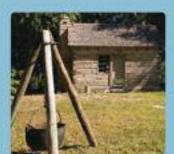
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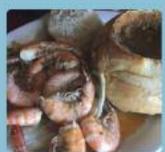
The Lake Region's George Boxley page 4



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Crazy Good Eats



Heritage Day Celebration Returns to Louisa Saturday April 30th



Saturday April 30th is Louisa County Heritage Day and will be celebrated from 10:00am to 4:00pm at the Sargeant Museum of Louisa County History in Louisa.

Marking their 50th Anniversary, the Louisa County Historical Society, working in close partnership with the Louisa County Office of Tourism and Parks & Recreation, has expanded its annual Heritage Day activities. On hand, there will be dozens of skilled artisans and craftsman from Central Virginia; many performing their trades with the tools that were used in the early 19th Century. Some exhibitors will offer items for sale. Learn how blacksmithing, woodworking, weaving, spinning, tanning and many more trades were performed nearly 200 years ago. Learn how toys were made, how cigars were

Heritage Day (continued on page 3)

Dominion Raceway Opens in Spotsylvania



Local racing fans have cause to celebrate this spring with the opening of the Dominion Raceway in Thornburg.

"We can't begin to describe how excited we are about the affiliation with NASCAR as we get ready to go racing at Dominion Raceway," said track owner Steve Britt. "When we set out to build this facility, our goal was to put together a state-of-the-art short track for competitors and fans alike. To be part of the NASCAR program is a tremendous opportunity to raise the track's profile even greater."

The first race, which was scheduled for April 9th was rescheduled to April 16th due to weather. The track will host racing events as well as concerts and drive-in movie nights.



Think Safety – Boat Safely!

Now that our clocks have sprung forward, prime boating season is around the corner. United States Coast Guard Auxiliary Flotilla 87 is as excited to get back on Lake Anna as you are. Remember though that safe boating begins before the boat leaves the dock!

First, take a boating safety course if you haven't done so already. Boaters of all ages operating boats with motors of 10 horsepower or greater must have taken a boating safety course by July 1, 2016. Personal watercraft (PWC) or jet ski operators of all ages are also required to have already taken a boating safety course. Operators ticketed for not having proof of course completion on board face a \$100 civil fine. Pretty steep price for a course that is essentially available for free.

Boat Safety (continued on page 3)

Under Utilization of Louisa's Growth Areas Will Lead to Tax Hike

Supervisor Barnes Urges Board to Use Growth Areas to Prevent Raising Taxes

Louisa County residents are finding their tax bills higher this year and sources are saying that this could be just the beginning. In proposals for the countywide budget of 2017, the county will have to choose between raising taxes or cutting local programs that many Louisa County citizens count on.

Real estate tax and personal property taxes are relatively low compared to other localities, yet property owners

should expect a substantial increase in both taxes in the near future. As budget concerns are addressed by the county's Board of Supervisors, there have been several proposed amendments that would reduce property owner's rights, including a reduction in General Commercial property building heights of 25%, which will be presented to the Board

"Our growth areas are what we say they are and we're going to have to accept that. The only way we can preserve what we want to preserve and not raise taxes in this county is to designate your growth areas and that's where [growth] should occur."

-Fitzgerald Barnes Supervisor, Patrick Henry District

Louisa County (continued on page 3)



LakeAnnaBreeze.com

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The Breeze is available for purchase in stores for \$1 per copy. For a list of our current distribution locations, please visit LakeAnnaBreeze.com.

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Story ideas? Suggestions? Questions? Please feel free to contact us
with a letter to the editor. Issue No. 36

Want your Lake Anna photo included in an upcoming issue? Simply e-mail your submission to jen@lakeannabreeze.com and look for it in an upcoming issue.



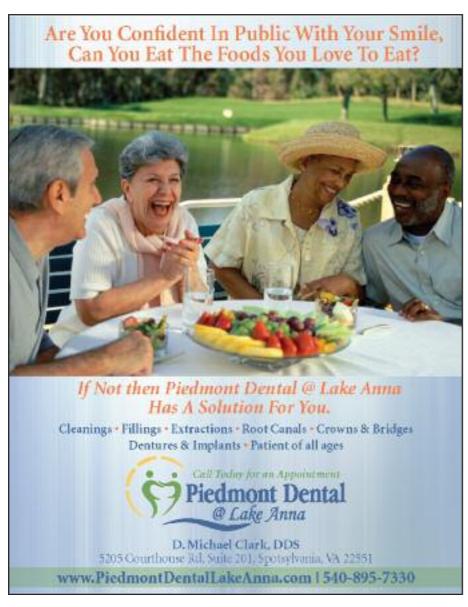
Dear Editor:

Wow! I saw your note in the last issue and went to check out the new store, The Cove at Hunter's Landing. The place looks great! I'm anxious to see the changes in the adjoining restaurant - do you know when we'll be able to see them?

Julie, Belmont

Hi Julie!

We agree, the new store looks fantastic! At press time, the opening of the restaurant is imminent and we'll be there to snap some photos and tell you all about it - the best way to keep up would be to find & friend The Lake Anna Breeze on Facebook - we'll post the photos there ASAP and include an article in our next issue. It's nice to see a great location that's been a local favorite for years get this makeover for the lake community to enjoy. We look forward to sharing this with our readers!







Louisa Heritage Day (continued from page 1)



rolled from tobacco, how chairs were caned, how draft horses were harnessed, how duels of honor were conducted, how telegrams were sent and much more. If you're into family history and genealogy and have questions, you can leave such inquiries with the Historical Society. They will research historical records and archives, attempt to obtain answers, and respond back to you.

Everyone is welcome. There is ample parking. The celebration is free and there will be activities for the entire family. Food vendors will also be available. Heritage Day will be held rain or shine on the grounds of the Sargeant Museum, 214 Fredericksburg Avenue, Louisa, VA. Check out their website at www.louisahistory.com

Boat Safety (continued from page 1)

Next, arrange a free, non-law enforcement vessel safety check for your watercraft—boats, PWCs, paddle boats, canoes, and even kayaks. After sitting in storage during the winter months, it is a good idea to clean off the dust and look everything over. The Vessel Examiner works with you to check that your boat has all of the required and properly working safety equipment on board. Examiners can meet you at the marina, at your home, or just about anywhere your boat is located. A vessel safety check takes just a little bit of time, but it's attention to safety details could save a life.

Finally, Flotilla 87 regularly patrols Lake Anna during the summer months and has learned several safety tips for you once you are out on the water. Many times we have seen passengers laying on the boat's transom. While a great location to relax or work on a tan while the boat is anchored, this activity is unsafe and actually illegal while the boat is underway unless there are adequate guards or railings to prevent passengers from falling overboard. Many pontoon boats have seating toward the bow and outside of the rails. Using these seats while underway is also an unsafe, illegal activity. Finally, many of us love to ride a tube towed behind a boat or jet ski. But did you know that when towing a tube, a PWC must be large enough to have seats for not only those on the PWC but also the person(s) being towed on the tube? Fun activities to be sure, but we need to do them safely and legally.

Think Safety – Boat Safely! Boating safety course and vessel examination information is readily available at cgaux.org. Or contact Flotilla 87 at (540) 872-3741 or via email at stationlakeanna@gmail.com. See you on the lake!

Article by Pat McConnell, USCG Auxiliary Flotilla 87

Mineral Fireman Fair returns April 27-30



The annual tradition returns to the grounds at the Mineral Volunteer Fire Department for four nights at the end of April. The gates open nightly at 6pm.

The fair will include fun rides and the always tasty fair food on site. The Miss Mineral Flame Beauty Pageant will be held on Thursday night, April 28th.

In addition to the fair is the Mineral Fireman Parade, which starts at 6:30 pm on Friday, April 29th. The parade is a wonderful celebration of the town of Mineral and a great event for the whole family.

Attendees can find more information at the Mineral Volunteer Fire Department website at www.mineralcompany2.com.

Louisa Tax Hike? (continued from page 1)

on April 18th. A reduction in height is another way to limit what can be built on land zoned for General Commercial. This would limit the possibilities of much-needed services to Louisa County, including a hospital, hotel, or other facilities.

The juxtaposition of the county requiring additional funds while at the same time limiting the property rights of current Louisa County property owners and potential developers who wish to bring successful businesses and service to the county seems to be a continuous contradiction. The Louisa County Community Development Department has recently been under scrutiny for a series of delays that is turning the county's reputation from a "Certified Business Location" (as advertised at the entrance of the county) to one that needs to be avoided at all costs.

Recent data shows that Louisa County's overall population is declining, while the county has historically seen a steady drop in demographics under the age of 44. This due to the fact that Louisa County has a shortage of viable job opportunities for its citizens. In fact, 44% of Louisa citizens work outside of the county, creating a need for residents to commute outside of the county to find work.

Louisa County has developed a Comprehensive Plan to solve these problems, although most of the steps outlined in the plan (most recently updated in 2012) have yet to take effect. Many county officials are reluctant of growth to the county for fear that Louisa may lose its "rural charm". The plan identifies only a few small areas that are designated as high "growth areas" that are intended to include services and amenities that will benefit the county and allow the remaining majority to remain rural.

These areas are important to the success of the county and that, according to the plan, "should support the rural character with vibrant villages, where housing is more concentrated, where commercial and industrial uses are located." (Page V-1)

In a recent Board meeting, Patrick Henry district Supervisor Fitzgerald Barnes stated, "our growth areas are what we say they are and we're going to have to accept that. The only way we can preserve what we want to preserve in this county and not raise taxes is to designate your growth areas and that's where it should occur."

In a time when the county will be asking its citizens for more outof-pocket expenses, is it prudent to be limiting growth in our growth areas and reducing property rights, and therefore property values, simultaneously?





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George Boxley - Humanitarian or Inciter of a Slave Revolt?

On a winter evening in March 1814, two run-away slaves arrived unannounced and unexpectedly at the Spotsylvania County home of George Boxley. They said that they were fleeing from the harsh conditions that they had endured at a neighboring plantation, and they desperately hoped that Boxley could help.

In Virginia of that day, where slaves were required to obtain permission from their master in order to leave his plantation, the question is: why was it that the run-aways thought George Boxley would help them?

The story begins with George Boxley's father, Thomas Boxley. Thomas and Mary Boxley emigrated from England to Virginia just after the conclusion of the French and Indian War. Thomas Boxley acquired nearly 2,000 acres of land near the North Anna River upon which they built an estate known as The Grange. In 1780, a son, George, was born. At age 23, after the deaths of both of his parents, George was appointed with his cousin as coexecutor of the senior Boxleys' estate. Pursuant to his father's specific instructions contained in his will and last testament, all of the enslaved people of The Grange were to be set free to which George dutifully complied. Sometime after 1803, George built his own home at The Grange and also established a successful saw mill, grist mill, and woolen mill on the grounds. In 1805 he married Hannah Jenkins, the daughter of a nearby farm owner.

George Boxley was highly educated and well-read for a man in at the beginning of the 19th Century. In his surviving letters and records of his public discussions, he spoke often of the moral contradictions contained in the U.S. constitution; especially with regards to the infringement of personal freedoms and the economic and human exploitation that slavery represented. Bucking the social and political trends in the largest slave-holding colony in North America, Boxley became a very public opponent of institution of slavery which did not endear him to his neighboring Virginians.

In 1812, after President James Madison had declared war against England, George volunteered for military service and was appointed an ensign. A United States Army ensign at the time of

the War of 1812 was a junior officer but one with specific duties to maintain and protect the regimental colors. Due to his early enlistment,

George likely was one of 500 Virginia militia volunteers dispatched in early 1813 to the Port of Norfolk by Virginia Governor, John Barbour. Barbour had recognized Norfolk's strategic importance at the mouth of the Chesapeake Bay and he fumed at the lack of protective support Virginia was to receive from the Federal Government in Washington. On June 22, 1813, the Virginia militiamen temporarily stationed in Norfolk repulsed a larger British invasion force at the Battle of Craney Island, sparing the port from British occupation. Box-

ley performed his military duties with such distinction that he was presented with a silver hilted sword from the State War Department when his tour of duty ended.

At the end of 1813, Boxley returned to his home and businesses in Spotsylvania County with a renewed fervor for individual liberty. It was not long before he resumed his very public anti-slavery statements. In addition to his mill businesses, he opened at the Grange a small ordinary store. It was said that the Boxley store "acted kindly" to slaves wishing to sell kitchen vegetables that they were able to grow and hand-made articles in order to purchase essential goods for their

> So by the time the runaways arrived that March evening in 1814; George's anti-slavery statements, the negative reactions of his neighbors to those comments and the access provided to blacks at his store offered, one would think, enslaved men and women the hope that he just might be counted on to help them if ever they needed it. When the time came, George Boxley did choose to help the runaways. He gave them two horses with which to continue their escape and provided them directions to Greenbrier in Western Virginia where they might receive additional help finding their way to freedom.

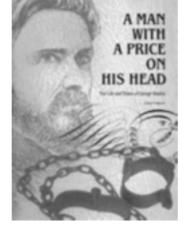
> Legend contends that a female slave by name of Lucy revealed the escape of the two runaways. Lucy's white mistress, Ptolemy Powell, added to her allegations that she had heard rumblings of a slave rebellion. A searching party was quickly formed with men from the neighboring plantation, and when the riders came to the

Boxley property, they discovered that two of George's horses were missing for which he could not account. Local authorities imprisoned Boxley in the Spotsylvania jail charged with the crime of assisting slaves fleeing their masters. Despite protests of his innocence, it appears that George languished in jail for nearly two years. Abetting a slave revolt would have been a much more serious allegation, but evidently Boxley was never charged with that crime. In 1816, it's believed that Boxley's wife, Hannah, smuggled in to her husband a small saw, concealed in the hem of her dress which George used to escape for jail. Boxley left Virginia permanently and made his way to Pennsylvania. Hannah and the rest of his family would remain temporarily in Virginia. She would sell most of Boxley's properties and valuables and after several months she and her children would eventually join her husband in Indiana. There, Boxley would become an ardent abolitionist and would operate a major stop on the pre-Civil War Underground Railroad.

Once Boxley escaped and was out of easy reach of the local authorities,

the notion of a Slave Revolt was given renewed credibility. Trials resulted with as many as 27 slaves being accused of participating in the "Boxley Revolt". All were convicted and either hung or sold to plantations in the Deep South. Hannah Boxley, however, was never charged with the crime of assisting in her husband's escape. The Boxley property was not confiscated and was allowed be sold for the benefit of the owners. So today, the question still remains unanswered; was George Boxley merely a humanitarian or was he the inciter of an unsuccessful Virginia slave revolt?

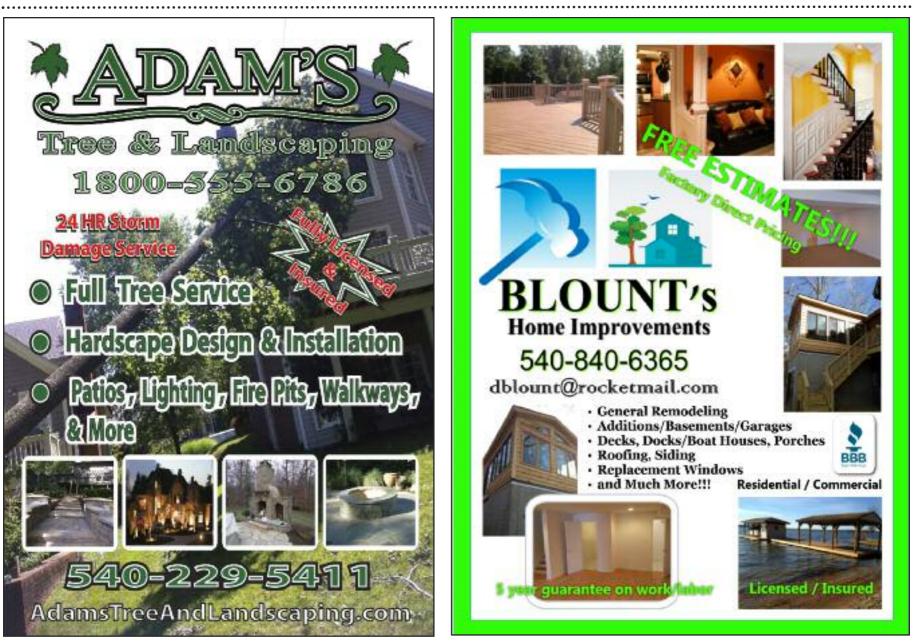
This article and accompanying photos were provided by the Louisa Historical Society. Stay tuned to future issues of The Lake Anna Breeze for more on other historic figures in the Lake Anna Region. The Sargeant Museum is at 214 Fredericksburg Avenue in Louisa. The Museum hours are 10-4 Monday through











Scenes from Lake Anna









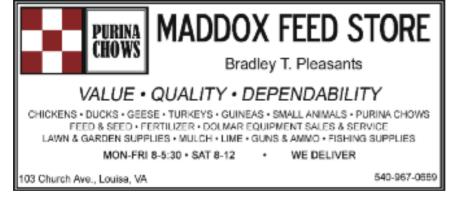
E-mail your photos to: jen@lakeannabreeze.com to share for our next issue!













Recreation & Leisure

FREE Gas?

by contributing writer Kyle Austin



Ethanol-free gas that is, at the all new "The Cove" at Hunters Landing. Earlier this year, the well-known Hunter's Landing and No Wake Zone closed their doors for business. The previous owners retired and sold the location to its new owners. The revonovated convenience store is called "The Cove" and offers an extremely impressive new store.

The newly designed convenience store has been completely redone on the inside, from all new tile floors to stainless steel walls in the kitchen. The new owners purchased all new appliances for the entire establishment, as well. Homemade pizzas are a offered and has someone who has personally tried them, all I can say is "Wow!"

Back to the free gas topic: unlike the previous gas station at Hunter's Landing, the new owners have now put in Ethanol-free gas on the water and at the pump by the store for all of your boating needs. Why is this important, you ask? Ethanol added to your gas is an alcohol substance used to burn and help clean your motor. The downfall to that added substance is that it has a tendency to eat away at the inner linings

of gas lines and filters, causing mechanical failure to marine and small engines. The ethanol-free gas is more expensive, of course, but well worth it, even in the short run. The ethanol-free gas by drive in car pump will be optional at another pump station. I highly recommend ethanol free gas for everything that starts and runs on gas personally but if you are budgeting fuel for your vehicle, I personally recommend it for your small engines such as weed eaters, lawnmowers ect. Ethanol free gas hasn't been offered on the north side of the lake. High Point Marina at the 208 bridge was the closest until "The Cove".

The all new establishment could be discussed for hours and hours with all of its amazingly new improvements, but we will save that for the next issue of the breeze with updated pictures of the restaurant and all new pirates bar.

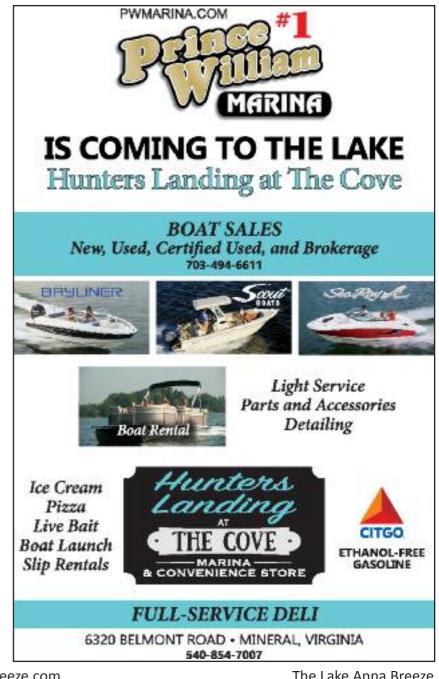
Make sure if your driving on land or on water to start treating your motor right with FREE GAS at Hunters landing...Ethanol-free gas that is!











Lake Anng Outdoors

Outdoor Life at Lake Anna

May Fishing Report Tips and Techniques for Lake Anna



By Charlie Bowles - Charlie@CVOfishing.com Fishing Guide, Bass Pro Shops & Lowrance Pro-Staff

This month usually offers more stable weather than the previous months and allows anglers to catch fish using many different approaches. At least a third of the fish have spawned and the subsequent spawns will happen within the next few weeks. Some fish will be very aggressive as they are feeding or protecting their beds & fry, while others will be nearly impossible to catch because they are recovering from all of the stresses of laying eggs, fishing pressure, etc.

BASS - Bass spawn at different times during the spring. By the first week or so in May the early big. fish spawns are finishing and the early stages of post spawn fishing are revealed. There will still be a couple waves of spawning but the playing field is changing. There will be fish that are thinking about going back to their summer brush piles and ledges but they haven't quite made it out of the "Bass Brothel". These fish will be roaming around on the flats and will get very hungry whenever they recover from the stress of making baby bass. My three favorite baits to find these fish are lipless crankbaits, jerkbaits, and poppers. Spinnerbaits are also a good choice. Since you are looking for transitional fish you are trying to cover a lot of water between the spawning areas and the summer hangouts. Once you get a couple strikes in an area you can slow down and present jigs, worms, or tubes to some of their nearby friends.

STRIPER - Nothing compares to seeing a 35" inch striper crush a 10" shad on the surface, except for casting your super spook right on too of it., twitch., twitch., WHAPIST On the right morning or late in the evening you can run into some of the most impressive feeding action available in fresh water. This month, big Stripers will begin to transition to main lake areas. They will feed heavily throughout the month on larger baits. If you miss the early morning action you will have to pull out to the deeper flats and channel edges to troll crankbaits, swimbaits and bucktails. If you are equipped with a nice bait well and are proficient at catching bait, you can use free lines, planar boards, and down lines to target Lake Anna Linesiders.

CRappie - Nice size slabs can be found all over the lake. Bridges, docks, brush piles, beaver huts, and grass are home to thousands of Crappie. Many citations have been taken in the last couple of weeks... One method is to try casting grubs, tubes, and beetle spins as close to whatever cover you are targeting, Another approach is to use a slip bobber above a #6 gold aberdeen hook tipped with a small minnow.

Love is in the Air

Understanding the Shad and Herring Spawn

By Taylor McCann - Taylor@CVOfishing.com Fishing Guide, Kistler Pro-Staff

If you have spent any time on the water this time of year you have probably seen large bass in shallow water acting somewhat unusual and staying very localized as they conduct their annual spawning rituals. Sunfish, bluegilis, and bream will spawn in large colonies leaving the bottom of the lake covered in pockmarks where they have made their beds. These scenarios create a tremendous advantage for the angler as both of these species, as well as the predators that show up to feed on them and their fry, are preoccupied during all stages of the spawn. In most lakes and rivers, including Lake Anna, the shad and herring spawn is taking place at the same time. If you are able to identify these areas, and the timing is right, you can unlock some of the most productive fishing of the entire year!

WHEN - Typically the bulk of the spawning activity will occur when the water temperature reaches the upper 60's often coinciding with the end of the bass spawn. The shad and herring will not begin actively spawning until well after dark and the bulk of the movement will cease shortly after sun up. Overcast weather or rain may extend this bite. Do not shy away from getting on your spot hours before survise. If you can't drag yourself out of bed early for giant-hungry largementh and stripers gorging themselves on baitfish - stop reading.

WHERE - You will want to search out areas that are close to deep water but the spawn will take place shallow. Remember that "shallow" and "deep" are relative terms depending on what area of the lake you are fishing. Shad and herring are present throughout Lake Anna so regardless of where you are on the Lake you can identify this pattern. A hard bottom or vertical surface is critical. Riprap, bridge pilings, dock posts both metal and wood, dock floats, and day banks (especially if a bulkhead or sea wall is present) are all excellent choices.

HOW - The most popular weapon during the shad and herring spawn is the spinner bait equipped with silver or gold willow blades and white or white and chartrense skirts. Use a trailer hook! This bait is so deadly during the bait spawn that anglers are often fooled into throwing all summer long remember past success....don't be that guy. A weightless soft plastic jerk bait (such as Strike King's Caffeine Shad), the bladed swim jig (such as Z-Man's Chatterbait), and a copwater bait (either a buzz bait, walking bait, or popper) will round out your arsenal. When the action is hot you can't get your line in the water fast enough. Once the sun gets up over the treetops it will die off quick. Slow down and probe the bottom for a few pity strikes and then wait for tomorrow.



CVO clients pose with a limit of Lake Anna Stripers caught on deep diving crankbaits during "Happy Hour"



Wind down in the evenings with our "Summer Happy Hour" trips 5p - 8p



Get Out and Get Hooked Up!

Central Virginia Outdoors

Taylor McCann Fishing Guide KISTLER 540-842-9155

Charlie Bowles Fishing Guide 540-287-3591 Taylor@CVOfishing.com Charlie@CVOfishing.com

Over 40 years of combined experience



LAKE ANNA

Rumpus in Bumpass

April 30th & May 1st

The Rumpus in Bumpass is back!!! After a 4 year hiatus, the Rumpus in Bumpass Triathlon has returned to the Virginia-Maryland Triathlon Series. Hosted in the newly renovated Lake Anna Beach Marina, this race and venue are amazing. The swim lakes place in the southeast portion of Lake Anna, about 1/4 mile from where the "hot side" of Lake Anna empties into the cold side, resulting in water temperatures that are 4-6 degree's warmer than the rest of the lake at this time of year. So, you can look forward to water temperatures in the mid 60's The first open water swim event of the season starts out with a 9AM start so you can sleep in a little and maybe even bring the kids! The race site is unique because the tran-

sition area and finish line are surrounded by water on 3 sides with a view of the

Blue Ridge Mountains to the West. Be sure to register early! www.vtsmts.com



Lake Anna Elite Series Fishing Tournament

May 15th, 7am-3:30pm @ Sturgeon Creek Marina For more information, please contact Chris James at 540-895-5095.

Belmont Annual Ham & Oyster Dinner

April 16th, 4-7pm @ Belmont Community Center ANNUAL HAM & OYSTER DINNER - APRIL 16, 2016. The Belmont Ruritan and the Belmont Club of Women will be holding their local favorite annual Ham & Oyster Dinner on April 16, 2016 from 4-7 pm at the Belmont Community Center, 7124, Belmont Road. \$16.00 adults; \$8.50, 6-12 yr old. For more information or tickets, please call 540/854-7430 or 540/872-0439 or see ad on this page below.



LOUISA / MINERAL

Music and Wine at Sundown

May 12th & May 26 @ Louisa Arts Center

Free concerts on the terrace from 5:30 to 7:30. May 12th will feature the Red Light Rodeo and May 26th will include music by the Renee Ruth Band. For information and tickets, please visit LouisaArts.org or call 540-967-5200.



April 23rd at 7:30 pm @ Louisa Arts Center

Larnell Starkey & The Spiritual Seven is a Gospel music bomb! Their music is a zestful blend of traditional Gospel with a twist of contemporary Gospel meets Soul. Their amazing vocal harmonies go from high flying falsettos to the deep rich sounds of low bass. Known as the "Gospel Temptations" they've performed across America. For the full schedule at Louisa Arts Center: louisaarts.org



Gator Aid Cinco de Mayo 5K

Thursday, May 5th @ 6pm

8

Join the Louisa Gators and LCPRT at the Town of Louisa Community Park at Louisa Town Hall as we celebrate Cinco de Mayo in a very unique way - with an evening 5K! On Thursday, May 5th, we will be hosting our annual Gator Aid 5K and Fun Run that supports our swim team. The race starts at 6 p.m., but we'll have other activities that make this an event the entire family can enjoy. More details to follow, but mark your calendar now! Visit www.lcprt.info



Belmont Ruritan Club & Belmont Club of Women present:

Annual Ham & Oyster Dinner

April 16th, 4:00 - 7:00 pm

Belmont Community Center (7124 Belmont Rd, Mineral)

Ham, Deep Fried Oysters, many side dishes, homemade pies, beverages.

Take out Window Available

Advance Tickets Please Purchase by April 8th Tickets: \$16/adults or \$8.50/children aged 6-12

For more information or tickets, please call (540) 854-7430 or (540) 872-0439

Funds support many community needs.

FREDERICKSBURG

The Budweiser Summer Nights Race Series

April 16, 7pm; Dominion Raceway & Entertainment, Thornburg
One of the first events offered at the new Dominion
Raceway in Thornburg! Featuring the Papa John's
Late Models, the HoneyBaked Ham Dominion
Stocks, the D & L Mechanical Services U-Cars, the
Fredericksburg Limo Legends and the Express Auto
Service Bandos. For more information or to purchase

tickets, please visit dominionraceway.com.

Fredericksburg RV Show April 23 & 24 @ Fredericksburg Expo Center

If you love shopping garage sales to find the best deals, then don't miss out on Everything But The Garage Fredericksburg's Largest Indoor Garage Sale coming to the Fredericksburg Expo Center on April 23 - 24, 2016.

Everything But The Garage will be like going to hundreds of garage sales at the same time, in the same place, all under one roof. Expect to find hidden treasures and thousands of bargains that will include furniture, house-

hold items, clothing, toys, books, bikes, records, decor, art, tools, outdoor equipment and MUCH MORE! fredericksburggaragesale.com

Fredericksburg Music Blast

April 30, 12pm-8pm

The Rappahannock-Fredericksburg Rotary Club will host their inaugural Fredericksburg Beach Music Blast from 12 - 8 p.m. on Saturday, April 30, 2016 at the Fredericksburg Fairgrounds. For more information and to see the most current list of performers: fredericksburgmusicblast.com



CULPEPER

Beatlemania Now!

Friday, May 13th at 8pm @ The State Theatre

Beatlemania Now" an amazing concert experience... Recapture the excitement, the mood and the frantic intensity as Beatlemania Now performs live-on-stage, against a backdrop of stunning images which evoke memories of some of the most turbulent decades of modern times... the 60's and 70's!



Flashback to historic moments of space exploration, protests in the streets, the raging war in Vietnam, "Flower Power" and "Peace and Love", in the lives and deaths of Martin Luther King Jr., John F. Kennedy and Robert F. Kennedy, and the politics of Richard M. Nixon, as Beatlemania Now meticulously performs incredible note for note renditions of Beatles' classics from throughout their entire career, including songs the Beatles' themselves never performed outside the Recording Studios." For tickets: culpepertheatre.org

Outlaw Country Music Double Feature

Saturday, April 30th, 7:30 pm @ Packard Campus A double feature including "Willie Nelson's 4th of July Cele-

bration" and "Outlaw Country".

All Packard Campus programs are free and open to the public, but children 12 and under must be accompanied by an adult. Seating at the screenings is on a first-come, first-serve basis. For general Packard Campus Theater information, call (540) 827-1079 ext. 79994 or (202) 707-9994. For further information on the theater and film series, visit www.loc.gov/avconservation/theater/



on the Calendar

RICHMOND

Appomattox Riverside Park

April 30th 11am-5pm @ Appomattox Riverside Park

Celebrate the River - A Day of Family Fun & Adventure! Enjoy a variety of outdoor activities including historic reenactors; Freshwater Fishing workshops, Paddle Sport workshops with certified Eco Trek instructors, Naturalist Trail Hike;

hands-on nature and environmental learning activities like "Reptiles & Amphibians Show & Tell", "Bugs are Beneficial", Water Ecology Science; and Crafters, Musicians, and Food – or bring a picnic. You can also take a stroll through Ferndale Park along the Appomattox Riverside Trail and access a system of historic canals. www.folar-va.org



April 23rd 11am-6pm @ 6641 W Broad Street, Richmond
Come out and join Wine for Cures for a great day of familyfriendly entertainment and local vendors from all over
Virginia. The Dogwood Wine Festival will offer more
than great wine. The festival brings together hundreds
of Virginia's best local businesses, artisans, wineries and
craft breweries to help support cancer research.
www.wineforcures.com/dogwoodwinefestival



Montpelier Wine Festival

May 7-8 @ Montpelier

The Montpelier Wine Festival is a premier spring event for the whole family. Held annually on the grounds of Montpelier, the lifelong home of James Madison, the fourth President of the United States and the "Father of the Constitution," the Festival showcases distinctive arts and crafts; specialty food vendors; live

music; "cooking with wine" classes; children's entertainment and rides; and tastings all day. Info: 540-672-5216.

Gordonsville Famous Fried Chicken Festival

Saturday, May 21st, 11am-7pm @Gordonsville Fire Company Fair Grounds Gordonsville is famous for its fried chicken, which was served to passengers of trains stopping in town during the late 19th and early 20th centuries by local women carrying platters of the delicacy on their heads. Nationally-known at that time, Gordonsville's fried chicken earned the town the nickname of "chicken-leg center of the universe". The event will feature a fried chicken and pie contest, wine garden, and numerous craft and artisan vendors. New this year, will be shuttle service from the fair grounds with stops downtown and at the Exchange Hotel and Civil War Museum.

www.townofgordonsville.org

CHARLOTTESVILLE

Dave Matthews Band

Dave Matthews Band will celebrate its 25th anniversary with a special hometown benefit concert at John Paul Jones Arena in Charlottesville, VA on Saturday, May 7. To express its gratitude for the incredible support the community has provided from the beginning, the band will donate all net proceeds from the concert, totaling over \$1 million, to

charitable programs in the Charlottesville area via its Bama Works Fund.







Todd and Odelte Holmes made Lake Anna their full time residence this January after visiting the take for 17 years. In 1999, Todd was working as the owner of Value Trim on one of the last rows of townhomes in Tara Shores. Odette went to meet him on the job and climbed a 6-foot ladder where she decided after seeing the view that they needed to buy that unit which was still under construction. With a few major changes to the inside which was drawn on a napkin Todd and Odette from Stafford, Va. became the proud owners of their first Lake Anna weekend home.

Todd is still self-employed in the area at Coastal Insulation & Fireplaces, LLC. His company does residential Insulation, fireplaces, installs locks, lock sets, wire shelving and shower doors all throughout Virginia. DC and Maryland. Odette is new retired after working for EMC Corporation.

Todd and Odette has a son Cam who graduated Mountain View High School, then attended Eastern Carolina University where he received his Undergraduate and Masters in Economics. Cam now lives in Richmond and works for Capital One, where he also attends the University of Richmond while working on his MBA.

Living with the family is their piece Katle from Atlanta who is working as an intern for Todd and Odette's business while still enrolled at Stetson University in Florida.

Harley and Bailey are the family dogs. Harley, Todd's pooch loves to ride on their Harley Davidson motorcycle when the couple goes on rides while Bailey is certainly a Momma's girl.

In January 2016, the Holmes family sold their townhouse and bought a spectacular home with beautiful wide open views making their Lake Anna dream come true.



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Diving Spotlight

Crazy Good Eats - The Pub

When you walk up to "The Pub" on Route 3, you are immediately greeted with two doors and two very different temptations. The door on the right leading to dark, damp and smoky room which is where that "Bad Johnny" on your shoulder is nudging you to enter and on the left a door where your "Good Johnny" belongs. The Pub was been in operation in the Fredericksburg area for over 20 years, which is more like 100 in restaurant years (especially in Fredericksburg) and I'm here to find out why.

Since I was with my mom and it was a Sunday I figured I'd better listen to "Good Johnny", but he doesn't win that often, so why not spice things up a bit and head for the door on the left? You can still smell some lingering smoke from when it was legal to smoke in a restaurant which appeased my "Bad Johnny". It was exactly how you would picture a place that was just named "The Pub" to look like. Nothing fancy, slightly smoky, a little dingy but hey, at least they had some decorating sense to put some Irish pub themed things on the walls. I was there for the food so I really couldn't care less what the walls looked like and I could feel a good meal coming on!

I started with the "spiced shrimp" from the appetizer list and I'm glad I wasn't in the mood for Old Bay or I would've been pretty disappointed. This is not what you would normally think of when ordering "spiced shrimp"...it was better. This was New Orleans BBQ style shrimp with the most amazing sauce served in a light, airy yet crunchy bread bowl. Seriously, if I could eat one last seafood meal this may be it! I later learned you could order some of this sauce in a pint to go and let me tell you if I could replace my toothpaste with this sauce I would! Spicy, yet delicious and addictive in every way!

I swear I could've stopped there because I was in absolute heaven and tempted to just order another bowl of this stuff until I saw "Monte Cristo" on the sandwich menu. It had dawned on me that in all my years of eating I had NEVER had a Monte Cristo. Oh. My. God. This sandwich is the hangover cure I've been searching for! It's described on the menu as simply ham, turkey, tomato & Swiss...um no! I mean yes, I'm sure all of those things were in the sandwich, but this baby was a French Toast Reuben (without the sauerkraut) on crack with syrup as dipping sauce. I could eat this sober, drunk or hungover every morning, day and night! This was easily one of the best sandwiches I've ever had and one I knew I would see in my dreams later.

Again, I could've stopped there as I had just had the holy grail of sandwiches but I decided to order a Rachel, which is basically a Rueben, but with coleslaw, and another new sandwich adventure for me. Who knew I would get so adventurous in an Irish Pub? A place I'm no stranger to! The Rachel is the ultimate sweet and salty sandwich delight! The sweet juices from the coleslaw marinated the salty corned beef for a beautiful marriage that made my taste buds dance!

'The Pub' is an unassuming establishment that doesn't seem to try very hard and for that very reason it reminds me of a 400 year old real Irish pub in Ireland, making this dining experience feel authentic. Authenticity must be the reason it's still around after 20 years in operation...well that, and that dang shrimp sauce!

"The Pub" is truly a hole in the wall that has been serving up crazy good eats for a long time and they are also home of "Battlefield Brewery" (but I would've never known this had the server not told me!). It's a hidden gem that isn't so hidden and I could totally see this place on Guy Fieri's "Diners, Drive-Thrus & Dives" one day. Go for their crazy good eats and enjoy a local brew from what I'm dubbing as a hidden "Fredericksburg's Finest" that you definitely need to know about!

The Pub is located at 4187 Plank Road in Fredericksburg.















Monica Van Cleve is the owner of The Van Cleve Seafood Company and co-author of the cookbook, Girls with Crabs- 'Slingin crabs ain't no piece of cake'. When Monica is not traveling the world and stuffing her face with Crazy Good Eats she spends her time trying to learn how to cook something other than seafood.

















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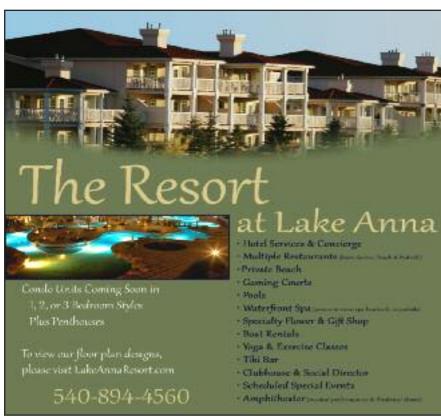




















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Does the "Everyday" Seem a Bit LARGER Than Life Some Days?

Happy Spring everyone! We're almost there. Give me just a few more warmer day-to-day temps and I'm ready to make my big spring splurge on a plethora, yes, a plethora of hearty Queen ferns for the pots and porch.

We think we are supposed to feel that just because the

weather is great and songs of love are in the air, that our experiences in the passing season are over by snapping our fingers and putting on sunglasses.

We may even be deceiving ourselves as we walk out spring's new days, skipping to the tempo of our surroundings. I don't want to sound morbid, but I want to give a "News Flash" on how to snap out of the past season that might be weighing us down. A "season" here can be this recent winter season or the last four years of your life when you did not recognize yourself (but didn't have the time or energy to think about it).

Life is full of surprises (that are really "appointments") to get our attention and change our course of thinking. My most recent personal example identifies a family that has turned sadness into true joy by "flipping the switch" for internalizing grief into true hope for generations to come. That last phrase sounds a bit dramatic, but once you think about it...it does just that.

A couple of weeks ago, I received an e-mail from a young friend from the 90's in Northern Virginia. She asked if I might help her with a project in Orange, Virginia. Thrilled to hear from her, I answered in the affirmative and that we would make it work. My young friend who, with her husband, are a family with six children. She is on the board of the Paul Stefan Foundation. The founders of the foundation, Randy and Evelyn James, are the leaders in building a bridge of hope for countless young, single, pregnant mothers and their ba-

bies in an amazing home in Orange. May 1st is the Open House at the President Madison Inn, showing off the new home.

This new home will also provide professional instruction in skills to move these young women into the workforce with the proposed positions awaiting them. Life skills, which a lot of us don't even

> think about, will be addressed with love and compassion. There are many more added bonuses for these young moms and babies. There is a beautiful, healthy future for them. The bottom line is that we (you and me) can feel small in the large construct of life and what it's supposed to be. Everyone, yes, everyone has "seasons" in life that are totally foriegn to them. Their identity disappears. They cope in order to survive for others or for themselves.

> Our particular season of care-giving, was no different than whatever you name your "season". Just know it's real. Do not compare it to your neighbor's saga. Acknowledge you've just experienced something that changed your way of doing life.

The beauty of recognizing a "Divine Appointment" is you actually recognize that this is not a coincidence or an "oh, by the way". Open up to see there is a deeper meaning to photo courtesy Interior Design Magazine your appointment book and your ideas of im-

The blessings for me are that I can use God's gift in what i have been walking out all these years to actually add to value to the life of these women or others.

Do not fail to recognize the gifts you have received and look for those who can receive this gift in this particular time. Don't wait for an opportunity to have it scream out: "This is it!" Be wise and look for inner feelings and clues. 'Til next time, %%



portance of your time.

What To Do With Your Eyebrows? by Heather Mechler-Fickes



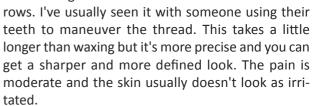
Eyebrow grooming has become an important business. It has come a long way from just grabbing a pair of tweezers and looking into a mirror and plucking away. Unfortunately, it's easy to get carried away and keep tweezing until you've made your brows super thin or given yourself a permanent look of surprise. Now, there are a couple different op-

First, there is waxing. Waxing is great for a quick removal of stray hairs, with minimal pain. It's best to go a salon to get this service done. When you get your eyebrows waxed, honey wax or a cream wax is heated in a melted in a pot. The hot wax is then put on the area that you want hair removed with a wooden stick. After the wax is applied to the skin, a piece of muslin or a wax strip is put on top and rubbed with slight pressure. The strip is then pulled in one swift motion.

Wax should not be reapplied and repeated over the same area more than one time. It really could cause more irritation and redness. Any strays should be tweezed and any excess wax needs to be

completely removed from the skin, especially if your skin is sensitive or prone to "break outs". It's normal for the area to initially be red but it goes away.

Another option is eyebrow threading. This is the process of removing hairs with a thread in



It's best to leave waxing and threading to the professionals, especially if you are trying to create a more defined eyebrow. Stick to tweezing if you are just wanting a quick clean up.

Choosing the right eyebrow shape is personal preference, but it's usually recommended to keep to your natural brow shape. In addition, not going too thin gives a more youthful look.





Real Estate & Rentals

Looking to Update? Kitchen Renovation May Be the Right Recipe



As we move into spring 2016, many design experts are finding that the trend in kitchen updates this year is the transitional kitchen. The label refers to a kitchen that blends the elements of traditional

and contemporary kitchens, merging modern elements like stainless steel appliances with traditional interior design.

Neutral colors like white, black and gray remain popular choices because of their versatility, according to award-winning kitchen remodeling firm Kaminskiy Design and Remodeling. Other colors are appealing but tend to lose their appeal quickly. The more natural color hues stand the test of time and are important when trying to sell a home in the future.

In the same vein, shaker-style cabinets are back on trend, due to their adaptability to nearly any style kitchen: country, traditional or contemporary.

A trend of convenience is slide-out shelving that makes use of

available space for necessary storage, but keeps items like pots and pans within easy reach.

Farmhouse sinks have also seen a rise in popularity due to their

compelling size and a wide variety of sizes and styles available.

There is also a move toward adding hardwood flooring as an alternative to popular laminate and tile flooring.

Smart devices are also becoming standard fare in modern kitchens including timed lighting and appliances that can help with your daily routine.

Whether you're building a new home, updating your current one or simply looking for a way to spruce up your kitchen, an in-

vestment in this room of the house usually pays off as for many, it's one of the hubs of the house and where much of our quality time is spent. Creating a space with all of the right ingredients can satisfy anyone's palate.



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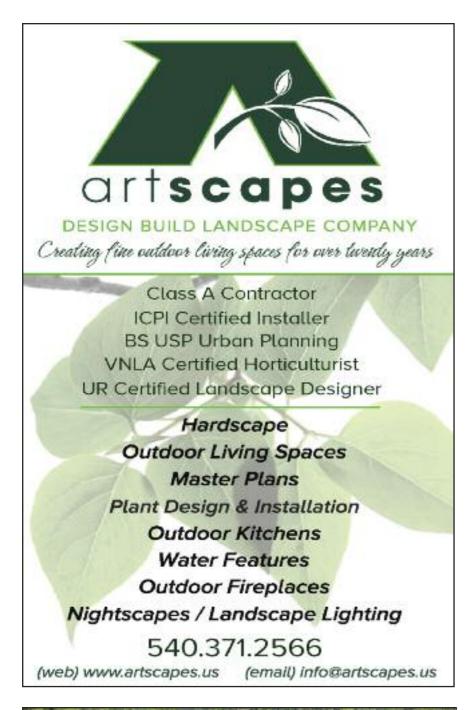
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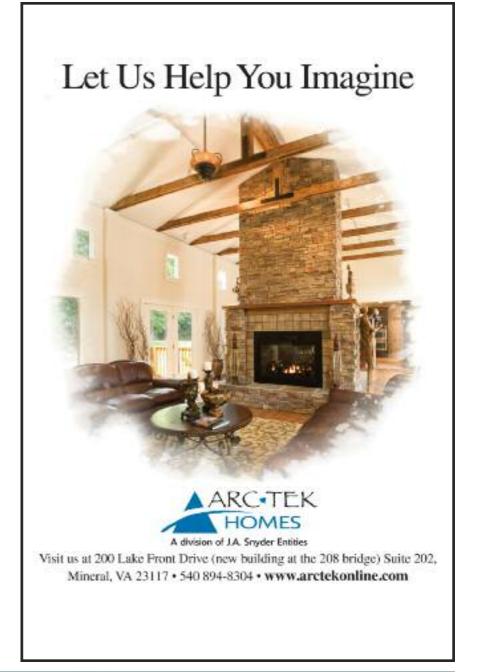
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