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## **Election Day** Approaching for Local **Supervisor Positions** Citizens Rally for Change

The challenger on the ballot for Mineral District Supervisor is Duane Adams, the Republican candidate, who is a businessman with more than 35 years experience, who has run a campaign focused on fiscal responsibility and the importance of broadband

internet to Louisa County citizens. He sees the importance of strong economic development and trying to attract local businesses here to not only provide additional tax revenue, but to create quality jobs and careers and allow the children educated in Louisa County to live and work here in the future.

When Mrs. Koren ran for her office four years "Duane Adams ago, her platform was one that supported local growth and a promise to focus on bringing high speed internet to Louisa County. In reality, she voted to raise taxes. She also voted against business. During her term as

Mineral District Supervisor, Mrs. Koren has not only

voted to raise taxes, there have been a long list of failures during the last four years (including the Cutalong Golf Course), and there is little-to-no reliable broadband internet access. Millions of dollars in potential tax revenue have been turned away and many funds wasted on special committees, yet Koren voted to raise taxes.

In regards to specific projects, many blame Koren for the loss of many people willing to invest in Louisa County's future. "She was completely dishonest with us throughout the process," Mineral voter Jonathan Smith stated, "she suggested things for us, specifically asked for us to get engineering done and we said it would take 90

(continued on page 3)

Marshall Makes Run for

## Lake Anna Resort Approved



After five long years, The Lake Anna Resort finally has an approved master site plan from Louisa County.

The project, located on the Louisa side of the Route 208 Bridge has a drainfield permit, VDOT approval, and all other approvals from the necessary state agencies. The project is currently zoned C-2 (General Commercial) and is in the area identified as the Lake Anna Growth Area in Louisa County's Comprehensive Plan.

It has been a long road for the developers, but their diligence has finally paid off with the approved site plan and the installation of a temporary construction entrance on site.

The team has everything in place now to

"Once built, we will finally have a place to go, a place to stay for families and a destination for tourists. Having planned activities and a safe, social environment directly on the waterfront is what Lake Anna has needed since its inception."

> - Ed Blount Lake Anna Resort Developer

A vote for is the best vote for Louisa's future."

Duane Adams

-Jonathan Smith



Breeze Profile: The Mitchells Page 6



## **Spotsy Supervisor Seat**

Kevin Marshall is making a run for the Berkeley Supervisor position in Spotsylvania County. Marshall is a lifetime Spotsylvania County resident, has been married for nine years and is the father of two stepchildren. Marshall has spent his lifetime dedicated to helping others, serving as a career firefighter for more than 15 years.

One of Kevin Marshall's priorities is to keep county taxes low by using a common sense approach to spending and also to encourage responsible economic growth. "Tax revenue created and provided by businesses helps keep the tax rate low and takes the burden of tax increases away from the county citizens," Marshall explained.

(continued on page 3)

raise capital and secure financing for the multifaceted resort development.

"Once built, we will finally have a place to go, a place to stay for families and a destination for tourists. Having planned activities and a safe, social environment directly on the waterfront is what Lake Anna has needed since its inception," developer Ed Blount stated.

The developers are enthusiastic to be moving forward and with the site plan finally approved, there is a renewed interest in investors and commercial entities that want to be involved in this exciting project.







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The Breeze is available for purchase in stores for \$1 per copy. For a list of our current distribution locations, please visit LakeAnnaBreeze.com. Interested in advertising? Please call 540-872-0684 or e-mail info@lakeannainfo.net Story ideas? Suggestions? Questions? Please feel free to contact us with a letter to the editor. **Issue No. 50** 

Want your Lake Anna photo included in an upcoming issue? Simply e-mail your submission to taylor@lakeannabreeze.com and look for it in an upcoming issue.





To the Editor,

The current leadership, supervisor Stephanie Koren's term was filled with empty promises and hikes in our county's tax rates. How can one waste tax dollars then raise taxes?

I had to deal with Mrs. Koren directly over the last few years on a project that would bring millions of dollars into the county from real estate tax, sales tax, lodging and entertainment tax. She was continuously dishonest, unethical and literally wasted years of our time and millions of dollars, working against a project that most areas would be thrilled to have.

She was completely dishonest with us throughout the process. She suggested things for us, specifically asked for us to get engineering done and we said it would take 90 days. I asked her if we should defer our meetings until we come back with the engineering she wanted to see and she said yes, that was a wonderful idea. Then later at the next Board meeting, when we asked for deferment to help meet her request, she made a motion to not allow the deferment that she had tricked me into asking for and then, hypocritcally accused us of disrespecting the process. I said during the meeting the truth of what she had told us and that she supported the deferment and thought it was 'wonderful'. She later told me that you should never call out a supervisor in public - 'that's not a good way to make friends with me'. I could understand if she disagreed or didn't want to support the project, but to be dishonest and unethical is something we don't need in a supervisor. It's very clear to me and most of the people I speak with that she is a politician - wastes money and raises taxes.

The bottom line is, Stephanie Koren is incompetent in this position and frankly, she is dishonest. The citizens of the Mineral District and Louisa County can't afford another four years of Koren.

*I implore any voters in the Mineral District to cast a vote for Duane Adams, the Republican candidate. His campaign has been professional, insightful and hopeful for the future of the county.* 

> - Jonathan Smith Mineral Voter



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#### Mineral Supervisor Election (continued from page 1)

days. I asked her if we should defer our meetings until we come back with the engineering she wanted to see and she said 'yes, that's a wonderful idea'. Then later at the next Board meeting, when we asked for deferment to help meet her request, she made a motion to not allow the deferment that she had tricked me into asking for and then, hypocritically accused us of disrespecting the process. I said during the meeting the truth of what she had told us and that she supported the deferment and thought it was 'wonderful'. She later told me that you should never call out a supervisor in public - 'that's not a good way to make friends with me.'"

He continued, "I could understand if she disagreed or didn't want to support the project, but to be dishonest and unethical is something we don't need in a supervisor. It's very clear to me and most of the people I speak with that she is a pure politician - wastes money and raises taxes." Mr. Smith is only one of the voters who questions her abilities and honesty. People have complained that she won't return phone calls of anyone that's not a supporter of her agenda.

Recent delays with another Louisa County project, Pleasant's Landing Marina at the south end of the lake, have continued to cause issues for the owners, who have largely missed out on two prime seasons of business due to unreasonable requests and delays.

Registered voters in the Mineral District can place their votes on Tuesday, November 7th at their registered polling locations.

#### Marshall for Spotsylvania Supervisor (continued from page 1)

Marshall opposes the controversial Crucible project, an anti-terrorism facility who seeks to build a new location within the district near Thornburg. The proposed facility would include outdoor shooting ranges and an outside driving track to stage simulated attacks on vehicles. Residents in the district have safety and noise concerns related to the nature of the facility. There are more than 800 homes in the "projected surface danger zone" (the area where bullets could travel).

Mr. Marshall feels that the three issues in the Berkeley district are taxes, education, and lack of communication. "I plan on allocating funding to provide equal services throughout the Berkeley district and Spotsylvania County, especially when it comes to public safety and parks and recreation. The citizens of the Berkeley district deserve equal treatment and services and I plan on getting it for them."

Marshall is facing off on election day with incumbent Greg Cebula, and challengers Debbie Curcie and Nelson Gentry.

## Central Virginia Charity Chili Cook-Off

The 13th Annual Central Virginia Charity Chili Cook-off at Earlyhouse will be held Saturday, November 4th from 12 p.m. - 5 p.m. Enthusiastic chili teams from all over Virginia and beyond have signed up to vie for the bragging rights to best Chili in Louisa. Delicious chili, great music, competitions and fun is the order of the day.

Chili fans will enjoy a beautiful autumn day, great food, and live music on the Earlyhouse terrace. The Campbell Road Band will be performing throughout the day.

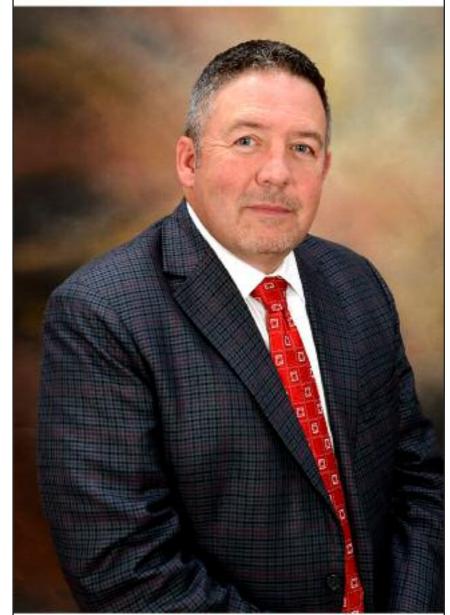
The annual Corn Hole Tournament will begin promptly at 1 p.m. Don't forget to bid on the very popular silent auction, and try your luck on our wheel of fortune game. We are introducing Kidz Jam, a time for music, dancing, face painting and fun geared just for kids of all ages. UVA Medical will also be present at the cook-off and offer health screenings at no charge to anyone interested!

Relax and enjoy a day at Earlyhouse, a private park located at 3998 Yanceyville Rd in Louisa. Admission is \$10 for adults; \$5 for children ages 3-12 and includes all chili samples. Imagine a day of entertainment, food and fun for the entire family for such a small price – and you are helping so many in our community at the same time!!

The Charity Chili Cook-off benefits the National Kidney Foundation and the Good Doctors Foundation. Goals include promotion of organ donation; supplemental funding for transplant patient care; and, ultimately, the eradication of kidney disease. Proceeds provide patients' relief from the financial burden of short and long term







"I firmly believe our hard-earned tax dollars belong to the citizens of Louisa – not the county government" -Duane Adams

Duane Adams is a businessman with 35 years experience leading successful

treatment needs including co pays, medications, and the many costs associated with kidney disease and organ transplant.

Since its beginning, the Chili Cook-off has raised over \$100,000 for charity. Local businesses, as always, have been generous in their donations and support. Team spots and sponsor opportunities are still available. Anyone interested in entering can find the rules and registration are online at www.earlyhouse.com – the chili cook-off pages.





The Lake Anna Breeze



The Millennium Movers Dance Team will be hosting their first ever

## Spooky Dance Party!

Kids ages 5-12 years old are invited to put on your Grooviest Costumes and Boogie Shoes and come out for a fun night of music, dancing, refreshments, and more!

TICKETS: \$10.00/ each, additional siblings \$8.00/each When: Saturday, October 21st from 5-8 PM Where: 310 West Main Street, Louisa Doors Open for Admission at 5:00 PM

**Registration Deadline: Friday, October 20th** 

For more information, please email: milleniummoversdanceteam@gmail.com





Scenes from









E-mail your photos to: taylor@lakeannabreeze.com to share for our next issue!



The Lake Anna Breeze

## Build It and They Will Come

Recreation & Leisure

by Carol Barker



That's what the Mitchell's were thinking when discussing plans for their Lake Anna retirement home. They have accomplished merging two families into one large happy family and their Lake Anna home has helped make that happen. Every July 4th week is a big deal. At first, that week just worked out where all four of their children and their families, made it a point to be available.

After a couple of years this visit became a tradition and the numbers are growing, nieces and nephews some arriving by RV. Together the Mitchells have 8 grandchildren all within 9 years range and growing up with countless memories of times shared with cousins, aunts and uncles at their grandparent's Lake Anna home.

Susan and Larry always knew they wanted to retire by the water but didn't want to live on the ocean. In 2001, Larry and Susan together made a trip to the lake to look for their dream home or lot. Susan had visited Lake Anna before with friends but this would be Larry's first time here. During that first visit Larry checked out a house for sale and the lot that adjoined this home caught his eye so he walked and studied it. The lot had the perfect gentle slope to the water and an amazing view but wasn't for sale, so they continued looking at ones that were available.

The Mitchells were not able then to find a spot or home they fell in love with. Six months later they visited again, armed with an agent, they were shown many more available lots and still weren't impressed. Towards the end of the day the agent wanted to show them one last lot that wasn't on the market yet, but heard it might be available soon. To Larry and Susan's surprise it was the very lot he had walked and fell in love with 6 months earlier. Both decided right then this was the lot and bought it before it went on the market, proving it pays to use a local agent.

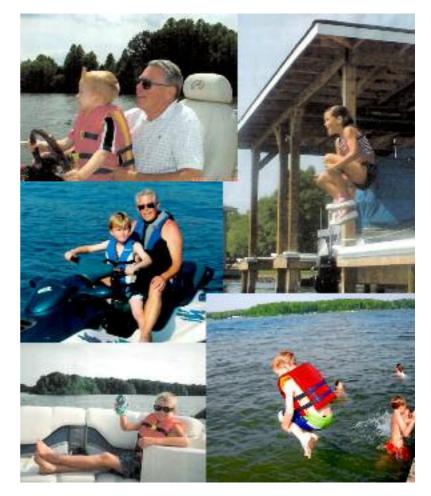
The Mitchells perfectly planned retirement home was completed in 2004 and since then, they have been living the Lake Anna dream, admiring their beautiful view of the lake and making wonderful memories with their family and friends.

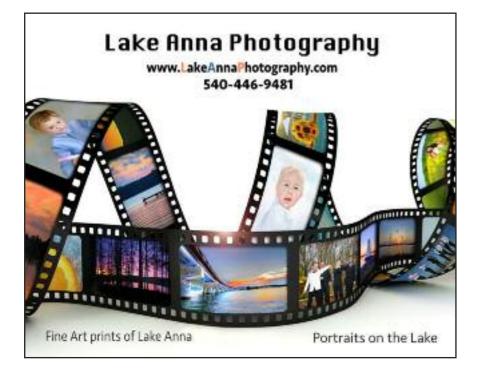
A family tradition the Mitchells have enjoyed has been when each grandchild turned 8, they were invited to come stay at their grandparents' home for 1 week by themselves. The week was carefully planned with events that did not overwhelm, but created special unique memories like a trip to Monticello, Luray Caverns or driving the lawn mower.

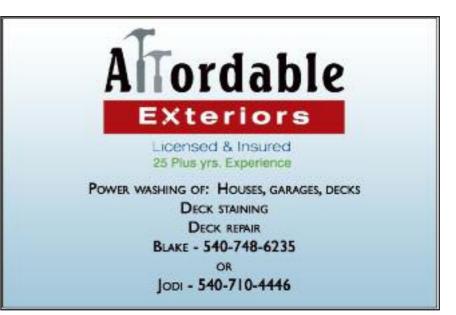
Larry was born and raised in Beckley, West Virginia and Susan in Fairmont, Idniana. Both ended up in Northern Virginia, where they met. Larry enlisted in the Air Force at 17 and retired as a Brig. General and that seems to be just the beginning of his second working career. Susan worked in security for a defense contractor prior to retirement.

The family memories and bonds made at the lake will forever remain in the minds of the older and younger generations. As we complain about the number of people using our beautiful lake, maybe we should first keep in mind that everyone has a story to tell and memories to share. Your memories might be older then others but more than likely we all share good memories or feelings about Lake Anna.











## Fall Fishing on Lake Anna By Charlie Bowles - Charlie@CVOfishing.com Fishing Guide, Bass Pro Shops & Lowrance Pro-Staff

The nights will be slightly longer than the days and the weather is cooling drastically, making the backs of creeks and river systems up to 10 degrees cooler than the main lake. The fish are getting very active schooling on baitfish in open water, choke points and shallow flats. The fishing will continue to get better as fall progresses.

#### Bass:

The lower end of the lake has large schools of 11" to 15" bass near all three dikes. During over cast days they will stay on the surface throughout the entire day. These fish will readily take XPS poppers, smaller swimbaits and flukes. There are some larger fish near these schools... you can usually find them underneath the smaller fish or in nearby cover/structure such as brush, points or dock pilings. Flip jigs, finesse worms, and senko style baits at these ambush points to entice strikes from the lunkers.

The mid lake area (from Sturgeon to the 'Spilts') is producing some nicer keepers as well. The backs of the feeder creeks and covea are active early in the morning with threadfin shad and 2-4 lb bass. Flukes, poppers, and spooks are producing some nice catches in the first couple hours of daylight. Once the sun has come out and the threadfin are not visible in the backs of the creeks, it is time to fish the first major ledge, point or wood cover in that area. The nicer sized bass will take shakey heads, jigs, texas rigs and slow rolling spinnerbaits throughout the day as long as you pick apart the cover that they are holding tight to.

Last but not least – the upper end of the lake (basically the North Anna and Pamunkey branches) has some of the cooler water in the lake and is producing some nice catches in the backs of the creeks, grass beds, and rocky points. Jigs, Worms, spinnerbaits, and crankbaits are working in the right circumstance. For example try throwing a half ounce chartreuse spinnerbait with a Colorado blade in the grass in the North Anna, or cast small pearl colored crankbaits at the rocky points and ledges in the s-turns, and if the sun is up, flip jigs into heavy cover near an old channel bend in the upper flats.

There are several different techniques and patterns that are working on Lake Anna right now. The best bet is to start with the type of water and technique that you feel most comfortable with and make adjustments. Make sure not to waste too much time in areas that are not producing fish. And most importantly, pay attention to the current conditions... Is the water rising (pushes fish to the banks) or failing pulls fish out to points and ledges? If it is cloudy look for a more aggressive bite... If it is really bright, look for shade... etc. etc. There are dozens of variables that affect the behavior of largemouth, you have to try to figure out "the formula" every day on the water. That's what makes it so challenging and entertaining!!

#### Striper

You have to love it when fall sets in on Lake Anna. The Striped Bass get really wound up when the temperature starts to drop. There are stripers from one end of the lake to the other. And many of them can be found in some of the same spots as the largemouth schoolies.

The lower end of the lake has thousands of 14"-22" stripers from the dam to the power plant. At times, the school near the power plant is 5-10 acres wide! The smaller fish are near the top while the keepers are usually in about 18-22 ft of water. You can use a variety of baits to catch 20-50 small stripers. I prefer to cast 3-4 inch pearl swimbaits or casting spoons. You can use jerkbaits, poppers, spooks, bucktails, grubs, whatever. But the most success for me in huge schools of smaller fish are spoons and swimbaits.

As you get to the splits area of the lake you will notice that some of the schools will get smaller but the fish are getting bigger. These fish will "push up" on main and secondary points and under water humps and islands. Always keep a spook or a popper tied on in case you see these fish come up on the surface. But most of the time you'll need to find these fish with your sonar. Once you have located them you can jig spoons or present a variety of trolling techniques depending on the depth and activity of the fish (that could be a whole article of its own).

The upper ends of the lake have some nice fish feeding on the shallow points and even in the backs of some of the creeks. One of my all time favorite baits, the XPS pro series 6 inch jerkbait, becomes deadly in mid October. I focus on points in the Pamunkey and North Anna using a jerk – jerk – pause cadence, covering the water very quickly. Large stripers and bass will slam a large jerkbait more and more regularly as the water continues to cool.







The Lake Anna Breeze



## LAKE ANNA

## The Haunting of Louisa

#### Fridays & Saturdays through 10/28 plus 10/31 @ The Betty Queen Center @ the Disc Golf Trails

Feel like you are missing out on all the fun because you are too old to go trick-or-treating? Don't want to drive to the

big city to find the haunted adventures? Looking for a good scare for the Halloween season? This year there are many different themes to scare you! From spooky, scary aliens to massacre movie creatures and villains. .The haunting will continue each Friday and Saturday through Oct. 28th, plus October 31st (half-price for those who come in costume on Halloween!)



More info @ facebook.com/TheHauntingofLouisa

### The Haunted Hill

#### Friday & Saturdays through 10/28 @ 10400 Edenton Rd, Partlow

Recently named one of the top 6 haunted attractions in Virginia! Deep in the woods of Spotsylvania County the hills come alive in October. After a ride on a haywagon, you're drop off in the woods. You will fear your journey through nearly a mile of live ghouls, zombies, clowns, mazes, & various other scares. It is intense and not recommended for children under 12, those with medical conditions, or the faint at heart. For more information, visit thehauntedhill.com or call 540-895-5237.



## 23rd Annual Belmont Craft Fair

#### November 11th, 9am-3pm @ Belmont Community Center

Come out and enjoy a nice fall day and get an early start on holiday shopping! Over 50 local artisans and crafters will show their handcrafted items. There will be food available - breakfast, lunch, and grilled selection. Plus, wine tasting from 11am-3pm. Buy local, shop handmade! Sponsored by The Belmont Club of Women.

## <u>LOUISA / MINERAI</u>

#### Central Virginia Charity Chili Cookoff

#### November 4th, 12pm-5pm @ Earlyhouse

Enthusiastic chili teams from all over Virginia & beyond have signed up to vie for bragging rights to best chili in Louisa. Delicious chili, great music, competitions and fun is the order of the day. Proceeds to benefit the National Kidney Foundation & The Good Doctors Foundation. More info @ earlyhouse.com



### **Family Days**

#### October 21st, 10am-1pm @ Heritage Farm

Hands-on history with learning and fun for all ages! Family Days will be held at Heritage Farm, which is located beside the Sargeant Museum at 214 Fredericksburg Ave., Louisa, with plenty of parking in front of the Louisa Arts Cen-

ter. These FREE programs follow an open-house setting from 10 a.m. until 1 p.m. More info: louisacountyhistoricalsociety.org

#### Dracula

## <u>FREDERICKSBURG</u>

### Fredericksburg Fall Home & Craft Festival

October 21st-22nd @ Fredericksburg Expo Center

Autumn is a great time to check off your to do list and get your home ready for winter. The Fall Home and Craft Festival will feature over 100 home specialists offering goods, services and advice for all of your home needs plus over 100 highly creative and talented hand made crafters featuring one of a kind treasures you won't find at big box stores! fredericksburgfallhomeandcraftfestival.com



## **10th Annual Fredericksburg Fall Family Festival**

October 29th, 3pm-6pm @ Spotsylvania Towne Centre "Dear Fredericksburg,

Have you heard about the huge fall festival that's happening in the Spotsylvania Towne Centre October 29 at 3P? Well, we've been putting it on for ten years and realized that we never let you know why. The Fall Festival is our way of showing you how much we love you! We want you to come and enjoy an afternoon with your family and your community playing games, getting candy and possibly even winning a few prizes. Everything is free, even the hayrides. We want you to know we love you and Jesus loves you and has an incredible purpose for all our lives. Grab your family and come enjoy an awesome afternoon! Love, Spotswood Baptist Church" More info @ spotswood.org

## **1st Annual Mac & Cheese Festival**

October 28th, 12pm-3pm @ Old Mill Park In this festival, restaurants will submit samples of their signature Mac & Cheese dish and compete for the honor of best Mac & Cheese in the Fredericksburg area. Purchase of a ticket includes unlimited mac & cheese samples, a ballot to vote for the best dish, and family-friendly entertainment. More info @ fredhab.org



TRICK OP TREAT

## .PEPER

#### **Culpeper Downtown Trick-or-Treat**

October 31st, Downtown Culpeper

Culpeper Downtown Businesses invite all the little ghouls and goblins for a safe trick or treat experience on East Davis Street in Historic Downtown Culpeper. Downtown Businesses will pro-

vide Halloween treats! More details at culpeperdowntown.com

## **Culpeper Has Talent - Red Carpet Grand Finale**



November 4th, 8-11pm @ Salem Volunteer Fire Department

The Piedmont region's LIVE talent phenomenon is back! Hosted by C103.1 WJMA's on-air personality Frank Wells, Culpeper Has Talent puts the spotlight on the area's most talented



#### October 20th-22nd @ Louisa Arts Center

The Central Virginia Theatre, produced by LAC, kicks off its inaugural season with a Halloween treat in Dracula, "A Vampire play in Two Acts," dramatized by Hamilton Deane and John L. Balderston, from the Novel by Bram Stoker. For more information or to purchase tickets, visit louisaarts.org.





people! Singers, musicians, comedians, dancers & more! culpeperhastalent.com

Editor's Note: Due to the nature of upcoming events, details, times, dates, or locations can often change. Every effort is made to include correct information at the time of printing. Please visit the website or contact the event organizers to confirm event details prior to attendance.

## New Bridge Market & Deli Under new ownership & management! Krispy Krunchy Chicken & Fresh Food Open 5 am to 10 pm weekdays & 5 am to 9 pm weekends. 2983 New Bridge Rd. Mineral, VA 23117 540.894.0003

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## <u>RICHMOND</u>

## Oktoberfest

#### October 28th, 11am-4pm @ Lewis Ginter Botanical Garden

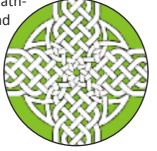
Celebrate fall, nature's grand finale, with Oktober-Fest at Lewis Ginter Botanical Garden — a day filled with live music, games and prizes, all included in Garden admission. Food will be available for purchase as well as beer from Center of the Universe Brewing. Festivities will be held in the gardens adjacent to historic Bloemendaal House, rain or shine. www.lewisginter.org



## **Central Virginia Celtic Festival & Highland Games**

October 28th-29th @ Richmond International Raceway

Do you enjoy Celtic food, music, and heavy athletics? The Central Virginia Celtic Festival and Highland Games is just the spot. Taking place at Richmond International Raceway on October 28th from 9:00 AM to 6 PM and 29th from 9:00 AM to 5:00 PM. Bring out the whole family for a fun fall weekend with activities for all ages. www.vacelticfestival.com



## **ORANGE / MADISON**

### Scrambles!

#### October 28th, 8am @ Skydive Orange

Scrambles is a fun competition where you get teamed up with other jumpers so all 4 way teams have about the same level of combined skills; a great way to learn about 4-Way and to meet other belly fliers! We will do 5 rounds and use the intermediate dive pool. We will pass out the draw Saturday morning and teams will be given time to prep the jumps. Teams are chosen at random - pairing an experienced 4-Way team captain with 3 belly flyers of varying levels of experience. www.skydiveorange.com

## Best of Virginia in Orange, Chili Cook-Off

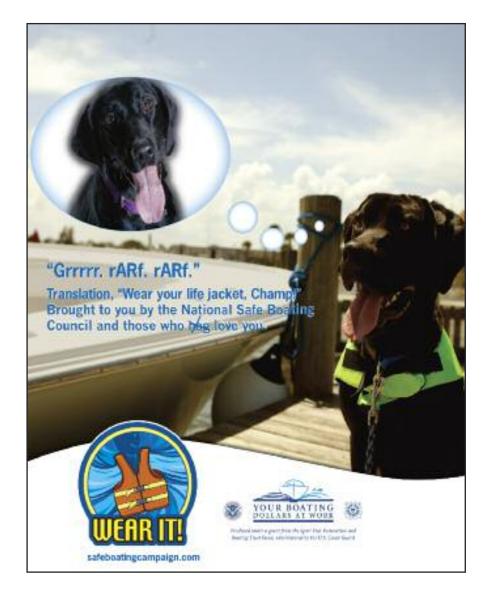
October 21st, 11am-6pm @ Orange County Fairgrounds Come enjoy a day of local Virginia breweries, chili tastings (12pm – 3pm, while they last) and live music at the Orange County Fairgrounds. The Second Annual Chili Cook-Off and Brew Festival includes tastings from 12 Virginia breweries and an amateur & professional chili cook-off that you get to be the judge. Live music from 2:00pm – 6:00 pm by the well-known band, the WORX, rocking you through the day into the evening. This is a family friendly event with activities for all ages. www.orangevachamber.com/chili-brewfest

## <u>CHARLOTTESVILLE</u>

## **Beer & Ballet**

#### October 21st, 5:30pm-7:30pm @ Charlottesville Ballet

Think ballet is formal and stuffy? Think again! Kick back and relax with Beer & Ballet, a free fall event for all ages hosted by our friends at Champion Brewing Company in downtown Charlottesville.





Come out for an evening of Wine and Shopping

Enjoy performances by members of the professional company and a special appearance of members of Charlottesville Ballet Academy's Pre-Professional Program. Join us for an evening of craft beer and local food with a portion of proceeds donated to the ballet!



More info @ www.charlottesvilleballet.org

## 21st Annual 5K Run/Walk for Shelter

#### November 4th @ Shelter for Help in Emergency

Held on the first Saturday in November in Charlottesville, this fundraising and awareness event draws 200-300 dedicated runners and supporters of the Shelter. After the 8:00 am race finishes, all runners are welcome to stay for a chance to win one of many grab bag prizes donated by area businesses. This is always a fun and successful event thanks to many generous businesses and volunteers. www.shelterforhelpinemergency.org



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The Lake Anna Breeze



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LakeAnnaBreeze.com

## Food Review: Kobe Japanese Steakhouse & Sushi Bar

Diving\_Spottigh



The Kobe Japanese Steakhouse & Sushi Bar in The Southpoint Shoppes in Spotsylvania, Virginia (in front of Lowe's on Southpoint Parkway) is drawing customers from surrounding areas. The restaurant not only offers a spectacular meal, but a complete dining experience, including the advanced skills of their chefs, who put on a full show for patrons.

The new owner has a lifetime of experience, specializing in gourmet sushi and hibachi techniques and his charm and personality shine through all of his chefs to create a unique, fun atmosphere, while having a fantastic, upscale meal.

It was like watching a theatrical performance, creating delicious food with professional skills, topped with comedy.

Kobe may have the best food in the Fredericksburg area using only the best steaks, lobster, scallops, crab legs, shrimp, chicken, and fresh vegetables.

In addition to the impressive chef demonstrations, a wide variety of sushi is prepared fresh in house, ranging from maki rolls to nagiri, to sashimi, to larger, full sushi entrees.

Kobe also offers a full service bar, including house specialty drinks and Japanese wines.

Kobe Japanese Steakhouse & Sushi Bar is conveniently located at 10119 Southpoint Parkway just off Route 1 near Massaponax. The restaurant offers many specials and is currently running a brand new lunch special every Saturday and Sunday from 12pm to 4pm: an 8 oz. New York Strip served with fried rice, sautéed mushrooms and gravy with a house salad/appetizer for \$12.95 and a Shrimp Cocktail for only \$5, with \$4 specialty drinks.

Kobe Japanese Steakhouse & Sushi Bar, 10119 Southpoint Parkway, Fredericksburg, 540-898-0599, kobesteakhouseinc.com.



Please check online at LakeAnnaVisitorCenter.com for additional restaurant reviews, including this one, featured in the Top 20 Must Have Meals at Lake Anna!













The Lake Anna Breeze















LakeAnnaBreeze.com

## Rose Valley Hosts Third "Gran Camp"

## submitted by Carol Sudol

As they jump off the Sudol's dock it is into the water for Olivia Winterrowd, Thomas Winterrowd, Wes Songer, Makenna Housten, Reese McCommons, Izzy Baker, Caden McCommons, Connor Watson, Ty Songer. Electing not to jump Clare Brumer



In June, grandchildren from Pennsylvania to North Carolina convened for the third annual Lake Anna Rose Valley "Gran" Camp. Four grandmothers hosted ten grandchildren: Caden and Reese McCommons of Fredericksburg, Va. and Makenna Housten, of Macungie, PA., grandchildren of Marty and Gloria Leili; Olivia and Thomas Winterrowd of Manassas Va., grandchildren of Dick and Carol Sudol; Ty and Wes Songer of Woodbridge, Va and Izzy Baker of Dumfries, Va, grandchildren of Ed and Jedy Baker, and Connor Watson of Wilmington, NC and Claire Brumer of Glen Allen, Va, grandchildren of Pam and Mark Luttner.

Following a meet and greet, day one started with each grandchild decorating their own traditional Gran Camp t-shirt. This year's craft activity was making the current craft rage, Slime. The kids loved getting their hands into this messy craft!

After a make your own pizza lunch at the Leili's, the group convened at the Luttners in Brandywood to compete in an egg toss and water balloon relay. Then it was off to the Luttner's dock for some welcome swimming.

Day two included a trip to Lake Anna State Park where Ranger Laurie led the kids on a CSI (Creek Scene Investigation) trip and introduced them to various forms of life in a

steam. With nets they were able to collect and identify several stream water creatures. She then introduced two Virginia friendly snakes, including a very large corn snake named Grady, who the kids had a chance to pet.

Lunch that day was at the State Park followed by an afternoon of swimming and beach activities.

On day three, the group took a trip to the Lake Anna Boardwalk Miniature Golf. After lunch, the group convened at the Sudol's for their annual jumping off the dock picture. Then it was into the boats for an afternoon of tubing behind the Leili's and Sudol's boats, captained by Marty Leili and Dick Sudol, assisted by son-in-law Rob Winterrowd.

The day ended with all grandparents and grandchildren gathering at the Baker's for the traditional "End of Camp cook-out" including roasting hot dogs, the very popular scavenger hunt, and of course s'mores. This year included a talent show by Caden and Reese Mc-Commons and Makenna Housten doing their rendition of songs from the movies Moana and Trolls, and Olivia Winterrowd performing two pieces on her flute. Tired, but happy, all agreed it was another wonderful Gran Camp.



From left to right Caden McCommons, Clare Brumer, Olivia Winterrowd, Grandma Carol Sudol, Thomas Winterrowd, and Connor Watson show off their slime making skills.



"Whoa!" says Caden McCommons and Conner Watson as they catch some air while tubing..

## Sunscreen in the Gall by Heather Mechler-Fickes

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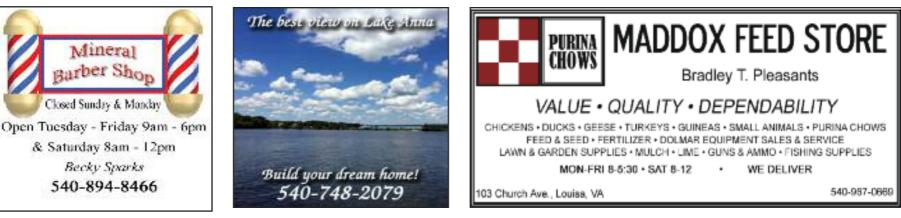


but did you know that sunscreen isn't just for the hot months. Sunscreen is good to wear all year long.

The ultraviolet A and B (UVA and UVB) are present all year round even on a

cloudy day. The UVB rays is the strongest during 10am-4pm just like it is in the summer. UVA radiation can reach deeper into the skin and causes wrinkles and can put you at greater risk for skin cancer. Don't ditch your high SPF (sun protection factor) but also look for a sunscreen with broad spectrum or UVA and UVB coverage. Sunscreen creams that contain zinc oxide and titanium oxide deflect the damaging rays and offer the best protection year round. Any time you will be staying out a significant time in the sun apply sunscreen and lip protection.

The summer heat has been replaced with a slight autumn chill. We are wearing our long sleeve shirts, jackets and have dragged out our sweaters. It seems like the sunny weather has disappeared. During the summer many lather sunscreen to protect themselves from the suns' rays,



The Lake Anna Breeze



## Lake Anna Waterfront Property: The North vs. The South End of Lake Anna What's the Difference?

An excerpt from the Lake Anna Real Estate Buyers Guide

One of the differences in value in Lake Anna waterfront property is the North and South end of the lake. The North end of the lake, even though phenomenally beautiful and serene, is where the tributaries and rivers run into the lake can get muddy and stay muddier longer than the South end where the water is deeper, clearer and more blue.

The North end, especially at the rivers, can be very shallow. The property in the North that has shallow water is much more inexpensive than the deeper water in the North and the more expensive South end. There are also some perks to being up north especially if it is close to the Route 522 to Culpeper and Route 29, which leads to the west side of Northern Virginia, Washington, DC, and Maryland.

There are other factors also, such as proximity to the restaurants and marinas. The appearance of the community is important, also. The South end of the lake can be beautiful with deep, clean water and even natural sandy beaches in some cases. The lake is very wide at the South end, so some of the lots boast 5 mile views. With the wide part of the lake and depending on which shore you are on, one can get a better view of the sunset or sunrise.

Overall, the South is more desired by the majority of people so the South has more demand and is more expensive because of it. Remember every lot is different, so you have to take the North and South into consideration but you have to also look at all of the other value indicators. The Hidden Values section includes several chapters that will define the indicators that raise or lower the price of property at Lake Anna. Make sure you download the rest of the Lake Anna Real Estate Buyers Guide to learn how to get the most for your investment.



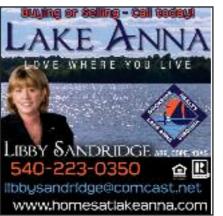




Download the FREE Lake Anna Real Estate Buyers Guide by completing the form on LakeAnnaVisitorCenter.com or stop by the Lake Anna Visitor Center!

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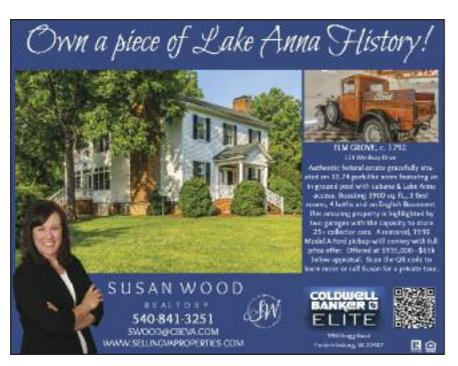
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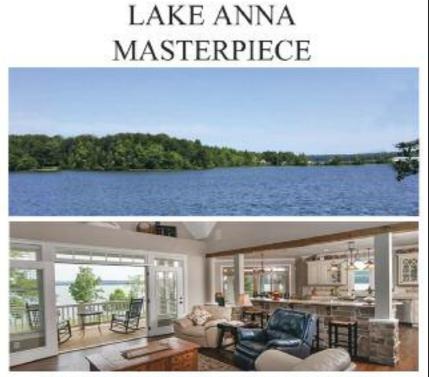
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