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The Breeze

Issue No. 29

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Lake Time is Here!

At times, it seemed like this winter lasted for several decades, with unusually frigid temperatures and lots of snow. It's time for those days to become a memory because with the advent of Memorial Day comes the official start to "lake season"!

It's time to get your boats and jet skis serviced and prepped for lots of weekend use, time to book your vacation days for spending time out on the water, time to soak up some rays and Vitamin D from the sun, and let ourselves enjoy the summers the way they're meant to be enjoyed. Lake Anna provides a beautiful backdrop for this and encourages people of all ages to find joy in the outdoors, particularly this time of year.

We all know the feeling of the summer days that seem to stretch longer and longer to allow for staying outside later, with kids chasing fireflies or roasting marshmallows with storytime by the fire. It's really amazing that in Virginia we are able to enjoy all the seasons and have

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Get in Shape in Time for Summer!



With summer rapidly approaching, many residents are eager to participate in long awaited activities such as hiking, camping, swimming, or even playing with the grandkids. Unfortunately they also find themselves still stuck in their winter hibernation. Luckily, the Belmont Community Center is here to help with exercise classes that are held every Monday, Wednesday, and Friday by Tammy Starkey.

Something still holding you back? You're probably remembering those terrible exercises classes in high school. Or maybe you are afraid of staring at a wall for an hour in dead silence, while sweating your life away? That is not what you will find at Belmont Community Center. Despite what you have been told before, exercise can be unquestionably fun! The Center has participants of all ages, both men and women, who engage in physical exercise accompanied with hand weights, resistance bands, and upbeat music. Making new friends, echoing laughter, and confident faces are only a few recurring themes during each session at the Community Center. In addition to the socializing aspect, there are, of course, the health benefits of exercise, which are not to be

(continued on page 3)

Small Country Campground Offers Big Family Fun



Searching for a place to host your next event? Maybe you have a company meeting coming up or know a couple in search of a wedding venue. Look no further than Small Country Campground just off Byrd Mill Road in Louisa. With a 3,600 square-foot pavilion that's charmingly decorated with antique tools and other farming instruments, a separate venue called The Song Shed for music, and a private island; Small Country has a large amount to offer for a plethora of special events. In addition to the spacious accommo-

(continued on page 3)

Lake Anna Resort Moves to the Board of Supervisors



The Lake Anna Resort is finally headed to the Louisa County Board of Supervisors. The Board is scheduled to review the applicant's submission for rezoning on Monday, June 15th.

The developers have planned this project for more than two years and have held four open houses, more than 20 meetings with the Louisa County Planning Department and countless meetings with designers, engineers, and neigh-

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LakeAnnaBreeze.com



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LETTERS
to the Editor

When are the Lake Anna Fireworks?

Lake Anna Breeze:
Do you have the information for fireworks at Lake Anna?
Jeff, Reston, VA

The Lake Anna fireworks are a highlight every summer and they are presented by the Lake Anna Civic Association (LACA). The show is produced by Zambelli fireworks and takes place at 9:15 pm on Saturday, July 4th near Dike 2! That’s right, the 20th Annual Fireworks display (which is always on the Saturday closest to the 4th) will actually be on the 4th this year. There are lots of spots to get a great view and the show can be seen from miles away. If you’re planning to view by boat, make sure you get your spot early and be prepared to travel home in the dark. We’d also love to see your photos of the fireworks show...please send your favorites to jen@lakeannabreeze.com and we’ll show them off either in an upcoming issue or on our Facebook page. Thanks for your question!

The Breeze is available for purchase in stores for \$1 per copy. For a list of our current distribution locations, please visit LakeAnnaBreeze.com. Interested in advertising? Please call 540-872-0684 or e-mail info@lakeannainfo.net. Story ideas? Suggestions? Questions? Please feel free to contact us with a letter to the editor. **Issue No. 29**

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such varied landscapes to see. With the 17 mile long lake, we are able to enjoy a multitude of activities: fishing, skiing, wakeboarding, camping, hiking, boating...and if we’re lucky: relaxing.

If you’re reading this and haven’t become familiar with the lake yet, do yourself a favor and find what the lake means to you. It might be spending the day on the water doing your favorite water sport or casting a line. You can also find your favorite waterfront dining spot that not only provides great food, but a beautiful view. There’s also fun in the exploration...visiting the Lake Anna State Park and trying all the different trails in their Trail Guide. There’s also a great sense of community at the lake, which stems from the common affinity for the lifestyle.

There are several local clubs for skiing, different areas of the lake to spend time, as well as off-water activities. Ask around at the local stores or friends to see where you might make new friends and new memories. Lots of these organizations have pages available on Facebook, which makes planning meetings and events much easier these days.

2015 looks to be a great year for spending as much time on the lake as possible, so make sure you get started as soon as you can to make those most of this lake season. Newcomers, don’t be afraid to get your feet wet...jump right in!

.....
Small Country Campground (continued from front page)

dations, Small Country also offers numerous services and activities. Bill’s Grill creates luscious catering while incorporating; steaks, roasts, chops, or even fish, with your vegetable and starch staples. One other popular aspect of Small Country is their DJ with an unlimited music collection that is not to be missed! But the fun doesn’t stop there in recent years, Small Country has included large floating water toys, fire truck rides, a water balloon catapult, water wars, and a fully-handicap accessible mini-golf course to their activities list.

Recently, Small country has expanded again by adding 13 new rental units, offering a place for campers of all kinds a place to stay. The units are available from basic cabins to upscale two bedroom park models. Super Sites are also offered for campers who wish to use the 50-amp service, DirecTV and Wi-Fi.

Another new great place to stay on the campground is the Old Manor House, which dates back to 1823, and sleeps up to eight. Originally built as a two-story log cabin and later serving as a civil war field hospital, visiting the house is like taking a walk through time. Old log walls have been left exposed with antiques lining the shelves. The house has been newly renovated, with the owners adding a new kitchen and a two-story glass wall that overlooks the campground’s lake. Whatever a camper’s rental desire, Small Country has a solution.

Both accommodations are ideal for camping or parties and the like, and are an exciting addition to the campground facilities. Summer possibilities are endless and with having more than 40 years of experience, there’s no one you could better trust with your special event than Small Country. Small Country Camping is located at 4400 Byrd Mill Road in Louisa VA. You can book your next special event 540-967-2431 or visit their website www.smallcountry.com.

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Resort Moves to Board

(continued from front page)

bors. The project has now completed three Development Review Committee meetings and two open meetings with the Planning Commission, along with a work session. The Lake Anna Resort has finally reached the last step in the rezoning process, the Board of Supervisors, who will make the final vote on the project.

“Upon board approval, we will finally have the opportunity to apply for permits and break ground,” said developer Ed Blount, “we have a great plan and a lot of people have helped us shape this project to make it the best it can be for Louisa County. The suggestions and input that we’ve received from county officials and neighbors have constantly improved the plan over the last several months and are grateful for the cooperative effort.” This project at full buildout could bring more than \$115 million to Louisa County.

“These are amenities that are desperately needed at Lake Anna,” continued Blount, “the Planned Unit Development is the protection that the neighbors need.” The rezoning request from its current General Commercial (C2) classification allows for a more strict implementation of the master site plan that will be approved following the Board vote. The Planned Unit Development (PUD) ensures that the property would need to be used in the way that is presented and limits the uses on the land. Typical C2 by-right uses would include similar structures in the area: campground, marina, etc.

The Lake Anna Resort PUD will be comprised of residential condo units, a 40-room hotel/condo-tel , along with a restaurant, spa and other retail businesses. There will also be gaming courts, a public beach and many other amenities that locals and visitors have requested for many years.

There are many anxiously awaiting the groundbreaking, including more than 25 individuals who have reserved residences in the project. Lake Anna Resort’s director of sales, Jonathan Smith, is satisfied with the early sales and expects to see them increase following the rezone, “we haven’t even turned on the marketing machine yet,” he explained. So far, the developer says that early buyers are nearly all part time residents who will be bringing in tax dollars to the county, while using very limited county resources.

“We are excited to see the Board of Supervisors,” Blount continued, “of all people they understand the need for this economic engine better than anyone as they have to deal with the budget for Louisa County.”

The support has been extremely positive, with a few neighbors concerned with the impact on Lake Anna. The developers explain that they also keep minimizing any adverse effect a priority in the process. “I’ve lived here all my life, pre-dating the lake here in Louisa County,” Blount stated, “I want to make this project the best it can be for everyone, including my daughter who is growing up here.” More information is available at LakeAnnaResort.com.

.....
Summer Fitness (continued from front page)

forgotten. It is a well-known fact that intensive physical activity hinders weight gain, but just pushing your body three times a week can boost energy, facilitate an increase in sleep, and improve your mood. In addition, exercise helps to fight a variety of diseases and health conditions such as arthritis, depression, type 2 diabetes, and even strokes. There is nothing more encouraging than knowing you are preventing harmful health conditions, while having a fun at the same time!

Belmont Community Center likes to include everyone and provides different classes to include participants on various levels by offering two separate sessions based upon their ability to exercise. An 8 am class is available to participants who wish to focus on their core work, range of motion, resistance, strength training, and involves 30 minutes of cardio. The second class, which begins at 9 am, usually consists of beginners or individuals with physical limitations. The class focuses on balance, strength training, and less intensive cardio. Tammy asks that you bring a mat, bottle of water, and a smile to class. It is time to get fit while having fun! Belmont Community Center is located at 7124 Belmont Road in Spotsylvania at the northern end of the lake. Please contact Tammy at 540-748-0232 for more information.

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These are the Times by Wayman Bishop

A Picture is Worth a Thousand Words



The perception of wide-spread police misconduct has generated a lot of discussion about "body cameras" among those who consider themselves experts at just about everything in which you could possibly be interested...and a whole lot more that would put you to sleep in a heart beat.

"Body cams" on police officers may be a good idea. I don't know. I don't know enough about when they're turned on and...who can turn them off. I'm not settled in my spirit about what that does to law enforcement and those who protect us from the thief who comes in the night to kill and steal. My thought is that we have drifted aimlessly into a age where "special trust and confidence" doesn't stand for much any more.

So I was thinking about the utility of "body cams" on police officers and I immediately began to think of other, perhaps even better uses. For example...

Body cams on members of Congress would be entertaining. We could tell if they really do read a bill before they vote on it. We could tell, for example, if Nancy Pelosi had ever read page one of the Affordable Health Care Act...before she voted to pass it. We could also tell us when our senators and congressman are asleep in chamber. And...we could be an audience to all those back door deals they make between themselves and with fat cat lobbyists. Wouldn't that be fun. If body cams can keep police officers honest, surely they could do the same for some of our elected representatives. I fear, however, they would pass legislation exempting themselves from the law.

How about body cams on school teachers, so we could find out what they're really teaching our kids. Or how about the baby sitter we suspect of having her boyfriend over while we're at the movie?

If President Obama wore one, we would know if he counts every stroke on the golf course. We would also be privileged to all those hundreds of conversations he had with the Director of the Internal Revenue Service. They were probably just talking about golf.

Body cams on our husbands and wives so we would know exactly what was going on during those "late nights" at the office. Body cams on our preachers to see if they really talk to God, and if they

do, what they talk about. Body cams on every student to catch them cheating...and on their teachers to see if the teachers are giving out the answers.

Body cams on fishermen to check if they're abiding by "catch and release." Body cams on the family dog to see if he really ate junior's homework. Body cams on doctors would tell us what they're saying about us when we're stretched out unconscious on the operating table. Body cams on auto mechanics so we'll know if they really changed the spark plugs. Body cams on the postman to see how much of our mail ends up in the dumpster.

Man...this is great!! The possibilities are without limit! (Tip of the day...buy stock in body cams.)

Just for the record...I know my pastor is a prayer warrior. My postman is a dedicated public servant. I trust my auto mechanic (the Gibsons have been work on my cars for over fifteen years.) I have never met a dishonest teacher and never saw a lot of cheating in school. I consider fishing to be an honorable pastime and I have never met a doctor I wouldn't trust with my life. A babysitter wouldn't be my babysitter if I didn't trust her (or him) with my kids. I trust my wife and have for 47 years.

So where does that leave us with the police? Should they be singled out or should all of us be wearing body cams. Lets face the facts: Without trust the world simply would not function.

I trust the guy coming at me in his car to stay on his side of the road...and I don't know him. I trust the guy in the cockpit and I don't know him. I trust the guy who packages my food, the woman who drives the school bus, the guy would repairs my furnace, the dog that licks my hand, and I trust God to love me, forgive me, bless me, redeem me and save me from myself.

So where does that leave us with body cams on police officers? There has to be a better way. It may be harder and may force us to face the real issues at hand. But if we resort to making our police men and women wear cameras on their bodies so their every move will be revealed, we will have opened an exceptionally smelly can of worms.



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Scenes from Lake Anna



Photo submitted by Karen Moskowitz



Photos submitted by Christine Loye



Photo submitted by Anna Barnes



Dottie Easler submitted this photo of her pup, Benni!

Lake Anna's Featured Pets

Send your photos to our facebook page or e-mail them to jen@lakeannabreeze.com and you could see your pet featured here next time!



Karen Moskowitz submitted this photo of Tiki, trying to make friends from the boat!



Photo submitted by Katya Malinina

Crunkfest 6.0

by contributing writer Kyle Austin



The time is upon us to start the party. Crunkfest 6.0 is approaching us quickly on June 27th at The Boardwalk on Lake Anna. This wakeboard, wake skate, wake surf contest has been going on for years and becoming a well-known, monumental day for Lake Anna. Here are a few details about the amazing day on the water that you, friends and family can enjoy at Crunkfest 6.0

Crunkfest originated as a low key party with riders around the lake to help bring the fun back into contests. Like many great events, it exploded in popularity and has now become a reason to mark your calendars every single year. It is clearly the biggest all-around contest each year on Lake Anna with its diverse categories and age groups. From young to old, male to female, it has all the amenities of every watersports contest to date. Wake boarding has always been popular and will thrive in the scene, and now wake surfing is creeping up behind it with strong force as the community grasps its fun.

The contest will start off bright and early in the morning with sign ups and a rider meeting and quickly followed up by the wake skate division. Wake skaters have always needed the smoothest water of the day so the Crunkfest officials have made that category first each year. Not having your feet attached to a board going 20MPH, it helps to have more smooth water than the rest of the contest riders.

As soon as the wake skate division is done it will promptly be followed by the Grom wakeboard divisions. The younger kids are always too hyper to sit around all day waiting to ride so we make sure they get in and out as best as we can.

The younger contestants tend to need a little more attention from the officials as they are not as experienced to the contest agenda. Having less boat traffic in the morning its best to put the groms in the water early. After the groms is when the events will really start to kick off, going into men's and women's amateur divisions followed up by what we call the flippers. The advanced and outlaw divisions are the wake boarders that really know how to throw down for the crowd.

Wake surfing is a sport that having choppy water doesn't affect the rider as much as the other sports. The officials have put this category at the end of the day for just that reason. Having a few extra bits of chop while surfing 10MPH makes it's a little easier than the waves on wake boarders. Wake surfing is growing at an exponential rate. If there are enough riders pre-registered, we will see Crunkfest turn into a 2 day event in the future, with surfing on one day and boarding the following day.

Along with all of the craziness going on out on the water, there will be live music, vendors, DJ and tons of product on shore for all of the spectators to enjoy throughout the day. Last year we had energy drinks sponsors, Extreme Audio out of Mechanicsville and tons of other out showing off their amazing goods and services as well. This year Crunkfest will be bringin its A-game for the riders and crowd.

Make sure to keep up with Crunkfest on Facebook as well or stop in at Wake Edgers Gear and Gifts (the host of the event) for all of the details!

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Outdoor Life at Lake Anna

June Fishing Report

By Charlie Bowles - Charlie@CVOfishing.com
Fishing Guide, Bass Pro Shops & Lowrance Pro-Staff

It's amazing how quickly June has arrived! It seems like just last week I was wearing layers in 40 degree weather... Anyway, we are headed into the early summer fishing patterns on Lake Anna and the fish are on the move. To deeper water that is, as the boat traffic picks up and the water temps reach into the upper 70's and 80's the fish will retreat to deeper water, only returning to the shallows to gorge themselves in the mornings and evenings.

Bass:

Post spawn is in full effect, spreading the bass out into many different places. Some are already into deep haunts, others schooling together near secondary points and humps. You can also limit out very quickly if you "hop" from point to point throwing swim baits, crank baits and spinner baits. Many times it will take 10 points to find one "good one". It's really a matter of being on whatever point they decide to feed on, whenever they decide to do so. There are also some more localized fish in deeper cover (15-30 ft). Tactics change dramatically when you decide to target these fish. You will want to use lighter line (8lb) and soft plastics. Shakey heads and texas rigs are king when targeting deeper cover. Locate deeper brush or dock pilings and reduce your retrieve to a crawl... The slower the better. Be very deliberate in where and how you present your bait, it could make the difference between catching fish or just catching a mean sunburn!

Striper

June marks the beginning of my favorite time of the year to catch high numbers of stripers. We have already been employing casting and trolling techniques to land 15-20 fish in the 5-12 lb range in an afternoon.... And it only gets better. The stripers will form huge (hundreds, maybe thousands of fish) schools in 30-40 ft of water during the day and move up on nearby humps and flats in the morning and evening. Zara Spooks, Poppers, jerkbaits and swimbaits will catch shallow feeding fish in the morning and evening. Catching a big, angry, aggressive striper on a top water plug is by far the most exciting fishing on Lake Anna. By the time the sun gets high and some of the boats are out and about, the fish go deep. There are two main ways to catch deeper stripers, one is to troll crankbaits (dd22's, stretch 20's etc.) and swimbaits while the other is to hang live bait over the schools. Both are very effective methods to catch limits of Lake Anna Stripers and then some.



Wind down in the evenings with our
"Summer Happy Hour" Striper trips 5p - Dark

The Calendar is Filling Up... **CVO** Get Out and Get Hooked Up!
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LAKE ANNA

Memorial Day Into the Night

May 23, 2015; 6-10pm, Lake Anna Winery
Memorial Day into the Night is the official kick off to the Lake season. Come by and enjoy music outside under the lights from "REUNION", local artists specializing in rock and roll and grooven soul. Bar is open, wine sold by the glass or bottle. \$15 fee includes music and dancing under the stars, souvenir glass



Here Comes Summer in the Vineyard

June 13, 2015; 6-10pm, Lake Anna Winery
Here Comes Summer in the Vineyard, June 13 (6:00-10:00) Welcome the summer out on our lawn and dance into the night. \$15 Fee includes music with "Spectrum". This will be the PARTY to Top all PARTIES souvenir wine glass, and tasting. All of your music favorites. This event was BIG last year so call early and don't miss the fun.
For more information: www.lawinery.com

Father's Day Weekend at Tim's

June 20-21, Tim's Lake Anna

Treat your dad to some of Tim's delicious seafood during the weekend celebration.

With the large waterfront dining patio or the fun interior with full bar, there will be something for every dad to enjoy! timslakeanna.com



Crunkfest 6.0

June 27, 2015
CRUNKFEST 6.0, The biggest water sports event in at Lake Anna. With several different competitions in wakeboarding, wake skating and wake surfing amongst many different age groups, Crunkfest is the ultimate water sports event for lakera throughout the year. The event is hosted by Wake Edgers Gear & Gifts at The Boardwalk at Lake Anna. Spend the whole day enjoying the water. With Tim's Lake Anna and Fuzzy's also on site, this is a great way to enjoy a beautiful summer day on the lake. For more information: wakeedgers.com.



LOUISA / MINERAL

Dive-In Movie Night

July 18th, 7pm-11pm
Swim & hang out at the pool then watch a family-friendly movie on our big outdoor screen. And of course, you can't watch a movie without having popcorn, so we will be handing out free popcorn and lemonade. Our concession stand will also be open for those who don't have a chance to grab dinner before coming. So gather up the whole family and join us for our new big screen movie nights at the Louisa County Aquatic Facility. For more information: www.lcprt.info.



Mineral Bluegrass Festival

July 16, 17, 18th, Walton Park

The local annual favorite returns to Walton Park this July with performances from some of the nation's most prominent bluegrass performers, including the James King Band, The Virginia Ramblers, The Martin Brothers and more! Ticket information available at www.mineralbluegrass.com



Concerts in the Park

June 11, 18th & 25th; 7-9pm
Free concert featuring Southern Velocity (June 11), Gospelfest (June 18) and Jay Turner and the Swinging Doors (June 25). There will be food and drink vendors on site to purchase refreshments. These concerts are presented by the Louisa Arts Center in conjunction with the Louisa County Parks, Recreation & Tourism. www.louisartaarts.org



It's Finally Friday!

Friday June 26th & July 24th, Walton Park, Mineral
t's Finally Friday! is now a FREE concert series held from 6 p.m. until 9 p.m. at Walton Park. Friday June 26th and July 24th will give everyone a chance to unwind from the work week with a live band playing some of our favorite songs. More information is available at www.lcprt.info



FREDERICKSBURG

Rock the River Fxbg 2015

June 6, all day events, Fredericksburg

Rock the River FXBG combines activities from various communities who benefit from, are inspired by, and enjoy their time on the Rapahannock River. There is adventure with a multi-sport river and foot race, outdoor activities for grown-ups, kids, and their furry friends, a display of unique art and crafts, as well as the enjoyment of great craft beer, tasty food, and live music throughout the day. rocktheriverfxbg.com



Army Historical Foundation Inaugural Classic

May 15, 6pm



The 18-hole scramble will be played on the Fort Belvoir Golf Course, providing views of the future site of the National Museum of the United States Army. The tournament course will be designed from a combination of holes from both the Gunston and Woodlawn courses to challenge even the experienced golfer. www.birdeasepro.com/2015AHFgolf

Art in the Park

Hurkamp Park, June 6th

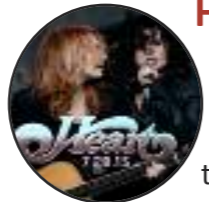
Spruce up your home, business or give someone a special gift. Art in the Park is a showcase of local artists and their talents. Mediums have included photography, woodworking, knitting, jewelry, mixed media, paintings and more. More info: 540-372-1086.



Heart

July 28th, 6pm, Celebrate Virginia Live

Tickets are available at www.celebratevirginialive.com and range from \$18.50 to \$100 for the Platinum Experience.



CULPEPER

Culpeper Soap Box Derby

June 20-21st

Come to the Soap Box Derby, a community event that brings families and area businesses together to promote self-confidence, sportsmanship, perseverance, craftsmanship and leadership in our area's youth. Watch as pre-registered drivers, ages 8-17, race in cars that they have built to win a chance to go to Akron, Ohio to represent Culpeper at the All-American World Soap Box Derby Championship Race in July. It's fun and exciting for all ages! www.culpepersoapboxderby.com



Culpeper Downtown

3rd Thursday Summer Concert: Souled Out Thursday, June 18th



Join historic downtown Culpeper directly in front of the Depot for the 3rd Thursday Summer Concert Series, brought to you by Culpeper Renaissance, Inc. Souled Out blends soul, funk, rock, & country in a way that is sure to get the party movin' and folks on the floor groovin'. Be certain to join the fun directly in front of Depot on Commerce Street in downtown Culpeper. All are welcome! Bring friends, family & a lawn chair! Please remember no pets and no coolers, but picnic baskets are welcome! www.culpeperdowntown.com



RICHMOND

Science Museum of Virginia Camp-In

May 29-30th

Camp In guests will be seeing stars in this astronomy-themed sleepover! Create constellations, partake in a flashlight scavenger hunt, learn their galactic address and journey into the Dome to learn the Secrets of the Sun and experience our Violent Universe. Camp In activities fulfill SOL and scout badge requirements. For every four children, one adult chaperone is required. For more information, please call 804-864-1400 or visit smv.org.



John Mellencamp

June 13th; Altria Theater

Grammy-winning John Mellencamp comes to Richmond at the Altria Theater on June 13th. Tickets and VIP packages are available now at www.altriatheater.com or available via phone at 1-800-514-3849



ORANGE / MADISON

Pete Johnson Memorial Fun Slalom Ski Tournament

June 6; Bear Lake

Slalom ski tournament hosted by Lake of the Woods Ski Club. Registration & insurance are available at USAWaterski.org - early registration is \$35 or \$40 the day of the tournament. Lunch, t-shirt, games and awards will be provided. The registration form is available on the LOW Ski Club Facebook page. For more information, please visit that page or e-mail Lana Marr at lanamarr@mac.com.

Summer Fest

June 13th 1pm-5pm

Music, artists, crafters and food! Free to the public; come enjoy the music, food and the many talented artists/artisans of our County. The Museum will be open free to the public as well for this first annual event. For more information: www.thejamesmadisonmuseum.org



CHARLOTTESVILLE

Wine & Design

June 7th 1-3pm, Trump Winery

Unleash your creative side with this exciting event! Join us at the Trump Winery Barn for an afternoon of painting lake side with Wine and Design. This two hour class is designed for both beginners and experts in mind. Local artists will guide you with stroke-by-stroke instructions on how to paint your chosen painting. All materials will be provided and paired perfectly with our award-winning wine! Light hors d'oeuvres and a glass of wine is included with each ticket. Wine will also be available by the glass and bottle for purchase during the event. See more at www.trumpwinery.com



Kathy Griffin

June 19th at the Paramount Theater

Recommended for a mature audience only. Two-time Emmy and Grammy award-winning comedian Kathy Griffin is a prominent figure on television, on tour and in publishing. Tickets and detailed information are available at The Paramount Theater website at www.paramount.net.



OUT & ABOUT

Tales from the Lake Anna Event Scene



Beginning in May, the Queen has held court at the royal kingdom...also known as the Lake Anna Winery in Spotsylvania. The Renaissance Faire has been bringing in record-breaking crowds this year and is an annual fun favorite for lake residents and visitors alike. The faire runs weekends through June 7th -- make sure you stop by and check out the festivities for yourself! For more information: www.varf.org

The next time you're out & about at an event in the Lake Anna or surrounding area, make sure you snap some photos and e-mail them to jennalakeannabreeze.com and let us know about your time on town! You might just see your photos in an upcoming issue. Thank you!



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Crazy Good Eats - El Patron

"Fight for it. If you are really passionate and keep trying, you'll get it. But you've got to live it," says Manuel Sosa, just one of the 4 brothers and a sister in law that left their full time jobs to open El Patron, "The Boss" in Spanish, Mexican Restaurant in Southpoint. Walking in I knew exactly what to expect...bright colored walls, Mexican tiled floors, Sombreros and Mexican blankets draping the walls as décor. I already knew a nice, Mexican hostess would seat me immediately to an empty booth, chips and salsa would be there as I would settle into my seat and my server would "be right over" and I was not wrong. I, as have all of you, have the same experience every time at a small, local Mexican restaurant in the area. Even though I love a good dining ambiance and experience, I knew I was there more or less just for the food.

After grabbing my first chip and generously scooping the salsa into my mouth, the server came over to offer me a margarita...just like clockwork. However, my ground-hog's day experience would end there. Our server, Manuel, greeted us with such a smile that I could tell would've been extremely hard to fake. He was genuinely happy to see us. After he very proudly explained the specials of the night and touted the other great menu items, he revealed to us he was one of the owners, the others being family members. Loving a great family business story, I started asking questions and discovered an incredible story that I must share with you.

The Sosa family is from a very small, ranch town in Mexico where stores were not just hard to come by, they were non-existent. Having to be completely self-sufficient, they lived off their own land and learned to grow their own food. Their father suffered a paralyzing accident when the children (7 siblings in all) were very young which put all of the children to work at a very early age. The responsibility of putting food on the table to survive struck some of the children at the young age of 6. Ever since, they have stuck together, supported each other and to this day take care of their parents. 4 of these 7 siblings run El Patron and put all of their blood, sweat and tears into their passion of making it successful...together. Incredible stories like this set a reminder as to why it's so important to support local businesses.

Their love and passion shows in every plate of food from their "famous" cheese sauce, to the homemade tamales and corn tortillas and even the fried ice cream. The cheese sauce you can order as a dipping sauce for your chips but also shows up on a lot of items on the menu as well. Who doesn't love melted cheese smothered on Mexican food? It was so good I was dipping my left over corn tortillas in it at the end of the meal. Speaking of corn tortillas, El Patron makes these by hand which is very rare to see these days. They are pillowy, soft and resemble a Mexican crepe sturdy enough to handle the generous portion of marinated pork, pineapple chunks and fresh onion and cilantro in my Tacos Al Pastor.

My dining partner ordered a corn tamale that they also make there. Another rare thing to find at a Mexican restaurant these days due to the labor involved. It was stuffed with marinated shredded pork and all snuggled up next to the dense, soft cornmeal and drizzled with...you guessed it, famous cheese sauce. Delicious! Next came the Fajitas Veracruz with sizzling tender meats, chorizo, green peppers, onions, tomatoes and (my favorite) thick slices of grilled pineapple all served beautifully on top of a hollowed out pineapple. The presentation and the taste were on point! It was definitely enough for two to share...not that I did.

We ended our dining experience with their version of a fried ice cream, which I normally would not have ordered. I envisioned a large ball of fried overly sweet ice cream with too much whipped cream and a cherry on top. I have never been so happy to be wrong! This was a grown up version of fried ice cream and I recommend everyone end their evening at El Patron devouring it. The vanilla ice cream was coated with cornflakes, cinnamon and sugar, deep-fried then placed on top of a homemade fried flour square framed in chocolate. I know what you're thinking- what is with the fried square? But take my word for it and just go with it! It's soft, yet crunchy and adds so much to the dessert. It's also topped with homemade cream cheese, homemade strawberry drizzle and chocolate chips. Heaven!

I left feeling so good about supporting a great family with an inspiring story all while enjoying some of the best Mexican food I've had in a long time. The food is real and authentic and the owners genuinely care about every customer experience. I encourage you to go support the Sosa family and help make their dream of sharing their wonderful Mexican food with the community a reality!

El Patron is nestled in the Southpoint shopping area at 10040 Jefferson Davis Hwy, Fredericksburg, VA 22407 near WaWa.



Monica Van Cleve is the owner of The Van Cleve Seafood Company and co-author of the cookbook, Girls with Crabs- 'Slingin crabs ain't no piece of cake'. When Monica is not traveling the world and stuffing her face with Crazy Good Eats she spends her time trying to learn how to cook something other than seafood.

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LIFESTYLE Reflections

by Lake Anna Interior Designer Barbara Bishop

Alfresco Et Al



Summer is here!! Yeah!! Let's savor it and capture every moment... dock time, boat rides and all!

Summer entertaining should be spontaneous and easy and fun! This calls for a stocked fridge, full of "win-win" choices. Have fun pulling out all your favorites for alfresco dining. Don't you just love the word, "alfresco?" Get comfortable using it so it just flows off your tongue. It simply means eating outside. Somehow though, using the word "alfresco," sets the tone for a more special picnic on the boat, deck or dock.

It is no secret that one of my passions is food and entertaining. I love to create a colorful, delicious menu for outdoors. This goes back to the tailgating tradition of fun and fancy dinners and accoutrements (trappings, garb...love this word!) for events. Those were the early days and I loved it. Even though tailgating dinner parties are still in vogue, I prefer more simple outdoor evenings at home.

Entertaining responsibilities for the host and for the guests, have taken a new twist, which has made small dinner parties just a little more involved. Today there are so many more common food allergies and dietary restrictions to consider in planning. Gone are the days when people simply pushed food around their plates, pretending to eat and enjoy.

The memories are still vivid: scrambling for something of equal enjoyment for guests' intolerances when they were disclosed just as we were

sitting down to dinner. Actually, these memories go back twenty-something years when my college children would bring friends home for the weekend. I had to look up "vegan" and "vegetarian" in dictionary so I could figure out what I could serve them. That period was also my first exposure to blue hair on otherwise perfectly normal college kids. I pushed through both of those challenges, but didn't really embrace either concept until our daughter became a vegetarian.

I didn't understand it and resented it until I began the challenge of recreating the quasi-gourmet or home-cooked menus in vegetarian form. These were tried and retried till they passed my test. It continues to be a challenge, but I have a reliable list of "go-tos". So now, we are one of "those" people, heaven forbid. We decided to go "gluten free" by choice in response to medical reports of benefits as you age. So far, so good.

Entertaining can get a bit tricky, but is getting better by rethinking healthy food choices available to us locally....well, almost locally. Keep it manageable, and come up with your favorite list of "go-to" menus. Or tell your guests what you are planning and ask them to bring what they'd prefer. We have to keep it simple as a gift to ourselves as we begin this fun season that we call "SUMMER!"

'Til next time,
BB



When Your Child Gives Themselves Their Own Haircut by Heather Mechler-Fickes

While working in the salon over the years, I've seen many parents bring in their little ones, after they had fun with a pair of scissors. I finally experienced my very own "scissor happy" moment. Recently, my 2 youngest children decided to give themselves their own haircuts. My 2 year old found our stash of scissors and cut a bunch of hair right on the top of his head. It wasn't noticeable right away- but once I did notice it- it was all I could see. I was upset with him but it's just hair and it would grow back. I attempted to find all the scissors in the house and put them in a hiding place. Unfortunately, I didn't hide all the scissors because my 4 year old decided to be a hairstylist too. I was talking with her and noticed a big chunk out of the front of her hair. Again, I was upset, but I decided to give her bangs-and we went on with life. I guess, after seeing mommy cut hair, they figured they would give it a try.



I know I am not alone. My friends have told me stories about their children. We can laugh after the fact, but when it happens- it's not so funny.

Here are some tips if this happens at your house. Take your child to see a hairstylist. Stylist know some tricks for blending. They might give some helpful suggestions for a new style or a way to hide the uneven cut while it grows out.

This would be a great time to accessorize with cool hats or headbands.

Remember to make it a teachable moment. Your child was practicing their independence. Try not to get angry but let them deal with the natural consequences.

Find them other outlets to express their creativity. Children are curious, they do things that maybe we don't like, but as a parent, a butchered haircut doesn't change the fact you love them, no matter what.

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(left)
The home as
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(right)
The original
house.

by Liz Wilson, Realtor at Long & Foster Fredericksburg

It never ceases to amaze me how much history we have in and around Lake Anna. As a Realtor, I generally see homes built in the 1980+ range; however, when I received a call from Charles & Sharon Patterson to list their home, I never expected to see such a beautiful and interesting historical home. The Patterson's purchased the 5-acre waterfront property in December, 2000. The interior of the home was in bad need of restoration and repairs, but was in enough of a livable condition to allow for restoration, one room at a time, while living in the home. Much of the land had overgrown and was thickly wooded. Their goal was to restore the original section of the home as close to historically correct standards as they could achieve. All repairs to the original plaster were done with lime and horsehair plaster from a source specialist providing original formulas/processing. The original heart of pine wainscoting, with some boards up to 20 feet in length, were refurbished. The home has two original fireplace mantels made from heart of pine. They had the chimney lined for both fireplaces (connected to one chimney) with high grade stainless steel lining at a cost of \$5,000 in 2001. All plaster walls were then double coated with Fine Paints of Europe paint. They sanded and refurbished heart pine hardwood floors in the parlor. The Flemish Bond brick construction of the original house is one foot thick. The original rock lined well is said to have been used by General Custer on his way to the Civil War Battle of Trevilian Station.

In addition to the original 2-1/2 story brick colonial, the home has three wings. The first section added was circa 1950 2-1/2 story concrete block structure at the rear, off the parlor. It consists of what

is now the kitchen, hall, and large laundry room. The second and third wings added to the original home were both built in the early 1980's and flanked both sides of the original structure in a wood frame salt box design. Both wings have ceilings reaching approximate 20 feet at their maximum height. The west wing includes a hall, bathroom with skylight and a guest bedroom with two skylights. The east wing is a large family room the entire width of the house with four skylights and two sliding doors to the back double-decker deck overlooking the lake. All sections of the house were in need of restoration, repairs, and upgrades.

Since the time the Patterson's purchased the property in 2000, each year they made remarkable renovations to the other three wings of the home. They converted a brick and concrete block walk-in storage closet to a wine cellar with racks to hold over 350 bottles with temperature/humidity controls. Millstone from the old mill is on the overlook hill behind the old well. Blueberry bushes, thorn-less blackberry plants, an asparagus bed, herb garden and many other plantings were added to the existing gardens. The kitchen, and bathrooms have been remodeled with the highest upgrades, they put Hardie Board siding on the exterior three wings and the new detached 4-car garage. The Pattersons managed to mix the new renovations with the old historical portion of the home to produce one of the most astounding homes I have ever had the privilege to represent.

To find out more about this property, please contact Liz Wilson of Long & Foster directly at 540-226-6475 or her website at www.LizSellsLakeAnna.com.

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2543 Peach Grove Road (Thalia Shores)
Louisa - LA8626560 - \$879,000
Historical "GRANITE HILL" Waterfront Home. Original house was built circa 1750-1780, original section of home is close to historically correct standards as possible. 3BR, 2BA, 3,250 Finished Sq. Ft., 5.06 Acres, approx. 470 feet of gorgeous waterfront! Call for more Details!



6800 Lakes Edge Way (Southwind Shores)
Mineral - SP8314089 - \$599,900 - BRING OFFERS!!
Fine custom home, Master on Main Level, 3BR, 3.5BA, 3,423 Sq. Ft. Finished, beautiful sunroom, new HVAC, appliances, doors and more. New landscape stone bulk head lighting, covered boat slip w/ lift, gravel golf cart path to lake! Very RECENT tree trimming for greater panoramic lake views. Better than ever!



26493 Pennfields Dr. (Frazers Landing)
Orange - OR8630958 - \$799,800
6BR, 4BA waterfront home boasts 4200 sq. ft. finished, large Master Suite w/ sitting area, gourmet kitchen w/ breakfast bar, living room w/ FP, wet bar, game room, expansive Lake Anna views. 5-car garage, in-law suite or apartment in Lower Level, covered boat slip & more!



5508 Wyndemere Circle (Wyndemere)
Mineral - SP8558282 - \$279,550 - BRING OFFERS!!
Love your life in this well maintained, 3BR, 2BA, approx. 1650 sq. ft. finished home, split floor plan, hardwood floors, 2-car garage, located close to main Common Area. Exceptional curb appeal and landscaping.

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