

in this issue:



Finding the Perfect Lake Anna Property page 14



The History of Trevilians School page 4



Scenes from Lake Anna page 5



Halloween is coming!

The Time Of Year For Fear

Halloween and fear lovers have plenty to celebrate about. The Haunted Trail (details on pg. 3) in Louisa and The Haunted Hill Trail in Spotsylvania.

The largest and scariest venue available is The Haunted Hill Trail. Set in Partlow, VA, right here at Lake Anna, located at 10400 Edenton Rd. Open Fridays and Saturdays from 7pm until 11pm. The trail is not reccomended for children under 12 years of age. Wear appropiate clothing for trail walking. This event will last till October 29th, no refunds, and enter at your own risk!



Halloween (continued on page 3)

Louisa's Homecoming Parade by Carrie Hicks



What's New at Lake Anna?

The Central Virginia Charity Chili Cookoff Makes More Taste At Lake Anna

The 12th Annual Cook-off will be held on Saturday, November 5th. The benifits for this event are the National Kidney Foundation and the Good Doctor Foundation. There will be wonderful music by Campbell Road Band, Rockslide, and UVA Drumline. There will be tons of activities for kids and adults to do.

Got Chili?

Do you make fantastic chili? Is yours' a centuries old family recipe or a mysterious blend of secret ingredients? And how about heat... is yours' a slow, sweet warmth or should it come with a hazard warning?



We want your chili at the 11th Charity Chili Cook-off to be held on November 7th at Earlyhouse. The Best Chili in Central Virginia will be chosen by our celebrity judges and the People's Choice decided by the public.

The Central Virginia Charity Chili Cookoff is looking to see if

YOU have the best chili in town. You May be crowned the winner !

The Central Virginia Charity Chili Cookoff (continued on pg.3)

Lake Anna Subdivision holds "Gran" Camp



Dining Spotlight page 11



We decided to shut down the town for the inaugural Hometown Homecoming parade because the track resurfacing enabled the parade floats from driving on the track in our usual manner. Last year was the first year that we faced that obstacle, so we worked around it and went down the stadium parking lot.

Without being able to go around the track, there was no audience for the parade. I know it was disappointing for the kids and advisors that had worked hard on floats and volunteered their time.

This year, when we broke into committees none of my Leadership class wanted to tackle the parade and actually asked me to find out if we had to keep the tradition alive.

(continued on page 12)



Rose Valley Holds Second "Gran" Camp In June.

For three days, the grandmothers hosted Caden and Reese McCommons, grandchildren of Marty and Gloria Leili; Olivia and Thomas Winterrowd, grandchildren of Dick and Carol Sudol; and Hunter Dobson, grandson of Debbie and Roger Dobson.

DAY ONE:

The "Gran" Camp was kicked off at the Leili's property, where the kids decorated and their Gran Camp 2016 t-shirts, they also designed and created their own stepping stones. They also made



(continued on page 3)







What's Inside?

Recreation & Leisure	5
Lifestyle13	3
Outdoor Life	7
Events Calendar	3
Dining1	1
Real Estate14	4
Interested in subscribing to The Breeze? Please call 540-	
872-0684 or visit the LakeAnnaBreeze.com to subscribe t	0
our print or online editions! Thank you for purchasing th	is
edition of The Lake Anna Breeze!	

The Breeze is available for purchase in stores for \$1 per copy. For a list of our current distribution locations, please visit LakeAnnaBreeze.com. Interested in advertising? Please call 540-872-0684 or e-mail info@lakeannainfo.net Story ideas? Suggestions? Questions? Please feel free to contact us

with a letter to the editor. Issue No. 41

Want your Lake Anna photo included in an upcoming issue? Simply e-mail your submission to jen@lakeannabreeze.com and look for it in an upcoming issue.

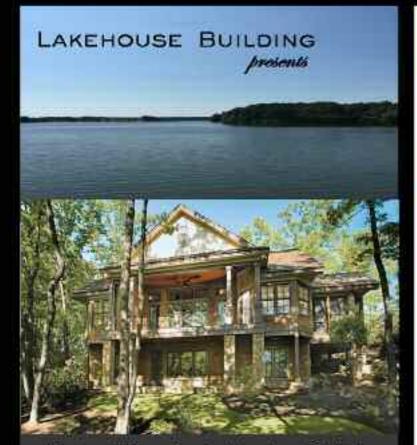


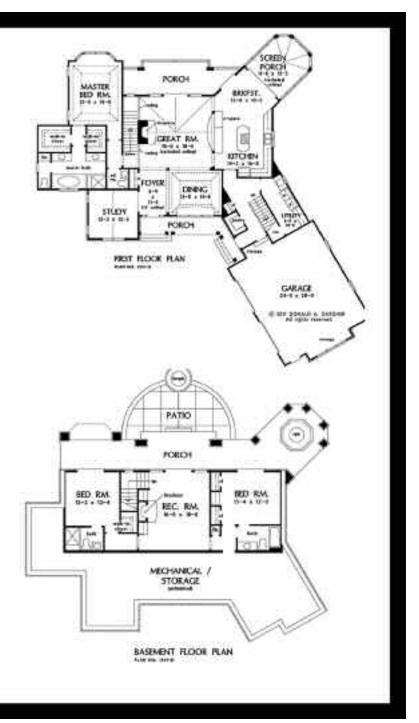
This is a letter that we received from a Lake Anna Resident and Realtor regarding a new resolution passed in Spotsylvania to establish multiple wake mitigation distance limits for wake-surfers, all other towed, and boats near docks:

It is incorrect in stating that this will only effect Spotsylvania County. I have spoken with someone at Dominion that confirmed that once this gets passed by VDGIF it will apply to the entire lake as they are a state agency. Unfortunately, Dominion cannot have an opinion on the matter. However, the person that I spoke to has strongly encouraged anyone that is against this needs to speak now. They encourage us to reach out to our local senators and congressman as well as contact VDGIF to let them know we do not support this change. The consensus is that if this is approved, it will make the northern part of Lake Anna unavailable to wake boarders/surfers. They will be able to do their sport from the state park south. Anyone that spends time on the lake knows that the center line of the lake is used for traveling at high speeds to get from point A to point B. Dropping a rider in this area will become extremely dangerous. As far as the shoreline being destroyed by wake boats only - this is preposterous. The shoreline is effected by all boats - the increase in population here at Lake Anna is causing this. Anyone that owns waterfront property needs to properly maintain their shoreline.

I had two buyers within the last two weeks that were ready to make offers. One was on a waterfront house the other on a water access house. Both decided not to make their offers based on this decision of the county. Their feeling was that they would not be able to use the lake in front of their properties to enjoy their sport. They are correct. My concern is that this will greatly effect property values as well as the popularity of Lake Anna. These buyers are now looking at Lake Gaston and Smith Mountain Lake. We are finally starting to grow our economy here at the Lake. This will cause a downturn in growth. We all need to stick together. Not only will these new guidelines effect safety on the lake - but I feel it will affect our jobs. Please take the time to send a letter to VGDIF - Richmond Headquarters:

P.O. Box 90778, Henrico, VA 23228-0778.





"To be built" on Premier Lake Anna Subdivision Terrys Run. A beautiful, point lot with great views surrounded by a conservation area for added privacy. Enjoy 250 ft. of the best waterfront in Lake Anna. Customizable waterfront home to suit your needs and taste.

Offered at \$1,500,000. Other lots and houses also available.

Call Ed Blount at 540-894-3139 to view this unique property.

Halloween (continued from page 1)

Victims will experience intense audio, lighting, extreme low visibility, fog, strobe lights, damp or wet conditions, special effects, sudden actions, and an overall physically demanding environment. No flash photography, video or flashlights are allowed.

Kings Dominion - The Halloween Haunt, has 9 mazes to choose from. One is called Blackout, which is a 99% dark maze. Another new maze is called Trick or Treat, where you have to make it to the attic if you want to get out and filled with witches in different rooms.

Another local event is the Louisa Haunted Trail held in Louisa at the Betty Queen Center. The address is 522 Industrial Center, Louisa, VA. The trail will be open October 14-15th (2-for-1 deal), October 21-22nd (half price for military, law, firefighters, EMS), October 28-29th (half price for attendees wearing costumes), and October 31st (half price for everyone). For more information, visit Louisa Haunted Trail's Facebook page at: facebook.com/TheHauntingofLouisa.



For more information on these and other fall events, visit the online calendar at LakeAnnaBreeze.com!

Rose Valley"Gran" Camp (continued from page 1)

They made their own pizzas. The afternoon saw the kids and their grandmothers' regroup at the Sudols for water activities, an egg toss, water shooters and other games. The afternoon was capped off by tubing from the Dobson's dock.



DAY TWO:

The group visited Lake Anna State Park again this year and tried their hand at Geocaching, a sport that uses a GPS unit to find treasure (cache) in the woods. Lunch that day was at the State Park and the afternoon was spent swimming, building

sand castles, playing Marco Polo,and enjoying the beach



DAY THREE:

The Third day included a trip to the Miniature Golf course. After a late lunch at each

grandparent's house the group gathered at the Dobson's dock for tubing, and playing water games. This year's gran camp ended with a challenging scavenger hunt and the "end of camp barbecue dinner". The kids were happy to welcome a new Lake Anna friend, Hunter and look forward to next year once again,



Family groups, co-workers and high school buddies all make great teams. Team spots are still available but fill up fast, so call Kathy at 967-1832 or go online to www.earlyhouse.com to check out the rules and register your team today.

There is no charge to enter and all cook-off proceeds benefit the National Kidney Foundation and the Good Doctors' Foundation.

If you want more information Go to Earlyhouse.com or Central Virginia Charity Chili Cook-off on Facebook. The Chili cookoff will be at Earlyhouse, 3998 Yanceyville Road in Louisa Va.



Advancing YOUR Oral and Total Health through Prevention and Specialized Care



- Cleanings
- Fillings
- Extractions
- Roor Canals
- Crowns & Bridges
- Dennues & Implants

Parients of All Ages

enjoying activities in and around Lake Anna.

If you have an interesting family story and would like to share send information to Jen@lakeannabreeze.com







dom.com 📑 💟

Call Today for an Appointment! Piedmont Dental @ Lake Anna D. Michael Clark, DDS

5205 Courthouse Rd, Suite 201, Spotsylvania, VA 22551

www.PiedmontDentalLakeAnna.com | 540-895-7330

The Lake Anna Breeze

1880 - Trevilians One-Room Schoolhouse and the Re-adjusters

Until several months ago, anyone driving northbound on Rt. 522 into the Town of Mineral couldn't help but notice a small 14' by 16' white building in a field on the right side of the road. This building was once used a one-room schoolhouse that was originally located in the Trevilians section of Louisa County, near the present day intersec-

tion of Routes 33 and 22. The schoolhouse welcomed hundreds of Louisa students from the time it opened in 1880 until 1922 when it finally gave way to a larger building. Albert "Sambo" Johnson, a former member of the Louisa County Board of Supervisors and the Louisa County School Board, purchased the abandoned school, moved it intact



in the 1980's to Mineral where he resided and maintained it. He turned the school over to the Town of Mineral before passing away in 2008. It was long believed that Mr. Johnson's mother or aunt had taught at the school in the early 20th Century.

For the past few months, the Louisa County Historical Society (LCHS) has been working with the Mayor of Mineral and its Town Council to acquire the Trevilians Schoolhouse. At present, the LCHS is evaluating alternatives of how best to physically move the schoolhouse from its current location in Mineral's Walton Park and to re-site it on the grounds of the Sargeant Museum in Louisa. Once permanently sited, the Historical Society will structurally restore the schoolhouse, re-furnish it to the historical period of 1880 and re-purpose it so that the schoolhouse becomes a permanent meeting and demonstration venue for current Louisa County school children and for the general public. As is the case with many of the iconic buildings in Louisa County, there is an intriguing historical back story attached to this schoolhouse and the tale also involves the mostly-forgotten Readjusters, a 19th Century political party in Virginia. In four years, 1879 to 1783, the Readjusters passed many forward-looking and far-reaching pieces of legislation including, for purposes of this story, a mandatory public education system for all Virginia's young people regardless of their family's wealth or social background.

From early colonial times through the antebellum period in Virginia, the schooling of children was considered the responsibility of the child's parents to perform or not. Some families or groups of families provided the resources necessary to educate their younger members, many other families did not. The practice, quaintly known as the "pauper system" resulted in children being educated or trained consistent with the parent's socio-economic status. As a result, before 1865, the vast majority of schools and places of training in Virginia were financed by private funds and nearly exclusively were attended by the sons of the wealthy, landed elite. Ruling classes generally feared that broad educational opportunities, if made available to the masses, would lead inevitably to class levelling and eventually social unrest. With respect to Blacks, the law was even more explicit. The Virginia Revised Code of 1819 specifically banned any assembly for the purpose of teaching a slave how to read and write. Violators, when convicted, were subject to corporal punishment of up to twenty lashes.

During Virginia's period of Reconstruction, the Underwood Constitutional Convention held from 1867-1868, decreed many significant political and socio-economic programs, but few were more profoundly important than a statewide public school system accessible to all Virginia children. After the constitutional convention, Virginia General Assembly voted to direct Rev. William Ruffner to draft the statutory language for the creation of a free public education system in Virginia. Relying on Ruffner's report, the General Assembly soon thereafter passed Virginia's first comprehensive public education legislation and



Governor Gilbert Walker signed it into law on July 11, 1870. In the wake of the widespread devastation left by the War, public funds for the implementation of a statewide school system contended with many other outstanding financial obligations. The greatest competition for funding came from those supporting the honoring of interest payments due on public utility bonds issued by the State before the Civil War. In the 1840's and the 1850's in order to fund the construction of roads, bridges, canals, and other public works opening up the Western part of

WILLIAM H. RUFFNER

the State, and without raising property taxes, Virginia issued 30 year bonds. Virginia was in fact speculating that they would be able to pay off the bonds over the succeeding 30 years. Large property owners from the Tidewater were disproportionately represented in Virginia's General Assembly and the Senate. During the War, bond payments had been suspended. However, at the end of the War, the debt on

continued on page 6

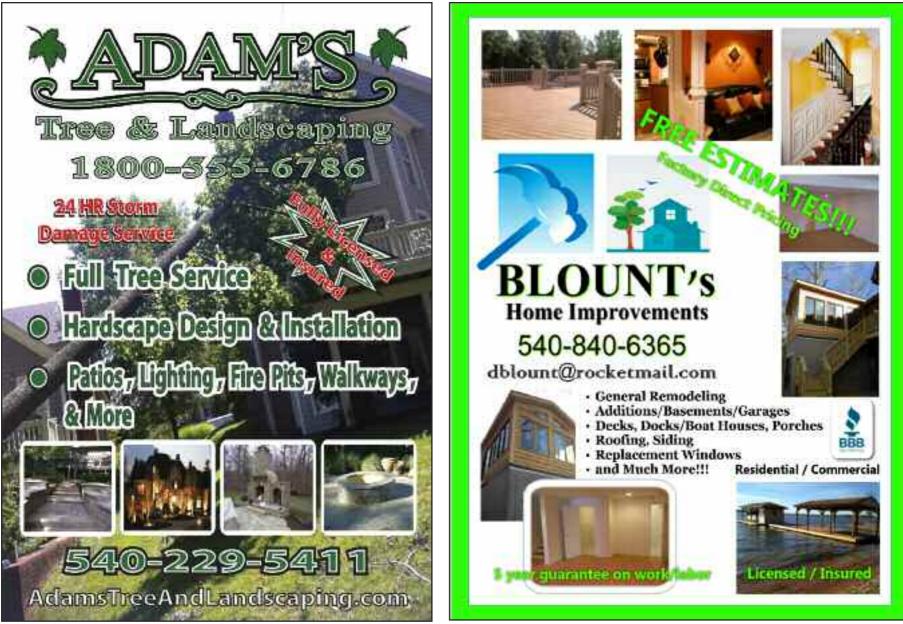




Photo Taken By Annika Yu

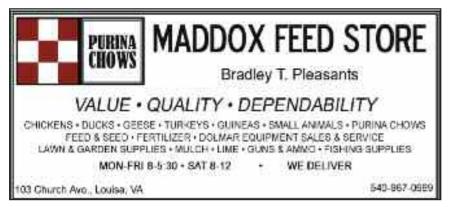
Photo Taken By: Mikki Sene Photo Taken By: From Mikki Sene





PER MABLE

AIRHEAD





The Lake Anna Breeze

1880 - Trevilians One-Room Schoolhouse and the Re-adjusters

Recreation & Leisure

Trevilians (Continued from page 4)

the bonds remained due even though virtually all Virginia's public improvements and its overall economy lay in ruins. Further complicating the bond issue was the matter of how to assign a fair portion of the bond debt to the newly formed State of West Virginia. By 1870, the outstanding debt due to the holders of Virginia bonds amounted to over \$45 million. Claiming that the honor of Virginia was at stake, supporters of paying the bond obligations in full were adamantly against spending any public funds on public education until the bond debt had been fully satisfied. Full funding of the bond obligations gained most of its support from the Tidewater where wealthy property owners were dependent on or indebted to the existing bondholders, the majority of which were large Northern banks or European financial consortiums. Out of this fiscal debate arose a vocal minority wishing to "readjust" the bond debts downward.

In 1874, a Bank Panic occurred throughout the United States further depleting Virginia's financial capability. The political support to implement



a free public school system began to sputter out. By 1878, over 150 free public schools in Virginia had opened and closed. Virginia teachers were owed an estimated quarter of a million dollars in back salaries. The disputes over funding priorities fractured the ruling Conservative Party (later the Southern Democratic Party). At the same time, the Republican Party which had been in power during Virginia's Reconstruction was unravelling. Many Republicans saw their party increasingly controlled by Northern railroad men and industrialists. Blacks saw themselves

being politically marginalized and their newly acquired civil rights compromised as general economic conditions worsened. In 1879, a State election year, out of these party splits was formed a powerful third party, the Readjusters. The Readjuster Coalition was made up of Western Virginia yeoman farmers, disgruntled small businessmen, former Unionists, traditionally Free Blacks, newly freed Black men, and Northern transplants. At the Party's head was former Confederate General, William A. Mahone. Mahone, a hero at the Battle of the North Anna and the Battle of the Crater in Petersburg, was trained as an engineer and owned railroad interests that were competing with larger lines. In November 1879, the Readjuster coalition won majorities in both the Virginia Senate and the General Assembly. Drawing on their election mandate, the legislature passed a law readjusting the State's outstanding bond debt by reducing the interest due on the bonds from 6% to 3%, This reduction immediately freed up funds for necessary public programs, including, finally, adequate funding the public education mandate of the earlier Constitutional Convention and the plan that had been drawn up by Dr. Ruffner in 1870. New teachers were hired and a major school building program was initiated. Constructed in 1880, the one-room Trevilians Schoolhouse was likely one of the first schools built during the Readjuster period.

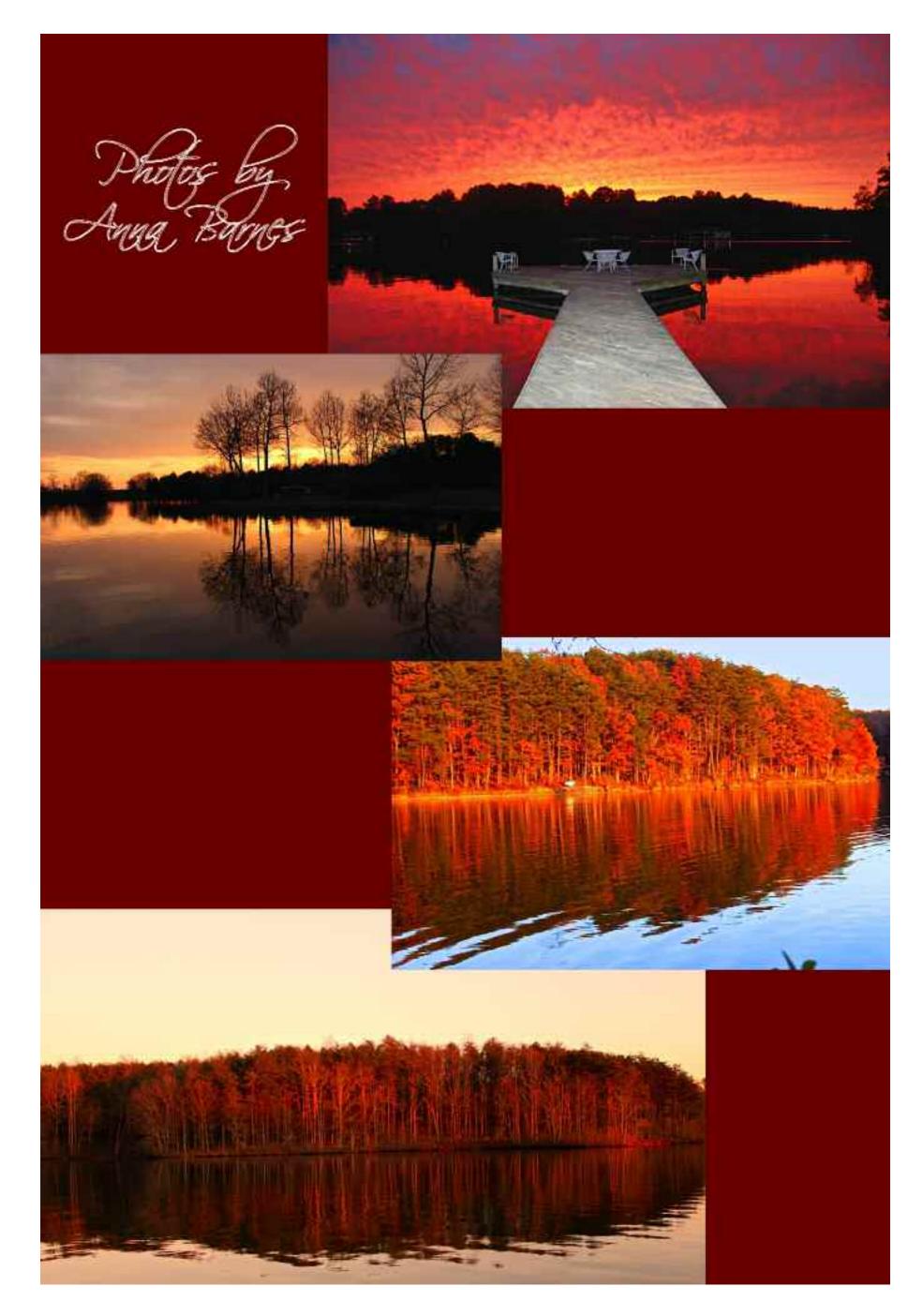
In 1881, the Readjusters by winning the Governor's Office gained complete control of State government. The Readjusters also enacted laws that assigned the bond interest amount owed by West Virginia (their fair share of the pre-War bond interest), reduced taxes on small farms and businesses, and eliminated the poll tax as a prerequisite for voting. The progressive thinking and actions taken by Readjuster leaders appealed to family farmers and working class people of both races, but at the same time alienated many white voters and political leaders who opposed the participation of poor men and black men in politics. Fears of racial equality or black domination were seized by the Readusters' opponents in order to regain control of the General Assembly in 1883. By 1885, even though they had laid the seeds of the future Grange and Progressive Movements, Readjusters slipped into obscurity. However, they had left the counties of Virginia dotted with schoolhouses and with a legacy of free public education. One of those small Readjuster-inspired schoolhouses that first opened 136 years ago is about to make a short trip from Mineral to Louisa and once permanently sited at the Sargeant Museum will undergo a transformation back to 1880. It will then re-open its doors to all.

To follow the journey that lies ahead for the one-room Trevilians Schoolhouse, the Louisa County Historical Society encourages that you sign up to be a member of the Society. You can also sign up to volunteer. Historical Society members receive regular newsletters which will provide updates on the Schoolhouse restoration, and other activities and events. You can sign up on-line at http://www.louisacountyhistoricalsociety.org/join.htm or just drop by the Sargeant Museum, 214 Fredericksburg Avenue, Louisa. The Museum is open from 10am to 4pm, Monday through Friday.



LakeAnnaBreeze.com





The Lake Anna Breeze



LAKE ANNA

Halloween Madness

October 29th, 6pm-10pm @ Lake Anna Winery There will be a costume contest, music, food extravaganza. The Lake Anna Winery is hosting this event but the Louisa Humane Society is organizing the event. There will be pet and human costume contests, auction items to bid on, raffles, and lots of fun. The time of this event will be 6:00pm-10:00pm. The cost is \$20 per person. With food available from the UFO Food Truck! For more information and advanced tickets, please visit lawinery.com.



The Haunted Hill

A scary trail that will make you shiver with fright! The price to go is \$15.00. The Haunted Hill has started with the first weekend being 9/30 and the last date thatwill be here is 10/29. To contact call 540-845-1347. The adress is 10400 Edenton Road Partlow VA 22534. No children under 12 is reccomended. Have fun!

Tim's at Lake Anna Halloween Bash

Tim's will hold their Annual Halloween Bash featuring Badlands from 8pm to midnight. The date of this event is Saturday, October 29th, 2016. there will be a costume contest with cash prizes. timslakeanna.com for extra info!



<u>LOUISA / MINERAL</u>

The Literacy Poker Project Poker Run

October 15th



The Event will be filled with food, fun, and music. The date will be October 15th,2016. The location will be Pizza Hut at 100 Jefferson Highway Louisa, Virginia 23093. There will be free food and drinks provided by Pizza Hut and Pepsi. If you want to volunter or have questions, please contact Deborah Shifflett : 540-967-9560.

Bingo

Saturday, October 22 @ 6pm

The event will be held at the Mineral Fire Hall at 6pm. Tickets are \$25 dollars in advance and \$30 at the door.

Hillennium Movers Dance Team

Email millenninummoversdanceteam@gmail.com

for tickets. Prizes will be designer handbags and gift cards valued \$50 and up. Proceeds support Millennium Movers Dance Team.

Louisa Fall Festival

FREDERICKSBURG

Braehead Farm Fall Festival

Brahead farm is a family friendly festival. The great thing about this festival in peticular is that it is open every weekend in October, daily from 9am to 6pm!

There will be great food and drinks including cider,kettle corn, and pumpkins that are sold for .65 cents a pound!



For more information, please visit braehead-farm.com.

Fredericksburg Food Truck Rodeo And Beer Fest

October 22nd @ Celebrate Virginia After Hours

Come to this wonderful event to dance listen to music eat and have a great day. It lasts all day on October 22nd, 2016. The address is 2150 Gordon Shelton Blvd Celebrate Virginia After Dark Fredricksburg, VA 2240. For more info call 540-972-2749. The admission price is \$5.

Movie Night At Hurkamp Park

October 22nd @ 6:30pm

It's Movie Night at Hurkamp Park! Fredricksburg's Police Department has offered to host 2 free movies!. The first movie is "It's the Great Pumpkin, Charlie Brown!" with the second one being Transylvania. The Great Pumpkin starts at



6:30pm and Transylvania starts at 7:00pm. Bring your own chairs. www.visitfred.com for more information.

<u>CULPEPER</u>

Downtown Trick-or-Treat Event

October 31st - Downtown Culpeper @ 5pm to 6pm

Culpeper Downtown Businesses invite all the little ghouls and goblins for a safe trick or treat experience on East Davis Street in Historic Downtown Culpeper from 5pm -6pm. Downtown Businesses will provide Halloween treats! Culpeper Renaissance, Inc. and the Culpeper Town Police Department are partnering to give the first 1,000 trickor-treaters glow sticks to spread awareness of safety.

Originals, Impostors, And Interlopers

October 27th from 5pm - 7pm



This cheese tasting event will take place at the Culpeper Cheese Company at 129 East Davis Street Culpeper, VA 22701. The event is \$39.00 per person. Perfect for the cheese lovers in the family!

For more information: visitculpeperva.com

October 15th

The 13th annual Fall Harvest Festival at Walton Park on October 15th. Childrens games will be from 9am till 2pm. Admission to this festival is free and there is no charge for the kids to play all the games or play on the bounceables. Mark your calnedars now! There Fall Harvest Festival is sure to be the best in town!



Steel Magnolias Little Theatre

Make sure you come to see this great play! The dates for this will be Friday October 14th Saturday, October 15th and Sunday October 16th.

The play is about a group of southern ladies in a small town beauty parlor. See you there! For more information go to: louisaarts.org.



Have an event you want to share? Tell us about it at: info@lakeannainfo.net!

New Bridge Market & Deli

Under new ownership & management! Krispy Krunehy Chicken & Fresh Food Open 5 am to 10 pm weekdays & 5 am to 9 pm weekends. 2983 New Bridge Rd. Mineral, VA 23117 540.894.0003

LakeAnnaBreeze.com



<u>RICHMOND</u>

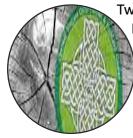
Halloween Haunt

There's nowhere to run and nowhere to hide. Screams or pure panic pierce the night. The event's dates are: Oct. 14-16, Oct. 21-23, Oct. 28-30. Hope you enjoy it!



Central Virginia Celtic Festival

October 22-23, Richmond International Raceway



Two Full Days of Traditional Dance, Live Music, Highland Games Competition, Gathering of Clans, & Vendors. This will be a day full of fun and games. For more information or tickets, please visit: vacelticfestival.com

ORANGE / MADISON

Barboursville Vineyards 40th Anniversary

October 29th, 2016 @ 6:30pm

Enjoy this wonderful venue for a fun evening. The cost of \$200.00 inclusive. The address is 17655 Winery Rd, Barboursville, VA 22923. For more info call: (540) 832-3824





Working Woods Walk October 23rd @ 2pm; Montpelier

Venture deep into the Montpelier Demonstration Forest on a two-hour hike guided by experts in forest conservation.

\$10 per person or \$5 per person with purchase of a mansion ticket. The guided tour begins at 2pm at the visitor center. Dogs on leashes are allowed. For more information, visit montpelier.org.

<u>CHARLOTTESVILLE</u>



The Price Is Right Live

October 18, 2016 @ 7:30pm Come on down! This event will be held at the John Paul Jones Arena in Charlottesville at 295 Massie Road. For more info, please visit JohnPaulJonesArena.com.



DMV Approved - Driver Improvement Course +5 Points Upon Completion - Affordable Rate Weekend and Night Classes

Covering Fredericksburg, Spotsylvania, Örange, Louisa, Mineral, Culpeper

32393 Constitution Highway, Locust Grove, VA 22508 Located in Locust Grove Shopping Center on Rt. 20

540-854-6656

540-207-8156





Located only 2 miles from scenic Lake Anna on Pb 205 & only 20 minutes from Historic Fredericksburg. Staated on 75 beautiful rolling agrees in Spotsylvania County



Proudly Serving Central Virginia



the second state of each state and an

the case we are the second of the test of the second second second second second second second second second se

2nd Annual Halloween "Spooktacular"

October 30, 2016

You can pick apples, participate in a costume contest, and pumpkin carving. There will also be a a Halloween Parade and contest which is free to enter. For more information, visit chilesfamilyorchards.com/orchards/carter-mountain-orchard/



804-798-4243 vapropaneinc.com

11009 Richardson Road Ashland, VA 23005

Call Tony Hogue! 804-402-3551





The Lake Anna Breeze



LakeAnnaBreeze.com

Lake Anna Restaurants & Delicatessans

Dining_ St



This Weeks Favorites:

"The Calzone at Vito's is to die for!"-Shirley L.

"At Asian Cafe my favorite is the Chicken and Shrimp Hibachi!"- Taylor B.

"I like the Popcorn Shrimp from Tim's!"-Jonathan S.

"My favorite thing at Tavern On The Rail is the Lump of Crab Meat Cocktail!"-Colleen K.







The Lake Anna Breeze



I suggested it almost as a joke, but the idea of having a real parade and having the entire community come out got the kids really excited. When I pitched the idea to our principal, Lee Downey, I think he thought I was pitching it for the next year because we were less than a month out. He was, as he always is, completely supportive of my crazy idea. I started making some calls just to see if it was even feasible.

Sal Luciano, a longtime friend and the Town Manager of Mineral, was the one who gave me the confidence that this thing could actually happen. Not only was he ecstatic about the idea, within a few hours he had gotten the paperwork from VDOT and had gotten the ball rolling on permission from all the right people on the town side of things. It was awesome!

The next few weeks were a whirlwind of meetings, emails, phone calls and lots and lots of help from many amazing people in this community.

I would not have had the confidence to even start planning the parade without the help of Lloyd Runnett and Irene Luck who ran the actual parade, acquired judges, set up the staging area, and the list could go on forever.

I was also overwhelmed with the support of the Louisa County Sheriff's Office. I went in worried that I was asking too much in too short of a time frame. Major Lowe, Jackie Poindexter, Patrick Sheridan, Sheriff Fortune brought me to tears with



their excitement and support. They wanted to help in any way they could, and I left that meeting with more pride in this community than I had ever felt, which is saying a lot because as a teacher I am constantly being reminded of how special my hometown is

Once the groundwork was laid, we got the blessing from the School Board and Mr. Straley and started publicizing. I could not believe the response we had in just a couple of weeks. Walking into Walton Park that day as swarms of teachers, administrators, students and community organizations came in felt completely surreal.

I want to thank Lee Downey, Mike Pelloni, and Deborah Coles as well for opening up their busy schedules to meet again and again to make sure we pulled this off.

My students are proud to have started their own tradition that they can bring their own kids to one day, and I'm proud to be a part of something so special. We have even bigger plans for next year and can't wait to do it again.

Photos provided by Steven Raileanu Photography









Co.





LakeAnnaBreeze.com

LIFESTYLE Reflections

by Lake Anna Interior Designer Barbara Bishop

BB

Let Yourself Go Up Up and Away in Your Thoughts and Dreams!



Imagine being alone in the serenity of a place that looks like Monet's Garden, climbing a rope bridge to what appears to be going no where....but it's so intriguing that you have to pursue it. The attached picture is a scene that French artist Olivier Grossetete created over a lake in Tatton Park, a historic site in northwest England. Grossetete created this bridge for the biennial celebration for Tatton Park, playing into the theme, "Flight." This is located in the park's Japanese Garden. This placement was no coincidence. The Japanese are known for their peaceful gardens requiring that one slows down physically to enjoy the beauty. Once, years ago, we were stationed at Quantico Marine Base. The wives club was asked for volunteers to assist in hosting with the summer tour of the Washington, D.C. embassies. I was fortunate to be among this group of women. We rotated stations during the day to enable us to see as many of the embassies as possible. They were all spectacular in their own right, but my lingering memory was from my visit to the Japanese Embassy. I loved the tour inside, but the memory was sealed in the walk through the garden. My experience was not focused on the lush sculptured landscapes, but the spacing of the stepping stones throughout the grounds. This sounds like a simple element, but it was not simple. Those who "got it" were taken to another place, sometimes foreign to them in the busy city life. Walking those stones was a type of therapy, forcing one to slow down and focus on beauty and peace....Pretty nice, huh?



Per Dr. Joseph Mercola, "According to research published in 2015, anxiety (characterized by constant and overwhelming worry and fear) is becoming increasingly prevalent in the United States, now eclipsing all forms of cancer by 800%." This bold statement is enough to get your attention and read the "rest of the story." Dr. Mercola has footnoted the research and has a valuable extensive piece on this subject. I encourage you to go to mercola.com and anxiety study 9/30/16, to bring up his newsletter, which you can subscribe/unsubscribe easily. He elaborates on the causes and understanding of anxiety and panic attacks and their toll on our health and our lives. He gives non drug pro active solutions for escaping this mental trap. Prayer and meditation, healthy eating, exercise and more are on the list, with applicable details. I am not speaking of the mentally ill, I am speaking of ALL of us as we walk out the complex demanding lifestyle today, no matter what that looks like in your personal mirror.

We don't have to have a whimsical, flight-of-fancy get away in order to have daily relief in our pace. It starts in our heads for wisdom in the way we do "life." We all were designed with creative imaginations to "Take us Up Up and Away" even for just a short time for relief. Use your God given gift to find that Peace in your life and claim it.

> Enjoy, ちち

Hair and Well Water by Heather Mechler-Fickes

RLM, LLC

Bush Hogging and Lawn Maintenance Services

Rob Blake Owner

9107 Grasty Gold Mine Rd Rhoadesville, VA 22542

540-553-8294 rob@mayhemfarm.com



When I first moved to this area from the suburbs, the last thing I was thinking about was the impact well water would have on my hair. I never even thought twice about hard water or soft water in general. After a couple of months of living here, I realized my hair texture was dryer and my routine hair color service wasn't having the same result. I started to think about well water a little more.

"Soft" water is considered rainwater that is free of minerals. "Hard" water has a high mineral content, full of iron, calcium, magnesium, copper, and rock. All these minerals build up on the hair causing it to be brassy, dull, dry, brittle, and effects vour chemical services

Another solution to hair woes and well water is installing a shower head filter. They can be found at a local hardware store and



they are simple to install. They not only remove all those excess minerals, but they filter harmful chlorines, sulfur smells, heavy metals, rust water, and it helps pH balance the water.

Just trying these few simple tips can improve the overall condition of your hair, and the results of your next hair color service.



Once I realized why my blondes were always brassy, I decided to do a clarifying treatment before I decolorized or lightened my hair - this helped remove any mineral build up. I definitely noticed a big improvement. I also started using a clarifying shampoo once a week. I also made sure to use a good moisturizing conditioner.





The Lake Anna Breeze



Seven reasons (of the many) why you need a local realtor to help you find the perfect Lake Anna property.

Lake Anna real estate is a more complicated market than most cities.

#1 - The lots being irregularly shaped by the waterfront create an obstacle in itself. A curved shoreline and varying topography can make for an unusual shaped plat.

#2 - Three counties with three different tax rates and amenities border Lake Anna, creating a lot of choices right off the bat.

#3 - The coves present intersecting waterfront extension lines and irregular distances on the shoreline.

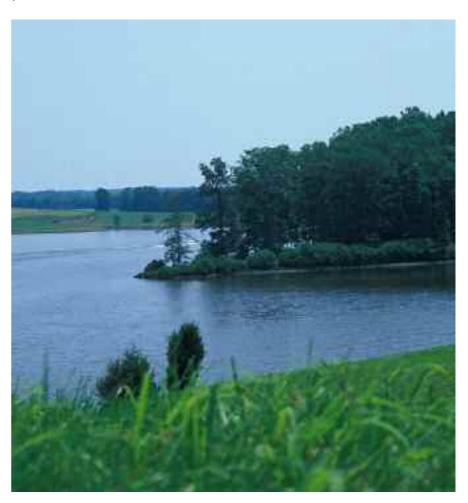
#4 - The north, south, and mid part of the lake present many different dynamics.

#5 - Almost every subdivision is different and has different restrictions, as do the three counties.

#6 - The warm side vs. cold side or private vs. public side.

#7 - Larger lots sometimes mean less value, due to the buyer wanting less to maintain on a vacation property.

To find some of the answers to these situations, please visit LakeAnnaVisitorCenter.com.







OWNER/MANAGER WHOLE HOUSE LINEN SERVICE GUEST LINEN RENTALS VRBO AND MILITARY DISCOUNTS 804-370-0233 • www.LakeAnnaLinens.com



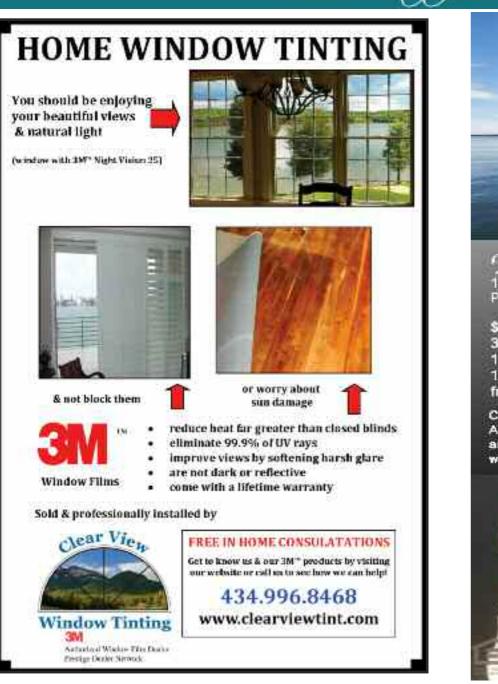
Professional Tree Surgeon Tree Care with a Personal Touch Topping * Trimming * Tree Removal Filling Cavities * Home Improvements Stump Grinding * Lot Clearing Landscaping * Light Masoory Snow Removal Micked Profession Reasoned A Directory Fill Wood See 540-729-3128

"We go out on a limb for you" + Over 30 Years Experience + 24 HOUR EMERGENCY SERVICE WE SPECIALIZE IN DANGEROUS REMOVALS

FAMM Floor Covering, LLC



LakeAnnaBreeze.com





The View Point

\$ 749,900 3133 sq. ft with 1.147 acres and 134 ft of water frontage.

Completely Furnished, ALL appliances convey. and boat is included with full price offer.



TIFFANY HAZELWOOD RESORT REALTY 804.874.2237 DEFANT@LAF ANNARISUR REALTY COM LAREASISARISORI REALFY.COM





The Lake Anna Breeze



LAKE ANNA IS THE SECOND LARGEST FRESHWATER LAKE IN VIRGINIA. Lake Anna is 17 miles long with 250 miles of shoreline and 13,000 sq. ft. of surface acres.



- MILES OF HIKING TRAILS
- LAKE ANNA SUNSET CONCERTS
- WATERFRONT RESTAURANTS
- WINERIES
- WATERFRONT PARADISE

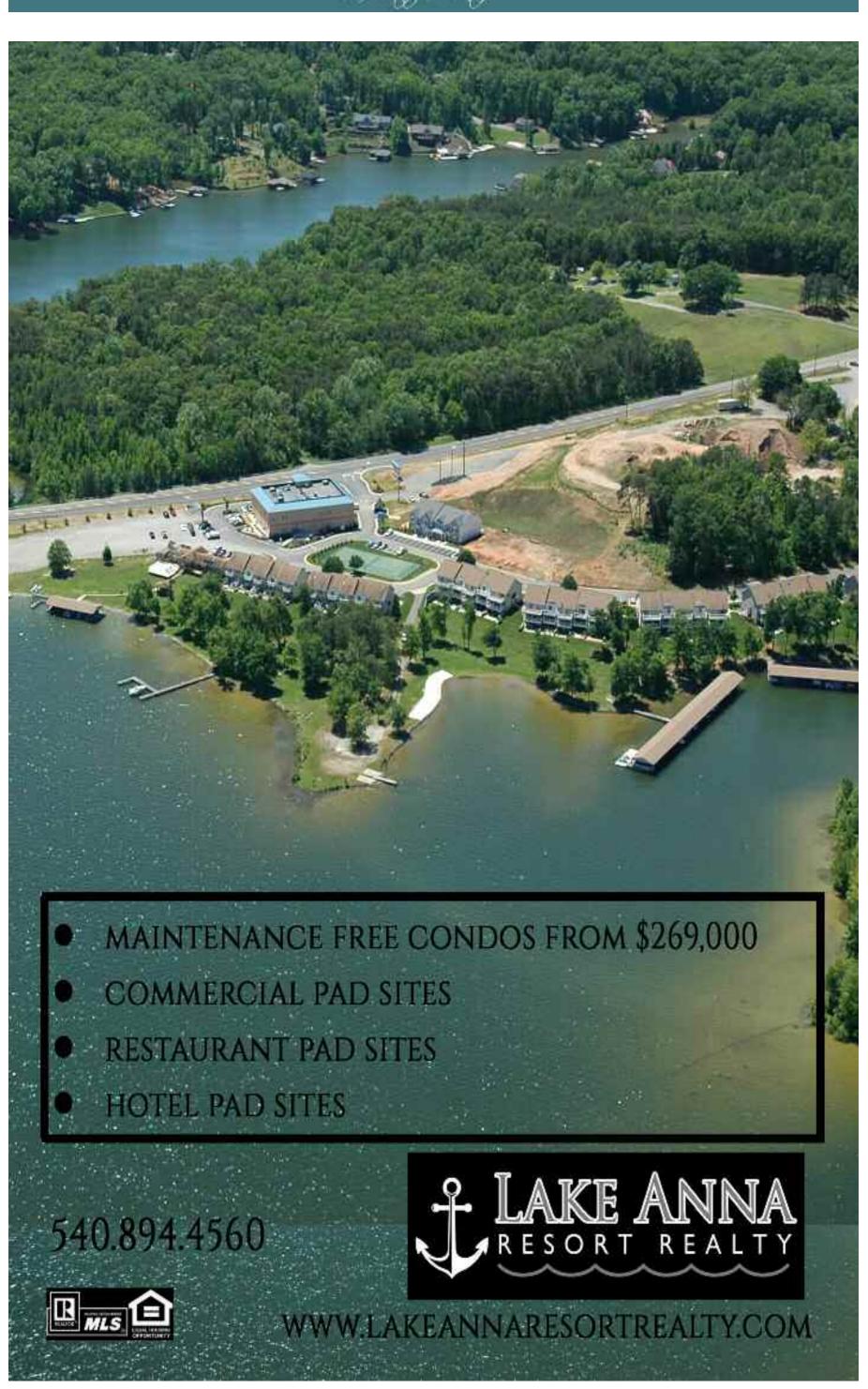
CALM WATER

Your journey starts at LakeAnnaVisitorCenter.com



stop by Lake Anna Visitor Center at 208 Lake Front Drive, Mineral VA 23117

LakeAnnaBreeze.com



The Lake Anna Breeze

Featured Homes

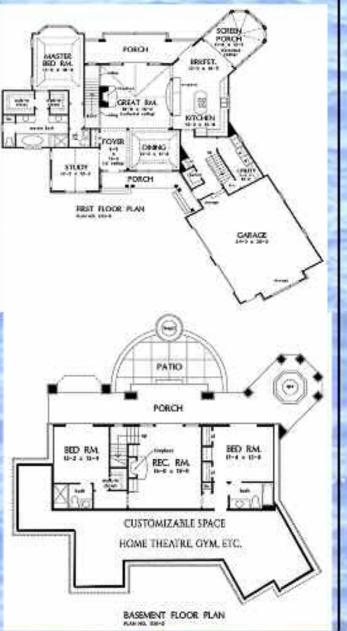
Featured Homes



Rod Effe & Rodde

Chatsworth

Beautiful waterfront home with long Lake Anna views. 4,000 sq. ft. 225 ft. of Waterfront \$1,199,000 Call Lakehouse Building for more info. 540-894-3139









LakeAnnaBreeze.com

Featured Subdividsions

Featured Subdividsions



PREMIERE LOTS ON LAKE ANNA WITH THREE MILES OF EXPANSIVE MAIN LAKE VIEWS. EASY ACCESS TO CHOICE MARINAS, CHOICE RESTAURANTS, AND THE LAKE ANNA SHOPPING CENTER. CHOOSE FROM SEVERAL BEAUTIFUL PLANS OR CUSTOMIZE YOUR OWN.

- ONLY THREE LOTS
- BEST VIEW ON LAKE ANNA
- DEEP WATER

YOUR LAST CHANCE FOR AN INCREDIBLE LOT ON LAKE ANNA.

STARTING AT \$425,000.

*THE ABOVE PHOTO IS OF A HOUSE TO BE BUILT IN BROOKSIE VIEW, NOT A VIEW FROM BROOKSIE



The Lake Anna Breeze

What Are You Looking For?

HOUSE RENTALS

LAKE CRUISES

BOAT RENTALS

Local Events

FISHING GUIDES WE'VE GOT IT. YOUR SOURCE FOR LAKE ANNA INFORMATION

_AKE ANNA VISITOR CENTER

208 Lake Front Drive, Mineral, VA 540.872.0684 LakeAnnaVisitorCenter.com Summer Hours: Open 7 Days a Week: 10am to 6pm

BUYING A HOME IS A BIG DEAL.

Raise the green flag for home financing made easy.

Whether you're interested in buying, building, refinancing or just making the most of your retirement, M&T has the financing solutions you need with the service you want, Our wide range of programs includes:

- · First-Time Homebuyer
- FHA Loans
- VA Mortgages
- Renovation Mortgages
- Construction Loans
- Conventional Mortgages
- Jumbo Mortgages
- Land Loans

So raise the green flag, if you're interested in making homebuying easy and affordable. M&T is here to help. Contact M&T mortgage consultant:



Barbara Parks

800-503-5771 or 540-718-4767 baparks@mtb.com



Certain restrictions apply. Subject to credit and property approval. Barbara Parks NMLS #514069. @ 2014 M&T Bank NMLS #381070.





is dedicated to confortable yet sophisticated thing & Assa 3-4-5 car gatages, werkshop & more.



\$1,199,000 REDUCED \$100,000 Solidly crafted, energy all dant, 3.5 baths, whole house generative, double boat house ARTs, entertainment bar/storage, Sao, apartment



LakeAnnaBreeze.com