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Orange, Culpeper & surrounding
areas!

The Breeze

Issue No. 51

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Lake Anna Resort Sets Sights on Summer Groundbreaking

Project Now Has Approved Site Plan & Looking Toward the Future

Those Lake Anna residents and visitors looking for additional activities and amenities in the Lake Anna area will be happy to hear that the planned Lake Anna Resort is eyeing a summer groundbreaking ceremony to get the construction on the project underway. The project, located at the Louisa side of the Route 208 Bridge, is set to include 99 hotel suites, restaurants, retail space, spa, and much more.

Planned amenities include a full time activities coordinator, who will help plan events and organized activities that will keep event calendars full for all.

The project will be located on one of the last remaining pieces of undeveloped commercial waterfront property in Louisa County's designated growth area at

The project, located at the Louisa side of the Route 208 Bridge, is set to include 99 hotel suites, restaurants, retail space, spa, and much more.

(continued on page 3)

New Year...New You?

The New Year provides the perfect time to jump start your healthy lifestyle.

This is it. This is the year you finally get healthy and back in shape. It's the most common new years resolution for everyone. But this year, don't go to the gym. Yes, you read that right. Don't go to the gym. Far too often, people start their New Year's resolutions to get fit and healthy at the gym and end up getting lost in the crowds. It's intimidating walking in there on the first day having no clue where to start or what to do. Far too many of us do it. So this year, don't go to the gym. Find an alternative that works for you.

"Take small steps. You can't start out going every day, you'd be too sore and could hurt yourself. Start small and add small changes each week. You will see change, it just takes time," Mineral's very own cer-

(continued on page 3)

Dreaming of a New Boat This Year?

The Fredericksburg Boat Show is the perfect spot to find your newest boat.



Do you remember the first time you took a boat ride around the lake? I do. Some of my first trips out on boats were as a little girl. I was born and raised here in the Lake Anna area, so water was practically in my veins at birth. There's something truly special about a boat ride – especially at Lake Anna. It's almost magical even - the wind whipping through your hair and the water flying past. I think my favorite memory is when my dad took me bass fishing as a kid.

It was always really cold when we went. I would hide in the little cubby under the boat's steering wheel while my dad drove us to our usual fishing spots. I would like love the feeling of the water and wind on my skin, even though both were freezing cold. That's just part of growing up on the lake. You learn to love the water. But you also learn that something this amazing deserves to be shared with everyone.

We all want to share that love of the water with others - especially our loved ones. So why not do that this New Year? Come out to the 13th Annual Fredericksburg Boat Show. The yearly event will be held at Fredericksburg Expo & Conference Center from January 19th to the 21st.



They'll have everything water lovers and boat lovers could wish for, as well as things for those newly interested in boating and water sports.

"Whether it sails, paddles, skis or boats, you will find it here from the areas best Boat Dealers, all together under one roof," said the Fredericksburg Boat Show website. "Take advantage of the best pricing and incentives of-

(continued on page 3)

LakeAnnaBreeze.com



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GARAGE
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FIRST FLOOR PLAN
PLAN NO. 100-0

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REC. RM.
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BED RM.
11'-0" x 11'-0"

PATIO

PORCH

MECHANICAL / STORAGE

BASEMENT FLOOR PLAN
PLAN NO. 100-01



This rendering shows the pool/waterfall feature next to the outdoor restaurant at the upcoming Lake Anna Resort.

Lake Anna.

The developers of the Lake Anna Resort are eager to get started and have already constructed a temporary entrance to help facilitate construction after the groundbreaking.

“We’re very excited to have Louisa County’s approval for our site plan and would like to have a groundbreaking ceremony and reception at some point this summer,” Lake Anna Resort developer Ed Blount explained. “I’ve been planning this project for a long time and it’s nice to be able to celebrate reaching this milestone with our team and members of the community.”

The developers have been working on the plan for some time, always taking into account input from professionals, other developers, and interested citizens. “The plan has grown over time and we look forward to crafting a beautiful addition to the shores of Lake Anna that only enhances the options and quality of time people will be able to enjoy spending on the lake,” Blount continued.



ferred only at the Fredericksburg Boat Show on the latest models in boats, personal watercraft and new marine technology / accessories will be all on display.”

This big event will be offering everything from boats available for purchase to safety classes. If your water-loving mind can dream it, they will probably have it there. It’s the perfect opportunity to finally share your love of lake life with loved ones and friends. Whether you’re looking to purchase a new boat, get more boating accessories, or looking for supplies, the Fredericksburg Boat Show is the spot for you this new year.

-Kathleen Boxley



tified fitness instructor, Tammy Starkey said.

Starkey didn’t originally think that she would be a fitness instructor. She had been asked to be a soccer coach for her sons. They loved soccer, so naturally she wanted to accept, but this was when she realized how out of shape she was.

“I wanted to be more of an inspiration and example for them. So I shed 70 pounds and have been maintaining that ever since,” Starkey said. “I didn’t know it at the time, but it was a blessing in disguise.”

It wasn’t until one of her own instructors prodded her to become a fitness teacher that she got her certification. As Starkey began teaching her own classes, she fell in love. 19 years later, she still loves every second of her job.

“We started with 12 people in one class a week,” Starkey said. “Now I have 30 students in my 8:00 am class and 15 in my 9:00 am class.”

Starkey’s fitness program is diverse. They try to keep things different for every class, which makes it fun and interesting for students. But her classes are about much more than physical fitness. Starkey emphasizes the importance of camaraderie between her students. It’s a social experience just as much as a physical one. The relationship between fellow students and the fitness teacher keeps people motivated to come back again and again.

The results of hard work are amazing. Starkey has had the opportunity to watch people regain their health through her classes. For her, watching the transformation back to a happy, healthy body is the best part.

“When people come up to me and tell me their doctor has said they can come off their medication,” Starkey said. “People in their 80’s are able to play with their grandchildren.”

The reward of seeing people being able to maintain a healthy lifestyle and better health status is worth every second to Starkey. Change, of course, doesn’t happen over night. It’s a process that takes a lot of time. The length of this process can sometimes push people away. They want to see results fast when that just can’t happen.

Most importantly, Starkey encourages others to not give up. Her classes are free for first timers, so this new years give her a call to see what you can do about creating a happy, healthier lifestyle.

-Kathleen Boxley





The mission for this event was to showcase the very robust agriculture industry in the Commonwealth of Virginia, particularly in Louisa County. Carved as a family-friendly event, more than 400 attended the inaugural happening and more have shown interest in participation for 2018. Positing vendors such as the USDA and hosting a Chef Competition utilizing only the finest, pastured angus in Louisa County were both measures to increase awareness of said agriculture and also, to bring a flair to this event not witnessed anywhere else. The Louisa County Chamber of Commerce was proud to co-coordinate this event with Coyote Hole Ciderworks, an inspirational agricultural business unto itself, and looks forward to another successful event in 2018.



photos by Carol Barker,
Lake Anna Photography

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Scenes from Lake Anna



Photo by John Jennings



Photo by Marcie Tuggle



Photo submitted by Jim & Mary Jo McCoy

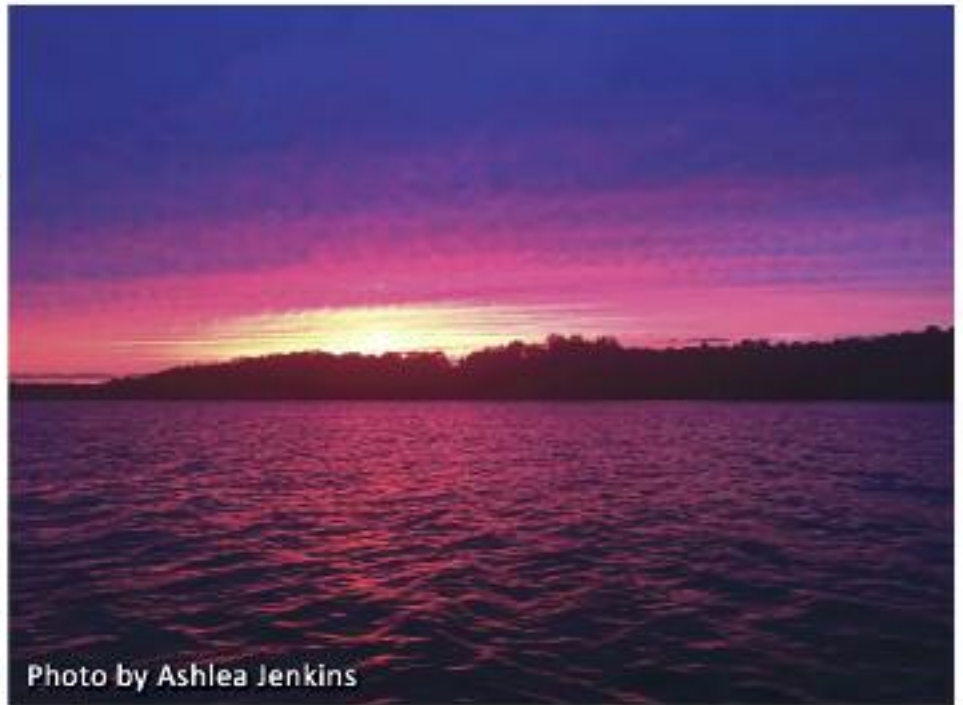


Photo by Ashlea Jenkins

E-mail your photos to:
taylor@lakeannabreeze.com to share for our next issue!



Photos by Anna Barnes



Download the Lake Anna Real Estate Buyers Guide!



Find out the answers to popular Lake Anna Real Estate questions:

- How close can I build my house to the water?
- What's the difference between the public & private side?
- What are the differences between the North & South end of the lake?
- Many More!

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Recreation & Leisure

Santa Tours Bumpass Parade Spreads Christmas Cheer at Lake Anna



This year's annual Santa Tours Bumpass Parade took place on December 9th. Santa was escorted by the Bumpass Volunteer Fire Department (an all volunteer station!) to visit some of the good girls and boys in their district. This year the Santa Tours Bumpass Parade added Lighthouse Subdivision, Noah's Landing and Borden Meadows to the tour. The children and their families flocked outside to meet Santa as he, Mrs. Claus and The Grinch stopped to greet them. The total tour included stops at: Tavern on the Rail, B&L Country Store, Pottsville Road, Hayden Lane, Oakleigh 1 & 2, Lighthouse Subdivision, Elk Creek Country Store, Brandywood Estates, Longway, Mill Pond's Common Area, Cuckoo's Nest, Jerdone's Island, Noah's Landing, Borden Meadows & The Winding Ridge Intersection.

- photos by Carol Barker
Lake Anna Photography



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The 2017 Louisa County Christmas Parade

The Louisa County Christmas Parade is an annual highlight of the Christmas season in our area. Community groups and organizations put a lot of effort into building creative floats and marching through downtown Louisa for all of the spectators.

Photos by Carol Barker of Lake Anna Photography

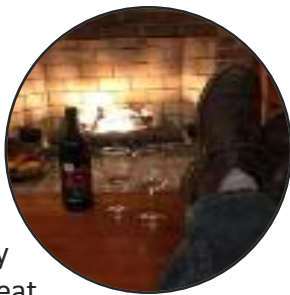


LAKE ANNA

Winter Soup and Song Series

Saturdays through March 24th @ Lake Anna Winery

Getting prepared for a great start to 2018! Catch the Winter Soup and Song Series.. Events will kick off with Geno Marriot Jan 6, and Karen Jonas on Jan 7th. Wow....what a way to start off. Be sure to stop by to hear these great entertainers and enjoy some soup by the fire. More info available at lawinery.com



Plant Nite

January 19th, 7pm-8:30pm @ Coyote Hole Ciderworks

Not a master gardener?...no problem! Come get your hands dirty! No experience required, join us for a night of digging, planting, and fun! Follow along while our Party Host guides you step-by-step through the featured project in about 1.5 hours. may slightly differ. The photo is an example of what could be made for that event! For more info: www.coyotehole.com



Trivia Tuesdays & Live Music

Throughout January @ Tim's at Lake Anna

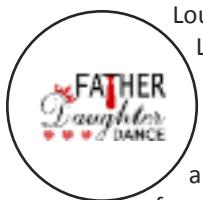
Visit Tim's throughout January for their popular trivia Tuesday nights, as well as a varied schedule of live music including Pete Baker, Zac Quintana, Chris Hanks & Huntley. Check the timslakeanna.com website for more of a detailed schedule.



LOUISA / MINERAL

24th Annual Father Daughter Dance

February 3rd, 7pm-9pm @ The Betty Queen Center



Louisa County Parks, Recreation & Tourism invites the dads of Louisa to spend the day with their daughters! Take her out to dinner or to the salon to get her nails done. This is your chance to do whatever you choose to make this an extra-special Saturday just for the Daughter Valentine Dance for fathers, stepdads and grandpas to treat their little sweethearts to an evening of fun, dress-up, and dancing. LCPRT will be offering a variety of fun day packages that can be purchased for you and your daughter to enjoy before coming to the dance that evening! Details available at www.lcpert.info!

National Puzzle Day

January 27th, 10am @ Horton Vineyards

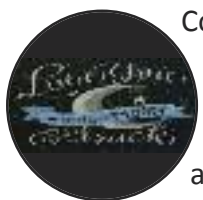
Horton is celebrating National Puzzle Day. Come into the winery have a glass of wine and join in the fun of working on a puzzle set up in our tasting room. Test your wine and Horton Vineyards knowledge with a unique crossword puzzle. It's a weekend dedicated to all things puzzle. #Hortonvineyards #Vawine #NationalPuzzleDay #PuzzleParty. More info @ hortonwine.com



Party Over Here Paint Party

January 19, 6:45pm @ Roma's Italian Restaurant

Join us as we paint "Love You To The Moon"! No experience needed! Cost is \$30 per person and includes all necessary supplies, instruction, and a 16" X 20" completed painting to take home! Bring out your inner artist and have FUN while doing it! Reservations must be prepaid in advance at: <http://paypal.me/monapoe/30>



*guests are responsible for their own food/drink purchase.

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FREDERICKSBURG

Fredericksburg Boat Show

January 19-21 @ Fredericksburg Expo Center

Beat the heat this summer by cruising around on a new boat! Visit the 13th Annual Fredericksburg Boat Show to get a great deal on your next water toy! With a variety of different dealers all under one roof, you can shop around for the best deal—all in one building! Climb aboard the different Fishing Boats, Pontoons, Cruisers, Speed Boats, and much more. Whether you're looking for a yacht or a jet ski, you'll find it at the Fredericksburg Boat Show. To purchase tickets: fredericksburgboatshow.com



The Frosty Brew Thru

Saturday, January 27, 11am-5pm @ Fredericksburg Ag Fair

The Frosty Brew Thru is an exclusive craft beer cider and wine tasting event...limited to 1200 tickets. This event will feature brews from all over our country as well as local cideries and wineries. Samples will be unlimited and you will get a festival glass when you arrive with a paid sampling ticket. Featuring over 30 samples of craft beer, wine and other spirits. www.eventbrite.com/e/frosty-brew-thru-2018-tickets-39155875277?aff=es2



Hugh Mercer Birthday Celebration

January 14th, 12pm-4pm @ Hugh Mercer Apothecary Shop

Celebrate the 292nd birthday of Brigadier General and physician Hugh Mercer. Mercer fought at the Battle of Culloden during the Jacobite uprising, and later came to America. Mercer died of wounds suffered in the Battle of Princeton in January 1777.



Celebrate his birthday with a free open house at the Hugh Mercer Apothecary Shop. Refreshments will be served. www.washingtonheritagemuseums.org

CULPEPER

Lego Club

January 10th, 4:30pm-5:30pm @ Culpeper County Library

Children in grades K-5 are invited to come build their own creations using the Library's Lego collection 70 pounds!). Sign up in advance. (540) 825-8691.



It Happened One Night

January 25th, 7:30pm @Packard Campus Theater



In this screwball comedy from director Frank Capra, spoiled socialite Ellie Andrews (Claudette Colbert) eloped without her family's approval and consequently finds herself stuck with out-of-work journalist Peter Warne (Clark Gable) on her journey back to her new husband. Based on a short story called "Night Bus" by Samuel Hopkins Adams. Check out the full schedule of films screened at the Packard Campus Theater here:

www.loc.gov/avconservation/theater/schedule.html

Editor's Note: Due to the nature of upcoming events, details, times, dates, or locations can often change. Every effort is made to include correct information at the time of printing. Please visit the website or contact the event organizers to confirm event details prior to attendance.

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on the Calendar

RICHMOND

18th Annual Pet Expo

January 13, 10am-3pm @ Richmond Raceway Complex

Pet Expo is a unique indoor event where people can bring their pet to enjoy a day of fun and excitement with the whole family! Over 50 exhibitors will be on hand offering a variety of goods and services. Activities are scheduled throughout the day, many of which involve pet participation! Tickets: \$12 for adults, \$5 for children. All proceeds benefit Henrico Humane Society!

<http://www.henricohumane.org/>

Symphony Pops 3: The Music OF BILLY JOEL
January 27, 8pm @ Carpenter Theatre

On Saturday, January 27th Michael Cavanaugh joins the Richmond Symphony to perform Billy Joel's greatest hits! Michael was hand-picked by Mr. Joel to star in the hit Broadway musical *Movin' Out*! He received both a Tony and Grammy nomination in the lead role. Billboard has called him "The New Voice of the American Rock and Roll Songbook." He currently tours with four different symphony productions: *The Music of Billy Joel and more*, *The Music of Elton John and More*, *Singer Songwriters: The music of Paul Simon, James Taylor and Neil Diamond* as well as a *Rockin' Christmas Pops* show. Join us in celebration of the ultimate superstar, "The Piano Man"!

www.richmondsymphony.com/event/music-of-billy-joel

A circular black and white portrait of Michael Cavanaugh, a man with short dark hair, wearing a dark shirt, looking directly at the camera with a slight smile.

www.richmondsymphony.com/event/music-of-billy-joel

ORANGE / MADISON

Maker Program Book Tree Craft

January 20th, 10:30am-12pm @ Orange County Public Library

Join Us to Make a Book Page Tree in a Vase!
Using pages from old books you'll make vase filler and leaves for our tree. All supplies are provided. This is a program for adults only. Pre-registration in person or via telephone is required. The phone number to call to register is (540) 672-3811.

Bald Top Brewing Company featuring the John Wyant Band

Come out and enjoy some excellent brews, views, food truck, music, great staff and good company at this fine brewery located in beautiful Madison County. Island style / Americana originals and cover tunes. More info @ www.baldtopbrewing.com.

CHARLOTTESVILLE

Know Good Beer Fest
Saturday, January 27th 1-6pm @ IX Art Park

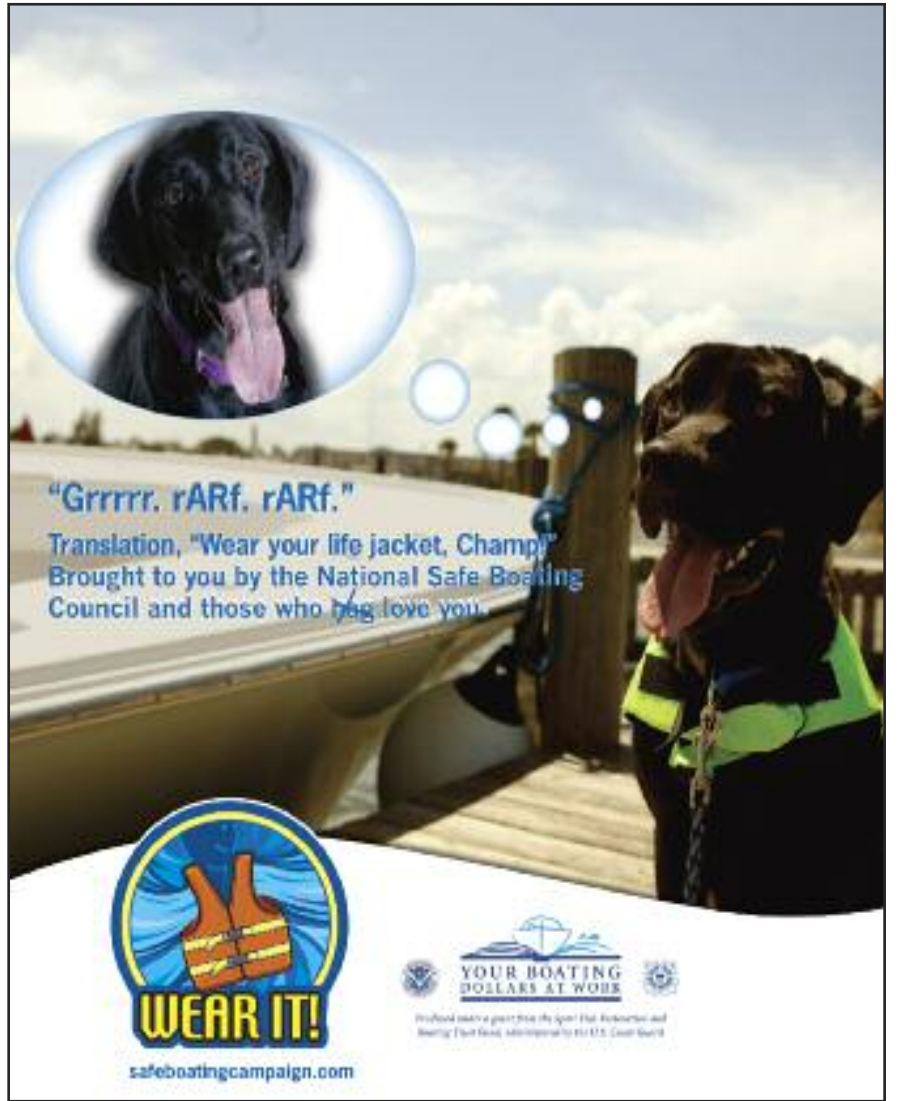
The Know Good Beer Winter Fest is intended for fun. If you don't plan on having fun, you are prohibited from buying a ticket. A portion of the proceeds from this event help support Red Shoe Cville and the Charlottesville Ronald McDonald House. The event will run from 2pm-6pm with VIP entry at 1pm. www.knowgoodbeer.com

Cole Swindell with Morgan Evans



99.7 CYK presents: Cole Swindell "Down Home Tour" Acoustic Show with Morgan Evans. Cole Swindell, a Platinum-selling recording artist and record-breaking seven-time No. 1 hit maker, released his second album *You Should Be Here* and it shot to No. 1 on the iTunes Top Country Albums Chart and No. 3 All Genre within hours of release. Its lead single and title track held a four week run on top of Billboard's Hot Country songs chart (tally of digital streams, radio airplay and sales) in addition to multiple weeks sitting at No. 1 on country airplay.

For more information or tickets: www.jeffersontheater.com

The logo for Virginia Propane, featuring the word "Virginia" in a blue script font and "PROPANE" in a blue sans-serif font inside a blue banner.

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Dining Spotlight

Food Review: Floozie’s Pie Shop



Don't let the name fool you, this restaurant has much more to offer than simply pies. One of the few establishments to offer breakfast in the area, the Floozie's Pancake Breakfast is amazing, served with your choice of sausage or bacon and topped with freshly whipped butter. Also worth trying: the omelettes. Say hi to the young ladies behind the counter, they give the place the southern charm it aims for. This restaurant also has a retro vibe and excellent decor.

Floozie’s Pie Shop, 107 W. Main Street in Louisa. flooziespieshop.com



Please check online at LakeAnnaVisitorCenter.com for additional restaurant reviews, including this one, featured in the Top 20 Must Have Meals at Lake Anna!

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Marine Layer: Absurdly Soft, Insanely Comfy

by Kathleen Boxley

It’s the most wonderful time of the year. It’s also the coldest time of the year. With the winter winds starting to chill us to the bone, it’s hard to stay stylish and warm at the same time. Most days, I end up going for the biggest, frumpiest sweater I own. What can I say? It’s my go-to. We all have a sweater like that. You know, it’s that one sweater you refuse to get rid of no matter how many stains it collects. It’s the go-to for warmth and comfort, but definitely not style.

Speaking of style, this holiday season my one-stop shop for gifts is Marine Layer. I only recently discovered the California based store. When I first walked into the quaint Georgetown outlet I immediately noticed a sign that read, “Touch everything.” I remember thinking, “Huh. That’s interesting.” So I started feeling my way around the store. When I say these were the softest things I’d ever touched I’m not joking. I had to know why these things were so soft, so I asked an employee what their clothes were made of.

“Either recycled beach wood or supima cotton. That’s what makes everything so soft,” he said. “The least soft thing we sell is those metal pins in the bowl over there.”

I spent almost an hour trying on just about everything in the store. It was all so soft, comfortable, and warm. After another 20 minutes and endlessly debating what I really wanted, I finally settled on two items – their new Piper turtle neck and the Brooklyn Cardigan. Both of which are incredibly soft and comfy. As I was shopping about the store and trying things on, I asked the employees about the store and learned some pretty interesting things.

“This entire winter collection is inspired by a book called ‘Cabin Porn’ so everything has a very simple, outdoorsy feel to it,” one employee said.

“Marine Layer was actually started because the founder’s girlfriend threw his favorite t-shirt away,” another employee said. “He loved that shirt so much that he decided to re-create it. Once they perfected the softness of their shirts, they started selling them out of a van in California. Now we have tons of stores on the east and west coasts. Everything is adult-made too.”

Since discovering Marine Layer, I’ve gone back several times. Their denim sherpa jacket has become a favorite in my wardrobe and I’ve struggled not to repeatedly wear their joggers for days on end. My mom and sister are now also hooked on these “absurdly soft” shirts. I’ve even started looking at the men’s sweaters for my dad. I guess you could say I’m a little obsessed. So if you’re looking for a new place to grab some gifts for loved ones this holiday season, look no farther than Marine Layer. They have everything you need from hats and scarves to dresses and sweaters. Trust me on this, with this level of soft I promise you won’t regret it.



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The Importance of Conditioner by Heather Mechler-Fickes

Many times people don’t realize how important it is to condition their hair. Some think it weights their hair down, others think that they don’t have enough hair to be conditioned or even know what the benefits are of using conditioner. The truth is, hair should be conditioned every time you shampoo your hair. Every time you shampoo your hair you’re cleansing your scalp but also removing your hair’s natural oils and opening up the hair’s cuticle. Using conditioner helps replenish moisture, prevent breakage, makes it easier to detangle, and smooth the cuticle. When the hair cuticle is smoothed over, your hair is shinier and healthier.

Every hair texture can benefit from conditioner. It just depends on the type of conditioner you use. Sometimes people with fine hair think that conditioner will make their hair greasy and flat. If your hair is fine and thin use a volumizing conditioner. This will add body and needed mois-

ture, but won’t weigh your hair down.

Those with thick hair should apply conditioner and leave it on their hair a few extra minutes before rinsing it out.


If your hair is dry and damaged, it’s best to use a conditioner that hydrates the hair and adds moisture. Choose a conditioner with natural oils, like avocado, olive, or argan oil. These will replenish dry hair.

To receive the maximum benefits of conditioner you need to apply it correctly. After your hair is shampooed, apply a small amount of conditioner on your ends and work your way up the midshaft. Your hair closer to the scalp doesn’t need conditioner.



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Real Estate & Rentals

Lake Anna Subdivisions What are the Differences?

An excerpt from the Lake Anna Real Estate Buyers Guide

There are more than 100 subdivisions at Lake Anna. Each one has its own zoning, covenants, homeowner's association rules, fees, etc. This is where a professional agent from a local Lake Anna real estate company will help you in finding all of that information. They can save you years of searching through documents to find a community that you're interested in.

There are also subdivisions that have only subdivision covenants that are very similar to the zoning covenants that are not very restrictive and non-subdivision lots that only have zoning restrictions.

The Lake Anna Plaza (see photo to the right) is one of the very few maintenance-free communities on the lake. It has three restaurants, a shop, visitor center, tennis court and private beach. All units come with a covered boat slip. The maintenance-free aspect covers the grass and common area landscaping only. Homeowners are responsible for their own power washing. Homeowners are allowed to custom landscape in their direct yards.

There are two and three story 2 & 3 bedroom units on the waterfront and there are also 2 & 3 bedroom units that are off-water. There are still new homes being planned here with a few existing homes available for resale.

For more information on this and other subdivisions, please stop by the Lake Anna Visitor Center (208 Lake Front Drive, Mineral) or visit lakeannavisitorcenter.com and download the entire Lake Anna Real Estate Buyers Guide.



Download the FREE Lake Anna Real Estate Buyers Guide by completing the form on LakeAnnaVisitorCenter.com or stop by the Lake Anna Visitor Center!



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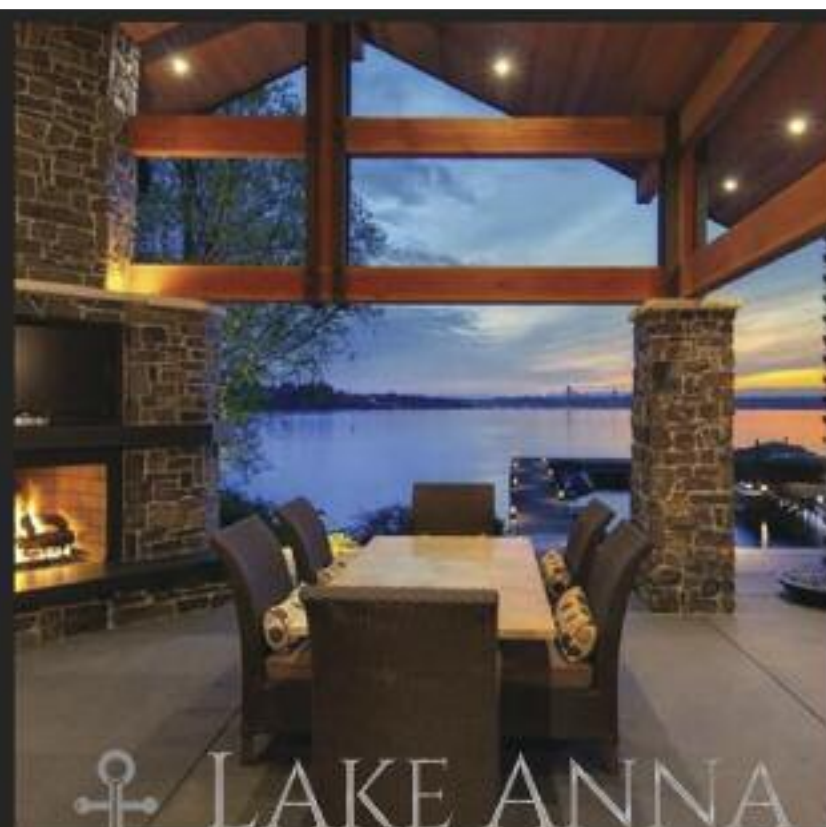
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