of them. The history they taught me was as exciting as watching paint dry. Rich and compelling history took a back seat to the emphasis placed on raising a new generation of scientists and mathematicians educated to beat the Soviets to the moon.

Born and raised in Atlanta, Georgia, I lived on hallowed ground that in the Summer of 1864, had been the path General William T. Sherman took through Atlanta on his “march to the sea.” My great-grandmother was a witness to the “horrific” excesses of Sherman’s army. My grandmother passed on the story to me when I was not yet in school and I grew up believing that the red clay of Georgia resulted from all the blood shed during the 1864 summer of fighting and plunder.

Some of us, like General Sherman, have made history. A few

more of us, like my great-grandmother, have witnessed history. And many of us, like my high school history teachers, have no sense of history. But, all of us have a legacy. It is the rare few among us who have actually made history. To have participated in or perhaps created an epic event of historical proportion is the very rare opportunity afforded to a chosen few.

History, bluster, myth and legacy are the ingredients of the rich historic inheritance that is ours at Lake Anna. Over the next several months, I will work to unfold the pages of local history in a series of articles published herein, entitled “The Lore of the Lake.” Consider the questions: What’s behind the real story of the Lake Anna Airport; what did the surveyors find when they were laying out Lake Anna? What unsolved mysteries lurk just below the water line? What happened on the banks of Plentiful Creek during the Civil War? Is there really a gold mine at Lake Anna State Park? Whatever happened to the Pamunkey Indians? And what happened to all the narrow gauge railroads that once crisscrossed the area?

I hold fast to the notion that history told well does not need to be embellished, but if it appears that considering the facts takes on the excitement of paint drying, I can’t promise that I’ll let the truth stand in the way of a good story.

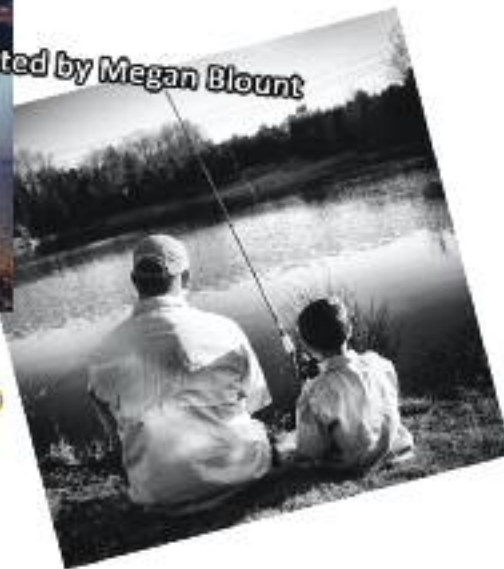
My grandmother would have been a great history teacher.



Photo provided by J.C. Bane



# Scenes from Lake Anna



E-mail your photos to:  
[Info@LakeAnnaInfo.net](mailto:Info@LakeAnnaInfo.net) to  
share for our next issue!

## Lake Anna's Featured Pets



Send your photos to our facebook page or e-mail them to  
[info@lakeannainfo.net](mailto:info@lakeannainfo.net) and you could see your pet  
featured here next month!

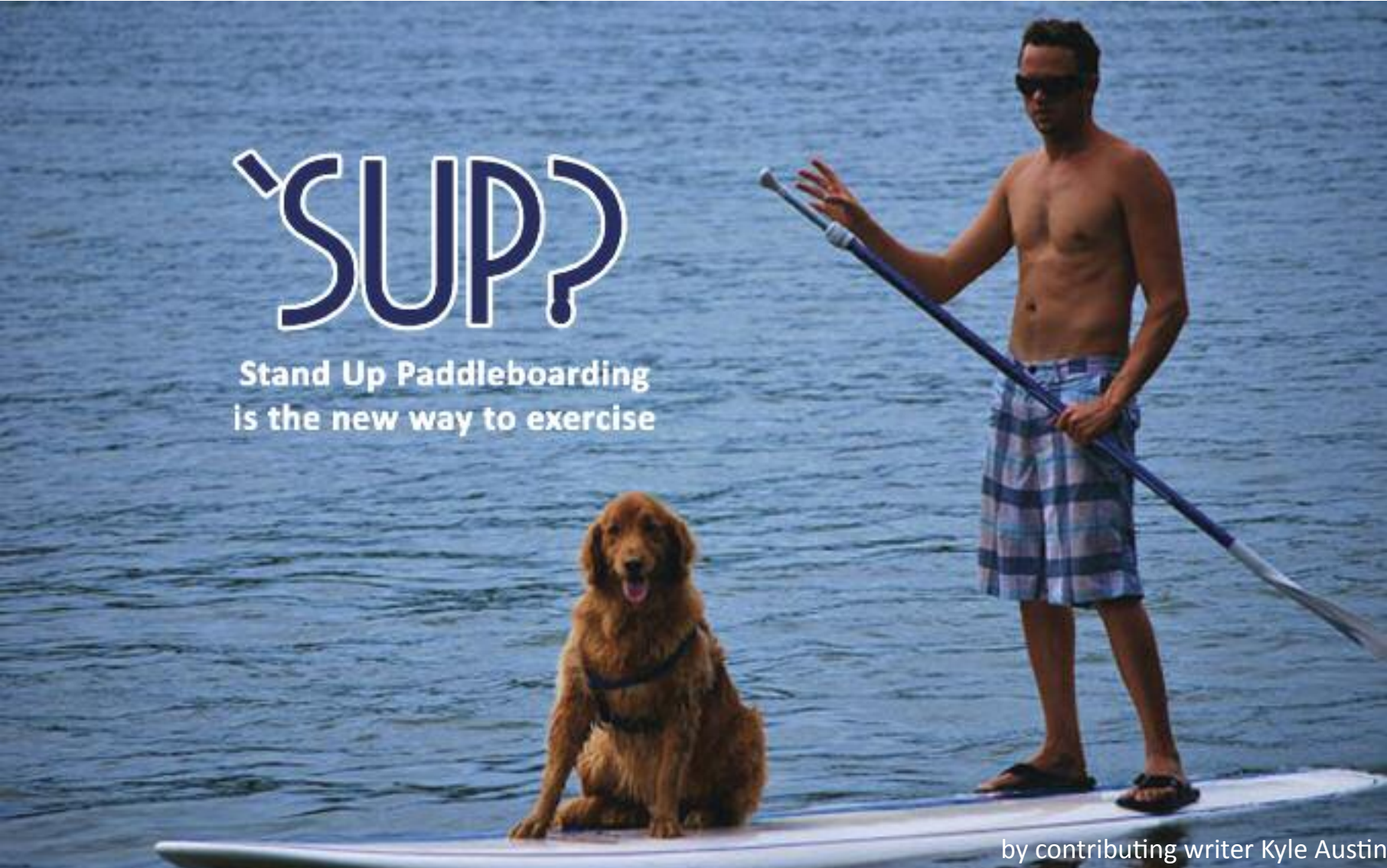
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by contributing writer Kyle Austin

I wasn't asking "what's up" in the new generation slang, I was abbreviating Stand Up Paddle-boarding - SUP. Some know a lot and some don't know anything at all, so I'm here to tell you about the benefits of paddle boarding.

Paddle boarding is awesome. It can be a slow paced or fast paced sport. It can be perfect for both the leisure cruisers to the avid paddleboard racer.

For many of us, peace of mind is the perfect reason for owning a paddle-board. There is no better feeling than grabbing your board and just cruising across the lake with no one else around you. Even if there are boats and other paddlers, the self-propelled board just sets you free while you glide across the water. It almost gives you a sense of walking across the water when you look ahead and see nothing but blue glass like water.

Of course there are amazing health benefits with many studies done on the muscles used while paddling. Your central core is getting an amazing workout within your abdomen. Your abs are clenching on every stroke and creating great tone and strength. Your upper thighs will be getting a huge workout that you will feel almost immediately. The balancing back and forth will be applying pressure to your thighs that will help build muscle and tone before you know it.

Almost every muscle in your body will react to a paddle-boarding workout, from your feet all the way to shoulders. Make sure you get out and try a paddleboard as soon as you can so you can join in the fun on the water.

When you get out there make sure you know just a little bit of background information. There are many different types of boards to choose from and some you may want to stay away from. It will all depends on what your intentions are of course but it is good to know their difference.

Without writing a multiple page article on the many different types I will stick to a short story scenario for you. There are, heavy, light, expensive and cheap, as well as hand laid glass and inflatable boards. An overly heavy board isn't very good to transport from home to water, and can cause issues with smaller people. They can also cause too much drag in the water, which will overwork your body and decrease your enjoyment out on the water.

The inflatable tubes are a great way to go cheap, but the drawback is that they aren't great everywhere. At the beach or in rougher water they aren't as stable, as they are filled with air that you are trying to balance on instead of a stable surface. The better-built hand laid board is a much better way to go for the all-around experience. Although more pricey than some may want, the extra expense is worth it in the long run. If you have the chance to rent a board try a sturdy paddle board such as an Amundson or Connelly board for instance.

Make sure to get out there this summer and try this amazing sport for yourself. For peace of mind, full body experience get out there today and paddle yourself to relaxation. Your local store, Wake Edger's Gear & Gifts, sells and rents paddle boards as well for your weekend and lake house enjoyment.

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## Outdoor Life at Lake Anna

### Even experienced boaters need a free vessel safety check...

**By Taylor McCann**  
Fishing Guide, Kistler Rods Pro-Staff



The most cautious boaters can sometimes experience unexpected problems on the water. That's why the U.S. Coast Guard recommends that all recreational boaters, including personal watercraft and paddle sport users, take advantage of the free Vessel Safety Check program every year. The courtesy Vessel Safety Check (VSC) is performed on your boat – whether in a slip, at the launch ramp, or in your driveway – by a certified Vessel Examiner, at a mutually-convenient time, and usually takes 20 to 30 minutes, depending upon the size of your boat.

**What's In It For Me?** Boats that pass the examination are awarded a distinctive VSC Decal that alerts the Coast Guard and local law enforcement that your boat was found to be in full compliance with all Federal and State boating laws.

**What If I Don't Pass?** If your boat does not pass, no report is filed. Instead, you are provided a written report that aids you in correcting any discrepancies noted. Often, a quick trip to the local marina is all that is necessary to obtain missing safety items and easily pass a re-inspection.

**Why Do This?** In a word – safety. You are left with the peace of mind that your boat meets minimum safety standards and that in an emergency, you will have the necessary equipment to save lives and summon help. Additionally, you will avoid substantial fines should you ever be boarded by law enforcement and found to be in violation.

**Where Can I Get a Vessel Safety Check?** Your local Coast Guard Auxiliary unit, Flotilla 87, on Lake Anna has members who are certified to perform vessel safety checks. Call Flotilla Staff Officer, Bill Shutt at 540-894-0181 or email him at [fsove@a0540807.uscgaux.info](mailto:fsove@a0540807.uscgaux.info) to set up a VSC in your driveway or wherever you store your boat. The Flotilla also schedules regular VSCs at the local marinas around Lake Anna. Check with the marina for the Coast Guard Auxiliary VSC summer schedule.

### March Madness!

**By Charlie Bowles**  
Fishing Guide, Bass Pro Shops & Lowrance Pro-Staff

It's about more than just college basketball... March marks the end of cold blustery winter weather and the beginning of longer warmer days. For an angler, it means it's time to go fishing! Below is a quick overview of what to expect for March on Lake Anna.

#### Bass

When the water reaches the magic temperature of 55 degrees Bass will "stage" or move towards the shallower creeks and coves. During this period the Bass will "wake up" and get much more active than they have been in the winter. The lower end of the lake is going to warm before any other area. Dike 3, Valentine Cove, Levy Creek, Rockland Creek, and Dukes Creek will be great areas to concentrate your efforts. Use 1/4 ounce to 3/4 ounce Spinnerbaits, 5" Jerkbait, and 1/4 ounce swimjigs and swimbaits. Don't forget your favorite variety of finesse baits when the bite gets a little tougher or you are trying to follow up the other baits. I also like to use lizards and senko type baits on a Carolina rig. This technique allows you to cover a lot of water and detect changes in the bottom.

#### Striper

There are lots of stripers in the Dike 3 area. Many of the larger Stripers will be caught in the main rivers near Terrys run, S-turns, Christopher run, and Duck in hole creek. 1/4 ounce to 1/2 ounce Swimbaits and Jerkbait will be very productive in these areas. If you are a live bait fisherman use a shallow presentation during lowlight and overcast days. During bright sunlight go out to deeper feeding flats and use down lines.

#### Crappie

Watch for Crappie to move to some of the 15 ft rock piles, bridge pilings and brush piles. Use 2" pearl grubs and tubes and small and medium minnows.

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## Floral Design Demonstration

Lake Anna Rescue Inc.  
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May 9th

The Lake Anna Garden Club is hosting a floral demonstration by the highly sought-after floral designer, David Pippin, who will demonstrate his floral design techniques.

David will create several flower designs that we will raffle at the end of the demonstration.

Admission is free, but RSVPs are suggested to guarantee your space. Contact Sandy via e-mail at [dskinhead@comcast.net](mailto:dskinhead@comcast.net) or call 540-895-5123. Arrive early at 9:30 for free refreshments prior to the demonstration.



## Last Friday's Dance

Lake Anna Winery  
April 26, 2013

Outside we hope to enjoy a beautiful star filled sky. Music on the back patio, wine, food and entertainment from Joe Martone Jazz, (Blues, Boogie and Swing) who will be playing your favorites to dance to. Just \$10.00 and all of this? Too good to be true...but it is.

## Spring Open House & Craft Festival

Weston Farm Vineyard & Winery  
May 4th

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April 13, 2012  
12:00 pm - 5:00 pm

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## Wine & Shopping Extravaganza!

Saturday, April 13th @ Lake Anna Winery

Join representatives from BeautiControl, Creative Memories, Miche, Oragami Owl, Pampered Chef, Scentsy, Tastefully Simple, Thirty One and Thread Magic who will be offering their merchandise from 12 pm - 5pm. Sip while you shop!

**2nd Annual**  
Law Enforcement/Autism Awareness Day

**Spotsylvania Sheriff's Office**  
Autism Awareness Day

**Location:**  
Fredericksburg Field House  
3411 Shannon Park Drive,  
Fredericksburg, Va 22408

**Date and Times:**  
Sunday, April 7, 2013 from 1:00-4:00pm  
Food - Games - Entertainment

**Sensory Friendly Event**  
[www.spotsylvaniasheriff.org](http://www.spotsylvaniasheriff.org)

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## Celebrate Earth Day



Lake Anna State Park  
April 21  
9:00am - 12:00pm

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For more information or to make arrangements for groups contact Lake Anna State Park Office at 540-854-5503.

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The Virginia Renaissance Faire seeks volunteers to assist with parking, ticket taking, gift shop sales and site maintenance.



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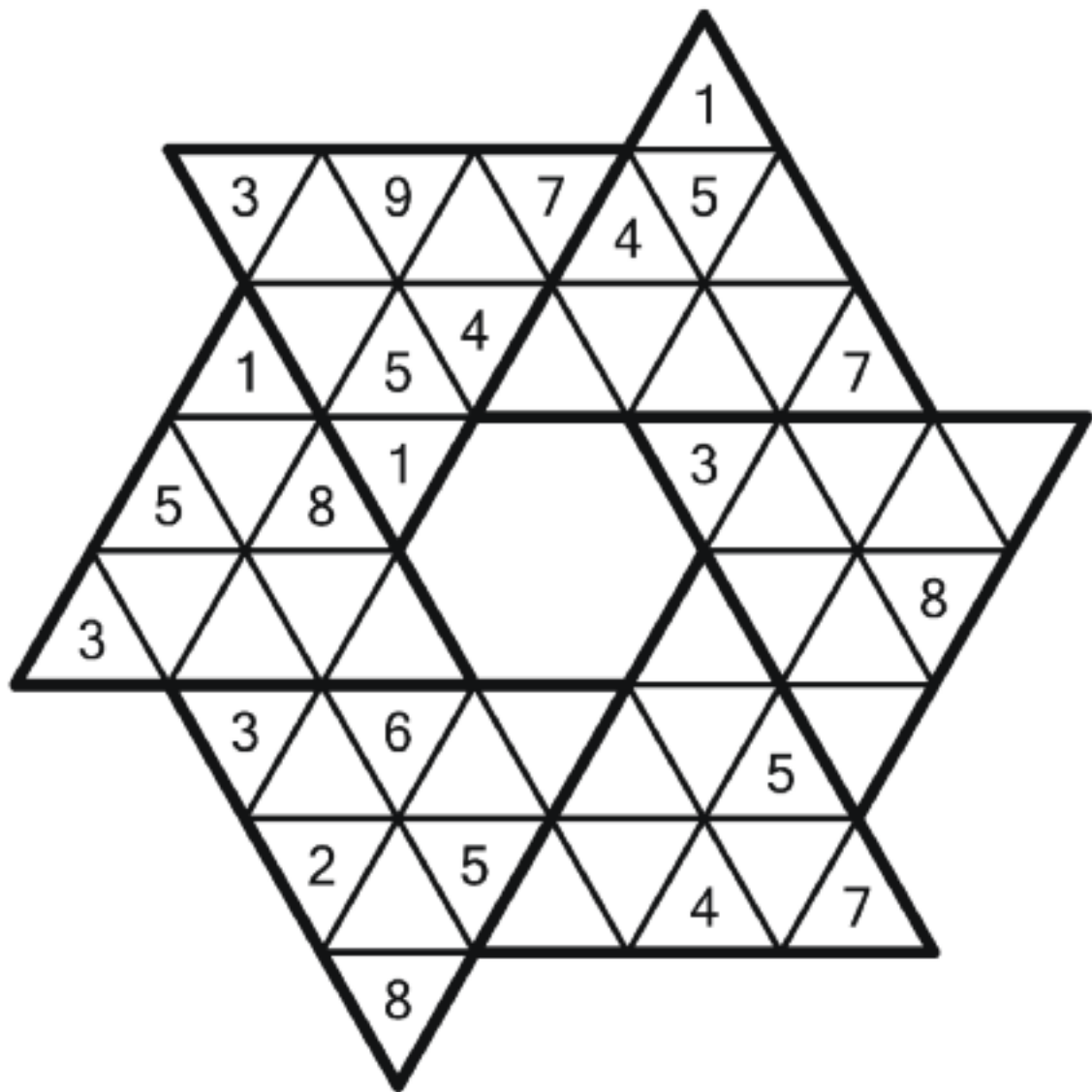
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Hoshi Sudoku Puzzle - Medium



www.sudoku-puzzles.net

Difficulty: Medium

Solution to this puzzle will appear online at LakeAnnaGuide.com

## Lake Anna Horoscopes

**Aries:** You will gain success and receive much praise right now. Be on the lookout for new relationships on the horizon.

**Taurus:** Something may seem very pleasant but could quickly turn violent – be careful. Keep a close eye on finances as money seems to go faster than usual right now.

**Gemini:** This is a time of harmony for you and you'll be entering a time of great independence, which is a great time to learn a new skill or hobby.

**Cancer:** Avoid conflicts, as many people in your life might feel neglected by you, but their concerns are rooted in good intentions. This is a good financial time for you!

**Leo:** Your career is rolling right along and you'll see your social status increase and your social calendar fill up quickly.

**Virgo:** You may have some sneaky suspicions right now, but you should focus on your work and getting your ducks in a row.

**Libra:** Expenses are higher than ever this month. You may have to find a temporary source of income to put your mind at ease.

**Scorpio:** Avoid jumping into new relationships too quickly – make sure you're staying independent and confident as the results will keep you happy.

**Sagittarius:** This is a creative time for you and that creativity may lead you to a new venture. Be open to opportunities headed your way!

**Capricorn:** Your finances are looking pretty good right now, but you need to remember to keep an open mind, as some of your stubbornness may lead to trouble for you.

**Aquarius:** Your friendships will be stronger than ever right now. Those bonds will lead to success in other ventures and create new ideas that will be beneficial to everyone.

**Pisces:** Put in the extra time with your work and home life right now and you'll reap the greatest rewards. You'll have time for rest later.

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## Featured Food

# Crazy Good Eats *by Monica Van Cleve*

So anyone who knows me well knows that I try to stay as far away from chain restaurants as possible. Not for snobbish reasons but because I made a rule with myself years ago to support the local, mom and pop restaurants like the one my family used to own in Spotsylvania. I do have one exception and I feel I must share it with you to get it off my chest. Maybe it is my love for great seafood or maybe I just get sucked into their lively yet laid back atmosphere but Bonefish Grill is my dirty little chain restaurant secret. In fact, when I lived in China for 6 months I spent the last 3 months researching food I would eat as soon as I put my feet back on American soil, Bonefish Grill's Bang Bang Shrimp appetizer being number 1 on my list. Sad? Maybe. But they really are that good.

My dining partner (my Mom) and I walked into Bonefish Grill on a Saturday expecting it to be packed, and it was. We decided to sit in the open seating bar area to avoid the long wait for the dining room. I never regret doing this because you get better angles for "rubber necking" other diner's food plates since you are sitting so much closer to them. Bonefish Grill's menu is condensed into one page which I think is genius. It makes it easier for lunatics like me who take hours to decide on food selections and they also concentrate on a few things and concentrate on doing them well. We ordered the Singapore Calamari for starters which is described in their menu as Tender calamari flash fried and tossed with peppers and a sweet and spicy Asian sauce. Delicious! If you are one of the people who are still weary of calamari please leave the 20th century behind and step into Bonefish Grill for this starter. The juicy calamari rings were perfectly fried with just enough breading and the Asian dipping sauce was to die for. Such a great and welcomed alternative to cocktail sauce!

My mom and I decided to order our dishes on the agreement we would split them 50/50, not abnormal behavior for us since she is just as menu indecisive as I am. I went with the special which was Orange Roughy Piccata with scallops and shrimp and she had the Bang Bang Tacos. Let me just tell start off with introducing you to Bang Bang Shrimp from Bonefish. They are lightly breaded, plump and juicy shrimp that are NEVER over cooked (which is normally such huge problem for restaurants) and they are doused in a spicy, creamy, and perfectly balanced Asian sauce. It's hard for my mouth not to water when describing these precious little nuggets. For years they have just been on the menu as a starter but Bonefish has gotten smart and stuffed them in a tortilla with a little extra sauce on top. I think there was cabbage or something else inside the taco but I wasn't paying attention. It was all about the delicious shrimp now packaged perfectly inside a tortilla. Yum and definitely crazy good!

Orange Roughy is on my top 10 favorite fish list. It's light, buttery, flaky and non-fishy; all things a fish filet should be. Bonefish got it right with a light piccata sauce draped over the dish with flavorful capers throughout. The plump scallops and perfectly steamed shrimp in addition to the orange roughy made for a seafood explosion I won't soon forget. I was not feeling particularly healthy that evening so my choice of a side was the asparagus coated in tempura batter and lightly fried. The huge asparagus spears were succulent and tender ...did I mention they were fried? Yum!

From what I gathered from the menu and from "rubber necking" other diners food at the bar area Bonefish has a lot more than just seafood. If you're not a seafood lover I would still venture out and take a chance on a restaurant chain that always seems to get it right. The atmosphere itself is great; warm and welcoming and the cocktails aren't bad either! Give Bonefish Grill, located in Central Park on Rt. 3, a try and enjoy their Crazy Good Eats!



Monica Van Cleve is the founder and publisher of the award-winning food magazine Let's Eat Out Menus, and other food guides. She believes in supporting, and exposing those who have a passion for preparing and serving Crazy Good food.



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We are all getting excited about an imminent appearance of Spring! I hope you are like me, looking at your rooms and thinking of what changes you might make for this new season. This could just be a mental-visual exercise for fun and motivation or... for real. Either way, it's a healthy way to use your time. Pay attention to what trends are indeed trendy and don't invest much money in them...before you



photo courtesy Atlanta Home & Lifestyles

know it they are "has-beens". Enjoy them in reasonable doses to please your eye and stay up with the times. This is not to impress anyone but to meet your intellectual and visual need to be current.

A friend of mine has a lovely Colonial home with all the appropriate furnishings and window treatments. She has been wise and intuitive to acknowledge her family's needs for comfort and current technology. The style and size of televisions in the 60's and 70's, which would be acceptable with Colonial fur-

nishings, would be absurd in an atmosphere where current-day thinking and living exists. Buy whatever size television that you desire and meets your entertainment needs. Do not be concerned that your furnishings are not on the same wave length with modern technology you want to integrate into your "lifestyle."

Think about it, most of us work long and hard, whether in or out of the home, and at the end of the day, we want to be comfortable in our "spot" with all the accoutrements necessary for relaxation and recharging. I worked with a client years ago, where the man of the house needed three small tables surrounding his chair. All were necessary to accommodate what he wanted to see and use. I look at our chairs in front of the fireplace and my husband and I have two tables each and you know, I probably could use a third!

Below is a quote from an interior designer that says a lot. See if this is a fit for you.

**"The single most important ingredient in a home is that it must have a soul. I might wind up in a single room one day, but it will be mine; it will represent me."** Charles Faudree, Charles Faudree Home.

**--"soul", n. the principle of life, feeling, thought and action in humans; high-mindedness, noble warmth of feeling, spirit or courage; the seat of feelings or sentiments..."** - Webster

So, in this upcoming season of rejuvenation, give yourself the freedom to search your soul to see what needs to be enjoyed, expressed or shared in your home. Recognize what delights your eye and spirit. Pick up some new throw pillows in fun colors or make some. Buy new cocktail napkins. That sounds silly, but you deserve it. Don't do it just for guests.

Bring sprouting leaves inside in large or small vases. The Photinia is a prolific ever-green, a member of the rose family. The green leaves have red coloring on them. The spring sprouts that are out now keep sprouting in the water filled vase. Don't worry if some of the leaves are not perfect. They are a beautiful addition to your fresh new space, healthy for the environment as well.

Have fun in this new springtime. Let your daring side come out! You may just learn something about yourself. Enjoy.



photo courtesy Atlanta Home & Lifestyles

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## The Resort Sets Start Date (continued from page 1)

The goal of this committee is to find negative and positive factors to add or omit from the site plan so that The Resort has the most positive impact possible on the area.

### Some of the Positives

1. Commercial Impact – The Lake Anna Resort will bring a plethora of jobs and income to the area. It is estimated that the construction cost alone will be more than \$100 million by the time the entire project is complete.
2. Taxes – With all of the businesses housing The Resort, Louisa will capitalize on immense tax revenue.
3. Spotsylvania, Louisa & Orange will benefit from all of the traffic traveling through their counties to reach The Resort destination.
4. The Resort will be the home of so many new events and attractions to the Lake Anna area.
5. The hotel will provide all of the amenities expected from a high-end resort – fine dining, world-class spa, pools, conference center, shopping, information, luxurious overnight accommodations, room service and a full time concierge, social director and staff.

### The First Choice in Fun

The Resort will be home to all of the following:

- Boat Rentals – pontoons, jet skis, rafts, kayaks, canoes, paddle boats and more will be available to rent by the hour or day.
- Beach Rentals – cabanas, umbrellas, beach chairs, towels, etc.
- The Spa – services available indoors, out on the beach, and over the water. The spa services will also be available in-room or poolside. There will also be experts on hand to apply sunscreen throughout the site.



- The social director will have a staff of experts for all activities: art classes, volleyball, card tournaments, bocce ball, yoga, dance classes, wakeboarding, skiing lessons, shuffleboard, theatrical shows and music lessons. For the Kids: Children's fishing tournaments & lessons, game room, in-room game network, beach games, ring toss, beanbag toss, etc.

For the Grown-Ups: nightlife, dancing, bar, restaurants, shopping, classes, lessons, events, boat rentals.

Businesses: conference/convention space, retreats, seminars and classes, catering available for all events.

Events: concerts, theatrical performances, festivals, boat shows, tournaments, wedding/reunion space.

Festivals: Wine Festivals, Christmas Tree Lighting, Lake is Great Day, Boat Festivals, etc.

Shopping: gift shop, apparel store, beach shop, specialty flower shop, jewelry store, etc.

The Resort will be home to large events such as national musical acts that range from Bon Jovi to Adele. Theatrical performances such as Cirque du Soleil will entertain the entire family and other events such as national scale fishing tournaments, wakeboarding and skiing national championships, and festivals will keep the activities schedule full and exciting year round.

The Lake Anna Television Group is in preliminary talks to bring a film/music festival to Lake Anna.

Indoor conventions, conferences, corporate retreats, trade shows and more will have beautiful meeting space with an even more beautiful backdrop and keep the facilities abuzz, even during the colder months, along with the indoor spa and pools that will draw visitors on the coldest of days. For more information, please visit [www.LakeAnnaGuide.com](http://www.LakeAnnaGuide.com).

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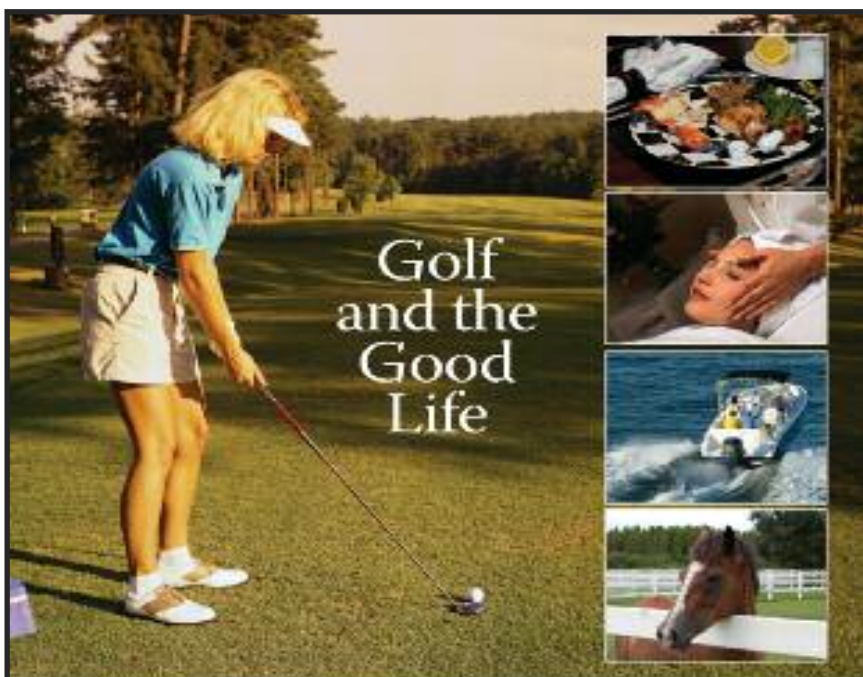
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Email: [LizWilson419@msn.com](mailto:LizWilson419@msn.com)

*"Only the sunset covers Lake Anna better."*



**Lake Anna Waterfront 2 \$949,900**  
Peaceful and serene views abound! Fantastic 6 bedroom waterfront home on Private side of Lake Anna. Home is on 3 acres, boat house, decking on upper and main level of house. Firepit, approximately 750 feet of rip rapped shoreline. Two gas fireplaces -one in the family room, the other in large upper rec room. Irrigation for lawn. Come and see!



**Lake Anna Waterfront \$719,000**  
PRICED TO MOVE! Over 4,000 sq. ft. Great views, 3 master stes, hwd & cork floors, enormous gourmet kitchen. Screened in porch, deck & patio w/hot tub overlooking water. Full fin basement w/full service wet bar & media room. Stamped concrete walkway to water. Boathouse w/oversized sauna, 2 electric lifts, 2 jet ski ramps, swim deck, sauna & storage. This home has lots of upgrades & amenities!



**Lake Anna Waterfront \$675,000**  
Beautiful Voss constructed waterfront home set perfectly on the lot to soak up Sunset views. Located in the peaceful Plentiful creek area of Lake Anna. 3 bedroom 3.5 bath home tastefully decorated and ready to move into. All furnishings to convey with the sale of this property just bring your toothbrush to settlement. Property has an attached garage and a boat dock at water's edge.

### The Sunset Team

Angel Hough 540-207-9963	Dana Isaac 540-661-2166
Ken Isaac 540-661-6900	
Doug Hough 540-846-5844	Greg Isaac 540-661-2019



Sunset@Inf.com  
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# LAKEHOUSE

## BUILDING & DESIGN



**WATERFRONT HOME**  
open floorplan, 3-5 bedrooms, stone fireplace, stone accents, stainless steel appliances, 2-car garage, to be built in Noah's Landing, Lake Anna's premiere subdivision. \$699,900.



**WATERFRONT HOME**  
optional walkout basement, lanai, outdoor fireplace, barbeque pit, attached garage, beautiful waterfront in Lake Anna's premiere subdivision, Noah's Landing. To be built, purchase now & choose your upgrades!




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