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Updating Your Look page 4



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Cutalong Summer Celebration: Gold Rush & Shot for a Lot!

The developers of the new Lake Anna golf course community are inviting sports fans, children, horse lovers and prospective home owners to the Cutalong Summer Celebration Saturday, June 29th from 11 to 4. Food, music and activities for all ages are planned and tours of the thousand acre Cutalong site will be available.

Patterned after the successful Fall kickoff event, there will be horse

(continued on page 3)

Relay for Life: June 15th

You're invited to this year's Relay For Life of Louisa event! At 10am on June 15th, we will start off our event with celebrating the culmination of the fundraising efforts and cancer survivors. Throughout the day, there will be a wide variety of entertainment, as well as activities and on-site fundraisers taking place.

This year's Relay For Life of Louisa event will be held on June 15, 2013 from 10am-10pm at Louisa County High School Athletic Field. Currently, teams are fundraising prior to the event, but there will be fundraisers at the camp sites during Relay. Relay brings together friends, families, businesses, hospitals, schools, faith-based groups . . . people from all walks of life – all aimed at furthering the American Cancer Society's efforts to save lives by helping people stay well, by helping them get well, by finding cures and by fighting back.

At 10am, our Celebrate ceremony will begin as we celebrate the culmination of our fundraising efforts throughout the year.

Relay For Life's Luminaria Ceremony takes place after sundown, honoring the community's cancer survivors and remembering those lost to

(continued on page 4)





The Summer Wake Circuit page 6



Ready, Set, Wear It! Brings Lake Anna Together to Promote Boating Safety

Bouts with rain throughout the morning couldn't keep Lake Anna enthusiasts from showing up at the Lake Anna Visitor Center to be a part of a record breaking attempt for the most people wearing life jackets. The day was part of a national event that set a new world record last year with 3,993 participants nationally. More than fifty locals came out to support the cause.

Refreshments were provided by Smokin' Eddies BBQ out of Louisa and fun, family friendly music (continued on page 3)





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Story ideas? Suggestions? Questions? Please feel free to contact us with a letter to the editor.



To the editor:

We get every issue of the Breeze at Food Lion or Elk Creek Store as soon as we see the new cover. We love to read about the new events that come up and about the past ones so we know what to expect. We are especially excited about the extensive coverage on the upcoming developments. You guys seem to be the only ones who know what's happening around Lake Anna.

My son and his kids also love the wakeboarding section. Keep up the good work and we will keep reading!

> - Anthony Carson Fairfax, VA

Issue No. 15



Looking for more Lake Anna area events?

Check out the Events Calendar at LakeAnnaGuide.com for the most recent updates!



From the editor:

Thank you for the positive feedback! We receive a lot of support from the community and we're glad to be able to provide this type of service for our readers. As you branch out, you'll notice you will see the Breeze in more & more locations, including all of the aisles at our Lake Anna Food Lion, as well as stretching into the towns of Louisa, Spotsylvania, Orange, Culpeper, Fredericksburg & beyond.

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ennie Lukstat Associate Broker, Lake Arma Island Boolty Cell: 540-273-7321 jennie@lakeanna-va.com

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Safety Vest Awareness Event

(continued from front page)

was provided by Mark Bailey of First Fruit Ministry.

Both Mineral Fire & Rescue and Lake Anna Rescue, Inc. were on hand and participated in the event. Kyle Austin also brought a great group of water sports enthusiasts to check in at the event.

The Lake Anna event was part of a nationwide network that included another group on the Spotsylvania side of the lake where more people registered at the event, which was organized by the Spotsylvania County Sheriff's Department.

The National Safe Boating Council and the Canadian Safe Boating Council hope to not only set another world record and surpass 2012's 3,933 participants from six countries,

but, most importantly, educate the boating public about the comfort and accessibility of inflatable life jackets.

This is the fourth annual attempt and the event is planned to be even bigger and better next year.

Visitors came by land and water to attend, children had a great time on the water and even Dave Dumas' dog, Jack, joined in the fun! (pictured below)





Gold Rush on June 29th

(continued from front page)

dressage demonstration, a shot-for-a-lot contest, panning for gold, and a chance to shake hands with Superbowl super star Gary Clark. Clark, of the famous Redskins posse has selected Cutalong for a home site and one of the locations for his annual Gridiron Football School.

The Wolf Mountain Equestrian Team will present an afternoon of riding demonstrations and the elegant art of dressage. There will also be opportunities for horse rides for the younger set. Wolf Mountain has teamed up with Cutalong to help manage and operate equestrian facilities at the development.

In the tradition of Virginia miners of the 1800's, the Contrary Creek Prospectors Club will be offering gold panning lessons for people of all ages.

But the big attraction on that Saturday will be Tom Clark's 18-hole golf course under construction at Cutalong. Several of the holes have been roughed in and a tee box has been set up for the shot-for-a-lot contest. A hole in one will earn a golfer a home site valued at \$80,000.

The first 25 owners will become Charter Members of Cutalong Golf Club and there are only a few Charter Memberships left. Phase 1A and estate lots are ready for purchased and reservations are being taken on the golf cottages.

The Cutalong master plan includes a Club House, horse stables, a boat hotel and docks, tennis courts and pools. Home sites will cluster on one side of each hole leaving over 40 per cent of the land area for green space and amenities. Walking and riding trails will encircle Cutalong and common areas will be set aside for playgrounds and recreational use.

The developers are Jeff Snyder and Brian Schneider of Snyder and Schneider Property Development. They and the four approved builders will be on hand on the 29th to answer questions.

Gary Clark will be

Brian the Builder: Behind the Scenes

His office is off a cluttered conference room. A couple of computer screens and random clumps of paper. A big dog sleeping on the floor. This is the lair of the master builder. Brian Newman's office at ArcTek homes.

When you're commissioning an ArcTek home this is where the bulk of the work gets done, and that process can be a little unnerving. Brian is a powerful presence and no matter what aspect of custom home building you bring up, Brian has already thought about it. "I started as a masonry tender, running wheelbarrows of heavy, wet mortar up narrow wooden planks. That was 33 years ago and since then I've done just about every job in residential and commercial construction,".

And it shows. ArcTek's subs quickly learn to toe the line. Brian's work sites are amazingly clean for what is basically an untidy profession. Visiting one of his

continued on page 14

on hand for the June 29th event.

Gary Clark will be appearing on the next episode of Lake Anna Now on LakeAnna.TV

A Little Change Can Do You Good!

by Heather Mechler-Fickes of Chameleon & Co. Salon

Updating your hair style is a great way to achieve a new look.

I recently got the information about my 20th year high school reunion. Yippee! I had my husband go into our shed and search for my old yearbook that I hid in a box, sort of wishing it had been eaten by moths - but no such luck. He found it. I opened it up and looked for myself. I thought I haven't faired too bad. Of course, when I really want to know the truth, I ask my 7 year old. She scrutinized every aspect of me, but on the plus side, she knew what smiling face was mine. My reunion is fast approaching and I have limited funds for a facelift or a tummy tuck. After years of having clients ask me how to look years younger, I've made my own list of hair-do's to make you look more youthful.

Of course, hair color always helps. Usually rich warm tones, buttery blondes and golden sunny highlights are fresh. Anything that is not ash.

But just changing your regular style could take a few years off of your appearance. Full or side parted bangs are not only popular but instantly cover lines on your forehead. But stay away from stringy bangs that tend to look un-kept and straggly.

Stay away from parting your hair straight in the middle. That tends to look too severe and if you haven't colored your hair in a while it screams "ROOTS". Try a deep side part that looks sexy without being overdone.

Another great tip when styling is doing soft waves or curls. When wearing curls or waves, stay away from too much volume on top and keep the fullness towards the



bottom.

If you wear your hair straight, add volume to the top and keep the bottom sleek.

If your hair is short get a haircut that is more wispy, razored and texturized, rather than a cut that has harsh geometric lines.

If you wear your hair up, keep it more loose, less poofy, and have random pieces left out.

These are just a few ideas that will take years off your appearance. I am definitely going to use a few of these tricks for my upcoming reunion. I'm looking forward to it. I will never look 18 again, but I'm cool with that.

Relay for Life Louisa

(continued from page 1)

rounded with glowing luminaria that bear the name of vestment in groundbreaking discovery; and by fighting someone who has battled cancer. Luminaria may be pur- back by rallying lawmakers to pass laws to defeat cancer

chased for \$10 by visiting www.RelayForLife.org/LouisaVA.

Also, a part of the Relay For Life of Louisa event is the "Fight Back" Ceremony, in which a community leader will inspire Relay participants with his or her own commitment and will challenge them to take a personal pledge of action (e.g., stop smoking, eat more healthily, exercise regularly, etc.) in fighting back. The American Cancer Society combines an unyielding passion with nearly a century of experience to save lives and end suffering from cancer. As a global grassroots force of more than three million volunteers, we fight for every birthday threatened by every cancer in every community. They save lives by helping people stay well by preventing cancer or detecting it early; by helping people get well by being there for them during

the disease. Participants will circle a track that is sur- and after a cancer diagnosis; by finding cures through in-

and by rallying communities worldwide to join the fight. As the nation's largest non-governmental investor in cancer research, contributing about \$3.4 billion, they turn what we know about cancer into what we do. As a result, more than 11 million people in America who have had cancer and countless more who have avoided it will be celebrating birthdays this year. To learn more or to get help, call anytime, day or night, at 1-800-227-American 2345 or visit cancer.org. You may Cancer also contact your local American Society[®] Cancer Society staff partner, Emily Bacalis, with questions at 804-527-3789 or emily.bacalis@cancer.org. Editor's Note: E-mail your photos from Relay for Life and we'll share them either in an upcoming issue or on our Lake Anna Guide Facebook page.

RELAY FOR LIFE

Recreation & Leisure

Scenes from Lake Anna





Quincy looks out on the lake. Photo submitted by Neta Davis.



E-mail your photos to: Info@LakeAnnaInfo.net to share for our next issue!

Lake Anna's Featured Pets





The Morgan Family Includes Tusker (lait) and Jasmine driving the boot with Dadi







Koda having fun at Elk Creek! Submitted by Julie Plotz Send your photos to our facebook page or e-mail them to info@lakeannainfo.net and you could see your pet featured here next month!



The Lake Anna Breeze





The Summer Wake Circuit



by contributing writer Kyle Austin

Get ready to fill your summer calendar with the 2013 wakeboard/surf/skate season. The waters of Lake Anna will be seeing great events and contests throughout the 2013 summer. Wake Edger's Gear and Gifts will host some of the mid-atlantics biggest events for any and all water sports enthusiasts. We will have paddleboard instruction days, Aqua Glide water parks set up at multiple locations, EPIC Wakeboat demo days, and multiple wakeboard/wakesurf contests. This awesome section of the Lake Anna Guide will provide you a roadmap on how you can "live on the EDGE" this summer.

Let's just say that this year's wakeboard/surf/skate events are going to blow the roof off of anything you have ever seen at Lake Anna! There will be a three event series this summer starting with Crunkfest on June 29th, Turn up the Heat on July 27th, and ending with the ever-popular September Classic on September 14th. All of these events are USA Wakeboard sanctioned; therefore, will be fully insured for every rider. Placing riders in all divisions are eligible to participate in USA wakeboard nationals at the end of the year. Each event will have tons of sponsors including some of the usual faces; Stultz Clothing Company, Bakwuds Skateboards, and a newcomer to the scene, Agenda Surf. Check out Wake Edger's Gear and Gifts Facebook page and www.wakeedgers.com to keep up with these events.

Each contest will have a multitude of categories for wakeboard/surf/skate regardless of experience or age, come out and join us! New to these contests on the lake are the wakesurf and wakeskim divisions. The wakeskate category is sure to have great riding from local two time World Champion Matt Hayden & huge enthusiasts such as Richmond's Justin Smith. If you have ever seen the air chairs cruising the waters of Lake Anna you will also get to see a few demos at our contests from some local talent in the Hydro-foiling sport.

Extra, Extra! Read all about it! Wakesurfing is taking over! Wake Edger's is the sole retailer for Shortbus Wakesurfer's which includes the all new Rasta bus wake-skim designed by Lake Anna local Kyle "Crunkfest" Austin and Curtis Cromwell (owner of Shortbus Skimboards). This board was introduced to the public on Lake Anna Television in the first episode last year (available on LakeAnna.TV). There are so many surfers on Lake Anna today that the idea came about to design a board that looked amazing, rode amazing, and of course was from a LKA rider.

Almost a year later, the first LKA series model has now been released! Fully carbon fiber, weighing in at just 4lbs, and available in sizes from 4'4" to 4'10", this ultra-light almost bulletproof design will sure to amaze anyone ready to cruise on the Shortbus on an endless inland wave. The boards can be seen and purchased at both Wake Edgers locations; The Boardwalk of Lake Anna and "The Hut" at Hunters Landing. The picture here shows the very first Rasta bus hitting the water wrapped in perfect coordinating Agenda traction pad colors.

EPIC wakeboats are a huge deal on the lake these days! The enormous wake and the crazy wetsounds sound system make them stand out like no other. The awesome design , incredibly built resin infused hull, and the under the floor 4,000lb internal ballast system combine for massive wakes and yet lighest hull on the market. As you can see in the pictures on the opposite page, they have an amazing selection of boats to choose from and you can customize as you desire when making a boat selection yourself. The stereo on these boats is unmatched in today's factory tower speakers for two reasons; 1) there are no tower speakers, and 2) the Wet Sounds stereo is built into the transom which not only looks awesome but will help the sound travel across the water to your riders with ease. The volume on the interior speakers is controlled separately allowing you to have conversations in the boat while your rider's crank it up on the water.

The great times to be had cannot be summed up in just this article. You need to get out there and have an amazing time on the water . Make sure you get out to all of the events being held by Wake Edgers Gear and Gifts and to all the fantastic amenities that they offer on the water. We hope you "live on the edge", because we do! See you soon!

σ





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Outdoor Life at Lake Anna

Lake Anna Outopors

Cicada Circus 2013 -Fish Food or Not?

By Taylor McCann Fishing Guide, Kistler Rods Pro-Staff

Prepare yourselves for the species of Cicada known as "Brood 2". Due to the mild winter, central Virginia cicada will emerge no sooner than late May (once soil temps reach 648 F / 188C). The cicada will then stay with us through July before dying out. These particular insects have not been seen since 1996 (Tupac and Biggie were still alive, Michael Jackson was getting a divorse, and Dale Earnhardt Sr. finished 4th in the points). Brood 2 is known to reach from Connecticut to the Carolinas and the cicada can be found as dense as 1 billion per square mile! After emerging, the males will make an audible buzz that measures 90-100 decibels and can be heard up to a mile away in an effort to attract a mate. Do fish eat cicada..... of course they do!



For you fly guys this is probably old hat. Some species of cicada hatch annually and any fly shop has "the best" pattern ready to go. To fish with live cicada you will first need to hunt up a mason jar full. The bugs are fairly hearty but poke a few air holes in the lid. Use a straight shank light wire hook and rather than threading the hook through the insect use a light piece of copper wire to tie the insect to the shank being careful not the restrict the wings or buzzer. Do not weight the main line, as you want the cicada on top of the water buzzing away. You can ad a float to the main line if you need addition weight for casting. Several lure manufactur-

ers mark hard baits in cicada or locust patterns. The most effective are fished on or just below the surface. Here is the top five choices ranked by Central Virginia Outdoors:

Manufacturer / Bait

- 1. River2Sea / Cicada Pop
- Tiemco / Cicada
- Rebel / Bumble Bug
- Arbogast / Hocus Locust
- Heddon / Crazy Crawler



The cicada are emerging and feeding in the vicinity of trees that are at lease 17 years old. If you want to increase your odds for success while running a cicada pattern, fish in areas where mature trees are hanging over the water and you can hear the insects. Use light monofilament line. This will allow your bait to move more freely both live and artificial. Avoid fluorocarbon line, as it will sink killing the action of your bait. This is one of the rare instances in fishing were a subtle presentation is not preferred. A little splash when the bait hits the water is good for grabbing the fish's attention. If you have a good fish story involving the cicada pattern, please send it to taylor@cvofishing.com so that we all can be that much more prepared in the year 2030.

June Fishing Report By Charlie Bowles Fishing Guide, Bass Pro Shops & Lowrance Pro-Staff

It's amazing how quickly June has arrived! It seems like just last week I was wearing layers in 40 degree weather... Anyway, we are headed into the early summer fishing patterns on Lake Anna and the fish are on the move. To deeper water that is, as the boat traffic picks up and the water temps reach into the upper 70's and 80's the fish will retreat to deeper water, only returning to the shallows to gorge themselves in the mornings and evenings.

Bass:

Post spawn is in full effect, spreading the bass out into many different places. Some are already into deep haunts, others schooling together near secondary points and humps. The cicada hatch will make for some exciting topwater action as well. You can also limit out very quickly if you "hop" from point to point throwing swim baits, crank baits and spinner baits. Many times it will take 10 points to find one "good one". It's really a matter of being on whatever point they decide to feed on, whenever they decide to do so. There are also some more localized fish in deeper cover (15-30 ft). Tactics change dramatically when you decide to target these fish. You will want to use lighter line (8lb) and soft plastics. Shakey heads and texas rigs are king when targeting deeper cover. Locate deeper brush or dock pilings and reduce your retrieve to a crawl... The slower the better. Be very deliberate in where and how you present your bait, it could make the difference between catching fish or just catching a mean sunburn!

Striper

June marks the beginning of my favorite time of the year to catch high numbers of stripers. We have already been employing casting and trolling techniques to land 15-20 fish in the 5-12 lb range in an afternoon.... And it only gets better. The stripers will form huge (hundreds, maybe thousands of fish) schools in 30-40 ft of water during the day and move up on nearby humps and flats in the morning and evening. Zara Spooks, Poppers, jerkbaits and swimbaits will catch shallow feeding fish in the morning and evening. Catching a big, angry, aggressive striper on a top water plug is by far the most exciting fishing on Lake Anna. By the time the sun gets high and some of the boats are out and about, the fish go deep. There are two main ways to catch deeper stripers, one is to troll crankbaits (dd22's, stretch 20's etc.) and swimbaits while the other is to hang live bait over the schools. Both are very effective methods to catch limits of Lake Anna Stripers and then some

CVO clients pose with a limit of Lake Anna Stripers caught on deep diving crankbaits during "Happy Hour"





The Lake Anna Breeze



Memorial Day Weekend Pig Roast

Tim's Lake Anna The Boardwalk May 24th-27th

Tim's at Lake Anna will host Memorial Day Weekend with our Annual Pig Roast from

ment all weekend long.

Friday, May 24, through Monday, May 27. Enjoy the sun this weekend from our expansive outdoor seating areas. Pig will be cooked on site and available in a variety of delicious dining selections. Live entertain-

Here Comes Summer in the Vineyard

Lake Anna Winery 6/8/2013 Time: 6:00pm - 10:00pm

Welcome the summer out on our lawn and dance into the night. \$15 Fee includes music with "The English Channel". Rock, Roll, and remember British hits of the mid 60's, 70's classic Rock and Pop, sou-



ing. Billiken's Bar-B-Que will be on hand to satisfy all your dietary needs. This event was BIG last year so call early and don't miss the fun.



Ash Lawn Opera Louisa Arts Center June 22nd, 7:30 pm

One never tires of seeing Puccini's La Bohème. Come see Ash Lawn Opera Talented Young Artist's perform this touching tale, with piano accompaniment - and bring your hankie!

7:30 pm. General Admission: \$20 Seniors and Students: \$15









Saturday, September 21 st 11am-5pm Cutalong

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Small Country Campgroud Upcoming Events:



Father's Day Outdoor Concert - June 15

Trevilians Fire & Rescue Chili Cook-Off -

June 22 supporting local fire departments.

The Central Virginia Cornhole Tournament -July 12-13, to benefit the Wounded Warriors Project

6th Annual Que and Cruz - July 18, a barbeque competition car show, and summer festival.

TristenFest - August 22-26; a bluegrass festival to raise money for St. Judes Children's Research Hospital in memory of Tristen Roach.

For more information & a complete calendar of events, please visit www.smallcountry.com

The Virginia Renaissance Faire

5/11/2013 to 6/9/2013 Lake Anna Winery Time: 10 am until 6 pm (Weekends Only: May 11-12, May 18-19, May 25-26, Jun 1-2, Jun 8-9)

Back and bigger than ever! The Faire brings a unique brand of educational interactive family entertainment. Join in the revelry as the little 16th century town of Staffordshire celebrates the arrival of Elizabeth, Queen of England, and her court. For more information, visit the website at www.VaRF.org or call 540-895-5085.

The Virginia Renaissance Faire seeks volunteers to assist with parking, ticket taking, gift shop sales and site maintenance.





The Lake Anna Breeze



Aries: Don't be afraid to get your feet wet, a new experience might be just what the doctor ordered.

Taurus: Find a moment to take a reflective pause...it will give you perspective.

Gemini: You'll be flip-flopping between two different decisions - don't be afraid to take a little extra time, you want to make sure it's the right decision.

Cancer: Don't rock the boat. You must pick your battles and the one you have been focusing on is not the one you need to have now. Calm down and push through!

Leo: You're ready to feel the sand between your toes, but planning ahead now will give you more time to relax later. And yes, you need to relax.

Virgo: You're feeling more shy than usual right now, but you'll find your confidence later this month. You won't be able to stay in one place at all, so rest up!

Libra: Things have felt too serious lately and it's time to lighten things up. This starts with you! Do something frivolous or something that simply makes you forget about your responsibilities, at least for a little while.

Scorpio: You've felt like you've needed someone to throw out a life saver for a while. That will come when you least expect it ... and need it the most.

Sagittarius: It's the summertime! Feel the sunshine, take a swim in a pool and sip on an ice cold drink. The warm weather feels better than ever and puts you in the best mood!

Capricorn: A few coincidences have left you feeling uneasy...don't fret. Your worries will dissolve soon and things will seem clearer than ever.

Aquarius: Your family might drive you crazy, but you'll feel a great appreciation for them and that puts you in a better place. This newfound peace will allow you to help friends with their concerns for the next few weeks.

Pisces: Feeling like you're spread to thin? Prioritize and make sure everything is taken care of and you won't feel as scatterbrained. Make sure to schedule a little time for yourself, too.

"Horoscopes are for entertainment purposes only"







Lake Anna SUDOKU

Butterfly Sudoku Puzzle - Hard											
1		2			9	4				3	
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Difficulty: Hard

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Featured Food: Angela's Italian Restaurant

Dining Spo

I think it is safe to assume that those of you who have lived near the lake for more than a couple years have been to, or even frequented, the old Mudd Tavern location of Angela's Italian Restaurant. I have always thought of Angela's as a take-out pizza joint with a few tables inside for people who couldn't wait until they got home to enjoy their pie. When I was looking for my next Crazy Good Eats, I knew I wanted to stay a little closer to the lake, since last time I traveled all the way to Rt. 3. in Fredericksburg. I noticed Angela's had moved to a brand new location just around the corner in the Traveller's Row shopping center near the Food Lion. With the Tuscan inspired entry I viewed from the outside looking in, it did not scream "Take Out Only" like I had remembered before.

Not only was I so happy I did, I was also mad at myself for never ordering anything but pizza for all of these years! Doh! I have written about my affinity for passionate chefs and restaurant owners before and chef and owner Mimo Amato at Angela's definitely fits that bill. Watching him light up like a Christmas tree when talking about food and life growing up in Italy and learning to cook from his mother, to the love he pours into making each pot of marinara sauce, it's apparent this chef loves what he is doing. Speaking of marinara sauce, it is worth mentioning that his is 100% homemade, in huge kettles simmering for hours, and is made from fresh Roma tomatoes, onions, carrots, garlic, sugar, salt and fresh basil...I was eating it with a spoon. Just the right amount of sweetness and balanced with the acid of the ripe tomatoes...and no water at all is added! I wonder to myself why he does not sell this sauce in quart jars to take-home.

Mimo also surprised me with the interior of the restaurant, not at all what I remember at the Old Mudd Tavern location. So much care and detail went into the attempt to transport every guest to Tuscany, Italy, to enjoy their authentic Italian dinner. There is a feeling of dining in a little Italian village, alfreso, out on the cobblestone and under the pergolas. What a wonderful experience he has created as it indeed takes me back to many meals I enjoyed while in Italy. His large selection of wines from Italy also came as surprise to me, and in my opinion definitely sets this location apart from the previous. I had the Chianti from Tuscany, Italy, to stay with the theme of pretending I was in Italy, but he has so many more from which to choose and even carries local wines, one of them is even made at a winery down the road. Huge plus! Mimo has started offering wine tasting dinners in the large private room they have in the rear of the new restaurant. Private parties, meetings and events are held there for those reserving it in advance.

I knew I was in heaven when the Portobello and chicken ravioli in vodka sauce showed up at my table. Once your fork hit the pasta you could tell it was fresh and going to be good. The filling was a great mix of mushrooms and chicken but the star of the show was the sauce. Momma Mia! The vodka sauce was homemade and you could tell. So rich, creamy and flavorful, I almost asked for a straw. The Cheese tortellini was next and it was the same story. Fresh pasta, wonderful cheese filling and the alfredo sauce was to die for! If nothing else, just order the sauces with his homemade, hot-out-of-the-oven (soft and buttery) garlic knots to soak it up with and I promise you, you will leave one happy (and full!) camper.

Fresh shrimp, clams, scallops and mushrooms make up the next Crazy Good dish I discovered at Angela's. The Seafood Pasta was a huge helping of spaghetti noodles, fresh seafood, and his famous homemade marinara sauce. Coming from a seafood background, this dish does not disappoint with huge shrimp and plenty of clams and scallop nuggets to go around-no skimping here.

I ended the evening with a recommendation from Mimo, Chocolate Cheesecake filled Ravioli. I'm not sure if this is an authentic Italian dessert or American inspired, but who cares, it was delicious! The chocolate cheesecake filling was rich and decadent, and the ravioli exterior gave it a perfect crunchy texture.

A great bonus for those entertaining at their lake houses is the family-sized and party-sized trays of his Italian foods ready for pick-up, and also the on-site catering he now offers.

Mimo Amato sure knows what he is doing at Angela's Italian Restaurant, but that is nothing new because these dishes have been on his menu for many, many years. If you are looking for an authentic Italian meal with the atmosphere to match, look no further than your own neighborhood Italian restaurant, Angela's. What was once a pizza joint for me has now turned into the perfect Crazy Good date- night destination.



Monica Van Cleve is the founder and publisher of the award-winning food magazine Let's Eat Out Menus, and other food guides. She believes in supporting, and exposing those who have a passion for preparing and serving Crazy Good food.





The Lake Anna Breeze







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by Lake Anna Interior Designer Barbara Bishop

Yay! Memorial Day is here. Let the fun begin and oh, also, all the preparation to be "guest" ready, sometimes, every weekend. That was the fastest spring I can remember. Like it or not, we will all be ready on Friday for the official summer kick off.

It seems like I was just walking around my house thinking of changes I could make to freshen it up for the emerging warm weather and "new be-



photo courtesy Cabi Clothing Carol Anderson by Invitation

look to our house. Can't wait!

It is fun to have quick easy meals lined up, so you won't be in the kitchen the whole time. I am big on buffet "bars", like black bean and rice bar, baked potato bar, salad bar followed by all the toppings. It rings "easy" to me and fun to fix. There is always something for the different food preferences these days. There are frequently vegetarians, vegans or guests who are gluten intolerant. My new favorite is "Salsa Chicken Bar". What could be easier than boneless chicken breasts or tenders in bottom of baking dish, sprinkled amply with taco seasoning, covered with salsa. Bake 375 for about 30 minutes. The "bar" comes with all the topping you can think of for Mexican food. I am hoping the Trader Joe's faux chicken has flavor that is complimentary with salsa for my vegetarians. Rather than look for a recipe which is buried somewhere, I just "Googled" it and got the directions I needed for a Salsa Chicken.

ginnings" of spring. I decided we would paint our front door. I did buy the paint and changed the pillows on front porch. It will be done by Friday afternoon when the first car rolls in. Rather than show you the can of paint and the red door. I will show proof I did something at my own house next issue. I will post our "new look" for the summer and maybe fall, winter and more. "It's just a can of paint!" I tell my clients, hoping to remove the thought of work and money spent. It is a "do it yourself" project. If you watch your sales, you can buy paint inexpensively. Next issue, I will show you the finished project. I have a few more days to bring a fresh new

I have a great variety of table cloths for the tables, whether for inside or out! All are just 3 yards of cotton or blend fabric, turned under at the raw edge, or at times not. "Stitch-witchery" is an easy way to finish the edges instead of sewing it yourself or paying someone else to do it. The table cloths are washable, but usually I remove the spots as needed with warm water and blot on the soap as needed. My favorite cleaner of all time, vinegar and water, in a spray bottle can also make clean up go fast. Eventually, they get washed on cold, gentle and line dried (whatever that looks like at your house). Pants hangers along the edge of damp fabric hung on shower rod works great. Go to places like Joann's, Hobby Lobby, or Fabrics Unlimited for your fabric. It will be difficult to come away with just table cloth fabric and not some intended for a new project. Watch out, it is contagious. People, who have stockpiles of fabric in closets for the "perfect" project, would never think that the word "hoarder" might apply to such a beautiful, inspiring collection. I know this to be true as I used to make most all my clothes. Every time I would shop G Street Fabrics or the like for decorating fabrics for clients, I would envision a blouse in this fabric or outfit in that fabric and usually come home with more clothes fabric than client fabric. When on a tight budget, I was forced to actually make the clothes I needed from my stash. Not so good.

We have stories of the outfits that "should never have been". Remember you are in the store to buy tablecloth fabric.

Finish off the table with colorful, inexpensive treasures found in just about every store you enter. I checked out a new store in Central Park, Fredericksburg, called "And That," next to Hobby Lobby. It has a fun variety of things. The store is packed like Bed, Bath and Beyond, but with more fun items for the season. There are great things for our decks and docks at low prices. Most are not restocked; so it is



Most are not restocked; so it is *photo courtesy Atlanta Homes and Lifestyles* one of those places, "buy it when you see it".

Have a fun and safe Memorial Day. Let's all vow to spend more time on the dock than in the kitchen. Now we are so fortunate to have such a great variety of restaurants and markets with take out at Lake Anna. See you out and about on the lake! Till next time, **%%**









The Lake Anna Breeze

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construction sites, you're instructed to stay on paper pathways edged with masking tape. Floors are carefully protected. There are no nails lying around—no sawdust in the corners. From the customized Tyvek liner outside to the marks for the placement of cabinet handles inside, you can tell that Brian has been there and done that.

So what's it like to order a house from ArcTek? It's surprisingly simple. The first person you'll probably meet is Beverly Hubric Ward. She handles marketing for J.A. Snyder including ArcTek and Cutalong, the golf course community under construction up the road. She'll probably refer vou to the homebuilder's checklist on the arctekonline.com website. She can offer advice on the real es-



"Our bid may not be the lowest but that's because were making every effort to be a surprise-free zone."

tate market at Lake Anna and what banks are financing these days. Then she sets up a meeting with Brian.

That's when you come in with a floor plan or you pick one from the sample books in that cluttered conference room. You talk about customizing the place to fit your needs and Brian starts scrawling cryptic marks on a basic layout. A week or two or three later you'll get called back to go over a detailed plan.

concierge.

But it's Brian in his conference room stuffed with cabinet doors, molding samples, used coffee cups, and design books who controls the process from beginning to end. He is quick to pull out a list of current owners of ArcTek homes. "Ask them," he says. "They'll tell you what it's like to work with us."



 Additions/Basements/Garages Decks, Docks/Boat Houses, Porches BBB

(continued from page 1)

Brian says this is where your experience might differ from some of the other builders. When you've locked in your plan, Brian will tell you what it all will cost. "Some builders will low-ball the price of a house expecting to make their profit from add-ons and change orders. That's money the buyer hadn't planned on spending. I try really hard to pin down real costs. A client needs to know what we're including and why." Smiling impishly he adds "Our bid may not be the lowest but that's because were making every effort to be a surprise-free zone."

Then, after the contract is signed, office manager Amy Thomas has the job of staying in constant contact with clients. She monitors construction to make sure clients know where their dream home stands. Her role is somewhere between liaison and

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