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areas!

The Breeze

Issue No. 28

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Water Safety Initiative for Lake Homeowners & Businesses

The Louisa County Department of Fire & EMS (LCFEMS) would like to introduce a safety initiative to the waterside communities and businesses of Lake Anna and Louisa. The Water Safety Station Initiative (WSSI) entails the purchase and installation of a "Ring Buoy Safety Station" at key locations around Lake Anna and Lake Louisa. The goal of LCFEMS is to place these water safety stations in all communities and businesses with waterfront common areas, where there is an increased chance of water emergencies.

The purpose of the initiative is to increase the safety of our citizens and guests on the waterways of Louisa County. In some cases, more than one might be necessary, depending on the size of your waterfront and the amount of common areas in a community. Waterfront homeowners are also invited to consider participating

(continued on page 3)

VA Renaissance Faire Returns this Spring



photo credit: Sherry Miller-Loy

Yes, Virginia, there is a Renaissance Faire. You probably already know that. You've certainly noticed the red and white signs along 208 on the weekends as you approach Lake Anna. You took a quick glance at a poster in some restaurant showing a guy in armor and some people is fancy, period clothes. Maybe you've seen the flags and banners at the Lake Anna Winery entrance. You might even have a card in your car somewhere that you picked up at a local store. But you've never gone, mostly because you have no idea what a Renaissance Faire is but you're pretty sure it's not your "thing". Well, this article is going to set you straight.

Let's start at the very beginning. Before there was Jamestown, there was Elizabeth's England, a fact frequently lost amidst the clouds of Civil War black powder smoke. When Elizabeth Tudor, the second child of King Henry VIII took the throne in 1558, she found her realm in utter disarray. There was widespread unemployment and the country's coffers had been emptied by the mismanagement of her predecessors. Her people were illiterate for the most part, hungry due to years of drought and unseasonable cold and torn

(continued on page 3)

Here She Is... Miss Louisa!



photo courtesy Louisa Junior Women's Club
Olivia Riordan competes in the Miss Louisa pageant just before being crowned the winner.

The Louisa Junior Women's Club held their 57th Annual Miss Louisa Pageant recently at the Louisa Arts Center and crowned Olivia Riordan Miss Louisa 2015! The first runner up was Erica Wood (also winner of Miss Congeniality), and the second runner up was Jordann Sipe. Congratulations ladies!

Lake Anna is for Lovers!



VIRGINIA IS FOR LOVERS

Lake Anna officially became part of Virginia's family of Certified Tourist Information Centers (CTICs) at the Virginia Visitor Center Seminar in Chincoteague last month. There was a brief presentation showcasing all that Lake Anna has to offer and many representatives around the state were excited to learn more about and visit Lake Anna.

LakeAnnaBreeze.com



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LETTERS to the Editor

What should we do?

To The Breeze:

Are there any events in the area that you can recommend? We're going to be in town for a week in May and would love to see what there is to offer at the lake or even a short day trip away.

Alice, Breeze Subscriber

Our events section is one of our most popular sections and we try to feature as many upcoming events as possible. You'll notice the section will look a little different this issue, as we're now adding a section showing photos from area events, called Out & About - to give a better look at local event experiences. We're always looking for more to share and adding all that we can to our online calendar at lakeannabreeze.com - which will have all the events featured in our printed pages along with all that we couldn't fit here. We also encourage readers to send in their photos from local events and we'll be happy to share those as well. Thanks for reading!

The Breeze is available for purchase in stores for \$1 per copy. For a list of our current distribution locations, please visit LakeAnnaBreeze.com.
 Interested in advertising?
 Please call 540-872-0684 or e-mail info@lakeannainfo.net
 Story ideas? Suggestions? Questions? Please feel free to contact us with a letter to the editor. **Issue No. 28**

The 2015 Virginia Renaissance Faire

On the grounds of the Lake Anna Winery, 5621 Courthouse Rd. Spotsylvania, VA

10 AM - 5 PM - Sat. & Sun. only - May 9 - June 7, 2015
 (703) 508-5036 VaRF.org ComePlay@VaRF.org
 Tickets \$10 - Kids under 6 FREE Virginia is for Lovers

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in this initiative by purchasing a ring buoy for your personal dock.

There are two different options available: the more affordable option, consisting of a single ring buoy that can be hung on a dock (\$85). The second is a complete water safety station that includes a weather proof case to prolong the life of the safety equipment (\$240). Depending on the layout of your location, LCFEMS personnel will work with you to place it in the most effective area on the property.

By participating in the initiative, you are able to purchase the safety equipment at a better price and also collect information to measure the success of the program. LCFEMS will provide lumber and materials when needed and will also provide free installation of the stations.

LCFEMS is encouraging communities and businesses on the waterfront to get involved and help ensure safety on Louisa's waterways. To place your order or for more information, please contact the Louisa County Department of Fire & EMS by email at sneedham@louisa.org or by calling 540-967-3491.

There are also 911 dock signs available from Rainbow Graphics (540-894-8673), which will help emergency services locate people and situations in need on the water.

Looking to Take a Wine Tour This Summer? Let Central Virginia Wine Tours Take the Wheel



As wine tours become a more and more popular activity, particularly in our area so full of wonderful wineries to visit, Central Virginia Wine Tours & Transportation is a unique transportation company in many aspects. This company is locally run and provides more than just a typical "taxi" service. From your first contact with the company, a tour concierge will ask for the information needed and immediately offer suggestions based on experiences within the area. You can plan a private wine or brewery tour, have great transportation for yourself or guests at a wedding or provide dinner transportation for special events or to airports or cruise ship ports. At Central Virginia Wine Tours, "being personal and providing a safe, reliable means of transportation is our day in and day out goal". Visit their website to learn more: www.centralvirginiawinetours.com or call 540-809-3494 for more information.

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Renaissance Faire Returns to Area

(continued from front page)



by decades of religious upheaval. Every summer, diseases like small pox and plague ravaged the cities. She was 25 yrs. old and being heavily pressured to marry and produce an heir, preferably a male heir. So Elizabeth looked at what was available in the husband department, found no one suitable with whom to share her life and her throne and chose to remain single, both as a ruler and a woman. That settled, she cast her gaze to the west, sending her mariner explorers across the sea in search of a new land filled with the promise of prosperity. The land they found, they named Virginia, in honor of their 'Virgin Queen'.

Each spring in Spotsylvania County, Out of the Woodwork Productions brings to life a festival day in 16th century England in the form of the Virginia Renaissance Faire. The tiny village of Staffordshire raises from the woods and fields of the Lake Anna Winery grounds and becomes the scene of a day of the Queen's Progress.

But you've got 3 little kids, a couple teenagers, your college age cousin and the Grandparents to amuse today. Perfect! At the Virginia Renaissance Faire, there's something for everyone. Mistress Hilley and her staff have been cooking for the feast and trying out new recipes. She's holding a cooking class prior to the Queen's Feast to show you her latest treats and techniques. What about that feast? This would be a great time to meet the nobles, as they will be presented to the Queen prior to the feast and entertainment at court. At 2pm the Queen will be knighting the children of the town so make sure to sign YOUR child up early and have extra batteries in that camera. The Royal Archers are in attendance with their renowned Archery Through the Ages demonstrations. There is an archery range with instruction available to all plus a knife and ax throw to test your skill. (It's a LOT harder than it looks!) Remember the town militia? They're running pike drill class, sword training and have some stocks for you to try out. The barber surgeon is IN and prepared to show you the latest in Elizabethan medical treatments. Down at Poppets Cottage, there are so many fun things for the wee ones that you might not be able to leave gracefully. There are story tellers, dress up clothes, songs and plays, doll making, even castle blocks and bubbles for the tiniest of our visitors.

At the Dock is the merchant ship, the Lady Leroy, recently fitted out with cannon. Here, everyone can join in the cannon drill, run the line to measure her speed and learn to navigate with the most advanced renaissance equipment. The Merchant Adventurers on board are always ready with a fascinating story of their seagoing exploits. Across from the ship is the merchant square where some of our skilled townsfolk are set up to help you weave on a treadle loom, make a small bit of bobbin lace, learn how to dye textiles and fibers with natural plants and minerals. Granny Shepherd is on hand to teach you how to make a no-sew rag doll. The town herbalist is tending her garden and has sachet's to make of the dried herbs. But what do they all mean? She's there to tell you.

Shopping is an event in itself at the Virginia Renaissance Faire. We have crafters of every kind, costumers, face painting and hair braiding. Need a good hat? We have great hats. We also have corsets, swords, dramatic jewelry and boots. There are potters, woodworkers and the town smithy at the forge. When you get hungry, the selection is as broad as it is tasty. There will be Scotch Eggs, Fish & Chips, and sausages. For more modern edibles, try the pizza, corn dogs and chicken tenders. Specialty shops serve up flavorful roasted nuts, fruit smoothies or baked goods, including gluten free and vegan varieties. Don't forget to have a turkey leg - the staple food of Renaissance Festivals everywhere.

The Virginia Renaissance Faire is open from 10AM - 5 PM Saturdays and Sundays only, May 9 through June 7, 2015 on the grounds of the Lake Anna Winery, 5621 Courthouse Rd, Spotsylvania, VA 22551. Admission is \$10 for anyone age 6 and over. Children aged 5 and under are free. Pets are not permitted on site and please don't bring them and leave them in your car. For additional information, visit the website, www.VaRF.org, email ComePlay@Varf.org or call (703) 508-5036.

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These are the Times by Wayman Bishop

Don't Know Whether to Laugh or Cry



I had another dream: I was sitting at a table...a negotiating table. I was there representing my home, my property, and the safety and welfare of my family. Across the table...the negotiating table, sat an advocate representing a gang of thugs and thieves that have been terrorizing my home and my family for over 35 years. We were negotiating the "framework" of an agreement that would allow them a free hand in the neighborhood, but would insure that they left me, my home and my family alone.

As the dream continued, the "framework" of the agreement began to evolve. I agreed to let them keep all that they had stolen from me and in addition I would give them half of all my material possessions. I was feeling good about the tone and tenor of the talks, but my family and neighbors insisted on being a part of the process to review and approve the final agreement. I became indignant. Cursed my neighbors and sent my family to their rooms without dinner. This was my show and I was going to "do it my way."

When the talks concluded and a "framework" agreed upon, I proceeded immediately to a neighborhood meeting and announced the victory. Some applauded my diplomacy. Some remained quietly skeptical. Others booed and hissed.

I left the meeting ahead of my family and returned home. When I opened the front door, my heart sank. My house had been ransacked and looted again...and by the same group of thugs with whom I had been negotiating. They left a note: "Sorry. We can't help ourselves. It's what we do. It's in our history. But let's keep negotiating."

Indulge me while I change the subject...dramatically.

On October 26, 1997, the Florida Marlins, in the fourth year of their new franchise, beat the Cleveland Indians 3 - 2 in eleven innings, in game seven of the World Series. In the post-series commentary, a not-so-famous sports writer said: "When a baseball team

named after a fish wins the World Series, you know the world is upside-down."

How prophetic. Eighteen years later, there exists sufficient evidence to suggest that the world is...in fact...up-side-down. If you're not already convinced, meditate a moment on these bits of comedy (or despair).

Federal workers owe more than \$3.5B in unpaid taxes. Obama and "Bibi" aren't speaking. One of them is lying...one of them is crying.

The Secret Service is not as "secret" (nor discreet) as it used to be...or should be.

Virginia ABC agents are armed and dangerous and...bored to tears.

ISIS is really bad...but not extreme nor radical nor religious. Just bad. Real bad.

Hillary: "It depends on what your definition of 'server' is...is."

You should consider joining the other 28 Republicans who think they should be president.

I'm so happy. The Feds are going to regulate the internet...oh goodie!

A social justice message with every cup to go...compliments of Starbucks.

Yemen is a great example of WHAT?!? Civil war?!? Anarchy?!?

"Hands up! Don't Shoot!"

Your next pizza may be delivered to your front door by a drone...piloted by the CIA.

I'm not sure...but was it a great philosopher who once said, "The end justifies the means."?

Or was it Harry Reid?

In one of his proverbs reflecting on the condition of man, King Solomon mused, "The foolishness of a fool is folly." Hmm...don't know whether to laugh or cry.



Scenes from Lake Anna



Liz, Sarah and Sydney enjoy a hair raising experience in Contrary Cove! Photo submitted by Mark Copenhaver.



Photo submitted by Anna Barnes



Kim Berkley shared both her boat ride to the Islands and the volleyball net there!



Photo submitted by Tim Lammonds



Photo submitted by Erin Anastas



Not exactly pets, but Dottie Easler sent in this photo of some cows enjoying their time in the lake!

Lake Anna's Featured Pets

Send your photos to our facebook page or e-mail them to jen@lakeannabreeze.com and you could see your pet featured here next time!



Photo submitted by Pat and Carol Driscoll of their golden lab, Roxy.

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Summer Boating Safety on Lake Anna

by contributing writer Kyle Austin



Summertime is finally here and we are all ready to hit the water, but first you must take a step back and check a few things before you go out on the lake. Just because you don't have a boat, doesn't mean that you won't have gear to enjoy behind one. Do you ski? Do you wakeboard? Both require some pre-season checking to ensure that they are ready to rock and roll when the warmer weather hits. There are a few things that you can do before you head out with your friends on the water. First check your belongings for any damage that may have been caused during the off season. Cracks or breaks in your equipment can be extremely dangerous at higher speeds on the water. Once you have checked to make sure that your gear is still in great condition you can buff and polish your boards, as well. This helps prevent sun damage and cracks caused by years of direct sunlight. Checking your bindings and mounting areas before going out on the water ensures that your board won't come loose once you're in the air behind the boat. If you can think of any reason that your equipment wouldn't be safe it is always better to replace it than take the health risk on the water. Stopping by your local one stop shop for all things watersports: Wake Edgers Gear and Gifts can provide you with the most safe and reliable gear in today's market.

Not only should you be checking our boards, you also need to

check out what may very well save your life. Personal flotation devices (PFD) fall apart over the years from being weathered. The last thing anyone needs is a life jacket that doesn't do its job. No matter what you are going to be doing on the water you will need a proper life vest for all occasions. Whether you're riding behind the boat wakeboarding or sitting in fishing boat, you need to be properly equipped for any unforeseen boating accidents. Being unprepared with a malfunctioning PFD or non-existent PFD could be the worst decision you can ever make on the water. Some may not even know that if your life vest is torn or in non-functioning condition that it will not be allowed in an onboard search from your local authorities. If it is not in full working order it doesn't count as a working life vest and can result in a citation on the boat if pulled over. Wake Edgers Gear and Gifts also sells a multitude of U.S. Coast Guard approved vests for every age as well as bulk packs for your boat.

These are just some of the items you need to check over before your first day out on the water. Making sure that your family and friends will be safe should take precedence over your riding every time. Now go check out your gear and stop by Wake Edgers Gear and Gifts if you have any questions about your equipment!

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Outdoor Life at Lake Anna

May Fishing Report

Tips and Techniques for Lake Anna

By Charlie Bowles - Charlie@CVOFishing.com
Fishing Guide, Bass Pro Shops & Lowrance Pro-Staff

This month usually offers more stable weather than the previous months and allows anglers to catch fish using many different approaches. At least a third of the fish have spawned and the subsequent spawns will happen within the next few weeks. Some fish will be very aggressive as they are feeding or protecting their beds & fry, while others will be nearly impossible to catch because they are recovering from all of the stresses of laying eggs, fishing pressure, etc.

BASS - Bass spawn at different times during the spring. By the first week or so in May the early big fish spawns are finishing and the early stages of post spawn fishing are revealed. There will still be a couple waves of spawning but the playing field is changing. There will be fish that are thinking about going back to their summer trash piles and ledges but they haven't quite made it out of the "Bass Bratlet". These fish will be roaming around on the flats and will get very hungry whenever they recover from the stress of making baby bass. My three favorite baits to find these fish are lipless crankbaits, jerkbaits, and poppers. Spinnerbaits are also a good choice. Since you are looking for transitional fish you are trying to cover a lot of water between the spawning areas and the summer hangouts. Once you get a couple strikes in an area you can slow down and present jig, worms, or tubes to some of their nearby friends.

STRIPER - Nothing compares to seeing a 35" inch striper crush a 10" shad on the surface, except for causing your super speak right on top of it...twitk...twitk...WHAP!! On the right morning or late in the evening you can run into some of the most impressive feeding action available in fresh water. This month, big Stripers will begin to transition to main lake areas. They will feed heavily throughout the month on larger baits. If you miss the early morning action you will have to pull out to the deeper flats and chased edges to troll crankbaits, swimbaits and bucktails. If you are equipped with a nice bait well and are proficient at catching bait, you can use free lines, planer boards, and down lines to target Lake Anna Linsiders.

Crappie - Nice size slabs can be found all over the lake. Bridges, docks, brush piles, beaver huts, and grass are home to thousands of Crappie. Many citations have been taken in the last couple of weeks... One method is to try casting grubs, tubes, and beetle spins as close to whatever cover you are targeting. Another approach is to use a slip bobber above a #6 gold abersdeen hook tipped with a small minnow.

Love is in the Air

Understanding the Shad and Herring Spawn

By Taylor McCann - Taylor@CVOFishing.com
Fishing Guide, Kistler Pro-Staff

If you have spent any time on the water this time of year you have probably seen large bass in shallow water acting somewhat unusual and staying very localized as they conduct their annual spawning rituals. Sunfish, bluegills, and bream will spawn in large colonies leaving the bottom of the lake covered in pockmarks where they have made their beds. These scenarios create a tremendous advantage for the angler as both of these species, as well as the predators that show up to feed on them and their fry, are preoccupied during all stages of the spawn. In most lakes and rivers, including Lake Anna, the shad and herring spawn is taking place at the same time. If you are able to identify these areas, and the timing is right, you can unlock some of the most productive fishing of the entire year!

WHEN - Typically the bulk of the spawning activity will occur when the water temperature reaches the upper 60's often coinciding with the end of the bass spawn. The shad and herring will not begin actively spawning until well after dark and the bulk of the movement will cease shortly after two pm. Overcast weather or rain may extend this bite. Do not shy away from getting on your spot hours before sunrise. If you can't drag yourself out of bed early for giant-hungry largemouth and stripers gorging themselves on baitfish - stop reading.

WHERE - You will want to search out areas that are close to deep water but the spawn will take place shallow. Remember that "shallow" and "deep" are relative terms depending on what area of the lake you are fishing. Shad and herring are present throughout Lake Anna so regardless of where you are on the Lake you can identify this pattern. A hard bottom or vertical surface is critical. Riprap, bridge pilings, dock posts both metal and wood, dock floats, and clay banks (especially if a bulkhead or sea wall is present) are all excellent choices.

HOW - The most popular weapon during the shad and herring spawn is the spinner bait equipped with silver or gold willow blades and white or white and chartreuse skirts. Use a trailer hook! This bait is so deadly during the bait spawn that anglers are often looked into throwing all summer long remember past success...don't be that guy. A weightless soft plastic jerk bait (such as Strike King's Calhoun Shad), the bladed swim jig (such as Z-Man's Chatterbait), and a cogwater bait (either a buzz bait, walking bait, or popper) will round out your arsenal. When the action is hot you can't get your line in the water fast enough. Once the sun gets up over the tretops it will die off quick. Slow down and probe the bottom for a few piny strikes and then wait for tomorrow.

Happy CVO Customers

Blue Back Herring

CVO clients pose with a limit of Lake Anna Stripers caught on deep diving crankbaits during "Happy Hour"

Wind down in the evenings with our "Summer Happy Hour" trips 5p - 8p

The Calendar is Filling Up... **CVO** Get Out and Get Hooked Up!
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LAKE ANNA

The Virginia Renaissance Faire

Weekends May 9-June 7th, Lake Anna Winery
The Virginia Renaissance Faire returns to the Lake Anna Winery on May 9th and closes on June 7th - a fun event for the entire family with activities, great food and much more! For more information, please visit www.varf.org or to purchase tickets.



Memorial Weekend Pig Roast

May 22-25th, Tim's Lake Anna
This is early notice, but make sure you put this on your calendar for Memorial Day Weekend! Get out and enjoy the festivities at Tim's and get a jumpstart on summer at Lake Anna! timslakeanna.com 540-894-5011.



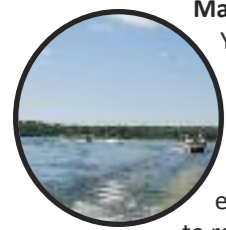
Jazz in the Vineyard for Mom

May 2, 6 to 10 pm, Lake Anna Winery
Kick things off for Mom a week early. A \$15.00 fee includes live Jazz with Aaron Noe and his Big Band Sound (14 piece orchestra), souvenir glass, tasting. These guys can really bring the sound! Great food will be on hand to really round out your enjoyment. lawinery.com



Dockside Realty Spring Flotilla 2015

May 16, 10am-4pm, Dockside Realty
You are invited to Dockside Realty's Spectacular semi-annual Cruise Event on Lake Anna's Public Side! Come spend the day touring this wonderful lake. Dockside's Agents will provide an in-depth overview of the characteristics of the lake and you will have the opportunity to tour our current waterfront properties. This is a full day of fun, food and information. Call today to reserve your seat on our FREE boat tour! Treats & Lunch will be provided! Please provide life vests for children under 12. 540-895-9400



LOUISA / MINERAL

Music & Wine at Sundown

May 14th & 21st, 5:30 - 8:00pm @ Louisa Arts Center
Unwind at Louisa Arts Center! Cash bar, wine tasting & food available with live music. The May 14th date will feature John Tracy with wine provided by Weston Farm Vineyard & Winery and food will be provided by Winey Girl Catering. Produced with the Louisa County Chamber of Commerce, you can get more information at louisarts.org or by calling 540-967-2200.



Mineral Volunteer Fire Department Carnival & Parade

April 29 - May 2
The annual parade will be held for four nights starting at 6pm and the traditional firemen's parade will take place on May 1st at 6:30pm on Mineral Avenue.



Heritage Day

April 25, 9am-4pm, Sergeant Museum, Louisa
Enjoy this event with family fun for kids & adults with on-sight living history demonstrations, including tobacconist, hearth cooking, domestic arts, blacksmiths, broom maker, spinner, weaver, woodworker, gardener, dancers, field plows and black powder rifle firings! Kids will be able to make corn shuck dolls, spin wool, try needlework, send a telegraph, play period games, and participate in a scavenger hunt! Food vendors will be on hand and period craftsmen will have trinkets to offer. Free Admission! For more information, see www.LCPRT.info or LouisaHistory.org.



FREDERICKSBURG

Mother's Day Brunch

May 10, Fredericksburg Expo Center
Enjoy Mother's Day Brunch at the Fredericksburg Expo & Conference Center! Enjoy delicious food, entertainment and quality time with your family! Tickets are \$30.95/adult & \$15.95/children 4-12. Tickets in advance are required & available at www.fredericksburgexpo.com.



Dwight Yoakam



May 15, 6pm, Celebrate Virginia Live
Celebrate Virginia Live at the Pancho Villa Pavilion proudly welcomes Dwight Yoakam! Gates Open at 6pm, Opener Luke Bell will begin at 6:30 and Dwight Yoakam hits the stage around 8pm to 8:30pm. For tickets: www.celebratevirginalive.com

Basics of Flower Arranging in Colonial & Modern Styles



May 9, 11-1 at Rising Sun Tavern
Florist Carol Caldwell will be showing the basics of flower arranging using seasonal flowers and greenery. Colonial arrangements differ greatly from modern ones. 540-371-1494

Alabama

May 30, 5pm, Celebrate Virginia Live
Country music legends Alabama will grace the stage of Celebrate Virginia Live on May 30th. Gates will open at 5 and the opening act will start at 5:30. Tickets available at www.celebratevirginalive.com.



CULPEPER

Alex Caruso

May 23rd @ 8pm, The State Theatre
The time has finally come for Virginia's new sweetheart to show the world what's she's got. Alex Caruso - while only 17 years old - has quickly become a local favorite and has amassed a large, loyal following. Alex - a Culpeper native - has woven pieces of her life, her mind & her heart into her upcoming debut EP - Evermore - and she is coming to share it with you LIVE on stage! Her amazingly talented band A5 will be with her as always to help rock the stage. www.culpepertheatre.org



Our Town



May 8-24th, Four County Players
The winner of the 1938 Pulitzer Prize and one of American theater's best-known plays, Our Town tells the simple yet profound story of life in the small New Hampshire town of Grover's Corners. Called "the greatest American play ever written," Our Town will not only entertain you - it will move you. www.fourcp.org

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RICHMOND

Central Virginia Wine Festival

May 9th, 12-6pm, Snag-a-Job Pavilion
This year's event will showcase 16 wineries from around the Commonwealth; live music; food & beverage concessions; beer sales; specialty-item and arts & crafts vendors. Proceeds will benefit the general scholarship & endowment funds for the Richmond Chapter of the Virginia Tech Alumni Association. For more information: www.cvwf.richmondhokies.org



Foreigner



May 29th, Innsbrook After Hours
With ten multi-platinum albums and sixteen Top 30 hits, Foreigner is universally hailed as one of the most popular rock acts in the world and continues to rock the charts more than thirty years into the game, with opening act Craig Wayne Boyd from NBC's The Voice.

Kevin Hart: What Now? Tour

May 3rd, Richmond Coliseum
Kevin Hart has been on a hot streak for the past couple of years and has just launched what is projected to be the highest grossing comedy tour ever. The show stops on May 3rd at the Richmond Coliseum. Tickets are available at ticketmaster.com.



ORANGE / MADISON

25th Annual Montpelier Wine Festival

May 2nd 11-6, May 3rd 11-5; James Madison's Montpelier
Celebrating its 25th year, this premier spring wine festival features over 20 Virginia wineries, food & specialty vendors, music on stage and children's activities. Voted by readers as a 2014 Charlottesville Welcome Book Best in Category Wine Festival! www.montpelierwinefestival.com or 540-672-5216.



SURROUNDING AREAS

Wineappalooza!

May 16, 12-7pm, Ducard Vineyards
It's Baaaack! Our annual wine, music, food, crafts, and just all around fun festival is back for all to enjoy! We'll have two powerhouse bands to entertain throughout the day: The Local Vocals and Scuffletown, along with an awesome menu of food from the local Pig & Steak Restaurant as well as numerous craft vendors with fabulous unique items for show and sale! \$10 fee in advance or \$15 at the door (includes DuCard logo wine glass). Buy your tickets our website or in the tasting room. Pets and families welcome! This is one event NOT TO MISS! (Open for "regular" tastings too!). More info at ducardvineyards.com

23rd Annual Graves Mountain Festival of Music

May 28-30th
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OUT & ABOUT
Tales from the Lake Anna Event Scene

The Fantasticks, Four County Players, Barboursville



The cast of Barboursville's Four County Players performed an excellent rendition of the Off-Broadway play "The Fantasticks" which showcased two teenagers who fall in love to the dismay of their respective fathers, only to find out that their joining together was exactly what their fathers had not only hoped for, but set into motion. With a very strong supporting cast, including a scene-stealing Mortimer, the show was extremely entertaining and pleased the packed audience at the theater. The latest production by the company is "Our Town" - the classic American play, which runs from May 8th to 24th. www.fourcp.org

Fredericksburg Home & Garden Show, Fredericksburg Expo Center



The Fredericksburg Expo Center continues to host fun and informative shows like this spring's Home & Garden show, which featured everything from home improvement and construction to outdoor features and fun elements like gazebos, playgrounds & more. Adding kid friendly activities made the show fun for youngsters and adults alike. Check out fredericksburgexpo.com for a list of upcoming events throughout the year!

Murder in the Vineyard, Ducard Vineyards, E-Plan



In a classic murder mystery, there were all the usual suspects: Little Red Riding Hood, Hansel & Gretel, Sleeping Beauty, Prince Charming and the Huntsman, all who have something to purchase from the forest's local witch - who suddenly turns up dead. The show and interrogation takes place over a delicious, four course meal and accompanying wines, while attendees try to figure out whodunit. With spirited performances from Clever By Half Productions and a charming setting in E-Plan's Ducard Vineyards, this was a great evening out that combined fun, mystery, food and wine - check out Ducard Vineyards upcoming events both here and on their website for an amazing time at the vineyard. www.ducardvineyards.com

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Dining Spotlight

Crazy Good Eats - Legends Bar and Grill

This month's Crazy Good Eats came on completely unexpected. I was in the Massaponnax area near Fredericksburg doing some shopping when a good high school friend of mine called to meet for lunch. She insisted we go to Legends Bar and Grill. I have to admit I was hesitant: 1. It was a chain, or at least it comes across as one and 2. It took the place of Glory Days, which in my opinion was the epitome of a bad chain establishment that I try at all costs to stay away from. Still, I bit my tongue and remembered my mantra "I will try anything once".

Legends looked just like Glory Days inside which immediately made me nervous. Just as I was regretting my walk to the booth, my friend walks up next to me and enthusiastically says "I know what you're thinking, but they have the BEST Cobb salad here." We were greeted immediately by our server, whom was extremely attentive and seemed genuinely happy we were there.

I didn't really look much at the menu considering I wasn't planning on writing a review on the place and I was 100% okay with taking my friend's recommendation of the Cobb salad. When the salad came out I was impressed at the size and presentation. I ordered it with blue cheese since I'm cutting carbs and ordered a side of buffalo wing sauce to drizzle on top. Boy, was that the way to go! First of all there is plenty of all the good stuff to go around- bacon, egg, cheese, croutons and tomatoes beautifully cut and laid in rows on top of the salad greens that are already tossed with the dressing. I repeat, the salad comes already tossed in dressing. This scored huge points for me! It remains a mystery to me as to why more restaurants don't do this. The salad was great and I was surely impressed. So impressed that I went there the next day to order the exact same thing. That's when I knew I just may have a Crazy Good Eats on my hand.

The next day I walked in starving so I started out with an order of wings, not expecting much. The wings came doused in their signature kickin' bbq sauce and then grilled. The sauce was that the perfect combination of sweet and spicy and grilling them made the texture so crispy on the outside and juicy on the inside. These wings were delicious! They came with a side of ranch sauce with dill but the wings were so juicy and tender they didn't need a dipping sauce. I'm telling you, these were some of the best wings I have ever had. Legends Bar and Grill was surely exceeding my expectations!

If you're looking for a great meal in the Southpoint area I would definitely recommend Legends Bar and Grill!



Monica Van Cleve is the owner of The Van Cleve Seafood Company and co-author of the cookbook, Girls with Crabs- 'Slingin crabs ain't no piece of cake'. When Monica is not traveling the world and stuffing her face with Crazy Good Eats she spends her time trying to learn how to cook something other than seafood.

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LIFESTYLE Reflections

by Lake Anna Interior Designer Barbara Bishop

What's All This "Inner Peace" About Anyway?



from Elle Magazine

Several years ago, I discovered a delightful online newsletter that quietly graces my online mailbox daily. It's easy on the eye and just reading the themes of the short pieces to follow pull you in, even though sometimes you don't have the time. The site is *mindbodygreen.org*, reflecting many different cultures and beliefs. Inner Peace is subtly interwoven throughout all of the pieces. Hopefully, each of us have our personal "calm in the hectic", our constant go-to for inner peace.

Recently, a magazine ad jumped off the page at me...in all caps, screaming loudly...CLUTTER CAUSES ANXIETY. It was as if this ad was for my benefit...I am not beyond believing that to be true. I looked around my office. It is tastefully done to please my eye and invigorate me. What would this anxiety thing be about? I don't have clutter, per se, I have important "stacks" of things I'm simultaneously working on and need to have them near for reference, you understand. To save face, I won't go any further than that to illustrate the point.

I looked up the word "clutter" and found among the meanings... "a disorderly assemblage", which means a group of things gathered or collected. Next was "...a state or condition of confusion". Enough said about that. Anxiety shows up in a myriad of ways. It is not of this world and shouldn't be tolerated. Hopefully, these next lines will shed light on things we don't think really contribute to the interruption of inner peace.

In the 1990's, the surge in effects of technology was vivid in my mind as I listened daily to radio broadcasts of hiring frenzies in Reston, Va. It seemed, also at that time, the design magazines were showing more and more minimalism on their covers and featured articles. Simultaneously, I had my first official purist modern design client. This was the first time I "met" chairs and referred to them by their names. It didn't take long until I had my head in the game catching up understanding and appreciating the style referred to as "modern décor".

Minimal décor goes back to 1720's, where interiors were referred to as

more "dense" than interiors say, 20 years later, writes Witold Rybenzynski in his book, *Home*. He gives a fun account of the history of minimalism and all its crazy purposes and variations. The word "density" was referring to the taste of reducing the clutter and crowd of objects in a room, writes Rybenzynski. The word applies to my purposes here. The simplicity of less dense environments (less clutter) translates to a current phrase: "less is more". Simply put, less stuff is more peace.

My "stacks" of reference design pictures from magazines now have to take on a new order in an alphabetical storage. I have found that when my head is crowded with projects and life all mixed in together, my table top surfaces are cleared of photographs. They are temporarily on display on bookshelves in the basement. Eventually, they make it back upstairs, but in frames that are all similar in color and style, causing less to look at than our dear ones pictured.

Anxiety is described as "distress or uneasiness of mind caused by a fear of danger or misfortune; (hmm, sound familiar if you watch the news or read the paper?) Also, a state of apprehension and psychic tension," (pertaining to the human soul or mind).

You, who are in charge of your home decoration, have the task noting the clutter or sorts in your household but also other clutter in your life that robs you of your full potential. You don't have to live in a minimal environment. Please your eye and your soul, but taking note your family or housemate may have reached their threshold of what they can see daily and not experience unnecessary anxieties. It's all a life balance. Not easy, especially since most of us have smart phones glued to our hands. I guess more spa music and prayer will certainly place a bit of calm in your hectic.

'Til next time,
 BB



photo courtesy An Encyclopedia of Chairs by Simon Yates

The Importance of Facial Moisturizer by Heather Mechler-Fickes

The older I get, the more I realize the importance of taking care of my skin. Not only using a good sunscreen on a daily basis, but a good facial moisturizer. There are two types of moisturizers. One contains humectants. Humectants usually contain glycerin, urea, or alpha hydroxy acids. Humectant moisturizers work by absorbing air around you. The second type of moisturizer contains an emollient. Emollients fill spaces in between the skin, are thicker, and smooth appearance of rough skin.

All skin types should use a moisturizer, but there are so many out on the market it can be hard to choose.

If you have dry skin, especially if you are in a low humidity area, choose a facial moisturizer that is more of an ointment so the consistency is a bit thicker.

If your skin is oily, choose a lotion, because they tend to be less greasy and not as heavy.

For those with sensitive skin, stay away from moisturizers that are full of fragrances. Moisturizing regularly can ease up on the irri-

tation.

If your skin is prone to break-outs or blemishes use an oil free, non-comedogenic, or a product that doesn't clog pores.

If you are concerned about wrinkles, choose a facial moisturizer with retinol and vitamins. Vitamin C helps rejuvenate skin cells.

After you have chosen the perfect moisturizer here are some tips to maximize the benefits.

- After you wash your face make sure you exfoliate your skin. Some facial cleansers are more of a scrub that not only cleanse but exfoliates the skin at the same time.

- After the skin is exfoliated, pat any excess moisture with a towel, and gently apply your moisturizer. Avoid using pressing or pulling on the skin. Use light, even pressure, upward motions. And be careful when applying around the delicate eye area.

- For ultimate moisturizing results. Moisturize twice a day. In the morning and before you go to bed.

These helpful hints will ensure good facial skin health.

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Lake Anna Resort Making Progress



One of the most popular content requests we receive is for the upcoming Lake Anna Resort project: here is the latest information.

The project was recently included in the agenda of Louisa County's Planning Commission. There was a period of public comment, along with a recommendation from Mineral Planning Commissioner Jack Matthews that the PC would hold a work session to review all of the details and latest changes to the plan.

The developer, Ed Blount, was excited for the chance to work with the county on optimizing the plan with the help of the planners. "We look forward to working with the Planning Commission and the Board of Supervisors," said Blount, "and with their help we can make this the best development the lake has ever seen."

Blount says the plan has been designed with Louisa County's Comprehensive Plan in mind and will accomplish nearly all of the goals outlined in the Plan, which was created in 2002. The project will add tax revenue for the county, provide jobs for Louisa citizens, and create services for the community, including a nature path, public beach and much more.

The residences will be comprised of one-level residences within two buildings facing the water. The buildings will have elevators to make it easy for homeowners to reach their residence. This type of housing option is desperately needed at Lake Anna, especially as a popular retirement spot. The lake currently has no one-level, maintenance free residences available and more than 20 units have been pre-reserved by buyers looking for this option.

The developer says there has been an overwhelmingly positive response throughout the four open houses, three Development Review Committee meetings and other interactions over the past two years. The input and suggestions from many have helped shape the plan and improve the elements of the project. For more information, please visit www.lakeannaresort.com.



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6800 Lakes Edge Way, Mineral, VA
Another Lake Anna Waterfront Beauty! - \$519,900
3BR, 3.5BA, Master on Main Level, 5,423 finished Sq. Ft., large kitchen, new appliances, beautiful enclosed, all-weather Sunroom! Well maintained and landscaped, newly opened view of Lake Anna from home site. Covered boat slip with electrical, water & lighted stone bulkhead 100' of waterfront!



6304 Belmont Road, Mineral, VA
Water Views as far as you can see! - \$775,000
3BR, 2.5BA, Master on Main Level, 2,802 Sq. Ft. Fin., 1,820 Sq. Ft. Unfin., home features large open floor plan, hardwood flooring, covered boat dock with storage, well maintained, circular driveway, fenced area for pets, 2-car garage, recently permitted interior, deck and dock powerwashed, ready for you!



6113 Eds Road, Mineral, VA
\$295,000 - Meticulously maintained water access home in Morgan II Subdivision. Deep water Boat slip conveys in large common area w/picnic areas, boat ramp and beach. Home features 4 large bedrooms, 2 full baths, 1,700 finished sq. ft. Lovely Cape Cod home with large deck and yard for fun, large crowd entertaining!



5307 Rye Hill Trail, Lake Anna, VA
\$399,000 - ON SALE! Like New Shores Waterfront Home featuring new appliances, large screened porch, 2-car garage, brand new extra large shed! This home will fit your life with joy, happiness & fun! Golf cart path to Common Area where your covered boat slip will reside. Home is well constructed, granite countertops, Pergo flooring (installed correctly), nice floor plan and an outdoor shower!

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