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# The Breeze

Issue No. 23

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## Get Out & Go!



Music, festivals, history and outdoor adventure await everyone in central Virginia this summer!

Music, festivals, history and outdoor adventure await everyone in central Virginia this summer! The middle of summer is upon us and the kids are starting to get bored and lazy – it's time to take the action outside. The good news is that Lake Anna and the central Virginia landscape has much to offer. Get

up and get out – start enjoying the outdoor landscape and culture of our communities.

**So close!**

Lake Anna, The Rappahannock River, the James River, the Shenandoah Valley, the Natural Bridge, local farms and historic locations to explore and fun

*(continued on page 3)*

## Take a Bite Out of Summer



The Anna Cabana

Summer days are made for enjoying...which may not always include cooking. A long day on the boat, an afternoon swim, or a long walk or run can really drain your energy and an evening slaving away in the kitchen doesn't sound like the best idea. There are a few local establishments that can fix that situation for you.

The Anna Cabana - the lake's hidden gem located near the Lake Anna Marina, has re-opened for summer and returned better than ever. With an expanded indoor/outdoor dining area and breathtaking panoramic views of the lake, The Anna Cabana provides some of the most relaxing evenings on the water.

A favorite among locals continues to be Tavern on the Rail, open for lunch and dinner only on Thursday, Friday and Satur-

*(continued on page 3)*



The promotional materials for Lighthouse Point touted the benefits of buying land at Lake Anna.

## Lake Subdivision Sells Forty Lots Within Hours

The Premier Land Liquidators, LLC company purchased a large parcel from a local developer at Lake Anna recently and held a public land sale on Saturday, June 28th. The company sold all 40 lots offered within hours of opening the sales.

The subdivision now named Lighthouse Point had forty lots for sale in the subdivision located near Elk Creek off of Route 652, but the marketing team set up their registration and check-in station at the Lake Anna Plaza complex next to the Lake Anna Visitor Center and the Lake Anna Yacht Club. They transported potential buyers to the property and it was reported that within hours of the sale starting, each of the lots were sold with all but two lots having at least one backup contract.

A mass mailout to customers in the region offering lots as low as \$19,900 and waterfront lots as low as \$99,900. Some were disappointed upon arriving and finding that there were no available lots to purchase, especially at the discounted prices quoted in the brochure. Several people asked the staff on hand about information included in the brochure

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The Breeze is available for purchase in stores for \$1 per copy. For a list of our current distribution locations, please visit [LakeAnnaBreeze.com](http://LakeAnnaBreeze.com).

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with a letter to the editor.

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Looking for more Lake Anna area events?

Check out the Events Calendar at [LakeAnnaGuide.com](http://LakeAnnaGuide.com) for the most recent updates!

  
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## LETTERS *to the Editor*

### More News in the Newspaper?

To the Editor:

I have been reading your newspaper for nearly a year and have noticed that there is a lack of "real news" and I understand that the goal of your paper seems to be to promote events and good things happening in the area. I was wondering if The Breeze would consider a little more news just in case of important issues that effect the citizens here. We love The Breeze and would rather read it compared to other newspapers that are filled with negativity, but don't want to miss out on important news.

Tim, Unionville, VA

*Tim,*

*We appreciate your comment and take it very seriously. We have always intended for The Breeze to be a resort newspaper that focuses on the positive aspects of life on the lake and the surrounding area. We also understand your need for updates on the most important stories and news that will effect your life. We publish approximately 10 issues per year and sometimes the frequency with which we hit newsstands makes it difficult to report topical news, particularly with the nature of news reporting and the large access we now have to online information. We will take that into account when choosing our headlines and feel we could find a happy medium by posting more information to The Breeze online and on our Facebook page to become more involved in current topics and events. Thank you for being a loyal reader and we hope you'll see improvements that will help keep you informed as someone who is part of our community. Thank you.*

*Editor's Note: Given the times and the place of our current circumstances, we will present an on-going column under the title, "These are the times..." meant to provoke critical consideration of the events of our time in the context of the history of our place.*

## Finding the Perfect Summer Supper

(continued from front page)

day each week, is always a treat and offers a full menu featuring steak, seafood, and other homemade specialties. Owners Ken and Melody Bowers have created a warm environment and also offer a full bar and outdoor seating as weather allows.



Tavern on the Rail

Joe-Joe's Superheroes is a new restaurant in the town of Mineral that serves sandwiches, pizza, and ice cream (dine-in or take out) has a lot of locals talking. Joe White moved to Louisa as a young boy and became a part of the local scene, going to school in Louisa and working at Louisa restaurant Roma's for many years.

Joe still had a memory of great subs and Chicago style pizza from his early childhood days and combined his skills with old fashioned favorites to open the new eatery in Mineral. The prices are reasonable and Joe-Joe is a delightful, funny guy that takes his work seriously. Many of the offerings on the menu follow the superhero theme and you can order the likes of The American Hero, The Cowardly Chicken, and The Villain (a 2-pound sub, "known to defeat the most powerful of superheroes"). Also offering sides, salads and ice cream, even the junior superheroes will find something for them.



Joe-Joe's SuperHeroes

Tim's at Lake Anna offers a large indoor bar, a huge patio for lakeside dining and a full menu of seafood that includes crabcakes, shrimp, fish, plus a select number of non-seafood items, sure to please everyone. The fun decor and quick service have made Tim's a fast favorite since opening a couple of years ago. When looking for breakfast - a quick trip to Mineral Restaurant - with a local diner atmosphere that everyone swarms to - will satisfy your morning cravings! These are just a few of the restaurants Lake Anna has to offer - go out and find your favorite and let us know what you think! Post to our Facebook with your photos and we'll feature more in an upcoming issue of The Breeze!



Tim's at Lake Anna

## Get Up & Go Outside!

(continued from front page)



cultural events abound in our area.

There are musical forums such as Celebrate Virginia Live in Fredericksburg and events at our own Lake Anna Winery including the Caribbean Beach Party that create a wonderful atmosphere and fun setting to relax, enjoy good music and perhaps a glass or two of our favorite locally made wine.

The lake creates endless activities to fill our days with fishing, swimming, catching fireflies, hiking, walking, napping in a hammock, reading a great book, or building a campfire. The world is at our fingertips - we must simply find the time to enjoy it. These are the days our families will remember - make the memories golden.

We have all of the conveniences of modern technology - computers to simplify our lives at work, at home, these days even in our hands to help us save time. This is the way to spend it. Turn off the TV, silence your phone and enjoy the great outdoors.

### Summer Classes

**Start: July 8th - July 24th**  
**Classes will be on Tuesdays & Thursdays for 3 weeks!**

4:30 - 5:30 p.m. - All interested in mini show teams  
 5:30 - 6:30 p.m. - All Beg./Int. Ballet/Gymnastics  
 6:30 - 7:30 p.m. - All Beg./Int./Jazz/Tap  
 7:30 - 8:30 p.m. - All Beg./Int. Gymnastics

4:30 - 5:30 p.m. - 3 & 4 yr. old Combo (Ballet, Tap, Tumbling)  
 5:30 - 6:30 p.m. - All Adv. Tap/Jazz  
 6:30 - 7:30 p.m. - All Adv. Ballet/Pointe  
 7:30 - 8:30 p.m. - All Adv. Showteams  
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# Contradictory Currents by Wayman Bishop



One of the great benefits of living in the Commonwealth of Virginia, is the privilege of being proximate to historic events in the making. Some believe that the history of our great commonwealth has been highlighted only by the events of the times of Jefferson, Madison and Monroe, giving little attention to the historic significance of events often hidden on page three, below the crease, in the Richmond Times-Dispatch. And then at the other end, there are those who, in prideful arrogance, believe that “as Virginia goes, so goes the Republic.” Given the current climate in Richmond, I pray that not the case.

To the careful student of our commonwealth's history, and the roles played in it by prominent political figures of the 18th Century, the leading characteristic of that chronology can best be described as “contradictory currents.” Take, for example, James Madison.

As it has long been intellectual sport among presidential historians to give grand titles to our Founding Fathers, James Madison has been anointed “The Father of our Constitution” by some and the “Father of Federalism” by others...fitting titles given his genius for politics, his tenacity to see the Republic stand and his untiring effort to build a coalition among the states to codify the fundamental ideology of the American Empire. But if one were to carefully read Madison's Virginia Plan, authored and put forth by Madison before the Constitutional Convention of 1787 as his model of an ideal national government, one by comparison would find that document significantly different than the Constitution many have sworn to support and defend over the past 227 years.

Madison's Virginia Plan proposed a strong unitary central government with a national legislature empowered with plenary powers to disallow the acts of the state legislatures “wherever the states are incompetent or in any way interrupt the harmony of the United States by the exercise of individual legislation.” This was not the message the Virginia General Assembly wanted to send to Philadelphia, but it was the one Madison delivered...thus a “contradictory current.”

Now fast forward to June 11, 2014, to read the front-page headline in every major newspaper from sea to shining sea: “Unknown college professor defeats the Majority Leader of the United States House of Representatives.” The Commonwealth of Virginia makes history again: On June 10th, 2014, right here in the 7th Congressional District, once home to Orange County resident James Madison, for the first time in the history of the United States, a seated House Majority Leader is defeated in his party's primary. A man considered by most political pundits to be the next Speaker of the House, arguably the most powerful position in Washington, is sent home by a disaffected constituency for being too liberal to represent the interests of the congressional district he was elected to serve.

I have many friends on the left in left-leaning Northern Virginia who consider the Honorable Eric Cantor to be the quintessential conservative, an enemy of the current Administration, a champion of states' rights, an effective opponent of big government, a rising star in the Republican Party and an anathema to the current progressive movement. Yet at home, in his own district, in his own party, he is seen to be not conservative enough.

Madison's Virginia Plan got nowhere in Philadelphia in 1787 and Eric Cantor will probably never be the Speaker of the House. The currents of contradiction run fast and deep in Virginia politics.



## Summer Makeup Tips by Heather Mechler-Fickes of Chameleon & Co. Salon

During the hot months when you spend lots of time outdoors in the sun and water, there's not a lot of time spent on putting on full-face makeup. Usually, you go out with a little SPF or nothing at all. If you have other places to be and decide to wear makeup the big problem is having it stay on when in hot weather. Here are some tips to great summer make-up.

First, you want to start with a good primer. A primer smoothes fine lines and helps concealer and foundation last through out the day. If you need to cover up dark circles or blemishes, use a full coverage concealer and blend. The best type of foundation to use during the hotter months is one that is silicone-based. Silicone-based products don't seep into the facial pores and drip down your face when you sweat. If you want to add color to your cheeks, choose a gel or cream blush that blends well. Use translucent powder to set and for additional lasting power.

Cream shadows work best because they don't cake as much as regular powder eyeshadows. And instead of kohl eyeliner, choose

a liquid liner instead. Liquid liner won't smudge and will last longer. And don't forget the water-proof mascara.

For lips, stick to lip tints, sheer lipsticks or lip stains. Lip glosses tend to be too thick on your lips.

Even when it's uncomfortably hot, you will be looking your very best.



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# Scenes from Lake Anna



Photos submitted by Arlie Hahn



Photo submitted by Anna Barnes



Photo submitted by Lara Weatherholtz



Photo submitted by "kjmeaney"!

We'd love to see your photos out on the lake this summer! Send your boating, jetski, and swimming photos! Send them to [jen@lakeannabreeze.com](mailto:jen@lakeannabreeze.com) & see yourself in our next issue!



Photo submitted by Arlie Hahn

## Lake Anna's Featured Pets

Send your photos to our facebook page or e-mail them to [jen@lakeannabreeze.com](mailto:jen@lakeannabreeze.com) and you could see your pet featured here next time!

# Crunkfest 5.0 - The Aftermath of Wake

by contributing writer Kyle Austin



Hosted on June 28th at the Boardwalk at Lake Anna was the biggest watersports event Lake Anna has seen to date. Crunkfest 5.0 was a huge success and brought together watersports enthusiasts from all around the region. With over 60 competitors throughout all of the divisions, it made for one wake setting day.

Not only did the wakeboarders, wake skaters and wake surfers steal the on-water show, but off water was a fun spectacle, as well. With world renowned band Classic Monkey Shine setting off an amazing live performance with help from local JT Harvey playing the music all day, they both kept the crowd hyped and ready for more. Extreme Audio from Mechanicsville came out with a one-of-a-kind totally tricked out Alpine F-150 and a golf cart with over 3000 watts of stereo speaker power.

We can't thank all of the spectators and sponsors enough for making this event such an amazing success year after year. Custom Embroidery Designs and Print Wear provided the custom Crunkfest 5.0 t shirts as well as Fox Clothing providing a ton of giveaways.

Food was hot and ready for the crowd at a moment's notice with Tim's at Lake Anna serving hot from the grill and Fuzzy's Lake-side Market ready to help you wash it down with a cold brew...or water. Whichever your heart desired!

All in all, there is no easy way to sum up the craziness that is Crunkfest 5.0, organized by Wake Edger's Gear and Gifts, also located here at The Boardwalk at Lake Anna. The amazing tow boats they provided by Malibu with Centerville Waterway Marina stole the spotlight with Malibu and Axis wakeboats visible all over the

event. Check out just some of the amazing photos from the event and make sure to visit The Wake Edger's crew for all of your wake and watersports needs!



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The Sleek Event Calendar Lake Anna Breeze

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## Outdoor Life at Lake Anna

### New School

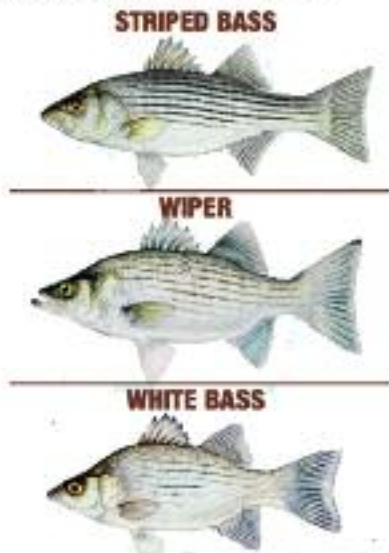
Two New Species for Lake Anna

By Taylor McCann

Fishing Guide, Kistler Rods Pro-Staff

Two additional species have been introduced to Lake Anna Waters recently. The White Bass / Striped Bass hybrid commonly referred to as a "Wiper" and the Saugeye (Walleye / Sauger cross) have been stocked and are being watched to see how they develop as a population and compete with other species in the Lake for forage and habitat.

In mid-June this year 100k hybrid White Bass fry were released. These fry will be part of a 3 to 4 year evaluation conducted by Virginia Department of Game and Inland Fisheries (VDGIF) to see if the hybrid White Bass are an acceptable supplement to the Striped Bass currently being stocked. The hopes is that the hybrid fish will be slightly more tolerant to warmer water temps in Lake Anna and mature faster than the Chesapeake Bay strain Striped Bass in the Lake now.



While the Wiper is not intended to replace the Striper, the Saugeye may be just the thing to replace years of seemingly wasted stocking of Walleye at Lake Anna. Walleye were heavily stocked at Lake Anna until 2007. Some years stocking numbers topped 1M fry. Despite the heavy stocking by VDGIF anglers were not catching many fish and neither was VDGIF during their surveys. Saugeye were determined to be a suitable species for Lake Anna because they are less demanding in terms of water quality than Walleye who require colder well oxygenated water. These conditions can be difficult to find in the Lake through the summer months. Saugeye were stocked at Lake Anna in early 2013. In less than 1 year anglers are reporting catches of these fry that were measuring 12" in length. This is exciting because not only are anglers catching Saugeye but if they continue to grow at this rate this year class will reach the 18" minimum size in less than two years. Saugeye are not sterile but will have reduced reproduction.



Continued monitoring by VDGIF and anglers will tell if these Lake Anna newcomers will stay. Will the Saugeye become a regular member of the stocking program or even possibly sustain itself? Will the Wiper become the perfect supplement to the already intensive Striper stocking program? Check the Biologist Reports available online at [www.dgif.virginia.gov](http://www.dgif.virginia.gov) for the latest info.

### July Fishing Report

By Charlie Bowles

Fishing Guide, Bass Pro Shops & Lowrance Pro-Staff

Summer has set in and the fish are responding as expected. Water temps have already risen to at least the high 80's. Weekends are busier than ever, making mid-day difficult to navigate. Fishing for us has been phenomenal this year and I expect the same through summer. The Bass and Striper catches have been great and should hold throughout the summer with the right approach.

#### Bass:

Most of the sizeable bass will be in deeper water on underwater humps, points, ledges and wood cover. These fish will move to nearby shallows and hit topwater baits in the morning and evenings. Poppers, buzzbaits and Zara Spooks can bring some explosive action if you can time it right. If your not having luck with any of your shallower offerings, don't hesitate to go to deeper structure (15-30 ft). My favorites are diving crankbaits, texas rigged & shakey head worms and jigs. Locate fish on prime structure, such as a 20 ft ledge, and make long casts to past the fish to get your bait to the "strike zone" effectively. Summer time bass fishing can be very difficult for those who like to "beat the bank". But if you are willing to fish deeper structure and cover, it can be very productive.

#### Striper

The summer is the best time to employ trolling techniques for catching numbers of stripers on Lake Anna. The fish will be on 25-40 foot flats in large schools. You'll need to get the baits deep by using trolling sinkers, downriggers, Crankbaits etc. Once you locate a school of fish on your sonar you can troll swimbaits, spoons, crankbaits, etc. to catch dozens of 5-10 pound fish, with an occasional 15 to 20 pounder. There is also some peppered topwater action so be sure to have a zara spook or popper tied on just in case.

#### Guide Service

We offer full and half day trips for all three species mentioned above. This has been a great year for our new and repeat clients with several citations and 50 fish plus days.

Call 540-287-3591 for any inquiries about booking a trip, lodging or tips.

CVO clients pose with a limit of Lake Anna Stripers caught on deep diving crankbaits during "Happy Hour"



## Wind down in the evenings with our "Summer Happy Hour" trips 5p - Dark



**Taylor McCann**  
Fishing Guide  
540-842-9155  
Taylor@CVOFishing.com

**Charlie Bowles**  
Fishing Guide  
540-287-3591  
Charlie@CVOFishing.com



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LAKE ANNA

**Cajun Zydeco**

July 5, 2014; 6 to 10 pm  
Lake Anna Winery

The fireworks are over, but the sparks still fly at the winery for live Zydeco music with "Zack Smith & The Dixie Power Trio" and Cajun Fare from Gregory's Grill (shrimp and chicken gumbo, red beans & rice, Cajun chicken-fried oysters in a "special Hot Sauce," and blackened fish tacos). Consistently our most popular event. \$15.00 fee includes souvenir wine glass, and tasting. Sold out in 2013! Gumbo, Beads, and Dancing...almost like Mardi Gras! For more information visit [www.lawinery.com](http://www.lawinery.com).



**Tim's at Lake Anna Restaurant & Crabhouse**  
Live Music Schedule

- 7/04 - California Bob (4-8)
- 7/05 - Michael Geddes (6-10)
- 7/06 - Pete Baker (2-6)
- 7/11 - Cassidy (7-11)
- 7/12 - Lucia & Levi (7-10)
- 7/13 - David Goodrich (2-6)
- 7/18 - TBA
- 7/20 - Doc Grin (2-6)
- 7/25 - Larry Thomas (7-10)
- 7/26 - Cowboy Classic (7-10)



200 Boardwalk Way, Mineral, VA  
[timslakeanna.com](http://timslakeanna.com)

**Caribbean Beach Party**

August 2, 2014 @ Lake Anna Winery  
Held on the Grounds of Lake Anna Winery. Join us along with James River, Cooper, Grayhaven, Mattaponi, and Weston Farms wineries for an evening of great wine, exceptional food and Caribbean Music. Wear your favorite beach shirt and dance out on the patio under the stars. Taste wines from all six wineries and kick back with a glass of your favorite. Check [www.hovawinetrail.com](http://www.hovawinetrail.com) for details and ticket info.



LOUISA / MINERAL

**The Mineral Bluegrass Festival**

Mineral hosts some of the biggest names in bluegrass music in a 3-day festival in Walton Park! The 31st annual event will kick off on Thursday, July 17th at noon and the festival culminates on Saturday night at 11pm. Notable performers include JR Sisk, Kody Norris & Watauga Mountain Boyx, Wildwood Valley Boys, Lonesome Will Mullins, Dark Hollow, Aspen Run and Grit City Grass. For more information, policies and advanced tickets, please visit [www.mineralbluegrass.com](http://www.mineralbluegrass.com) or call (540) 672-3549.



**Summer Fun Movies at Louisa Arts Center!**  
Showtime: 7:00 p.m. \$3 Adults / \$2 Youth. Presented in partnership with Louisa County Parks, Recreation & Tourism. [louisaarts.org](http://louisaarts.org)

- July 8  
*Teenage Mutant Ninja Turtles*
- July 15  
*Despicable Me*
- July 22  
*E.T. The Extra-Terrestrial*
- July 29  
*Frozen*




CULPEPER

**Carbon Leaf**

Friday, August 8th @ The State Theatre

"Some call Carbon Leaf's music, Southern, others label it Celtic and still others say it leans toward Bluegrass or some combination of formats. No matter what you take on the band's sound, almost everyone can agree that Carbon Leaf creates music that just isn't heard anywhere else—and that's what keeps fans clamoring for more music." - Nancy Dunham [www.culpepertheatre.org](http://www.culpepertheatre.org)





Check out our new online Events Calendar! @ [LakeAnnaBreeze.com](http://LakeAnnaBreeze.com)

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## FREDERICKSBURG

### 2014 Brewfest

July 26th @ 6pm

The 2014 Brew Fest Fredericksburg, VA July 26, 2014 Blue and the Gray Brewery The Pietasters take the stage with LA ska legend Chris Murray, Punk/Bluegrass Sensation Grace and Tony from Tennessee, The Snails from Pennsylvania and Indiana's own Chris Wigley. The event can only hold 700, so get your tickets early! [www.brewfest2014.com](http://www.brewfest2014.com)



### Joe Nichols at Celebrate VA Live

July 18, 6:30-11pm

Ticket prices: General Admission advance: \$17.50, day of show \$23 Trivett's/Ashley Gold Circle Seating: \$30 Trivett's/Ashley Gold Circle Reserved Seating: \$40 Platinum Experience Pass advance only: \$100. For more info: [www.celebratevirginalive.com](http://www.celebratevirginalive.com)



### The Heritage Festival

July 4th

Celebrate America's Birthday with a variety of family friendly activities! The Heritage Festival combines a patriotic parade, street festival, raft race, and so much more. Truly something for everybody - fireworks display at 9:15pm.

[heritagefestivalfredericksburg.info](http://heritagefestivalfredericksburg.info)

### The US Open Overall Flying Disc Championship

July 13-19

The US Open features seven disciplines — known as the “Overall Disc Sports” — covering a spectrum of athletic skills and abilities. Some of these sports are well-known, such as the hugely popular game of Disc Golf, which will attract legendary players from coast to coast. Other events, such as Distance and Self-Caught Flight, promise Olympic-level action as our competitors throw flying discs at heights and distances that most spectators can't imagine until they see it done. Of course, we save the best for last. This six-day event hits its pinnacle with the Championship Weekend held at Pratt Park, showcasing the final rounds of competition and demonstrations by Frisbee-catching dogs, always a major attraction. Another crowd favorite is the Freestyle event. You'll see some of the top trick artists in the sport playing judged routines to music. The “festival” portion of Championship Weekend includes free disc-skills clinics for all attendees who are interested! [www.FlyingDisc2014.com](http://www.FlyingDisc2014.com)



## RICHMOND

### The Hanover Tomato Festival

July 12, 2014

Some folks like them red, some like them green. Some folks like them stewed, some like them fried. Regardless of how you like them, this is your chance to taste one of the best tasting tomatoes you could ever sink your teeth into.

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## SURROUNDING AREAS

### The Virginia Lake Festival

Friday, July 18, 2014, Clarksville, VA

Visit Clarksville's Annual Virginia Lake Festival. This free event has been named "One of the Top 20 Events" by the Southeast Tourism Society for many years. Children will enjoy tethered hot air balloon rides as the event kicks off Thursday night. Sand sculptors begin their artistry on Friday morning and a live band and a sampling of food vendors round out the day. Saturday morning starts at dawn as balloonists skim the lake and 200+ vendors line the street, including a juried arts & crafts show and a wide choice of delicious foods. Music fills the air. Helicopter rides, antique cars and nearly 100,000 people make for a non-stop eventful day. At night fall, boats gather on Buggs Island Lake/John H. Kerr Reservoir and people along the shoreline to see the extravaganza fireworks show. A "must attend" festival.

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### The Horse & Hound Wine Festival

July 12, 11am-6pm, Bedford, VA

Enjoy wine from some of Virginia's finest wineries while listening to good music and visiting art, craft and food vendors. Virginia's most unique wine festival has numerous events throughout the day with horses and dogs as the primary attractions such as the Parade of Horses, agility dogs and muskrat racing. Families will enjoy this festival because it appeals to both young and old and we have a Kiddie Korral.

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## Crazy Good Eats—The Happy Clam

I am always excited to walk into any kind of Seafood Market. Seriously, I get giddy and for a moment it's like coming home. Working at my mother's crab shack during my high school and college years gave me an appreciation for smelly seafood shacks that I know I won't ever shake. I have such fond memories of when the smell of seafood was my daily perfume and as much as I complained about it back then, I sure do miss it now.

As I walked up to The Happy Clam in downtown Fredericksburg I was greeted with a beautiful ocean mural that drapes the entire building. It definitely does a great job of immediately transporting you to a place where the ocean is not far away. *Immediate points.* Walking through the doors, you are greeted with two of my favorite things: fresh seafood and homemade pies. I knew I was going to like this place! Along with using fresh & local seafood and produce whenever they can, they also have homemade pies for sale made by a local baker named Pat. *More points!*

There were three great things that stood out from my dinner at The Happy Clam...only one of which was seafood. But hey, I'm a harsh seafood critic. We started with an order of the fresh North Carolina shrimp steamed and spiced from the appetizer menu and they were delicious! Fresh, plump and seasoned perfectly, these shrimp alone are definitely worth the trip. Unlike using the traditional Old Bay or J.O. seasoning, The Happy Clam seasoned their shrimp with pickling spices, which was a wonderful and welcomed change. Pickling spices usually consist of mustard seed, allspice, ginger, red pepper, cinnamon, etc. This gave the shrimp a distinct flavor that was enjoyed by everyone at the table.

Along with our dinner came two Crazy Good Eats -- worthy dishes -- the hushpuppies and their squash casserole. Please tell me what says summer more than garden fresh squash with a cheesy topping baked in the oven and served in a casserole dish? It was delicious and something I had never had before. *Double points!*

It has always been my opinion that in my mom's seafood restaurant we served the best hushpuppies around. Thanks to this, I have turned into a "Hushpuppy Snob", yes it's a real thing. I've been on the lookout for years to find one to rival my mother's and I am always disappointed to find that there just isn't a comparable hushpuppy. Just when all hope was lost, along comes The Happy Clam and their delicious puppies. These puppies were the size of golf balls and were the perfect texture. Crispy on the outside and nice and doughy on the inside. Sweet, but not too sweet, and the onions gave it a savory flavor that complimented that sweetness perfectly. Dip in butter and these couple as a dessert! Yum!

I truly enjoyed my experience at The Happy Clam and walked out a Happy and Stuffed Clam. The warm family atmosphere, the emphasis on local and fresh seafood and produce, and the great food was enough to send me down memory lane and hook me in for another visit. Check out The Happy Clam on 1017 Sophia St. in downtown Fredericksburg.



Monica Van Cleve is the founder and publisher of the award-winning food magazine Let's Eat Out Menus, and other food guides. She believes in supporting, and exposing those who have a passion for preparing and serving Crazy Good food.



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For the last twenty years, I have had fun “celebrating summer”! In the beginning, I was diligent in daily observance, having fun while living life as it was set in motion at that time and place! I have continued to look forward to it each year beginning in mid-May and almost feel a bit of pressure to be ready as the season comes.

I coined “celebrating summer” (for me, anyway) in the mid 1990s. I missed the days when the onset of summer meant change from the “same old, same old” routine of life. This was not written anywhere. It was just instinctive to move into a new routine of feeling freedom and vitality granting permission to live differently for those few months.

In thinking about this, I went back to my high school times and worked forward. The one time frame I seem to stay with was when our children were one and three and we were living in San Diego (not a bad place to begin summer!). In this, I was able to zero in on what the summer would look like for me and trickle down benefitting my family. As the adage has it, “a happy mama results in a happy household!” This makes for a win/win summer.

I had an old basic Singer sewing machine and would whip up whatever current styles I saw in Vogue that would agree with my lifestyle. I redecorated our living room with a street side find of an old bamboo sofa and chair, minus cushions. I taught myself how to make the inside cushions, stuffed them with shredded foam and covered them in an amazing fabric. I hated doing cording, but knew it was important here. My round side table was a speaker box with a 27” plywood round on top, screw-in legs and an amazing fabric skirt to the floor. I made 30” floor pillows in the same process and voila! A “House Beautiful” living room...in my young eyes, anyway. Thank you for your indulgence in this personal memory. The purpose, other than my enjoyment, is for you to find your memory of a time when summer arrived and you came alive...because you could. Age was no barrier. Age is no barrier. Finances and personal situations are no obstacles. I wish I had not given away those great clothes I made...who would think they would be back in style?

Find that time in your life. Your belief in yourself and your silent faith empowering you to move forward to the vision you have for yourself is limitless. I found my memory and captured it and brought it back like the phoenix rising from its ashes in the freshness of youth.

My personal ritual I created to live out my “celebrating summer” looks kind of like this. I approached each new day with something new and different than my normal routine. You adapt to it your gender, it is not hard. These are obviously from my perspective. You will find your own. Over the years, my list (usually not written anywhere, just in my head) looks a bit like this: start using fun colored drinking straws, take new routes to your daily places, try different colors in nail polish, lipsticks, clothing. Experiment with different nationalities of food, beer or wines, rearrange your furniture, turn your artwork upside down – it teaches you to observe art in a different way. You will know when you’re ready to see it right side up! Comb your hair in a different direction, explore new music styles, learn a new language, sign up for Lumosity, watch more movies, plant a vegetable garden, take up painting, begin a summer reading program, start yoga classes, simplify your bed covers for the season, take up chess, begin a vocabulary study...and the list goes on.

This is all about change, so, you check back into who you are and allow that person to come out and live in a (positive) experimental way. A valued DVD by Pastor Ray McCollum from Franklin, Tennessee totally encourages us to use our faith and dress and live where we are going, not where we have been. Think positive and fun in this

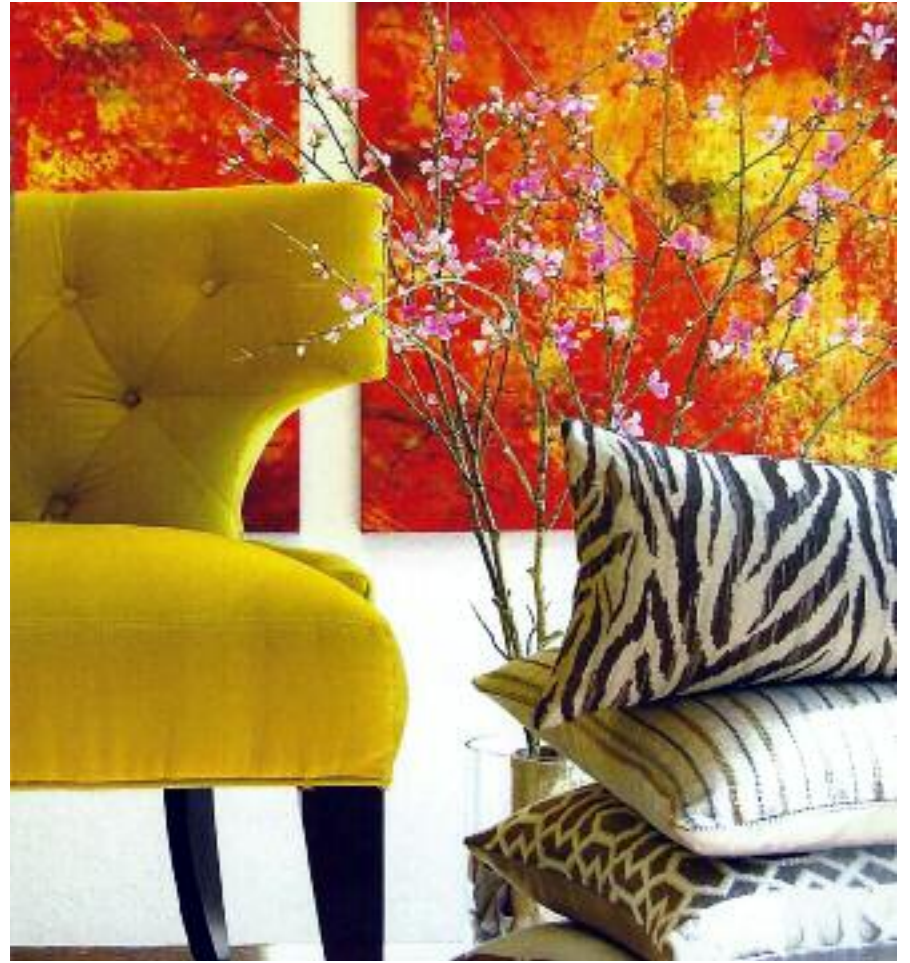


photo courtesy of squarefeathershome.com

annual walk and adopt it as yearly resurgence to your freshness of youth, embracing with an unencumbered mindset. Live to the fullest this summer! Have fun and create memories to share. My children and sisters will occasionally send me an email, entitled “Celebrating Summer” noting something they have done. Pass it on. It is only as good for you as you get “over yourself” and step into the waters, not worrying what anybody else thinks. This is about you. It will have a trickle-down effect on others around you. Attached is a picture of a new website/vendor I discovered, squarefeathershome.com. I love just looking at this picture. This is what I envision my San Diego living room would look like if it were today, rather than the late 70s. I know many of you weren’t born then, but many of us were. Learn from us. I plan on visiting this site for an infusion of boldness and easy elegance, as they suggest. Sounds good!

Have fun “celebrating summer”! I will check in with you later this summer to see how we both did. Do not stop if you skip a day or a week...pick back up with a great attitude. Who cares if you did not complete that book you started? Enjoy the carefree months ahead. Life will proceed as in place, but you will soar above it as you deal with it.

Torna Presto, *BB*

Public Offering of New Lake Anna Subdivision Sells Out in Single Day



photos courtesy Premier Land Liquidators, LLC promotional materials

that had been mailed out and most team members looked stumped or said they hadn't seen the brochure before.

Many out-of-towners took the opportunity to stop by the adjacent Lake Anna Visitor Center to learn more about the area for the first time.

"We had a busy day in the Visitor Center and distributed a lot of Lake Anna information, maps and literature. Many who came for the land sale ended up staying and requesting information on other area developments such as Mill Run and

The Lake Anna Resort," said Jennifer Armstrong of the Lake Anna Visitor Center. As the first land offering of this type in the area, it would appear the attempt was a success. It is unclear if this technique will be employed for future offerings at the lake.

*What did you think of this sale? Did you check out what was offered? Sound off in a letter to the editor for our next issue by emailing info@lakeannainfo.net.*



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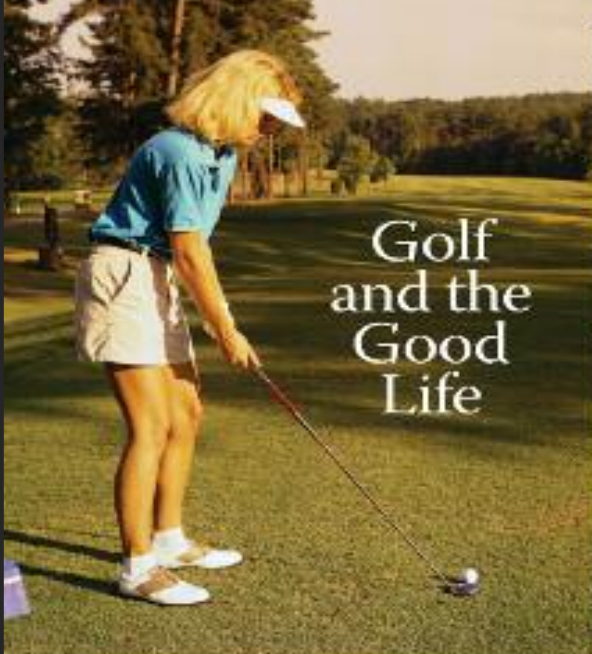
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