

covering
Lake Anna, Louisa, Spotsylvania,
Fredericksburg, Richmond,
Ashland, Orange, Culpeper &
surrounding areas!

The Breeze

Issue No. 35

\$1.00

LakeAnnaBreeze.com

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Snowflakes at the Lake!



It was bound to happen - the Lake Anna area was dealt its first taste of snow in January with some areas receiving up to two feet of the white stuff in 48 hours!

As folks slowly dug their way out, lots of kids made the most of their snow days by sledding and building snowmen, and drinking hot chocolate.

While most of the time our photos feature the Lake Anna area in the warmer months throughout the year, we've assembled a gallery on page 5 of some beautiful winter pictures from Lake Anna. Turn to page 5 and take a look!

The Long Journey of "Scotch John" Michie



Founded in 1966, the Louisa County Historical Society is 50 years young with 2016. One of the Historical Society's proudest achievements is the relocation and restoration in 2013 of an 18th Century farmhouse originally built by Robert Michie in historic Green Springs, a Western District of Louisa County.

Since 2013, the two-story, 16' by 16' Michie House has been permanently re-situated on the grounds of the Sargeant Museum on Fredericksburg Avenue in Louisa, and It has been fully restored to the condition it likely was in when it was originally built in 1790. There's even an amazing backstory to the Michie House, and that's the tale of Robert's father, "Scotch John" Michie.

On January 16, 1716 at age 30, John Michie was deposited from a dank and cramped British prison transportation ship onto a frozen wharf at the Port of York, Crown Colony of Virginia. He was accompanied by 112 other Scots recently convicted of treason by a Liver-

(continued on page 4)

Lake Anna Resort Multiplies Benefits for Area, Residents

*Final Plans and Illustrations for Development Show Focus on
Sought-After Open Space, Services & Amenities*

The Lake Anna Resort will be presented to the Louisa County Board of Supervisors in March for what the developers hope is the last stage in a rezoning process that has taken more than a year to complete. The Board thoughtfully reviewed the project and gave the developers a clear, concise list of items that needed to be addressed before the next meeting. The latest edition of the package submitted to the county includes everything and more from that list, with updated site plans and elevations, along with some artistic renderings to showcase the look of the development.

The latest plans submitted incorporate all of improvements and changes the developer has made as a result of working with the Board and the County to minimize the impact on local resources.

Also included in this package is an "Open Space Exhibit", which highlights which areas of the 10 acre parcel will be impervious surfaces and which areas count as open space. Local ordinances require developments of this type to have 30% open space. The Lake Anna Resort tally is currently at 64%.

Areas with concentrated open space are historically positive for the county or city where they reside. In addition to the open space numbers, there will also be many new amenities and services to create a community hub at Lake Anna. This will not only benefit residents of Louisa and Lake Anna, but also visitors and tourists who are spending time at the lake. With a dedicated activities director, there will be a steady calendar of events for those looking for a reason to go out in the middle of a work week or for a family to enjoy lakeside on their first visit to Lake Anna.

The added tourism benefits are just the beginning in terms of benefits to the county. The project will bring in additional:

- Real Estate Tax
- Personal Property Tax
- Business Personal Property Tax
- Sales Tax
- Meals Tax
- Lodging/Transient Occupancy Tax

and the residual effect of this project on the county will be seen in more ways than simply monetary.

In what is sometimes referred to as the "multiplier effect", which is when tourism thrives, it creates jobs directly within the tourism industry, but also indirectly in sectors such as retail, hospitality and services. Then, as these people spend their wages on goods and services within the county, it creates additional jobs, as explained in an article by Carole Simm, USA Today. "The tourism industry also provides opportunities for small-scale business enterprises, which is especially important in rural communities, and generates extra tax revenues, such as airport and hotel taxes, which can be used for schools, housing and hospitals."

While tourism is essential to a locality, the article also stresses, "successful tourism relies on establishing a basic infrastructure, such as roads, visitors centers and hotels," all of which will be present at the Lake Anna Resort.

The developers are quick to point out that every opportunity to lessen the impact on the county has been made. Those placing reservations for the residences have largely been older couples looking for a weekend/vacation home and none have had school aged children to be added to the Louisa County school system.

The added value of the boost to tourism and county revenue will also be felt around the area. A destination of this quality that is sorely needed will raise the value in the proximity throughout the entire county and adjacent counties.

LakeAnnaBreeze.com



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LETTERS

to the Editor

To the Editor:

I was happy to see in one of your previous issues that there is a group working towards a new fire/rescue station in the New Bridge area of Lake Anna. I was surprised to learn that 2/3 of the rooftops in this area are currently rated as "unprotected" in the insurance rating class. I think this could be a big benefit to the area and would like to support any way possible.

Mike, Lake Anna

Mike,
Thanks for your letter! The group working to bring a new fire-rescue-marine station to the New Bridge area is Citizens for New Bridge Fire / Rescue / Marine and they can be reached online at their Facebook group or via e-mail at NewBridgeFRM@aol.com. The group is looking for support as they work with county officials to figure out the best way to proceed in this venture. There are several locations around the lake area with petitions that can be signed to show your support, including the Lake Anna Visitor Center and the Big Cheese Pizza in the New Bridge Landing shopping center. We'll continue to follow up with the progress and share any developments we hear in our upcoming issues.

Dear Lake Anna Breeze,


I was saddened to see Hunter's Landing had closed - our family has been going there for years! Any ideas what will happen to the store now?

Mary, Belmont

We are happy to report that, as of this printing, Hunter's Landing at the Cove convenience store has re-opened with new owners. We hope to have an article in our next issue about what's new and the plans for the store in the near future. Thanks for your question!


The Breeze is available for purchase in stores for \$1 per copy. For a list of our current distribution locations, please visit LakeAnnaBreeze.com.
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Back to the Ranch Lawn Ornaments

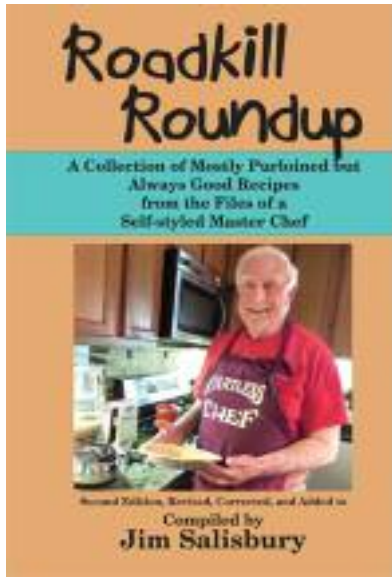


Seahood Available!

Alligator Sausage Available!

540-295-1604 **914 Fredericks Mall Rd, Bumpass**

Lake Anna Resident Releases New Cookbook



Lake Anna resident Jim Salisbury has been impressing his friends and family with his cooking for decades. Over the years there have been many requests for his recipes, some created by him, and some culled from his favorite sources. Finally, he took a break from the kitchen and created a compilation of his favorites for his recently released “Roadkill Roundup: a Collection of Mostly Purloined but Always Good Recipes from the Files of a Self-styled Master Chef,” which is already in a second edition with a new section on wild game recipes. Salisbury’s reputation has earned him a 2014 People’s Choice Award in a Chili Contest. He’s managed restaurants, and for a decade was part of a husband and wife restaurant-review team for the Fredericksburg Free Lance-Star.

Like all fine chefs, he knows how to tweak savory recipes to give them his own special touch. This compilation, from soups to desserts, showcases his wide-ranging interests and talents. He likes to keep the ingredient list reasonable, and use spices that are readily available. He’s adept at making substitutions after careful consideration of how they will fit with the initial recipe, so if you are thinking of squirrel or ‘possum, instead of chicken or fish, well, be inspired (or not) with roadkill.

Salisbury’s domination of the kitchen is due to self-interest, having seen the contents of his wife-to-be’s refrigerator (he was struck by an avalanche of frozen burritos) almost 30 years ago. He then wooed her by reading mouth-watering recipes from his cooking magazines, and preparing perfect meals. Overcome by the delicious meals, and the prospect of never cooking again, she readily said yes to his proposals of marriage and relinquishing rights to her pots and pans.

The book’s dedication is based on an experience when he served as Scoutmaster in his hometown many years ago--when he was foolish enough to go camping in winter. One cold and snowy morning the hungry Scouts were huddled around their campfires, trying to keep warm while they cooked their breakfasts. He remembers standing over one particularly smudged individual, watching for a few minutes and commenting, “That’s a fine looking batch of scrambled eggs, Scout!” Replied the boy, with a look of hurt and outrage, “Mr. Salisbury, those aren’t scrambled eggs, they’re pancakes!” Salisbury dedicates the cookbook to that boy and to the many erstwhile cooks he has met through the years.

With his secrets available in this handy book, recipes can be read it aloud to loved ones, or immediately used for cooking projects. His wife, Linda, is the author of the children’s award-winning 10-book Bailey Fish Adventure series at Lake Anna, where the couple has lived since 2004.

His cookbook and her series are available at Lake is Great gift shop and other local venues. For more information e-mail TabbyHouse@gmail.com.

Louisa’s Water Safety Initiative Aims to Save Lives



The Louisa County Department of Fire & EMS (LCFEMS) would like to remind area citizens of a safety initiative designed to help the waterside communities and businesses of lakes Anna and Louisa. The Centers for Disease Control and Prevention estimates 10 people die from unintentional drowning every day. In a drowning scenario timing is everything.

This initiative makes available important life saving equipment for by-standers on-scene when an emergency arises. This will give the person needing assistance the best possible chance for rescue and survival.

The Water Safety Station Initiative (WSSI) entails the purchase and installation of a “Ring Buoy Safety Station” at key locations around Lake Anna and Lake Louisa. It is the goal of LCFEMS to place these water safety stations in all communities and businesses with waterfront common areas, where there is an increased chance of water emergencies. The sole purpose of this initiative is to increase the safety of our citizens and guests on the waterways of Louisa County. In some cases more than one unit may be necessary depending on the size of your waterfront and the amount of common areas in a community. It is also strongly urged that waterfront homeowners consider participating in this initiative by purchasing a ring buoy for your personal dock.

Each community and business is unique and there are two different options to suit your needs. The first being a more affordable option, it consists of a single ring buoy that can be hung on a dock. The Second option is a complete water safety station that includes a weather proof case to prolong the life of the safety equipment. Depending on the layout of your location, LCFEMS personnel will work with you to place it in the most effective area on the property.

As with any item you save money when buying in bulk, purchasing these units from LCFEMS allows everyone to get a better price and also allows a better measure of the success of the program. LCFEMS will provide lumber and materials when needed and will also provide free installation of the stations.

You are encouraged to involve your communities and businesses to help ensure the safety on our waterways. To place your order or for more information contact the Louisa County Department of Fire & EMS by email at sneedham@louisa.org or by calling 540-967-3491.

Don’t forget to purchase your 911 dock signs and install them on your docks. This is an inexpensive way for us to be able to locate you in case of an emergency. Contact Rainbow Graphics about getting your sign at 540-894-8673. Remember signs should be posted on the docks facing the water.



A single ring buoy can easily be attached to your dock for quick access and safety. Perfect for smaller subdivisions or even private dock owners who are looking for a cost effective way of increasing safety on the water. Also includes an 8"x12" sign recognizing your contributions to the initiative.

The Long Journey of "Scotch John" Michie

(continued from front page)

pool Court as a result of their participation in the Jacobite Rebellion of 1715. Once in the New World, John Michie would work his way along the York, Pamunkey, South Anna, and North Anna waterways until he was financially able to build a large family homestead just south of the town of Louisa. By the time of his death in 1777, "Scotch John" Michie owned over 10,000 acres of prime land in Louisa and Albemarle Counties.

The story begins with John Michie's birth in 1685 in Abdeenshire, Scotland. The reigning monarch of Great Britain at the time was Charles II of the Stewart dynasty. John's father, Robert Michie, had married Margaret Farquharson. The Farquharson family was one of the most powerful clans in Scotland and the Michies were a notable sub-Clan to them. The Farquharsons derived their influence from their long-standing military alliance with the Stewarts. In 1714, after the Stewarts' permanent fall from power, a Stewart Pretender to the throne and his allies whipped up civil unrest in Scotland, clamoring for a Stewart restoration to the joint English/Scottish throne. One of the dissidents, Colonel John Farquharson, likely John's uncle, mustered a force of several thousand locals including John Michie. In the late summer of 1715, this home-grown army of Scots invaded England. A larger, better-equipped English army trounced the Scottish force at Preston in Northwest England in early November 1715. Nearly 300 Scots including Michie were taken prisoner and marched to nearby Liverpool for a quick trial, conviction, and sentencing to transportation to the North American colonies. They were the lucky Scottish prisoners. The suspected ringleaders of the rebellion including Colonel Farquharson were whisked off to London for judicial proceedings with more serious consequences.

After a two-month sail across the Atlantic during most of which he was shackled, Michie disembarked the prison transportation ship in the New World without means. He had not agreed to be an indentured servant, a restrictive employment condition that some of his fellow Scottish transportees had already accepted. Instead, he set out to be self-made. At 30, he was one of the older of the Scottish convicts and likely had marketable trade skills that he had been taught as a result of his services to the Farquharson Clan. Chances are that one skill would have been basic carpentry, making him an invaluable resource in the building boom then going on at the Port of York. Large numbers of wharfs and warehouses were being erected to accommodate the increasing amounts of "sweet scented" York River tobacco being exported to Great Britain. Michie also could have been a recruit for the work teams hired to begin construction on the Scotchtown Plantation in Western Hanover County beginning in 1717. Admiring their industry, the owner of the Scotch-

town property at the time, Charles Chiswell, nearly exclusively employed emigrating Scots. Chiswell may also have discovered that Michie possessed another valuable skill. The Farquharsons' need for military equipment and living in the iron-rich eastern Highlands of Scotland, likely gave Michie iron-working and armorer experience. Chiswell was a renowned metallurgist and had established an iron furnace not only at Scotchtown and but also on the north bank of the North Anna River near Sturgeon Creek.

From 1716 to 1728, working his way up the York River Valley, Michie likely met and worked with or for many of the most prominent men in the western Virginia Colony including Mann Page, Christopher Carr, John Poindexter, and Nicholas Meriwether. Finally, in 1732 Michie began construction on his family homestead on the South Anna River between Beaver and Harris Creeks. The property lies today on Horseshoe Farm Road about five miles south of the current Louisa County Courthouse. Nicholas Meriwether and John Poindexter were adjoining property owners. In 1735, Scotch John's third son Robert would be born there.

During the American Revolution, Robert Michie was appointed a colonel in the Virginia Continental Militia and fought under the command of the Marquis de Lafayette. His older brother, William, had enlisted in the Continental Army in 1775 and was with Washington's Army at Valley Forge when word of Scotch John's death reached him in the winter of 1777. As a result of his father's death, William was released from his Army contract. He returned to Louisa and moved his family to the Albemarle County property that his father had bequeathed to him. There, he built and operated a tavern just outside of the town of Charlottesville – the original Michie Tavern – which remains in business today just below Thomas Jefferson's Monticello. Younger brother, Robert, used his inheritance to establish a homestead in the Green Springs District Louisa County and in 1790, on a section of that property, he would build a small 16' by 16' home for his newly married son, William. The house remained there until 2013 when it was gently moved to the Sargeant Museum grounds and lovingly restored.

For more information on the Louisa County Historical Society's 2016 calendar of events celebrating Louisa County, they invite all interested in local history to go to their Facebook Page <https://www.facebook.com/Louisa-County-Historical-Society> or just stop by the Sargeant Museum at 214 Fredericksburg Avenue, Louisa. The Museum's hours are 10 am to 4 pm Monday through Friday.





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Scenes from Lake Anna



January 2016 brought the first real snowfall of the season! Here is a snapshot of this winter from two of our favorite photo contributors!

Photos by Anna Barnes



E-mail your photos to:
jen@lakeannabreeze.com to share for our next issue!

Photos by Carol Barker Wyatt



The Boat Show 'Snow Curse'?

by contributing writer Kyle Austin



Here we are again at the beginning of the boat show season...which can mean only one thing: cruddy weather on boat show weekend. It never fails that for the opening weekend of the Fredericksburg Boat Show, it will be snowing. It seems that every year, either the Richmond or Fredericksburg Boat Show will be covered in snow, even after a mild and warm fall.

The boat shows are a great way to get that summer feeling back and show you all of the awesome products for the upcoming season. The boating manufacturers are always coming up with new technological advances to push the industry and show off their amazing features. There is only one problem with seeing it all when the boat show curse sets in...SNOW.

Of course it is winter and snow would be expected, but it always seems that the first boat show of the season gets slammed, regardless of when it is scheduled. A lot of time and work goes into the planning, advertising and arranging these boat shows along with all of the venders that travel in and set

up. Which is what makes it the curse. We hadn't seen any snow earlier this season until the first snow storm of 2016 shut down the Fredericksburg Boat Show after its first day.

The owners of Wake Edgers Gear & Gifts and also Centerville Waterway Marina who sell Malibu and Axis Wake Boats, although they are highly disappointed in the weather, say they will make up for it at the Richmond Boat Show with an awesome set up that will get people in the mood for summer. They will be doing an in-water boat show for those that are ready to make their wake boat decision come spring time. You can contact the Lake Anna Malibu/Axis Wake dealer by calling and setting up an appointment anytime at (540) 894-5970, and ask for Larry Smith for all your boating needs and questions.

Hopefully we can find a cure for the boat show snow curse in the future so we can have the chance to get out there and see the fantastic new products for the upcoming season.

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Lake Anna Outdoors

Outdoor Life at Lake Anna

2016 Tournaments

By Taylor McCann
Fishing Guide, Kistler Pro-Staff

Fishing season is on the horizon – get your calendar set early and avoid conflicting tournament dates. We have helped to line up an entire season of regional tournaments and local club events to challenge anglers of all skill levels with no overlapping dates. Weather you want to throw your hat in the ring and come to weigh in and see what's being caught, we have you covered!

Lake Anna Elite Series

www.sturgeoncreekmarina.com

March 12th	Lake Anna	Sturgeon Creek Marina
April 3rd	Lake Anna	Sturgeon Creek Marina
April 23rd	Lake Anna	Sturgeon Creek Marina
May 15th	Lake Anna	Sturgeon Creek Marina
June 5th	Lake Anna	Sturgeon Creek Marina
Sept 11th	Lake Anna	Sturgeon Creek Marina
Oct 1st	Lake Anna	Sturgeon Creek Marina
Oct 16th	Lake Anna	Sturgeon Creek Marina
Nov 12th	Lake Anna	Sturgeon Creek Marina
Nov 13th	Lake Anna	Sturgeon Creek Marina

Fredericksburg Fishing Club

www.fredericksburgfishingclub.com

March 7th	Lake Anna	Anna Point Marina (Open)
March 21st	Lake Anna	Anna Point Marina
April 4th	Rappahannock River	Hicks Landing
April 25th	Pamunkey River	Williams
May 16th	Chickahominy River	TBA
May 30th	Lake Anna	Anna point Marina
June 6th	Rappahannock River	Hicks Landing (Open)
June 20th	Potomac River	Hope Springs Marina
July 11th	James River	Osborne Landing (Open)
July 25th	Rappahannock River	Hicks Landing
August 15th	Potomac River	Hope Springs Marina
August 29th	Rappahannock River	Hicks Landing
Sept 19th	Chickahominy River	Rock-a-Hock
**Sept 5th	Rappahanock River	Hicks Landing (His - Her)
Oct 10th & 11th	Classic	VOTE

Battlefield Bass

www.battlefieldbass.com (Specific Locations TBA)

March 26th	Lake Anna (Club Only, No Region Points)
April 16th	Potomac River
May 7th	Chickahominy River
June 25th	Lake Anna
July 23rd	Potomac River
August 20th	TBD Youth/Adult
Sept 10th	Lake Anna
Oct 29th, 30th	Lake Anna/Rappahannock River

It's Show Time...

By Charlie Bowles
Fishing Guide, Bass Pro Shops & Lowrance Pro-Staff

Ok... We made it through the holidays, deer season is just finishing up and fishing fever is soon to be an epidemic.

What's in store for 2016?

Are there any new electronics out there that will help catch more fish?

How do you meet local and national professionals and learn from their experience?

What are the hottest new lures on the market?

You can answer all of these questions and more over the next

couple of months at many of the upcoming fishing shows and

expos. Lake Anna is centrally located to several "pre-season"

fishing events. We usually work a show or event nearly every

weekend from late January to early March, giving tank demon-

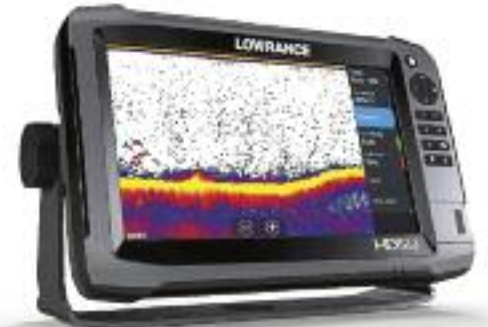
strations, showcasing new electronics etc. These events are

great for learning new techniques, meeting professional

anglers, and gearing up for the year. You'll also find great


deals on tackle, boats, guided fishing trips and more, poten-

tially saving thousands of dollars.





Lowrance HDS Gen III 9





Central Virginia Outdoors






Taylor McCann
Fishing Guide
540-842-9155
Taylor@CVOFishing.com



Charlie Bowles
Fishing Guide
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LAKE ANNA

Lake Anna Winery Winter Wine & Music Series

Weekends Through March 20th @ Lake Anna Winery
Come on over and warm up with music from some of your local favorites and sip a glass or two from Lake Anna's cellars! Upcoming artists include Hardware Hank, John Tracey, Michael Geddes, Jim Lyon Trio and more. For additional information: www.lawinery.com or call 540-895-5085.



Lake Anna Elite Series Fishing Tournament

March 11th @ Sturgeon Creek Marina
Think you can nab the biggest catch? Try your luck at the Lake Anna Elite Series fishing tournament. For more info, call Chris James at 540-895-5095.



Belmont Annual Ham & Oyster Dinner

April 16th, 4-7pm @ Belmont Community Center
ANNUAL HAM & OYSTER DINNER - APRIL 16, 2016. The Belmont Ruritan and the Belmont Club of Women will be holding their local favorite annual Ham & Oyster Dinner on April 16, 2016 from 4-7 pm at the Belmont Community Center, 7124, Belmont Road. \$16.00 adults; \$8.50, 6-12 yr old. For more information or tickets, please call 540/854-7430 or 540/872-0439 or see ad on this page below.



LOUISA / MINERAL

LAC Youth Theatre

March 11-13 @ Louisa Arts Center

AC Youth Theatre returns! This play is different from any other. The sweeping tale takes place in 1860s Russia, where czars were required to marry women of royal blood. Prince Alexi tries in vain to choose from several young empresses. He encounters Anya, a peasant of the streets, who rocks his world and changes his life. Throw in some comic thugs, hilarious plots, a surprising secret about Anya and you're in for a real surprise! \$15 Adult / \$8 Youth. Check out this and other upcoming shows at Louisa Arts Center: www.louisaarts.org



Hotel California - A Salute to the Eagles

March 20, 7:30pm & Second Show Added at 4pm @ Louisa Arts Center

This group performed to a Standing Ovation last season! Back by popular demand, Hotel California Band wows audiences, performing TAKE IT EASY, PEACEFUL EASY FEELING, ONE OF THESE NIGHTS, WITCHY WOMAN, LYIN' EYES, DESPERADO and more. Don't miss the fun! \$50 Preferred Seats / \$35 All Other Tickets. louisaarts.org



Quarters Auction

Friday, March 11th 6pm @ The Betty Queen Center

Break up those mid-winter blues with a night of shopping, snacks, laughter and fun! At our previous Quarters Auctions we have had home decor items, homemade bath and pampering items, specialty food items, jewelry, along with Scentsy, Pampered Chef, and other fabulous things. The auction items and giveaways change at each event, so you will have to join us to see what awesome items we will have this time. Admission is



Belmont Ruritan Club & Belmont Club of Women present:
Annual Ham & Oyster Dinner
 April 16th, 4:00 - 7:00 pm
 Belmont Community Center (7124 Belmont Rd, Mineral)
 Ham, Deep Fried Oysters, many side dishes, homemade pies, beverages.
Take out Window Available
 Advance Tickets Please Purchase by April 8th
 Tickets: \$16/adults or \$8.50/children aged 6-12
 For more information or tickets, please call
 (540) 854-7430 or (540) 872-0439
Funds support many community needs.

FREDERICKSBURG

Civil War Kids Camp

April 1, 8:30am-3pm; 9101 Courthouse Road, Spotsylvania

Spend the day learning about: Military Life- Come enlist in the Army and learn what it was like to be a Civil War soldier; Civilian Life - Spies, women soldiers, field hospital, being a child in the 1860's, homelife, slavery; History- National Park Service Historian will take kids on interactive tour within walking distance and tell stories about soldiers and civilians who were there during the Civil War. More info: (540) 507-7210.



Fredericksburg RV Show

February 26-28th @ Fredericksburg Expo Center

Find a wide variety of campers, recreation vehicles, 5th wheels, trucks and so much more! The RV Doctor will be returning to the show with some great seminars. Whether you are an experienced camper wanting to upgrade or you are looking for your first RV,



Fredericksburg Spring Arts & Craft Faire

April 2-3 @ Fredericksburg Expo Center

What a great weekend to shop the the arts and crafts products that were hand-made by the artisans in attendance. Products that you potentially could see showcased are: Handcrafted Baskets, Ceramics, Fine Art, Gourmet Food, Jewelry, paintings & photography, Pottery, Scrap Booking, Woodworking, Baby Items, Silk Floral Arrangements, Water Colors, Gourmet Treats, Fruit Spreads, & Much More! Whether you are looking for a unique gift or something special for yourself the Fredericksburg Spring Arts and Craft Faire is the place to be for the best deals. fredericksburgartsandcraftsfair.com



CULPEPER

Gnarly Hops and Barley Fest Craft Beer Festival

April 30th, 3pm Downtown Culpeper

Taking place on Saturday, April 30, 2016 from Noon - 6:00 PM in the Spencer Street Parking Lot, the Gnarly Hops brewfest is back with live music and over 70 different beer selections. Sample Virginia and nationally brewed beers, including area favorites. CRI guarantees there will be plenty of craft beer and cider to suit anyone's taste! For more information or to purchase tickets: www.culpeperdowntown.com



THE 1ST SEMI-ANNUAL VIRGINIA PIEDMONT GAMING TOURNAMENT

February 27th @ State Theatre, 9am

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Richmond Craftsmen's Spring Classic Art & Craft Festival

March 11-13 @ Richmond Raceway Complex

Features hundreds of talented artists and craftspeople from across North America. See the creative process in action as many demonstrate throughout the show. There is something for every style, taste & budget with thousands of choices from traditional to contemporary, functional to whimsical & decorative to fun & funky. Visit with the actual artisans as you browse the booths for those unique items. Find one-of-a-kind treasures for everyone on your gift list and know they will become tomorrow's cherished heirlooms! Info: www.gilmoreshows.com/craftsmens_classics_richmond_spring.shtml



Shamrock the Block

March 12th 11am-5pm @ The Boulevard

The 13th Annual Shamrock The Block will take place on the Boulevard off Broad Street on Saturday, March 12th at 11am. Shamrock The Block is FREE to attend, with great food, live music all day and plenty o' green beverages for you to enjoy safely, so bring a designated driver. Last year, more than 30,000 people poured into the FIRST OUTDOOR EVENT of the season. shamrocktheblock.com



ORANGE / MADISON

12th Annual Orange County Sportsman's Expo

Saturday, March 12-13 @ Orange County High School Hornet's Sports Center

The Orange County High School's Hornet Sports Center is transformed into an indoor gala sportsman's market. One can find antique fly fishing rods to custom bait casting and spinning rods, from the tiniest gnat used in fly fishing to large swim baits for those lunger bass. Those who want a continued adventure can book a trip with one of the outfitters in attendance or purchase a kayak or even a bass boat. One of the major attractions each year is the trout pond. Those who long for that feel of a trophy fish on the end of their line or want to catch that very first fish, can find much enjoyment under the basketball nets of the Hornet Sports Center. Youngsters can enter the Casting Kids Contest. Pitching, flipping and casting their way to a state championship can take them to the national level where college scholarships are awarded. More info: www.ochsanglers.com



Downtown Orange Easter Egg Hunt

Saturday, March 26, 10am @ Taylor Park, Orange

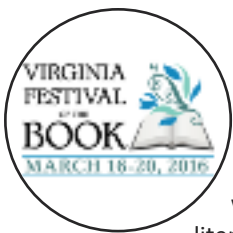
Enjoy an Easter Egg Hunt hosted by the Orange Downtown Alliance! For details, please visit www.orangedowntownalliance.org

CHARLOTTESVILLE

Virginia Festival of the Book

March 16-20th

The twenty-second annual Virginia Festival of the Book takes place in Charlottesville and Albemarle County, Virginia, March 16-20, 2016! This event brings readers and writers together for a five-day celebration of books, reading, literacy, and literary culture. A signature program of the Virginia Center for the Book, the Virginia Festival of the Book presents a schedule of more than 200 programs this year--most of which are free to attend--including author readings, book signings, panel discussions, StoryFest programs for children, and a documentary film screening. Highlights of the 2016 Festival include a two-part series examining the impact of immigration on cultural identity in Virginia; a celebration of Pulitzer Prize-winning poets and authors; and discussions with social justice advocate Bryan Stevenson, beloved children's author Jon Scieszka, renowned authors Tracy Chevalier, Angela Flournoy, Christopher Scotton, and Viet Thanh Nguyen; and much more. For additional information, please visit VaBook.org.



Banff Mountain Film Festival

March 6-7 @ The Paramount Theater

The 2015/2016 World Tour features a collection of exhilarating and provocative films that explore life in the mountains. They highlight remote cultures, intense expeditions into exotic landscapes and bring adrenaline-packed action sports into sharp focus. The two-night festival will be the most prestigious mountain festival in the world, the Banff Mountain Film Festival celebrates its 41st year in 2016 by continuing to bring the best action, environmental, and adventure films to audiences in 40 countries across the globe.

On Sunday, March 6, doors at the Paramount Theater open at 5:00 pm and the show begins at 6:00. On Monday, March 7, doors open at 6:00 pm and the show begins at 7:00 pm. Tickets are \$16/night in advance or \$18/night at the door and are available at the Paramount Theater Box Office or online at www.theparamount.net. Proceeds benefit conservation, recreation and education programs in Shenandoah National Park.



Breeze Profile

Bob & Helen Thiemann



Featured this issue is Bob and Helen Thiemann of Louisa. Bob was working at the Simply Donuts stand on Route 208 when I decided to stop. Bob is originally from St. Louis but has lived in Louisa County since 1979. Retiring from the Navy after 21 years, he has served in Vietnam and was a Seabee for 10 of those years. Bob has been stationed in various locations like Okinawa and Australia, however did his time in the Northern Virginia area working at Quantico and the Pentagon before retiring in 1991. Helen moved to Louisa County in 1983 and is originally from Indiana. Working for Louisa County and the Louisa County School systems for years, she recently went back to part time as a cafeteria employee.

Helen and Bob opened Simply Donuts 2 years ago and originally set up near Tractor Hill but moved to their current location since Feb. 2015 where they are open year round from 9-2, except on Tuesdays. They both decided to run Simply Donuts to give them something to do and they love meeting people. Along with running their stand on Rt. 208, Bob and Helen take Simply Donuts to many gatherings in the warmer months such as Civil War events, the Bluegrass Festival and the Agricultural Fair, preferring to stay local and admit there is enough going on in Louisa to keep them busy every weekend during the warmer months. If you get a chance, stop by and say hello to Bob and Helen, have a cup of coffee and some mini donuts or a sandwich...I'm sure glad I did.
-by Carol Barker Wyatt



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Crazy Good Eats - Bon Chon Chicken

If someone were to ask you what Korea's favorite comfort food was, would you guess Fried Chicken? No? Yeah, me either. As it turns out, Fried Chicken is extremely popular in Korea and I know this is going to sound completely un-American but they do it better than we do here in States. Like, a lot better. I know this because a Korean fried chicken chain just opened in Central Park called Bon Chon Chicken and I experienced it for myself. To start, they use younger chickens resulting in a much more tender chicken experience and they fry the chicken not once, but twice. I'm actually quite shocked Colonel Sanders never experimented with that concept. The result of frying the chicken twice is a magical experience that will have you questioning if you could ever go back to "American" style fried chicken. Sorry, Colonel!

I started with the made-to-order chicken wings but they also offer drumsticks (which are HUGE) and strips in anywhere from 10 to 30 piece combinations. The fried outer 'shell' of the chicken is truly out of this world and is what makes Korean Fried Chicken so addicting. It's thin, airy, crunchy yet delicate and not greasy at all. I could eat just the coating and leave a happy camper. You can choose from their signature "secret" sauces, Spicy or Soy Garlic. These sauce recipes are so coveted they actually make them in Korea and send them over as to avoid any replication or recipe "leakage". In fact, they won't even let you order a side of it. It either comes on the chicken or not at all. It all makes perfect sense once the sauce hits your lips. Both of them are perfection and not too "saucy"! Every chicken order comes with homemade fermented radish that is meant to cleanse your palate and aid in digestion after your meal. How thoughtful is that?

My next menu adventure at Bon Chon was the 'Sushi Fun Ball' or as it's found on the menu, Salmon Avocado Ball - a mix of avocado, crabmeat, cucumber and fish roe wrapped in fresh seared salmon topped with spicy mayonnaise and unagi sauce, sprinkled with crunchy tempura bits. This thing was just as cool to look at as it was to eat! Everything you love about sushi all rolled up in a big ball then covered and smothered in Asian sauces.

Next up, a dish I truly enjoyed, Bull Dak-Spicy chicken stir-fried with rice cakes in fiery sauce, topped with thinly sliced scallions and cheese. What is so misleading about Bull Dak's description is the term 'rice cake', which to me doesn't sound all that enticing. These so called 'rice cakes' actually look a lot like long penne pasta and taste like gnocchi. You know, the dense, potato like pasta you get at Italian restaurants. What a pleasant surprise, I was expecting rice but what I got instead was pasta-like heaven! The spicy red sauce drenched the 'rice cakes', chicken, and vegetables that came piled high on a sizzling plate, similar to what fajitas are served on at Pancho Villa down the street. This dish is dynamic, delicious and comes in a huge portion perfect for sharing or if you're like me, enjoying a second time around from a Styrofoam container in a few hours.

I finished off my Bon Chon food fest with an order of Bulgogi, which is what I would've originally guessed Korea's favorite comfort food to be. I'm pretty positive you will find Bulgogi on the menu of every Korean restaurant in the world so I felt obligated to try Bon Chon's version. Their Bulgogi is described as thinly sliced tender ribeye beef marinated and ages with a homemade sauce, sautéed with mushrooms and onions and does not disappoint! You can tell the ingredients, from the beef to vegetables to the homemade sauce, are high quality and truly fresh! Another homerun!

Bon Chon Chicken is located in Central Park next to Buffalo Wild Wings so the next time you're head to B-Dubs for wings I'm suggesting a diversion to the twice-fried Korean-side just a few steps away! I promise, you'll be thanking me later.



Monica Van Cleve is the owner of The Van Cleve Seafood Company and co-author of the cookbook, Girls with Crabs- 'Slingin crabs ain't no piece of cake'. When Monica is not traveling the world and stuffing her face with Crazy Good Eats she spends her time trying to learn how to cook something other than seafood.

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No, Not Vegan! Look Again.

Times are “a changing” and a new genre has made its debut. It was always there, but just making its move into the “rest of the world” for understanding and absorption into lifestyle habits. This came to my attention by way of a new restaurant I have been following: Little Pine Restaurant, Los Angeles. Self-described as Mediterranean plant-based cuisine with woodsy architecture and design. That would draw you in, wouldn't you say?

Little Pine is the brain child of the renowned Moby of the music world. Moby has invested in all facets of this new West Coast bonus to the vegan scene. This restaurant is the epitome of the wholeness of what Moby wanted to achieve. I've already gathered that the menu would be spot on for L.A.! The game changer for me was the innate base of Moby's direction that “all things need to align in truth”. To be authentically complete, the furnishings had to comply. That means all elements of each piece used in furnishing this hip eatery needed to be of “vegan materials”, i.e. no animal products. This would mean no leather, no wool, no silk, no beeswax, no fur, etc. These resources are there for shopping, but pulling off the desired effect takes extraordinary personal style and expertise.



lifestyle, as you would with period pieces or distinct style elements. It makes perfect sense for the purposes of vegan beliefs.

The New York Times recently featured an article, “That Vegan Glow”, giving a glimpse of what is known as “Vegan Glam”.

Featured are Julie and Rich Roll, authors of the recent cookbook and lifestyle guide called The Plantpower Way. Moby, with his restaurant and the Rolls, with their new book, are a picture of the sophisticated side of living the vegan life. It's fun to see the glam, but important to remember the passion of everyday people and how they walk it out. Moby and the Rolls take their commitment to the fullest. If you are a

vegan, please do not take offense at this, but know my interest is in full respect for your healthy eating lifestyle. With today's food and disease exposures, healthy is a really good thing!

Understanding others' beliefs and practices is all part of our getting along peacefully. Whatever love and peace we can pass on to others in 2016 is an important and valuable commitment. Let's all write this down in ink and put it where you can see it everyday!

'Til next time, 9898

This is not a new concept among avid vegans. I just never thought of it in terms of furnishings being all-inclusive for a food

Permanent Makeup by Heather Mechler-Fickes

Over the holidays, I received a card from a reputable establishment offering permanent makeup. I have heard lots about permanent makeup and I decided to research it a little more. Permanent makeup is basically a tattoo, but the ink doesn't penetrate as many layers of the skin that a regular tattoo does. Also, because it's not as deep into the skin, it fades over time. People usually get their eyebrows, lip liner and eyeliner done. Eyeliner is one of the most popular. The cost ranges between \$250-\$600. I was curious about getting permanent eyeliner. I was thinking it would save me time in the mornings getting ready, I wouldn't have to worry about unwanted smudging, and I wouldn't have to buy liquid liner. Seemed like a win to me. I made an appointment for a consultation.



I read up on the person doing the procedure and her credentials were legit. I had some photos of some ideas and looks I had in mind. We decided on a picture where the upper eyeliner had a subtle wing that slightly went up but nothing too over the top. I also wanted to do a subtle under eyeliner. I made my appointment for the procedure and went back a few days later.

First, I laid down and she put a numbing cream on my eyelid and on the sides. That took about 20 minutes to kick in, but I still didn't feel very numb. She used what appeared to be a pen looking device and started to

work. The procedure was uncomfortable and kinda painful but I was anticipating the end result. I was anticipating a beautiful winged eyeliner and unfortunately that is not what I received. I looked in the mirror and the end corners of my eyes were bruised and swollen plus the eyeliner was not subtly upward, it was downward. I was extremely disappointed. I told her I was going to hold off on the bottom liner- just to avoid any further disappointment. And I went home.

My eyes looked puffy and swollen (like I had been crying...and I had been). The pain was bad. I have a pretty high pain tolerance but I felt like my face was screaming at me for almost a week. After about 10 days, the swelling went down and the initial ink flaked off and minus the downward wings the rest of the upper eyeliner looks acceptable. I probably won't be returning to get my lower lid done or any other permanent makeup.

I'm sure there have been many people satisfied with their permanent makeup procedure, but I think I'm going to stick to my brushes and sponges from now on. Also, if you decide to get any sort of permanent makeup research the person doing it and in my case, make sure they do an initial line to follow not freehand. I think if the person doing my procedure would have drawn the line first with a marker to use as a guide, the outcome would have been more successful.

Weathering the Winter Weather

We all have our tips for winterizing our homes during the season, but we checked in with the Environmental Protection Agency (EPA) to share some useful tips for making it through the winter season and freezing temperatures:

Consider using non-toxic de-icing substances such as clean clay cat litter, sand, or fireplace/stove ash to prevent hazardous waste from chemicals. Chemical de-icers can be hazardous to your pets, your trees and shrubs, and the environment. Antifreeze that leak from car engines and chemical snow melters on driveways, roads, and runways can pollute surface waters and groundwater through the soil.

Winterize your vehicle by checking your air filter and fluid levels, checking tires for tread wear and proper inflation, and checking the condition of your windshield wipers. Ensuring your vehicle is ready for weather changes will reduce damage, which prevents waste from broken parts, and will keep you safe on the road.

If you have a wood-burning fireplace, save your ashes in a tin instead of throwing them away. Cold wood ashes can be mixed in your compost heap to create a valuable soil amendment that provides nutrients to your garden.

Use electric snow removal products rather than gasoline-powered ones. While electric products consume energy, they do not emit greenhouse gases. As alternatives, use snow shovels, ice crackers, and brooms to clear snow from your sidewalk, porch, or driveway.

If you have a manual thermostat or no thermostat at all, one way to save energy and money this winter is to install a programmable thermostat. When installed and used with the four pre-programmed temperature settings for weekend and weekdays, you can save about \$100 each year while staying comfortable. Before leaving for vacation, turn down your thermostat (or use a programmable one) so that you don't waste natural resources by generating unneeded heat. You can also buy outdoor and indoor lights with timers so that lights don't stay on all night.

Close the recycling loop. Many articles of clothing, such as jackets, scarves, gloves, and boots, are now made from recycled materials. Most fleece products are made from recycled plastic soda bottles, and certain clothing and shoe manufacturers use recycled cotton scraps and rubber tires to make their products.

Winter storms often cause power outages. Prevent waste by keeping rechargeable batteries rather than disposable ones stored throughout your house with your flashlights. If you do use disposable



batteries, prevent hazardous waste by buying batteries with low mercury content.

Recycle old newspapers by making rolled paper logs for your fireplace. Roll newspaper sheets around a broom stick until your log is the desired size, then soak your log thoroughly in water. Dry the log overnight and use like ordinary wood. Always follow proper safety precautions when burning anything around your home.

To make sure your heating system (boiler, furnace or heat pump) is operating at its most efficient, it is a good idea to have a contractor perform a routine check-up and any necessary maintenance on the equipment before freezing weather drives up your energy bill. If your heating equipment more than ten years old, it may be time for a replacement to a more energy-efficient unit. While initially an expensive investment, replacing old equipment with ENERGY STAR qualified equipment saves more energy and money in the long run.

Check out these and other important winter weather information at the Environmental Protection Agency's website at www.epa.gov.

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