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The Breeze

Issue No. 22

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It's Official: Lake Season is HERE!

The sun is shining, the water is warm...it's time to visit Lake Anna! While Lake Anna is beautiful year-round, little can compare to the wide open water, the majestic sunsets over the waves, and the bountiful fun available on the 17-mile long lake nestled in Central Virginia during the lake season.

A convenient jaunt from neighboring locales including Fredericksburg, Charlottesville, Richmond, Northern Virginia and Washington, DC, Maryland, Lake Anna is becoming one of the most popular va-

cation destinations on the East Coast and it's easy to see why. Breathtaking views, a wonderful community, great attractions and the warm temperatures are the perfect setting for a boat ride, evening on the front porch, or a waterfront dinner listening to the waves hit the shore. Whatever you prefer, make sure you give yourself some "Lake Time"...it's good for the soul. As Yeats once said "'I hear lake water lapping with low sounds by the shore...I hear it in the deep heart's core."

Lake Anna Featured on *Angling Virginia*

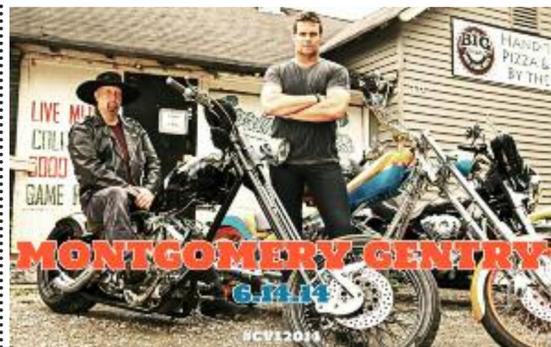
Premiering June 7th on Fox 35

Lake Anna will once again be in the spotlight as part of the new outdoors program, *Angling Virginia*, which will premiere on Saturday, June 7th on Fox 35, the local Richmond affiliate. The program will air weekly through August 30th.

Produced locally by veteran outdoorsman Shane Baker, owner of Appalachian Outdoor Media, the show will focus on Shane and other fishermen giving tips to fishermen of all skill levels. At least seven of the episodes will feature Lake Anna as one of the locations on the show. Several local sponsors have come onboard to help make the program possible including Virginia State Parks, Lake Anna Resort, North Anna Bait Co. and more.

Baker, a longtime resident of Lake Anna, has been filming outdoors since 2000 and has acquired a lot of experience capturing great moments for outdoor entertainment over the years. Shane has been working on several television projects and has spent time recently filming events and interviews around Lake Anna, including superstar Washington Redskin Gary Clark.

The show will debut on June 7th at 8:00 am and can be seen each week at the same time. Make sure you tune in and set your DVRs to see Lake Anna on the silver screen this summer!



Celebrate Virginia Live Series Kicks Off June 7th

The 2014 Celebrate Virginia Live season is getting ready to kick off in a major way with Jamey Johnson on Saturday, June 7th at the Pancho Villa Pavilion. The Celebrate Virginia Live concert series has grown in recent years to become Fredericksburg's premiere venue for hosting national music acts, right in our own backyard. The venue is located towards the back of the Central Park Shopping Center on Gordon W. Shelton Boulevard and a large stage is constructed to host thousands of live music lovers throughout the season. With tickets ranging from \$15 - \$150 dollars, patrons can choose to enjoy the show from the coveted Gold Circle or bring blankets and camping chairs to lounge on the lawn for an amazing price.

The Pavilion hosts several food/beverage tents that sell refreshments throughout the evening and offer a wide array of treats for concertgoers. There are also season passes available which allow entry into all shows of the CVL season.

In recent years, the Celebrate Virginia Live series has hosted music superstars including Sheryl Crow, Hank Williams, Jr., and Darius Rucker, to name a few. The series also gives local musicians the chance to open for these seasoned veterans and receive exposure. Check out their website for the full schedule at www.celebratevirginalive.com.

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LETTERS *to the Editor*

These are the Times...That Try Men's Souls by Wayman Bishop

"These are the times that try men's souls." Tom Paine wrote these words in a small pamphlet he gave to George Washington to read to his troops just before his tattered and starving army crossed the Delaware at Trenton on Christmas Day of 1776. His words went on. "Tyranny, like hell is not easily conquered: yet we have this consolation with us, that the harder the conflict, the more glorious the triumph."

Winston Churchill is credited with having said, "Those who fail to learn from history are doomed to repeat it."

Both of these quotations have practical application in our lives. And for those of us who are fortunate to live in this part of the Commonwealth, surrounded by the present and historic influence of Fredericksburg, Richmond and Charlottesville, there is in the air a sense that we are reliving history and the accompanying bitterness of tyranny, so soon forgotten, is just below the surface of current debates echoing in the halls of Congress and the Virginia General Assembly.

"What has all this acrimony to do with me?" you might ask. Maybe little for the current generation, but children and grandchildren of this generation may inherit something we would not have envisioned a half century ago. This history that surrounds us should remind us and encourage us to pay attention, stay informed and be an influence for positive change.

The very spot on which you now sit reading this paper is the site of an event that took place within the last 276 years that leaves a lesson we should not ignore. The lessons of history written on the shores of the rivers that surround us bring to mind past struggles against tyranny, either from foreign shores or from within. Appropriate to events of our times is a quote from Edmund Burke in "Thoughts on the Cause of Present Discontent:" "When bad men combine, the good must associate; else they will fall one by one, an unpitied sacrifice in a contemptible struggle." This quote has been misquoted often to go something like this: "The only thing necessary for the triumph of evil is that good men should do nothing."

So what should good Virginians do nestled here in the "sweet spot" of colonial and antebellum history? Just a thought.

Editor's Note: Given the times and the place of our current circumstances, we will present an on-going column under the title, "These are the times..." meant to provoke critical consideration of the events of our time in the context of the history of our place.

Louisa True Value Building Roots in Local Community

In 2000, Mary Burnam & Jeff Brown moved back to Virginia after living in Florida for nearly 15 years, buying a small local hardware store. With no real experience in owning or operating a retail store, they ventured into the business not knowing what may lie ahead.

The couple had good business sense, with Jeff having more than 18 years in the corporate world holding various positions such as Director of Procurement, Customer Service Manager and Director of Sales and Marketing with a large electronics manufacturer, selling equipment all over the world. Mary Burnam has held a number of positions in her career, most recently with American Airlines in Customer Relations.

The couple sought a life that was more conducive to the type of small town community they grew up in, where you really become a part of that community. "When we first took over the store we felt that immediate changes were necessary to bring the store into what they would consider, more inviting for customers to shop." Brown said. This was achieved to some degree when they immediately expanded the retail selling space of the store by cleaning out the old inventory, increasing the shelving space.

This proved to be a positive move and within a year they decided to do a second expansion by adding an additional 1,600 sqft of selling space to the store. A third expansion was done two years later by adding an additional 5,000 sqft of selling space and again increasing product offerings.

In 2008, the old Woolfolk manufacturing building became available and after a great deal of reservation, they decided to buy the 53,000 square foot building and expand the store yet again. At that time they converted the building from a manufacturing facility to a retail location and added more retail selling space and inventory. As the community continued to embrace the new store, we looked at again one more expansion of another 5,000 square feet of space and increase yet again, retail offerings as well as an expansion to our Equipment Rental division.

"We are now in the process of now adding an additional 6,000 sqft of space to the store and add a new full line Toro residential and commercial lawn care equipment with onsite warranty and non-warranty repair," Brown explained. "In the near future, we will also look at expanding a few of our other primary categories such as Lawn and Garden, Outdoor Recreation and most likely core hardware. This expansion will be gradual yet inviting as it will again increase product offerings to the customers."

Although the store has been successful, the Browns' real success has been within the community. The store donates to many organizations regularly and charities and we are both involved in various organizations such as the Louisa Chamber of Commerce, The Lake Anna Business Partnership and the Piedmont Workforce Network. "We hope to continue to be a major factor in the growth of Louisa



County in both the town of Louisa and the Lake Anna areas. We love the area, the people and what we do and hope to be able to continue this well into the future."

Louisa True Value Hardware is a full line home and hardware store with offerings in most all categories. Our newly renovated paint center is now low VOC compliant with the new Automated tinting system and low VOC colorants and the partnership with Toro lawn care will now add both commercial and residential mower lines.

The Lake Anna Resort Teaming Up with Lake Anna Civic Association to Optimize Master Plan



The Lake Anna Resort has been planning their development for more than a year and developer Ed Blount has been planning his dream development for more than 15 years.

"A year and a half ago we created the Social Environmental Impact Committee for The Resort. We asked anyone and everyone with an interest to join and/or attend the meetings and open forums we held over the last two years."

"Many people have helped design our resort," said Blount, "developers, engineers and neighbors, plus individuals and leaders from the business and civic associations at Lake Anna have all been instrumental in coming up with the optimal plan for The Resort." Buyers and residents of the community have flooded the Resort with ideas and information, all of which has been taken into consideration and helped improve the plan to the stage it's in today.

"Doug Smith, president of the Lake Anna Civic Association, has spent countless hours with our plans and the submission package," Blount continued. "Doug and the rest of LACA have come up with incredible ideas and safety improvements they requested and we implemented every one of their suggestions, which wasn't difficult, because they were all excellent ideas that made sense for the development."

The developer understands there will still be a few folks that will complain about the development, but believes he has satisfied every reasonable request from neighbors. Blount continues to openly give all information to any news organization or individual that has requested it.

"Even though the county doesn't require the property owners across the lake to be notified," says Blount, "we are still doing everything to get them notified of our submission and have for the past two years."

"Our submission package for The Resort takes the privacy of adjacent property owners very seriously and has added many provisions to secure their privacy long after I'm gone," he explained.

"No Wake", buoys and signs posted for privacy and "No Outlet" signs will keep boats from heading into the cove and the sign policy will have no flashing signs aimed at the southern end of the property toward the lake - just a few of the ideas that will help protect neighboring property owners' privacy.

Anyone interested in details can visit the development office in the Lake Anna Visitor Center and receive information and have their questions answered. "We hope with all of the openness and transparency used in the planning stages have and will solve any issues that arise," says Blount. "We hope to avoid problems that other developments are having or have experienced in the past. We feel that we have bridged all of the gaps with honesty and are excited about becoming an integral part of the Lake Anna landscape."

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The Lore of the Lake by Wayman Bishop

"3200" is the Magic Number



A couple of days ago, Hank Rempe and I were walking down the middle of runway 26 at Lake Anna Airport talking about Hank's three favorite subjects: airplanes, flying and Hank's 16 year old daughter, when Hank gave me my first (and probably last) flying lesson. He told me there are three things that will never help a pilot in distress: the gas in the fuel tank on the ground, the airspace above the plane and the runway behind the plane. Immediately I could tell Hank had decided, by the look on my face, that he had just given me my first and last flying lesson. I guess he figured if he had to explain it to me, I should probably stick to nothing more dangerous than model railroading. (If you're reading this article, Lynn Gaines, please know I have the highest regard for your craftsmanship and passion for model railroading.)

Hank Rempe is the owner and operator of Lake Anna's only privately owned, public airport. Actually Lake Anna's only airport, but that's much less important than knowing that the future of commercial, private charter and private aviation proximate to Lake Anna is in the hands of a man who has a passion for dramatically expanding the current capability of the Lake Anna Airport.

Hank purchased the airport back in 2004 and immediately set a course to bring the facility up to State and FAA standards so that it would be an airport that could serve the aviation transportation requirements of a developing community settling in around Lake Anna. Just consider for a moment the synergistic affect that Cutalong, at one end of Kentucky Springs Road, and a standup airport at the other end will have on our village. The inevitability of this dynamic may be troublesome to some, but there are many who have never envisioned Lake Anna as a sleepy little, moss-covered retirement community.

So who is the man behind this engine for growth?

Hank Rempe is a 1978 graduate of The Citadel, in Charleston, South Carolina. With a dream to become a Naval Aviator, flying jets for the Marine Corps, Hank never made it to flight school in Pensacola because of some slight ding in his color vision. Given fate, destiny, good luck, bad luck, or whatever...the Marine Corps' loss was our gain. So with that disappointment behind him, Hank began his career in aviation in another direction.

In 1979, Hank became an commercial aviation management trainee holding down various positions ranging from baggage handler, ground crew and ramp supervisor to station manager with Northwest Airlines in Butte, Montana. Progressing rapidly through the management structure at Northwest, Hank went on to assume positions of increasing management responsibility at major airports all over the US and Europe. One of his previous positions with Northwest was overseeing aviation operations in Germany and military sales throughout Europe and the Middle East from his headquarters in Frankfurt, Germany.

Over a career spanning almost 35 years, Hank has been and still is an airport manager, a certified and licensed airframe and powerplant mechanic, a commercial airline pilot, a commercial and private airline pilot instructor, and owner and pilot of his own plane. How amazing is that...to own your own plane and your own airport? Of course along with all that good stuff comes the requirement to keep his pilot skills, airplane and airport current with county, state and federal regulations. I'm sure all of these are hassle-free experiences...and for a good cause.

The Lake Anna Airport master plan, authored by Hank in his spare time, calls for more hangers, an aviation fueling station, a passenger terminal and a longer runway. The current airport "foot print" covers 133 acres and a 2560 foot runway with ample room to expand to 3200 feet...and that's the magic number.

When Hank lengthens the runway to that number, things will begin to happen: the FAA will improve the airport's GPS-based instrument landing system to add vertical guidance (LPV) giving the airport a significantly enhanced all-weather approach capability, commercial and private charter aircraft use of the airport will increase, revenues will increase, more hangers will be built, and the PGA will bring a golf major tournament to Cutalong!

This is an executable plan. Won't happen over-night...but, that's the direction Hank's headed and I'm confident he'll get there. In the meantime he's the full-time manager of the Hanover County Municipal Airport, the full-time owner and operator of the Lake Anna Airport and the full-time, single-parent father of a sixteen year-old daughter...and not in that order.

Preparing Your Hair for Warmer Weather by Heather Mechler-Fickes of Chameleon & Co. Salon

The warmer weather and outside activities can wreak havoc on your hair. Before you go out in the sun, usually, you apply sunscreen to protect your skin, but you don't always think about protecting your hair. Unlike skin, hair doesn't naturally replenish itself with moisture. Hair has a natural protective coating on it called, Hydro-lipidic film. If your hair is dry some of that film has been broken down already. Over time the sun, chlorine, and salt water can completely break down that film and leave hair "fried." Here are some tips to ensure less damage to your hair during the summer months.

First, you should shampoo and condition your hair with a salon quality product. Also add a leave-in conditioner to add extra protection. Many times, rinse-off conditioners don't give enough moisture to be absorbed into the hair shaft. Leave-in conditioners can add more moisture and usually contain silicone that is good for smoothing and closing the cuticle, and can repel further damage. If your hair is in need of extra care, adding a deep conditioning hair mask once a week can help. If your hair is dry and damaged, limit

your usage of the blow dryer, curling iron, flat iron or any other heat tool.

If you know you're going to be exposed to lots of sunlight, wear a hat. This is not only good for your hair, but also your skin. And if you are in chlorine water or salt water, make sure you rinse your hair afterwards.

Following some of these tips will prevent summer hair damage.



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Scenes from Lake Anna

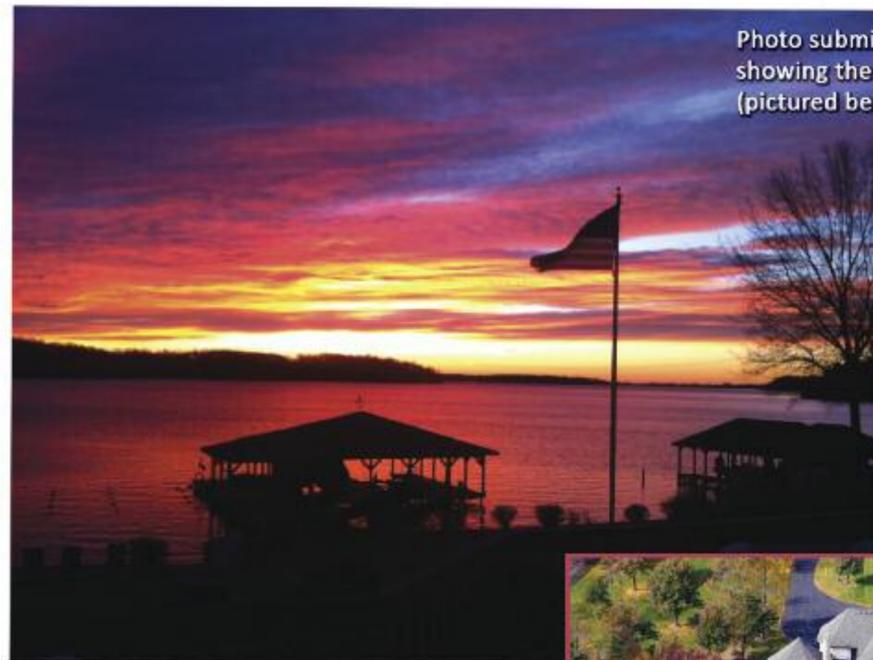


Photo submitted by the Mona Wright showing the view from her home (pictured below)

We'd love to see your photos out on the lake this summer! Send your boating, jetski, and swimming photos! Send them to jen@lakeannabreeze.com & see yourself in our next issue!



E-mail your photos to: jen@lakeannabreeze.com to share for our next issue!

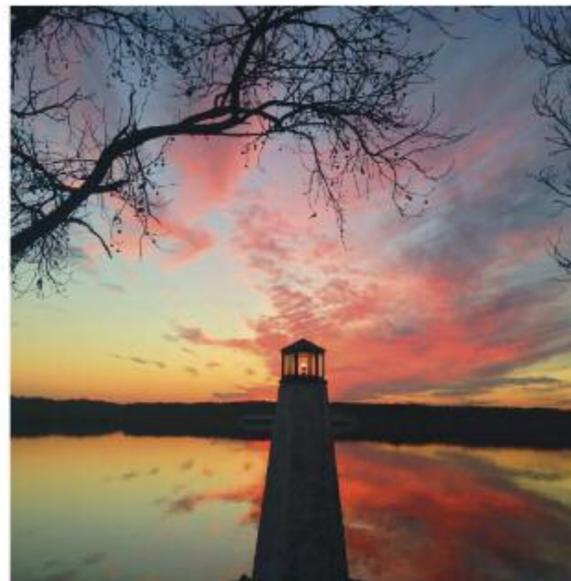
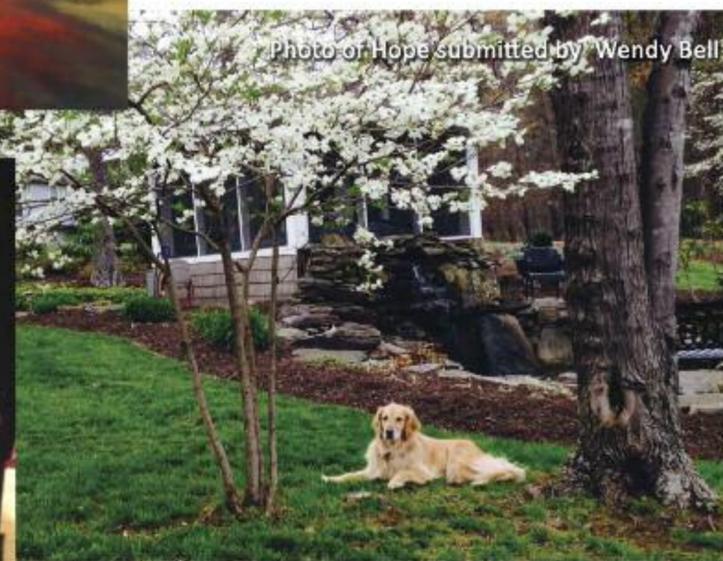


Photo of Hope submitted by Wendy Bell



Sally May celebrating Easter submitted by Mona Wright



Lake Anna's Featured Pets

Send your photos to our facebook page or e-mail them to jen@lakeannabreeze.com and you could see your pet featured here next time!

June 28th: CRUNKFEST 5.0

by contributing writer Kyle Austin



You guessed it everyone! Just by looking at the pictures in this article you can tell its time to get that summer Crunk ready to rock and roll. June 28th at the Boardwalk on Lake Anna, Wake Edgers Gear and Gifts will play host to the greatest contest party of all time. CRUNKFEST 5.0

This will be the 5th annual Crunkfest for Lake Anna and there are no signs of slowing down! Crunkfest is a wakeboard, wake skate, wake surf contest that brings everyone together for one amazing day on the water. With the contest going down on the water, there will be corn hole, volleyball, world renowned DJ Tre Justice spinning the turn-tables and much more on land, including inflatable twister and aqua glide parks in the water, along with the all new boardwalk beach area. There will even be paddle boarding, paddle boating and kayaking demos all day long through the board shop.

Top sponsors include Tim's at Lake Anna, Custom Embroidery and Print Wear, Shortbus Wake Surfers, along with many others will be present the day of the event. These top sponsors have provided the event with some of the amazing prizes that will be given out throughout the day. Other local businesses such as Lake is Great, Dockside Realty and Fuzzy's Convenience Store will be there in full

support of the day's awesome events.

Now that Crunkfest has seen the national spotlight after last year's event, there will be no shortage of fun in the future. Virginia Lottery's Game Guy was at last year's event and we have heard that he will be returning. The Lake Anna TV crew will be doing interviews throughout the day with event coordinators as well as riders and spectators. Making this event the biggest and most exciting day on the water has been happening thanks to everyone's help in spreading the word about the great times to be had each year at Crunkfest.

Right now, make sure that you write down on your calendar to be at Wake Edgers Gear and Gifts 5th Annual Crunkfest 5.0 at 200 Boardwalk Way, in Mineral on June 28th. If you miss this event you hands down will regret it for the next 364 days of your life. BE THERE!

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Outdoor Life at Lake Anna

Weathering the Storm

Three Things to Keep in Mind as Lake Levels Rise and Fall

By Taylor McCann
Fishing Guide, Kistler Rods Pro-Staff

Ensure that your waterfront is secure

Heavy rainfall around Lake Anna caught many residents off guard this year. Drifting paddleboats and half submerged dock boxes floating in the channel were proof of this. Because Lake Anna is not as ever changing as a tidal river system or ocean inlet it is easy to be lulled into viewing the Lake as static. Large rain events around, and west of, the Lake can cause rapid fluctuation in water levels. As a responsible resident you should routinely police your property for anything that could float or be blown away. Dock lines should be checked repeatedly during and after storm events to prevent damage to your boat and pier. If Lake Anna is your home only part of the year, pull your boat from the water while you are away or ask your neighbor to keep an eye out for you while you're away.



Boat Smart

During periods of high lake level and for days after is not the best time to be on the water. Boaters should expect to encounter logs, trash, rope, toys, and unmanned boats and PWC's. During times of flood / post flood boaters should limit or eliminate boating after sunset, reduce speed, and do their part to remove boating hazards from the Lake.



Discover ways that extreme weather can help you catch more fish!

The overstated generalization is that rising water will push fish to the bank and falling water will pull them to the channel edge. Challenge yourself to dig deeper than that. At the beginning of a rain event that initial surge of water coming out of the tributaries can really ring the dinner bell. At this point the water is only slightly to moderately stained and the increase in current will position fish on obvious ambush points. For a brief period fish will feed aggressively and can be caught on a variety of baits. As moderate stain in the tributaries turns to chocolate milk – the bite becomes increasingly difficult. However areas of the Lake that are traditionally clear (down lake) will take on a whole new personality following a large storm. While areas below the 208 bridge rarely get "muddy" after a large storm event the water will have much more color than usual as well as increased current as storm water is released at the dam. During these times you will find that down lake will fish an awful lot up lake. If you need a little confidence boost to explore the "lower end" and your usual haunts are too muddy for your taste, look for falling water with a little stain down lake. You might find your next hotspot!



June Fishing Report

By Charlie Bowles
Fishing Guide, Bass Pro Shops & Lowrance Pro-Staff

It's amazing how quickly June has arrived! It seems like just last week I was wearing layers in 40 degree weather... Anyway, we are headed into the early summer fishing patterns on Lake Anna and the fish are on the move. To deeper water that is, as the boat traffic picks up and the water temps reach into the upper 70's and 80's the fish will retreat to deeper water, only returning to the shallows to gorge themselves in the mornings and evenings.

Bass:

Post spawn is in full effect, spreading the bass out into many different places. Some are already into deep haunts, others schooling together near secondary points and humps. You can also limit out very quickly if you "hop" from point to point throwing swim baits, crank baits and spinner baits. Many times it will take 10 points to find one "good one". It's really a matter of being on whatever point they decide to feed on, whenever they decide to do so. There are also some more localized fish in deeper cover (15-30 ft). Tactics change dramatically when you decide to target these fish. You will want to use lighter line (8lb) and soft plastics. Shakey heads and texas rigs are king when targeting deeper cover. Locate deeper brush or dock pilings and reduce your retrieve to a crawl... The slower the better. Be very deliberate in where and how you present your bait, it could make the difference between catching fish or just catching a mean sunburn!

Striper

June marks the beginning of my favorite time of the year to catch high numbers of stripers. We have already been employing casting and trolling techniques to land 15-20 fish in the 5-12 lb range in an afternoon.... And it only gets better. The stripers will form huge (hundreds, maybe thousands of fish) schools in 30-40 ft of water during the day and move up on nearby humps and flats in the morning and evening. Zara Spooks, Poppers, jerkbaits and swimbaits will catch shallow feeding fish in the morning and evening. Catching a big, angry, aggressive striper on a top water plug is by far the most exciting fishing on Lake Anna. By the time the sun gets high and some of the boats are out and about, the fish go deep. There are two main ways to catch deeper stripers, one is to troll crankbaits (dd22's, stretch 20's etc.) and swimbaits while the other is to hang live bait over the schools. Both are very effective methods to catch limits of Lake Anna Stripers and then some

CVO clients pose with a limit of Lake Anna Stripers caught on deep diving crankbaits during "Happy Hour"



Wind down in the evenings with our "Summer Happy Hour" trips 5p - Dark

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The Reenactment of the Battle of Trevilian Station

June 21-22, Brackett's Farm, Louisa
The 150th Anniversary of the Battle of Trevilian Station will be celebrated this weekend at the historic site in Louisa County. More than 300 reenactors, with horses are scheduled to participate, coming from around the country to reenact this important battle. Tickets are required and the daily schedule of events should be posted soon at www.trevbattleva.com.



The Virginia Renaissance Faire

Saturday & Sundays through June 8th at the Lake Anna Winery
Unlike most Renaissance-themed events, VaRF chose to be more than a costume party in a shopping mall. We believe that people really do want something more for their money and that 'something' is to come away having learned or experienced something new. Learning is personal; it's a growth experience and its with you always.

The VaRF addresses this philosophy with a mandate to offer something suitable for all ages, abilities and cultures. To make this an affordable experience. To provide more activities than a family can do in a single day and to keep the show fresh each weekend.



The faire uses street theater combined with period activities and a cast of well researched and fully developed costumed characters to bring history to life. Each area of the faire presents demonstrations, has hand-on activities and a cast member ready to show you how. For more information: <http://www.varf.org>

The Delaplane Strawberry Festival

Saturday, May 24
Bring the whole family and enjoy a fun and festive day in the Virginia countryside at Sky Meadows State Park near Delaplane, VA. The festival is put on by Emmanuel Episcopal Church and proceeds fund outreach ministries within the church and grants to worthy organizations in our local community, state and beyond.



Come celebrate with us! Enjoy hayrides, old fashioned field games, dancing, music, magic, storytelling, crafts, a petting farm, an antique car show, bake sale, hikes in the shadow of the Appalachian Trail, face painting, cake-walking, a Corn Hole Tournament, a monkey and much more! All for just \$25 a car! <http://www.emmanuel-delaplane.org>

Potomac River Festival

June 6-8, Colonial Beach
The annual Potomac River Festival has been taking place for over 60 years in Colonial Beach. It's a weekend-long event in mid-June with fun for the whole family. The gentle river breezes and warm sunshine make for a great time as you take in all the fun-filled events, sights and sounds of this wonderful festival.

Includes:
Carnival all weekend (begins Wednesday)
Firemen's Parade
Miss Colonial Beach Beauty Contest
Arts & Crafts on Town Hill
Food Vendors.
Grand Feature Parade at noon on Colonial & Washington Avenues



www.colonial-beach-virginia-attractions.com

Culpeper Has Talent

Saturday, June 7, State Theatre, Culpeper
There are talented people among us—each with the potential to be great if given the chance. In a small community such as Culpeper, too often talented people go unnoticed & undiscovered. Until now. Hump Day presents Culpeper Has Talent! C.H.T. is a brand new show series dedicated to finding & fostering the most talented people in our area by giving them the spotlight & allowing them to compete for cash & other prizes! Performers of all ages with a wide range of talents go head to head in a talent showdown like no other in our area's history. Dancers, singers, comedians, drummers, rappers & more! They all lay it on the line to let their talent shine!

You don't want to miss this amazing, 1st-ever performing arts extravaganza at The State Theatre! One day that person that lives beside you is just your neighbor. The next, they might be a superstar! VIP Tickets include a pre-show reception with catering and a cash bar. www.culpepertheatre.org



Music & Spirits Concert Series

May 31 @ A. Smith Bowman Distillery, Fredericksburg, 7:30pm
(540) 967-8191, info@musicandspirits.com
This series is delighted to present veteran blues and jazz guitarist Walter Parks from Florida. Walter has built an international career as the lead guitarist for Woodstock legend Richie Havens, as half of the folk-duo The Nudes, and as leader of the neo-southern rock group Swamp Cabbage. Just as Georgia's Okefenokee Swamp has served as the headwaters of Florida's Suwannee River, so has it served as the inspirational headwaters for Walter's unique guitar concept—a banjo-esque fingerpicking style that toggles between expressing the swamp's beautiful side—its foggy, ambient underbelly and its eminent danger via the use of a modicum of pleasant distortion. In this concert, Walter will be presenting songs of his own Swamp Cabbage and solo material as well as some Richie Havens classics. Opening for Walter are Fredericksburg artists Ashleigh Chevalier, recently nominated for Washington Area Music Association WAMMIE award for Best Recording and eleven time WAMMIE nominee and award-winning jazz guitarist, Bruce Middle.



The Rappahannock Pops Orchestra Presents "Come Out and Picnic with the Pops" at Mary Washington Hospital, Ambulatory Care Entrance May 26, 6:00pm-8:00pm

The Voices of the POPS, Mandy Carr, Director; American Salute; "Nimrod" from Enigma Variations; Armed Forces Salute; God Bless America; Battle Hymn of The Republic; Star Spangled Banner; Scenes From The Rappahannock; Sempre Fidelus; Our America; Thank You Soldiers; Music from Chicago. For more information, call (540) 373-4496 or e-mail rhgrey@cox.net or visit the website for the Rappahannock Pops Orchestra at www.rappahannockpops.org.



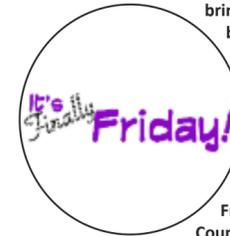
Richmond Greek Festival

May 29-June 1
30 Malvern Avenue, Richmond
Saints Constantine and Helen Greek Orthodox Cathedral is proud to host this wonderful Richmond tradition, which is now in its 39th year. Legendary food, dancing, friends, and traditions are made each year at this festival. For more information, please visit www.greekfestival.com



It's Finally Friday! Concert Series

Friday, May 30 | Friday, June 27 | Friday, July 25th, Mineral
Louisa County Parks, Recreation & Tourism is hosting a series of three concerts this summer, free to the public at Walton Park in Mineral. There will be live bands playing beach music and old Motown songs. There will be a beer/wine garden sponsored by the Mineral Volunteer Fire Dept. Auxiliary, food vendors, and a moonbounce for the kids. Feel free to bring a lawn chair, but no outside coolers or food will be permitted. For more information: 540-967-4420 or www.LCPRT.info.
Live Music Schedule:
Friday, May 30: Steve Jarrell & Lee Quisenberry, The Sons of the Beach (Hits from the 50s, 60s, 70s and Carolina Beach Music)
Friday, June 27: Premier Band (Classic Rock, Rhythm & Bues, Motown, Funk & Country)
Friday, July 25: Reunion (Rocky, Rhythm & Blues, Country, Soul, Oldies and Beach Music).



2nd Annual Squadapalooza

May 31, 8:00 a.m. - 12:00 p.m., Fredericksburg
Join us for live music, fun on the inflatable moon bounce and obstacle course, face painting, 911 education, ambulance and fire truck tours, and so much more!!! Fun for the whole family! Questions? Email info@fxbgrescue.org.



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The Ashland Strawberry Faire

June 7, 2014
Held in historic Ashland, Virginia, this is a traditional celebration to promote the community and feature the strawberry harvest. The Faire is held on the 1st or 2nd Saturday in June, on the streets adjacent to the Randolph-Macon College campus the week after graduation. The Faire is a free, community and family-oriented event during which non-profit groups and churches raise funds and offer something for everyone. There are vendors selling arts, crafts, plants, and antiques to the thousands who attend. There are local businesses featured from Ashland and Hanover. www.ashlandstrawberryfaire.com



Upcoming Events at Lake Anna Winery

Memorial Day Into The Night
5/24/2014
Time: 6 to 10 pm
Official kick off to the Lake season. Come by and enjoy music outside under the lights from "REUNION", local artists specializing in rock and roll and grooven soul. Bar is open, wine sold by the glass or bottle. \$15 fee includes music and dancing under the stars and a souvenir glass.

Here Comes Summer In The Vineyard
6/14/2014
Time: 6:00pm - 10:00pm
Welcome the summer out on our lawn and dance into the night. \$15 Fee includes music with "Spectrum", souvenir wine glass, and tasting. This will be the BEACH PARTY to top all BEACH PARTIES. All of your Carolina Beach Shag music favorites. This event was BIG last year so call early and don't miss the fun.

Cajun Zydeco
7/5/2014
Time: 6 to 10 pm
Fireworks are over, but the sparks still fly at the winery for live Zydeco music with "Zack Smith & The Dixie Power Trio" and Cajun Fare from Gregory's Grill (shrimp and chicken gumbo, red beans & rice, Cajun chicken-fried oysters in a "special Hot Sauce," and blackened fish tacos). Consistently our most popular event. \$15.00 fee includes souvenir wine glass, and tasting. Sold out in 2013! Gumbo, Beads, and Dancing...almost like Mardi Gras!

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Dining Spotlight

Crazy Good Eats—The Latino Market

I recently returned home after eating my way through the countries of France and Belgium, sampling different cuisines in search of authentic dishes and realize that one doesn't have to travel outside the city limits of Fredericksburg in order to find foreign authenticity. When I use the word 'real', I mean it in the definition of the REAL DEAL, as in Real Goulash and not an adaptation of or someone else's version of the dish. Sometimes you just have to travel to a country to eat like a local, and sometimes you don't. Enter the Latino Market International Food store on Plank Road and you step inside a market one would typically find anywhere in Mexico. The term REAL, applies to everything they make from scratch, including the Real Tamales.

Preparing staples such as hand-patted Pupusas, a simple soft bread used to scoop and hold meats, vegetables and sauces, and the mashed black beans that have simmered for several hours called frijoles, and the olive oil and spice rubbed marinated beef steak called carne asada (literally means 'grilled beef') in Mexico, are prepared here as well. A peek into the kitchen, way in back of the market-slash-store, reveals large pans of barbeque lamb simmering atop a commercial stove and several older native women hand forming dough into flat round pancakes. A little bit of looking around the long steam table counter where customers order, I spy a very hard-to-find treasure: homemade, hand formed, tamales steamed in corn husks! If you have ever made real tamales at home, you already know the amount of labor that goes into making them, and if you have ever ordered them out, nine times out of ten they were a frozen restaurant product. Not these.

The tamales come in three varieties to boot! One is just a sweet corn tamale and served with a thick sour cream which contrasts with the sweetness beautifully. Rosa Recinos, an employee of eight years, brings me a warm corn tamale all wrapped up in layers or corn husk and I unwrap it like it was a newborn baby. I get a whiff of the aroma of sweet corn as I pull the first husk aside. After peeling away nature's wrapper I find a white-ish, silky smooth tamale with just a hint of yellowness from the sweet ground corn visible. The little lines from the uneven corn husk indent the smooth cooked cornmeal and leave a fossil impression. I am almost drooling as I top it with the thick sour cream and finally take a fork to break a the first bite off. The dense corn 'pie' is slightly sweet but full of that cornmeal Mesa flavor and with the dollop of sour cream almost makes it taste like a dessert.

Their menu is printed on a piece of soiled paper taped to the front glass of the counter but there are pictures on the wall of their offering which include tacos, whole fried fish, burritos, quesadillas and many more authentic, Real Deal dishes of Mexico. One of the ladies who cook in the kitchen, Gerarda Amaya, brings a customer a platter of barbeque beef and she stops to give me a look. Large sized pieces of beef in a savory-looking sauce barely fit in the container. I ask about the meat and she points to the other side of the kitchen where the fresh meat market sits. Whole chickens, meats and sausages filled a refrigerated showcase where worker George Gonzales was making fresh chorizo. He makes two different kinds, one being a spicy Mexican and the other a mild Salvadorian. He makes and sells about 400 pounds of chorizo per week. That is a lot of Chorizo!

The Latino Market sells just about everything their customers would want or need from their home country and this makes for a unique shopping experience for us. A cooler filled with fresh coconuts on ice that have the tops peeled off to expose the flesh, is ready for a straw making it the real coconut water you normally buy in a can. A container of fresh sliced papaya with a lime cut in half (for squeezing on top) is their 'snack on the go'. Fresh cactus leaves as long as your arm is in the produce case and a huge wall of spices border the back of the store.

From picking up a mortal and pestal to a new pair of leather cowboy boots, the market covers quite a bit of ground. And although they have a few tables in the restaurant section I witnessed many a dinners and 6-packs of tamales being ordered to go. This little hidden gem of authenticity is the perfect way to travel the food world without ever leaving town. It's the best \$1.59 tamale this side of the border.

If you plan on venturing out to The Latino Market and International Food they are located at 2026 Plank Rd., in Fredericksburg.



Monica Van Cleve is the founder and publisher of the award-winning food magazine Let's Eat Out Menus, and other food guides. She believes in supporting, and exposing those who have a passion for preparing and serving Crazy Good food.

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LIFESTYLE Reflections
 by Barbara Bishop

by Lake Anna Interior Designer Barbara Bishop

Summer Chic - what does that look like at Lake Anna?
 Think color. Think no clutter. Think seashells and the freshness of a getaway vacation. We live at our own "getaway" spot right here at Lake Anna. Chic (sheek, adj., -er, -est (1) attractive, fashionable, stylish; (2) style, elegance, modish.
 Summer Chic is a state of mind. One person's Summer Chic may be totally different from another's. There are so many "style" names today, it is baffling. When I was younger, Chic meant *Vogue Magazine* or stylish like the examples in the magazines.
 For the last few years, Pottery Barn has focused on relaxing the emotions through their decor in stores and catalogs. Their use of seashells accelerates this feeling. The editors at Pottery Barn know what they are talking about! Before you know it, you are looking through boxes in the attic for shells collected at that favorite South Carolina beach to pull out and display.
 About ten years ago, a local marina, under former ownership, was transforming their lodging units into condominiums. The former owner lived in Northern Virginia, where I visited them for an interview to do the project. I was so surprised that the couple wanted the space designed as a "beach cottage" rather than a "lake getaway".
 I took the assignment and agreed to the "beach cottage" plan. It was fun and turned out great. The pictures of this project are too buried to pull out at this late date, but the fundamental point to be made is that seashells and fresh colors compete quite well with the emotional visual of a lake getaway any day. We have the best of both worlds...we have the freedom to make our environment any way we need...at any given moment. Visions of the "lake getaway" embedded in our senses are commonly from the Adirondacks and upper Michigan lakes, where the owners had year-round homes. At the turn of the previous century, they set the standard for the ultimate lake home.



photo courtesy of Pottery Barn

My annual decorating plan is to pull up my rugs (tribal Aghani rugs bought for a song in Okinawa) and replace them with seasonal natural sea grass/sisal rugs...or ditch the rugs altogether. Those expensive seasonal sisal rugs from 20+ years ago have been replaced by indoor/outdoor rugs from the likes of the Home Decorator catalog and Ikea for a lower price, but with the same look and feel.
 Many years ago in Lawton, Oklahoma, I had this same passion and stumbled upon sisal natural grass rugs, like those often featured in *Architectural Digest*, at a resale shop, similar to but smaller than, Big Lots. The rugs were new, but had been in a store where they had a slight "shedding" problem. Apparently the intense heat of the fire affected the molecular structure of the fibers and they continued to break down. My life is a bit busier now than those days and vacuuming my dog Lucy's hair is about all I can fit into

my schedule, or more accurately, my husband Wayman's schedule. Finding a great indoor/outdoor sisal rug that gives the look with the feel I want is a quest for these early summer days.
 "Summer Chic" really means to pull out anything that has "your style" written all over it and color works...drape it, arrange it, place it...as my mother used to tell me when I was headed out with some strange little ornament in my hair in grammar school: "you'll start a new trend!" My dear mother, continuing to life my beliefs of who I was and where I was going. So...go for it! Don't look back, just do it! Put your "chic" out there! No one will question it, they'll just copy it.
 Cheers to summer! Until next time, *BB*

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Lake Anna Real Estate Springs Back to Life



The Lake Anna Visitor Center is swamped with visitors in the past month and anyone traveling the roads around Lake Anna these days had to have noticed an increase in traffic. Spring always brings people back to the lake and puts them in a great mood.

Local builders and real estate agents hope that mood has brought buyers this year and the statistics say that things are looking up.

Allison Fincham from the Louisa County Planning Department says that they have had twice as many building permits this year from the same point in 2013. Anyone building or selling will tell you that's a great sign for construction and sales.

"The boom may be back," says Jonathan Smith of the Lake Anna Visitor Center. "Every year spring builds traffic, but this year seems to have that intensity of earlier years where visitors come into Lake Anna in search of investments and vacation destinations."

Lake Anna has been one of the best investments over the last 30 years in the country. Lake Anna is finally getting national recognition as a great opportunity for investment and return on investment.

"Every year spring builds traffic, but this year seems to have that intensity of earlier years where visitors come into Lake Anna in search of investments and vacation destinations."

Jonathan Smith
Lake Anna Visitor Center

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