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Lake Anna, Fredericksburg, Louisa,
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Orange, Culpeper & surrounding
areas!

The Breeze

Issue No. 26

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Boat Show Season is Here!

If you're reading this article, you probably frequent Lake Anna. With the new year comes one of Lake Anna's favorite times of the year: Boat Show Season!

Fredericksburg will be celebrating its 10th anniversary this year with the Fredericksburg Boat Show at the Fredericksburg Expo Center January 23-25th. To celebrate this milestone, one attendee will be winning a free boat! Through a partnership with Prince William Marina, one lucky attendee will walk away with a brand new 16-foot Bayliner worth more than \$17,000. Simply fill out an entry form at the show and a winner will be drawn at the show on the 25th at 3pm.

More than 40 boat dealers and vendors will be offering boat safety products, insurance, repair service and marinas. Plus the dealers look forward to you climbing aboard all the new models of boats, pontoons, cruisers, jet skis and more on sale at the lowest prices of the year.

(continued on page 3)

2015 Boat Show Schedule

Fredericksburg January 23-25		Richmond February 20-22
Chantilly March 13-15		

FEATURED EVENT



The 8th annual Virginia Wine Expo (VWE) is a national destination event celebrating Virginia's extraordinary wines and the Richmond region's culinary, historic and cultural excellence.

VirginiaWineExpo.com

Greater Richmond Convention Center & nearby venues

FEBRUARY 17-22, 2015

Lake Anna Resort: Being Neighborly



Louisa County held a Neighborhood Meeting on December 10th. The county notified all adjacent property owners of The Resort site and the meeting and approximately 15-20 people attended. The attendees were given a slideshow presentation and the opportunity to ask the developer questions directly.

Several attendees expressed that they had not been notified, although they live in the cove where the Resort will be located. Discovering that adjacent owners were limited to those that live next to or across the street from the site, the developer volunteered to notify the property owners in the cove. The developer then sent letters to the 36 property owners in the cove and invited them to an open house on January 6th.

This was the fourth open house held by the developers since the project debuted. Many of the neighbors attended and were appreciative of the mailed notifications to stay informed. "I think being a good neighbor is important," developer Ed Blount stated, "I feel like we have made some real friends and people can tell that we want the best for everyone with this project and have made great strides to include input and suggestions from our neighbors to improve our plans".

Hearing the input from the public has been very informative to the developer and has helped ease concerns of the neighbors in the area. One specifically mentioned that they had received an email that worried her, but after reviewing the plan, was more than satisfied and had only one request: "make sure it's nice like you've promised". This is an easy request, as the elements promised have been proffered into the submission package the county and the developer will be held to those standards once the rezone is approved.

Blount explained "by choosing to make this a Planned Unit Development, the proffers I've made to the county will be followed to the letter. That way, no matter what happens, we already know exactly what is going there." Many in both the neighborhood meeting and open house expressed they were long concerned that this side of the bridge become a marina or boat storage and were relieved to have a structure that would add benefit and aesthetic beauty to the landscape and be held to a certain standard.

The Neighborhood Meeting was another step in the rezoning process, which will be followed by a presentation before Louisa's Planning Commission before going before the Board of Supervisors for approval in March. For all of the most updated important meetings/dates, please visit the project's website at LakeAnnaResort.com.

"I think being a good neighbor is important. I feel like we have made some real friends and people can tell that we want the best for everyone."

**- Ed Blount
Developer**

LakeAnnaBreeze.com



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 with a letter to the editor.

Issue No. 26

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Looking for more Lake Anna area events?
 Check out the Events Calendar at LakeAnnaGuide.com for the most recent updates!

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LETTERS to the Editor

More Breeze, Please!

To the Lake Anna Breeze:
 First of all, thank you for publishing such a positive paper. As lakers, we like knowing all the events in the area. I subscribe to the Breeze, but we usually buy another copy or two when we hit the lake because my entire family reads the majority of your paper. The kids are at the age where they want to read all the wakeboarding/boating articles and my husband reads it from cover to cover, with a few exceptions, but between the two of us, we read it all. I have an online subscription so that I can download and still read anytime on my iPad. The only thing I ask is that you print it more often!

Suzanne, Bumpass/Reston

Thank you for your letter, Suzanne. We work hard on each issue of The Breeze & we hope to start printing more as time allows. Happy New Year!

A Stroke of Genius: The Boys of Summer



Lake Anna Resident Karen Fortuna had taken a few years of art classes as a youngster, but decided to return to the hobby around two years ago, after a stroll through the town of Louisa with her best friend led them to the Red Door Art Studio. The pair explored the studio and met with the owner/instructor named Copper Mabie and soon enough, Karen's friend promised they would sign up for painting classes.

The impulsive decision has turned out to be one of the best Karen has ever made. Karen has taken classes for nearly two years with the same ladies, who have formed friendships in and out of the classroom, including one fellow student who is 92 years old and creates incredible paintings. Karen calls their instructor, Copper, "an extraordinary artist, mentor, and inspiration". She continued that enrolling in the classes has been "an honor and a blessing".

The name of the painting above is "The Boys of Summer". This was the first painting Karen ever submitted for a showing and soon learned that it had been selected for a show at the Louisa Arts Center and was used to promote the show online and in print with the Central Virginian newspaper. During the opening of the official exhibit, a gentleman saw the painting and bought it immediately.

Mrs. Fortuna encourages others like her to take a chance and try to achieve those goals you've put off for too long. "I would encourage anybody to pursue their artistic dreams," she continued, "just go for it! It's never too late!"

Boat Show Season...continued from front page

In addition to the Fredericksburg Show, there will also be the Annual Richmond Boat Show on February 20 - 22 at the Richmond Raceway Complex, followed by the largest boat show in our area, the 20th Annual National Capital Boat show on March 13 - 15 at the Dulles Expo Center in Chantilly. Shop hundreds of new boats from dealers throughout Virginia and Maryland, including runabouts, saltwater fishing boats, ski boats, pontoons, deck boats, jet boats, jon boats, and PWCs. Whether you're a seasoned captain or can identify more with Gilligan, you'll have a great chance to explore and educate yourself about all of the latest boats and accessories for the new year!



Talkin' about the...Boat Wash? Yeah!

Customers at Lake Anna staple Dickinson's Store have likely noticed the new car wash adjacent to the store, but upon closer inspection, you'll notice that there is not only a car wash, but a boat wash to help keep your boats spic and span throughout the year!

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Waverly Place: Luxury Living in the Heart of Louisa



Waverly Place opened its doors to residents in the summer of 2014 in the town of Louisa.

Waverly Place Apartments is the first luxury apartment community in Louisa County. Opened this past summer, this beautiful property offers high end living in a location with small town charm. The combination has proved to be a huge success. Waverly Place Apartments is managed by Denstock Management out of Charlottesville and has a property staff of highly qualified, motivated, and friendly local employees.

Offering spacious one and two bedroom apartments ranging from 830 to 1316 square feet that were thoughtfully designed their residents' comfort and needs, including a private patio or balcony in each unit. The apartments are equipped with an electric fireplace in the spacious living rooms as well as ceiling fans in all bedrooms. Many accents that are not typical in apartment communities can be found at Waverly Place including crown molding on the first and second floor units and vaulted ceilings in our third floor units. Every master bedroom has a walk-in closet as well as a private bathroom with a shower. The kitchen is state-of-the-art with granite countertops, cherry cabinets, and dropped pendulum lighting above the bar separating the kitchen from the living room. A disposal, dish washer, microwave, range with oven, and a refrigerator with an ice maker complete the package. Each bathroom has the elegance of granite countertops as well as tile flooring. Each apartment also has a full-sized washer and dryer.

(continued on page 14)



These are the Times by Wayman Bishop

Be Still My Cynical Heart



Twas the night before Christmas...I was in bed...asleep. I had a dream. And in that dream, a thief came in the night to rob me. I called 911. Al Sharpton answered the phone. Forgetting about the burglar, and curious why the Reverend Sharpton was taking 911 calls, I asked him this question: "How, Reverend Sharpton, did you get to be America's spokesman for the state of race relations in our country?" Before he could answer, I woke up. Like falling in a dream and waking up before you hit the ground. Saved from that agony.

This dream was not so troubling because I was on the phone with the Reverend Sharpton, but more so because it was a symptom of my cynical heart. Facing the truth of this confession, I realize that 2014, more than any year among my many, hardened my heart against hope that our Republic can be healed. Consider 2014: missing emails at the IRS, corruption at the Veterans Administration, under-the-table deals with Iran, throwing water balloons at ISIS, unsecured borders. More chest pains...I gotta stop.

When I was a young boy, my Dad sent me to my room without dinner for calling a policeman a "cop." He said it was a disrespectful slur against a most honorable profession and a representation of my unacceptable attitude toward authority. I have never used that term since. Fox News calls them "cops"...without apology.

When I was a young boy, my Dad taught me that the President of the United States was the most honest man in the world and that I could place my complete trust in his willingness and ability to do what is best for the country. There have been so many "red lines" crossed. I'm confused.

Can I really keep my doctor? Is congressionally mandated affordable health care really affordable?...or is it just another form of taxation without adequate representation? I say "adequate" because I don't feel adequately represented by senators and congressmen who have clearly demonstrated their appetite for a fight, rather than their ability to govern. If kick-boxing was a prerequisite for public office, the Tea Party would be in control.

Our Founding Fathers provided for governance through compromise. Don't take my word for it. Read the Federalist Papers and the Constitution of the United States. But in this extreme environment of division, a polarized electorate and leadership driven by the polls, compromise is nearly impossible. Witness a feckless Congress.

Be still my cynical heart.

This year as in so many previously odd-numbered years, I have great hope that the new Congress, stinging from the failures of the most recent Congress, will come together, put partisan politics aside, put on their statesman's hat, and govern. Just govern! I can accept the results of the things I don't agree with if accomplished by strong men and women who are just, honest public servants and who cleave passionately to the ideals of American exceptionalism.

That may be asking too much, particularly if American exceptionalism is the myth progressives say it is. So here is the source of my real hope: "...and the government will be upon His shoulders." (Isaiah 9:6)

Barack Obama, Mitch McConnell, John Boehner, Nancy Pelosi, and Harry Reid may think they are in control...but they are not.

Scenes from Lake Anna

Photo submitted by Stacy Schalk



Photos submitted by Anna Barnes



E-mail your photos to:
jen@lakeannabreeze.com
to share for our next issue!

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Janet Hain shared a couple of photos from fall celebrations at Lake Anna.



Mark Copenhaver submitted this photo of Nikki helping Tucker with his backstroke in the lake!



Photo submitted by Ann Lazette of her pups: Ariel, Muffin, Joy, Precious and Mr. Wiggles.

Lake Anna's Featured Pets

Send your photos to our facebook page or e-mail them to jen@lakeannabreeze.com and you could see your pet featured here next time!

LAKE ANNA BAN ON WATERSPORTS

by contributing writer Kyle Austin



I bet that snagged your attention didn't it? That may have been what you've heard around the lake pertaining to watersports on Lake Anna. This statement is 100% completely false and I'm here to explain in a short "Cliff's Notes" style why this rumor is extremely far-fetched.

It was brought to the attention of the public that a meeting would be held on issue of shoreline distance expansion for boats. The current state law states you must be fifty feet from any permanent structure on the water while in tow. Meaning that you need to be at an idle speed while passing within that 50 ft and not have a rider in the water. Beyond that distance as long as you are not in a no wake zone you may be at any speed during recreational watersports use.

This issue is being discussed after waterfront land owners expressed concern for shoreline erosion. It had been said that land owners were expressing concern for property damage which occurs from Mother Nature and general use of any water vessel. Fishermen, wake boats and even sailboats create a wake that can be damaging if to close to a property line.



After meeting with the Lake Anna Civic Association and the Spotsylvania Board of Supervisors, it came to the attention of everyone that the 50 foot shoreline length is state law, but also that each county has its own ordinance. Spotsylvania's being 200 feet from any shoreline and Louisa requiring 100 feet. However, state officers can only regulate what state law currently is. Therefore, if you are in a county waterway that is different, the county officers must be the ones to cite the citation to the boat driver.

We have developed a committee in regards to this topic and are working with the county to help promote the safety of boating on the water. With the help of county officials and others in the area we can prevent shoreline erosion from common boat use by using general boating etiquette. We will also be discussing raising funds to help with the Lake Anna State Park shorelines and furnishing rip rap to help reduce wave damage on the bird sanctuary and land.

Stay tuned with The Lake Anna Breeze to catch up with the latest news on this issue and be aware that no banning of watersports will occur.

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Outdoor Life at Lake Anna

2015 Tournaments

By Taylor McCann
Fishing Guide, Kistler Pro-Staff

Fishing season is on the horizon – get your calendar set early and avoid conflicting tournament dates. We have lined up an entire season of regional tournaments and local club events to challenge anglers of all skill levels with no overlapping dates. Whether you want to throw your hat in the ring and come to weigh in and see what's being caught, we have you covered!

Lake Anna Elite Series
www.sturgeoncreekmarina.com

Feb 21	Lake Anna	Sturgeon Creek Marina
Mar 7	Lake Anna	Sturgeon Creek Marina
April 12	Lake Anna	Sturgeon Creek Marina
May 17	Lake Anna	Sturgeon Creek Marina
June 28	Lake Anna	Sturgeon Creek Marina
Aug 9	Lake Anna	Sturgeon Creek Marina
Sept 13	Lake Anna	Sturgeon Creek Marina
Oct 3	Lake Anna	Sturgeon Creek Marina
Oct 17	Lake Anna	Sturgeon Creek Marina
Oct 18	Lake Anna	Sturgeon Creek Marina

Fredericksburg Fishing Club
www.fredericksburgfishingclub.com

March 21	Lake Anna	Anna Point Marina
April 4	Rappahannoc River	Hicks Landing
April 25	Pamunkey River	Williams Landing
May 16	Chickahominy River	Rivers Bend
May 30	Lake Anna	Anna Point Marina
June 20	Potomac River	Hope Springs Marina
July 25	Rappahannoc River	Hicks Landing
Aug 15	Potomac River	Hope Springs Marina
Aug 29	Rappahannoc River	Hicks Landing
Sept 19	Chickahominy River	Rock-a-Hock Campground
Oct 10	Fall Classic	To be determined
Oct 11	Fall Classic	To be determined

Battlefield Bass
www.battlefieldbass.com

March 28	Lake Anna	Sturgeon Creek Marina
April 18	Potomac River	Leesylvania State Park
May 9	Rappahannoc River	Hicks Landing
June 13	Chickahominy River	Rock-a-Hock Campground
July 18	Potomac River	Leesylvania State Park
Sept 26	Rappahannoc	River Hicks Landing
Oct 24	Rappahannoc River	Hicks Landing (Fall Classic)
Oct 25	Lake Anna	Sturgeon Creek (Fall Classic)

It's Show Time...

By Charlie Bowles
Fishing Guide, Bass Pro Shops & Lowrance Pro-Staff

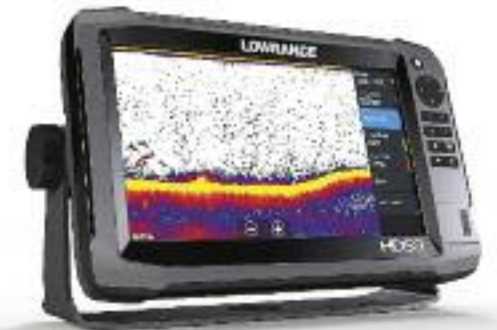
Ok... We made it through the holidays, deer season is just finishing up and fishing fever is soon to be an epidemic.

What's in store for 2015?

Are there any new electronics out there that will help catch more fish?

How do you meet local and national professionals and learn from their experience?

What are the hottest new lures on the market?



Lowrance HDS Gen III 9

You can answer all of these questions and more over the next couple of months at many of the upcoming fishing shows and expos. Lake Anna is centrally located to several "pre-season" fishing events. We usually work a show or event nearly every weekend from late January to early March, giving tank demonstrations, showcasing new electronics etc. These events are great for learning new techniques, meeting professional anglers, and gearing up for the year. You'll also find great deals on tackle, boats, guided fishing trips and more, potentially saving thousands of dollars.

2015 Early Bird Specials... Book Now!

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LAKE ANNA

Annual Ham & Oyster Dinner

December 6-7 @ Lake Anna Winery

The Belmont Ruritan & Club of Women will be holding their annual Ham & Oyster Dinner on April 18, 2015. This local favorite is a little later this year, usually held in March. The ticket price is \$15 for adults and \$8 for children aged 8 and under. For more information or tickets, please call 540-854-7439 or 540-872-5294.



HOVA Chili Cook Off Wine Trail Weekend

January 17-18, 2015

Tour Central Virginia's Premier Wineries: Cooper, Grayhaven, James River, Mattaponi, Weston Farms and Lake Anna! Buy a passport ticket (www.HOVAWinetrail.com). You will get a souvenir wineglass, tasting at the six Heart of Virginia Wineries and a chance to win amazing prizes upon completing the trail. During this weekend you

will get to sample Chili at each winery, then vote for your favorite one! Please note that Heart of Virginia Wine Trails can be completed anytime during normal hours of operation. www.HOVAWinetrail.com.

Valentine's Day at Tim's at Lake Anna

February 14-15

Join Tim's at Lake Anna on February 14th and 15th to celebrate Valentines Day. More info at timslakeanna.com.



Kinetic Sprint Marathon

May 10th @ Lake Anna State Park

The Kinetic Sprint is one of the Mid-Atlantic's best early season sprint triathlons. This event has a 9AM start so you can sleep in a little and maybe even bring the kids! Staged out of beautiful Lake Anna State Park this event is easy to get to and has sold out with 720+ athletes the past 9 years. vtsmts.com/kineticsprint



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LOUISA / MINERAL

James and the Giant Peach

March 13, 14, 15 @ Louisa Arts Center
A rhinoceros ate the parents of James! That was bad enough. Then James was sent to live with his awful aunts. But all is not lost! When a giant peach magically appears in the backyard, James finds a secret way inside and makes his amazing escape. \$15 Adults/\$8 Youth. For more information, louisartaarts.org



Swamp-Hatch Butterfly Louisa Arts Center, January 31

From the creator/performer of Dirty Barbie and Other Girlhood Tales comes a hilarious night of sketch comedy, true stories and characters you won't forget. Because everybody knows that "what don't kill ya might make ya crazy!" \$20 All Tickets Jan. 31 - 7:30p.m. www.louisartaarts.org

Hearth Cooking

February 7 @ 10am-4pm

How did colonial Virginians cook it with no electric ovens or microwaves? Learn for yourself as you cook and enjoy eating an entire meal prepared in the historic Michie House under the instruction of The Hearth Cooking Guild from the Louisa County Historical Society. Original period recipes and techniques are used. \$20 www.louisacountyhistoricalsociety.org.



World War I Flying Aces

February 28, 10-noon @ The Sargeant Museum; 540-967-5975

A flying ace was described as a military aviator credited with shooting down five or more aircraft in combat. Deemed "Knights of the Air" by some, these young pilots were viewed as celebrities in their respective countries and their acts of bravery in their revolutionary machines were often the source of inspiration for the soldiers on the ground. Abby Whitlock returns to talk about this exciting chapter in the Great War. Free.

CULPEPER

Culpeper Has Talent Semi-Finals

February 21st at 8pm @ The State Theatre

The wildly successful Culpeper Has Talent series is back! This time there will be more talent, more star power and more of everything that you loved about the first one – and a few brand new surprises. For more info: www.culpepertheatre.org.



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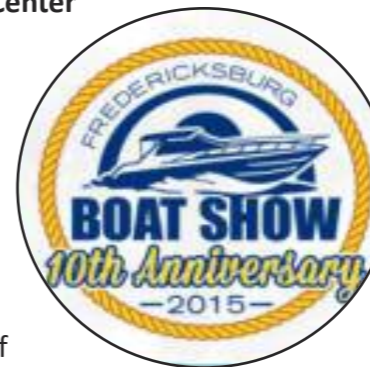
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FREDERICKSBURG

Fredericksburg Boat Show

January 23-25, Fredericksburg Expo Center

Whether looking ahead to a beautiful sunny day on the water or need a distraction during this cold winter, at this year's Fredericksburg Boat show you will find over 40 boat dealers and vendors featuring: safety, insurance, repairs, supplies, marinas and more. Plus the dealers look forward to you climbing aboard all the new models of boats, pontoons, cruisers, jet skis and more on sale at the lowest prices of the year. For more information: FredericksburgBoatShow.com



Chocolate & Silver at the James Monroe Museum

January 24



Warm up on a cold winter afternoon by tasting colonial hot chocolate and other delicious treats. For more info: 540-654-1043, 908 Charles Street, Fredericksburg.

George Washington Birthday Celebration at Ferry Farm

February 14 from 10am to 4pm

Celebrate George Washington's birthday at his boyhood home! Enjoy crafts, games, exhibits, live history performances, the Stone Throw Challenge (weather permitting), and birthday cake! ferryfarm.org

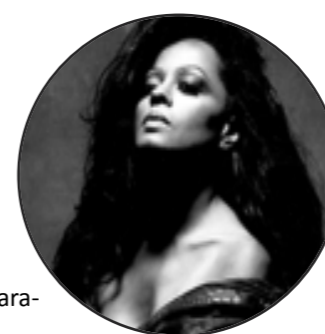


CHARLOTTESVILLE

Diana Ross

February 5, 2015, The Paramount Theatre

Diana Ross is a consummate performer as well as one of the most iconic female singers of all time and one of the most prominent women in popular music history and pop culture of the late 20th century. Songs You Know and Love: - Stop! In the Name of Love - Endless Love - You Can't Hurry Love. Tickets available at www.theparamount.net.



Charlottesville Symphony

February 15, doors at 3:30

The symphony continues its 40th anniversary season with music from the hit film Shakespeare in Love.

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www.smallcountry.com

ORANGE / MADISON

Working Woods Walk @ James Madison's Montpelier

Sunday, January 25 @ 2pm, Montpelier

Venture deep into the Montpelier Demonstration Forest on a two-hour hike with Montpelier Horticulturalist, Sandy Mudrinich. Learn from experts about conservation and cultivation strategies that generate mutual benefit to man and nature, both in the Madison's time and today. Tour begins at the Montpelier Visitor Center. For more information, call 540-672-2728 x 110 or visit montpelier.org.



Souper Saturday @ Waugh Enterprises Harley-Davidson

Saturday, January 31, 2015, 09:00am - 04:00pm

Enjoy free homemade soup from 11am until its gone! Guess the score of Sunday's big game for a chance to win door prizes. Contact bonnie@waughhd.com for more info. Waugh Enterprises, 385 Waugh Blvd, Orange, VA.

SURROUNDING AREAS

20th Annual National Capital Boat Show

March 13-15, Dulles Expo Center



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Dining Spotlight

Crazy Good Eats [DRINKS] — Rusty Beaver Brewery

Wedged between a dry cleaner and a Chinese take-out is a little gem in Ruther Glen that serves up some tasty offerings not typically found in a sleepy strip mall- Craft Beer. Local craft beer to be exact, brewed with passion and love in an "old world brewery style". On The Rusty Beaver Brewery's website you will find their mission for your brewery experience includes 1.) To walk their trails 2.) Smell their hops 3.) Taste their craft ales 4.) Enjoy the sound of nature and local music 5.) Feel the country spirit and lastly, 6.) To leave with a relaxed calm that brings you back for more. Some lofty goals coming from a strip mall setting. I walked into their quaint brewery with this mission in mind to see just how they were doing on delivering such an interesting customer experience. Here's what I discovered...

Number One- To walk their trails. I have to admit I didn't know where they were going with this at first but after a good look around it was pretty evident. The Rusty Beaver founders own and operate a family farm in Beavertown, VA where they grow their own hops as well as vegetables. The first thing you notice after walking through the door is the magnificent wood bar that spans the width of the entire place. This, along with multiple bar tops, was all cut from one tree off of their family farm. The tree posts that hold the beer menu up above the bar were also taken from the farm and covered in moss. Okay, 1.) is a big fat CHECK! Number Two- To smell their hops. Yup, the whole place smells like delicious, earthy hops. 2.) CHECK!

On to number three- Taste their ales. I realize this one is pretty easy for them to get right and it didn't take any convincing for me to order the sampler which lets you try ALL of their 7 craft beers on tap. The sampler glasses give you more than enough to journey through their trails and tasty ales. My drinking partner for the evening was NOT a big beer drinker and after reading both our notes I concluded hers were much more descriptively interesting and spot on so I've decided to share them with you. Here is their complete list along with their alcohol content...

1. Roy's Big Bad Brown Ale. 5.7%- "Very Beery"
 2. Bucktooth I.P.A. 7.5%- "Orangey"
 3. Smashed Bastard. 5.2%- "Effervescent", "Light"
 4. Quake Stout. 8.9%- "Guinness-ish"
- After our fourth sampler is when things really started to heat up. Off came my coat. It may have only been 16 degree outside with a "Feels Like" temperature of 5 degrees but the unfiltered, unpasteurized ale was starting to snuggle me like only a big, comfy Christmas onesie could. I was really feeling this "Old World" brewery style and couldn't wait to keep going.
5. Zen. 7.5%- "Best one so far"
 6. Fugged Up. 6.4%- "This is for beer lovers"
 7. Krampus (Their holiday seasonal). 5.5%- "Oh, it smells good!" Sip. Deep Breath. "Cinnamon."

I personally liked them all but Zen was my absolute favorite, which I later discovered was a mix of Smashed Bastard and Quake Stout. My feet were starting to tingle as I checked off number three and proceeded on to number four, admittedly a bit giggly- 4.) Enjoy the sounds of nature and local music. There wasn't any local music booked on this particular weekday evening and I didn't necessarily hear anything similar to what I would encounter on a stroll through the forest however, there was CCR coming from the sound system and I was singing along...so that counts. CHECK!

With number five they wanted us to 'feel the country spirit' which they definitely nailed. A warm, welcoming vibe with a family focus in an atmosphere that is completely unpretentious and a 'come-as-you-are' kind of comfortable. Yup, 5.) CHECK! The Rusty Beaver was really hitting it out of the park on what they set out to accomplish. After a brief conversation with the bartender and owner, Austin, I learned even more about their love for what they do and how they strive to stay local even sourcing ingredients and materials for the brewery from their own farm. This type of commitment to the local community and focus on sustainability makes their brews taste even better, which brings me to number six. 6.) Leave with a relaxed calm that brings you back for more. DOUBLE CHECK!

I highly recommend visiting The Rusty Beaver Brewery in Ruther Glen and embarking on their customer experience journey yourself. If you're lucky you can catch them on a night when they serve up wings and Belgium waffles, which Austin says are the best in the area. I'll definitely be back for more craft beer, wings, waffles and a couple of growlers to enjoy at home!



Monica Van Cleve is the owner of The Van Cleve Seafood Company and co-author of the cookbook, Girls with Crabs- 'Slingin crabs ain't no piece of cake'. When Monica is not traveling the world and stuffing her face with Crazy Good Eats she spends her time trying to learn how to cook something other than seafood.

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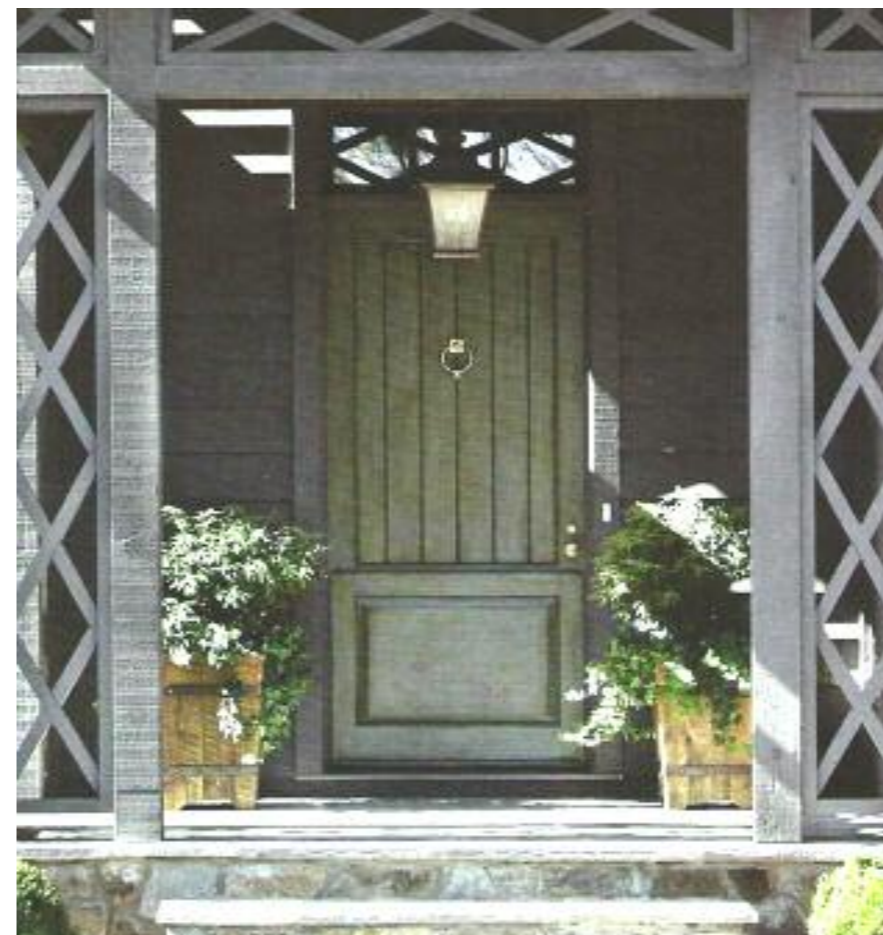
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LIFESTYLE Reflections

by Lake Anna Interior Designer Barbara Bishop

Front Doors...What's Behind Yours?



photos courtesy of Elle Decor & Atlanta Homes & Lifestyles

We all have front doors, whether it is like the one on this beautiful New England colonial-style cottage located in North Carolina, or here in Central Virginia. We paint them. We decorate them with their own "jewelry." We give them balance with a small carpet at their feet. We give them lights to highlight the pathway. To some, including me, it is very personal and much about our "face" to the outside. This may seem a bit over the top, but think about the time and decisions made to create our personal business cards. Over the years I have worked with many people with these same decisions.

Okay, let's open these doors. As we enter, do we see the same for 2015 as we did for 2014? Are we expecting more for this new year, but leaving some "stuff" still in place? Let's take inventory of what worked then and needs tweaking or put away for another season. Let's look at our surroundings whether home or office or

perhaps, not last, in the mirror. I'm right there with you so... if something strikes a chord in you, make note for thoughts and actions on this.

For our surroundings, I have consistently written to follow your eye and your heart. One of my favorite designers, Vincente Wolf, (whom I have quoted before) writes, "I believe you can find your own style simply by becoming conscious of the things that bring you pleasure. The path to wisdom, it has been said, is self-knowledge. You can cultivate your own likes and experiences—the colors in a favorite painting, the texture of shells discovered on a beach—and translate these pleasures into the design of your own home. I'm encouraging not imitation, but independence."

When we come up for air from whatever consumes us daily, let's practice anew opening our eyes and our senses to "see" and "feel" what we are missing. Another favorite designer, John Saladino, speaks in reference to "open doors," he is referring to entering into a space, home or for our purpose, our lives. "As you walk through the house, you move from darkness to light, from narrow enclosure to expansive space. The idea [is] of creating a visual journey that draws you—or your eye—along, pricking curiosity, manipulating emotions, and increasing anticipation until the reward is reached..." Combining the principles of these two design giants and my encouragement toward your personal journey is to take a fresh approach for yourselves, your families, and your surroundings in this new year. The market place and technology have made it extremely easy to "try things on for size" and act on them...or not. This applies to our spaces or our personal appearances.

Enjoy 2015 as the doors open for you. Every "door" might not be for you, be discriminating, and move forward with a keen insight. Bueno Salud.

'Til next time...BB



2015 Hair Trends by Heather Mechler-Fickes

Another new year is upon us. While some people are hitting the gym and getting their exercise on, some people are heading to the salon to start the year off with a new 'do. This year the trend is a lot of low maintenance looks and embracing natural texture.

Tousled sexy hair is making a comeback. Instead over blow-dried styles and using hot tools. The hairstyles are free flowing and enhanced with volume. It's a bed head look with a twist.

Long hair is classic, but instead of just one length looks, add a slight layer. Layers add some movement and more versatility. The Rock-n-Roll shag is back. Think back to the old rockers long tresses and bangs. Less maintained and more wash and wear.

70's bangs are coming back too. Stay away from the blunt

fringe and go for a more feathered look. Have the front cut shorter and taper the sides so they wing out.

If you decide to go for more than a haircut and are in for a new color, there are some new trends that are popular this year: deep browns and light red coppery tones are in. The hombra look is out this year. If you opt to do highlights try more bold chunkier panels of color. If you are looking for a more natural look, try "babylights" these are more natural looking highlights and are easier to keep up with and maintain. The "babylights" can be achieved using the balayage technique. This technique is the art of "painting" highlights throughout the hair.

These are just a few trends for the upcoming year.

Embrace your natural texture and

enjoy the no fuss looks of 2015.



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Luxury Living in Louisa at Waverly Place (continued from page 3)



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The feel of this community is one of warmth, comfort, and a sense of security and being right at home. The staff enjoys watching residents get to know each other and interact during the regular organized get-togethers as well as developing friendships that exist outside of the apartment community. Having been open for 6 months, there are more resident functions planned in the future!

If you have not visited Waverly Place Apartments and would like to visit, you are invited to schedule a guided tour of the property. This new development is proud of their community and you will feel at home and welcomed at Waverly Place Apartments.

For more information regarding Waverly Place, please call 540-603-2477, visit www.waverlyplacelouisa.com, email leasing@waverlyplacelouisa.com or stop in at 500 Waverly Place Lane, Louisa, Virginia 23093 (located beside the Triangle Plaza Shopping Center, home of the Louisa Food Lion).

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